

Cape Ann League Meet #5
The TRACK at New Balance
Results

Girls 55 Meter Dash Varsity

Name	Year	School	Finals	H#
Finals				
1 McIntyre, Ava	12	North Reading	7.53	2
2 Trout, Sydney	10	Pentucket	7.56	1 7.558
3 Smith, Sage	12	Pentucket	7.56	1 7.560
4 Vant, Madison	11	North Reading	7.63	2
5 Robarts, Georgia	11	North Reading	7.82	2
6 Gallant, Reese	12	Pentucket	7.86	1
7 Amasa-Titus, Aleyo	12	Triton	7.88	2
8 Pzenny, Chloe	12	Ipswich	7.91	4 7.904
9 Wilson, Georgia	10	Hamilton-Wenham	7.91	3 7.910
10 Goodwin, Lia	12	Pentucket	7.93	1
11 Baker, Jennifer	12	Essex Technical	7.97	3
12 Visconti, Sofia	11	Essex Technical	8.01	3
13 DeAngelis, Julia	11	North Reading	8.03	2
14 Harmon, Lucy	12	Ipswich	8.10	4 8.092
15 Hurd, Megan	10	Manchester Essex	8.10	4 8.099
16 Carbone, Julia	12	Lynnfield	8.15	1
17 Treitel-poore, Ella	8	Triton	8.18	2
18 Pawlick, Summer	8	Triton	8.20	2
19 Brown, Avery	10	Ipswich	8.26	4
20 White, Jenny	10	Ipswich	8.35	4
21 Rocco, Lily	10	Lynnfield	8.36	1
22 Willoughby, Ava	10	Lynnfield	8.38	1
23 Rivera, Zoe	11	Triton	8.43	2
24 Donovan, Maeve	10	Lynnfield	8.45	1 8.443
25 Zagrobski, Isabel	9	Manchester Essex	8.45	4 8.444
26 Finn, Ava	12	Hamilton-Wenham	8.53	3
27 Feudo, Olivia	10	Essex Technical	8.67	3
28 Capotosto, August	9	Manchester Essex	9.06	4
29 Gallant, Rachel	10	Manchester Essex	9.66	4

Girls 300 Meter Dash Varsity

Name	Year	School	Finals	H#
1 Ligor, Giuliana	10	North Reading	40.75	4
2 Trout, Sydney	10	Pentucket	44.44	2
3 Pzenny, Chloe	12	Ipswich	45.17	8
4 Basile, Arianna	11	Triton	45.64	4
5 Montana, Marisa	10	North Reading	45.93	4
6 Harper, Lily	10	Ipswich	46.26	8
7 Breen, Regan	9	Pentucket	46.34	2
8 Murphy, Kayla	10	Pentucket	46.41	1
9 Arian Aitchison, Madelyn	11	North Reading	46.46	3
10 Amasa-Titus, Janet	12	Triton	46.62	4
11 Pawlick, Summer	8	Triton	46.71	3
12 Mahoney, Jenna	12	North Reading	47.02	3
13 Cammett, Cece	10	Pentucket	47.10	1
14 Carbone, Julia	12	Lynnfield	47.36	1
15 Hurd, Megan	10	Manchester Essex	47.52	8
16 Wilson, Georgia	10	Hamilton-Wenham	48.30	5
17 Fazio, Isabella	11	Hamilton-Wenham	49.31	6
18 Bruno, Bella	9	Ipswich	50.08	7

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19	Considine, Libby	10 Lynnfield	50.26	2
20	Donovan, Mikayla	9 Essex Technical	50.33	6
21	Guarracino, Arianna	10 Lynnfield	51.28	2
22	Kwong, Natalie	12 Essex Technical	51.74	5
23	Barbosa, Karolyne	10 Essex Technical	52.30	6
24	Connelly, Addison	11 Lynnfield	53.09	8
25	Shanley, Kiera	8 Triton	55.19	3
26	Esquerra, Olivia	10 Essex Technical	55.41	5
27	Butler, Hannah	12 Hamilton-Wenham	55.88	6
28	Gallant, Rachel	10 Manchester Essex	57.51	7
29	O'Leary, Anna	9 Manchester Essex	57.63	8
--	Tassinari, Reilly	9 North Reading	X48.57	4
--	Trout, Morgan	10 Pentucket	X50.04	2
--	Gallant, Morgan	9 Pentucket	X50.38	1
--	Martin, Ava	8 Triton	X52.51	4
--	McCormack, Aislin	Lynnfield	X53.53	1
--	Atsales, Arianna	Lynnfield	X58.86	2

Girls 600 Meter Run Varsity

Name	Year	School	Finals	H#
1	Romano, Anna	11 Triton	1:45.58	2
	34.921 (34.921)	1:10.187 (35.266)	1:45.573 (35.387)	
2	MacKinnon, Caroline	12 Manchester Essex	1:51.74	4
	34.841 (34.841)	1:13.411 (38.570)	1:51.739 (38.328)	
3	Donohoe, Cecilia	9 Manchester Essex	1:52.30	4
	34.445 (34.445)	1:12.671 (38.227)	1:52.300 (39.629)	
4	Seymour, Brighton	9 Pentucket	1:52.80	1
	37.359 (37.359)	1:16.369 (39.011)	1:52.795 (36.426)	
5	Prendergast, Danika	9 Triton	1:52.81	2
	37.019 (37.019)	1:14.929 (37.911)	1:52.801 (37.872)	
6	Alsup, Lia	12 Pentucket	1:52.84	1
	37.075 (37.075)	1:16.075 (39.000)	1:52.838 (36.764)	
7	Ewell, Sarah	9 Triton	1:53.11	2
	37.226 (37.226)	1:15.227 (38.001)	1:53.107 (37.881)	
8	Manninen, Ella	12 Essex Technical	1:58.25	3
	37.880 (37.880)	1:18.317 (40.437)	1:58.248 (39.931)	
9	Sfikas, Alexandra	10 North Reading	1:58.44	2
	36.933 (36.933)	1:17.143 (40.211)	1:58.434 (41.291)	
10	Sfikas, Despina	10 North Reading	1:58.49	2
	37.733 (37.733)	1:17.715 (39.983)	1:58.483 (40.768)	
11	Fischer, Bella	11 North Reading	1:59.74	2
	37.683 (37.683)	1:17.674 (39.992)	1:59.731 (42.057)	
12	Fleming, Mira	10 Hamilton-Wenham	2:00.00	3
	36.024 (36.024)	1:18.297 (42.273)	1:59.991 (41.694)	
13	Figueras Masdevall, Juli	10 Lynnfield	2:04.75	1
	40.954 (40.954)	1:23.468 (42.514)	2:04.749 (41.282)	
14	Neumann, Tessa	9 Pentucket	2:11.07	1
	41.762 (41.762)	1:28.060 (46.299)	2:11.066 (43.006)	
15	Bartholomew, Olivia	12 Pentucket	2:11.35	1
	42.659 (42.659)	1:29.089 (46.431)	2:11.348 (42.260)	
16	Bourgeois, Faye	10 Manchester Essex	2:12.08	4
	40.764 (40.764)	1:27.146 (46.383)	2:12.077 (44.932)	

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17 Berger, Gwendolyn	10 Manchester Essex	2:16.60	4
43.513 (43.513)	1:31.825 (48.312)	2:16.597 (44.773)	
18 Galanis, Nina	12 Ipswich	2:17.91	4
41.783 (41.783)	1:29.935 (48.152)	2:17.906 (47.972)	
19 Arcari, Brooke	9 Essex Technical	2:24.52	3
46.200 (46.200)	1:34.626 (48.426)	2:24.517 (49.892)	
20 Santos, Lorena	10 Essex Technical	2:33.38	3
48.558 (48.558)	1:42.204 (53.646)	2:33.379 (51.176)	
21 Kim, Hyemin	9 Hamilton-Wenham	2:38.56	3
49.655 (49.655)	1:42.928 (53.273)	2:38.554 (55.627)	
-- Gay-Killeen, Maecy	8 Triton	X2:00.46	2
37.466 (37.466)	1:19.143 (41.678)	2:00.455 (41.312)	
-- Rosenthal, Lindsey	10 North Reading	X2:12.03	2
39.004 (39.004)	1:24.262 (45.258)	2:12.023 (47.762)	
-- Forristall, Madeline	10 North Reading	X2:21.28	2
41.466 (41.466)	1:28.699 (47.233)	2:21.271 (52.572)	
-- Borrelli, Ella	12 Pentucket	X2:24.20	1
43.475 (43.475)	1:31.693 (48.219)	2:24.194 (52.501)	

Girls 1000 Meter Run Varsity

Name	Year School	Finals	H#
1 Bonasera, Alexa	10 Triton	3:21.50	2
38.207 (38.207)	1:18.030 (39.824)	1:59.346 (41.316)	2:40.777 (41.432)
3:21.494 (40.718)			
2 Daigle, Maddie	12 Lynnfield	3:24.69	1
36.536 (36.536)	1:16.397 (39.861)	1:59.171 (42.774)	2:43.112 (43.942)
3:24.687 (41.575)			
3 Shearer, Soren	9 Ipswich	3:25.62	2
39.974 (39.974)	1:23.891 (43.918)	2:07.442 (43.552)	2:49.606 (42.164)
3:25.618 (36.012)			
4 Winthrop, Lucy	10 Ipswich	3:25.65	2
40.470 (40.470)	1:24.362 (43.892)	2:07.958 (43.596)	2:49.680 (41.722)
3:25.642 (35.963)			
5 Clemente, Sophia	9 Pentucket	3:30.45	1
37.136 (37.136)	1:17.696 (40.560)	2:02.394 (44.699)	2:48.226 (45.832)
3:30.441 (42.216)			
6 Kelly, Quinlan	9 North Reading	3:32.36	2
40.594 (40.594)	1:24.759 (44.165)	2:10.087 (45.328)	2:53.405 (43.318)
3:32.354 (38.949)			
7 Budny, Karleigh	12 North Reading	3:34.70	2
39.739 (39.739)	1:23.578 (43.839)	2:07.429 (43.852)	2:50.706 (43.278)
3:34.698 (43.992)			
8 Demeo, Summer	10 Manchester Essex	3:45.37	2
40.301 (40.301)	1:24.450 (44.149)	2:10.409 (45.960)	2:59.109 (48.700)
3:45.370 (46.261)			
9 Espino-Encarnacion, Cynd	11 Essex Technical	3:45.98	1
41.939 (41.939)	1:27.070 (45.132)	2:12.342 (45.272)	2:59.856 (47.514)
3:45.972 (46.117)			
10 Madden, Charlotte	10 Hamilton-Wenham	3:48.51	1
40.517 (40.517)	1:26.522 (46.005)	2:13.278 (46.756)	3:02.071 (48.793)
3:48.504 (46.434)			

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11 Falardeau, Dana	12 Ipswich	3:51.59	2		
44.554 (44.554)	1:29.585 (45.032)	2:16.288 (46.704)		3:05.872 (49.584)	
3:51.583 (45.712)					
12 Hanegraaff, Eva	10 North Reading	3:53.77	2		
44.052 (44.052)	1:30.587 (46.536)	2:19.416 (48.829)		3:07.570 (48.154)	
3:53.762 (46.193)					
13 Roche, Cassidy	9 Pentucket	3:54.80	1		
43.367 (43.367)	1:30.380 (47.014)	2:20.207 (49.827)		3:09.472 (49.265)	
3:54.797 (45.326)					
14 Foresto, Bella	11 Essex Technical	3:59.62	1		
44.512 (44.512)	1:34.338 (49.826)	2:25.716 (51.379)		3:15.257 (49.541)	
3:59.620 (44.363)					
15 Adams, Emerson	10 Essex Technical	4:00.16	1		
44.068 (44.068)	1:33.197 (49.130)	2:24.136 (50.939)		3:14.780 (50.644)	
4:00.155 (45.376)					
16 Lopez, Abigail	9 Lynnfield	4:08.45	1		
43.300 (43.300)	1:30.394 (47.095)	2:23.821 (53.428)		3:20.153 (56.332)	
4:08.448 (48.296)					
17 Branceleone, Anna	10 Hamilton-Wenham	4:08.94	1		
46.357 (46.357)	1:35.129 (48.772)	2:22.736 (47.607)		3:15.612 (52.877)	
4:08.938 (53.326)					
18 Moberg, Ellie	10 North Reading	4:29.17	2		
45.778 (45.778)	1:35.513 (49.736)	2:32.197 (56.684)		3:32.478 (1:00.282)	
4:29.170 (56.692)					

Girls 1 Mile Run Varsity

Name	Year	School	Finals		
1 Butler, Annalise	12	North Reading	5:31.75		
41.942 (41.942)	1:22.199 (40.257)	2:02.539 (40.340)		2:43.257 (40.719)	
3:25.950 (42.693)	4:08.792 (42.842)	4:51.041 (42.250)		5:31.747 (40.706)	
2 Murphy, Libby	12	Pentucket	5:54.24		
43.404 (43.404)	1:26.627 (43.224)	2:11.420 (44.793)		2:56.757 (45.338)	
3:41.954 (45.197)	4:27.000 (45.047)	5:11.750 (44.750)		5:54.232 (42.483)	
3 MacLellan, Callie	10	North Reading	6:04.07		
44.132 (44.132)	1:29.860 (45.729)	2:17.296 (47.436)		3:04.972 (47.676)	
3:51.824 (46.852)	4:39.516 (47.693)	5:25.885 (46.369)		6:04.069 (38.184)	
4 Straub, Stella	10	Manchester Essex	6:05.88		
46.945 (46.945)	1:31.781 (44.836)	2:19.051 (47.270)		3:05.388 (46.338)	
3:52.140 (46.752)	4:39.630 (47.490)	5:26.176 (46.547)		6:05.878 (39.702)	
5 Jaworski, Mia	8	Triton	6:07.12		
44.149 (44.149)	1:29.253 (45.104)	2:16.747 (47.494)		3:04.952 (48.206)	
3:50.792 (45.840)	4:39.092 (48.300)	5:26.505 (47.414)		6:07.111 (40.606)	
6 Madden, Charlotte	10	Hamilton-Wenham	6:09.34		
44.339 (44.339)	1:29.564 (45.225)	2:16.392 (46.829)		3:04.564 (48.172)	
3:51.828 (47.264)	4:39.224 (47.396)	5:26.286 (47.063)		6:09.335 (43.049)	
7 McDonald, Maddie	12	Essex Technical	6:16.83		
44.456 (44.456)	1:30.014 (45.558)	2:15.721 (45.708)		3:03.003 (47.282)	
3:52.520 (49.518)	4:42.666 (50.146)	5:33.248 (50.582)		6:16.822 (43.575)	
8 Turner, Whitney	10	Manchester Essex	6:17.34		
47.466 (47.466)	1:33.345 (45.880)	2:20.901 (47.556)		3:09.593 (48.692)	
3:57.878 (48.285)	4:46.188 (48.311)	5:33.883 (47.695)		6:17.339 (43.456)	

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....Girls 1 Mile Run Varsity

9 Wetzrtz, Viola	11 Lynnfield	6:21.93		
45.520 (45.520)	1:31.428 (45.908)	2:19.629 (48.202)	3:08.483 (48.854)	
3:58.278 (49.796)	4:49.310 (51.032)	5:38.672 (49.363)	6:21.924 (43.252)	
10 Tudal, Riley	9 Triton	6:26.33		
43.156 (43.156)	1:28.175 (45.020)	2:17.111 (48.936)	3:06.072 (48.962)	
3:56.864 (50.792)	4:47.973 (51.109)	5:38.392 (50.420)	6:26.326 (47.934)	
11 Soininen, Brooke	11 Ipswich	6:30.21		
47.271 (47.271)	1:32.811 (45.540)	2:20.619 (47.808)	3:09.859 (49.240)	
3:59.427 (49.568)	4:50.866 (51.440)	5:41.958 (51.092)	6:30.204 (48.247)	
12 Buoniconti, Caitlin	10 Lynnfield	6:31.51		
48.451 (48.451)	1:36.012 (47.561)	2:22.723 (46.712)	3:12.977 (50.255)	
4:03.397 (50.420)	4:54.456 (51.059)	5:45.358 (50.903)	6:31.505 (46.148)	
13 Lambert, Madeline	10 North Reading	7:06.90		
50.541 (50.541)	1:41.606 (51.065)	2:34.740 (53.135)	3:29.659 (54.919)	
4:26.191 (56.532)	5:22.048 (55.858)	6:17.692 (55.644)	7:06.896 (49.205)	
14 Cullem, Sienna	11 Ipswich	7:24.28		
48.902 (48.902)	1:36.721 (47.820)	2:29.410 (52.689)	3:28.504 (59.095)	
4:29.204 (1:00.700)	5:27.974 (58.771)	6:29.395 (1:01.421)	7:24.276 (54.881)	
15 Muller, Elodie	10 Triton	7:25.72		
50.388 (50.388)	1:42.871 (52.484)	2:39.351 (56.480)	3:35.768 (56.417)	
4:30.916 (55.148)	5:34.124 (1:03.208)	6:37.769 (1:03.646)	7:25.719 (47.950)	

Girls 2 Mile Run Varsity

Name	Year School	Finals		
1 Dalgar, Kaylie	11 Pentucket	11:50.75		
43.736 (43.736)	1:27.067 (43.332)	2:11.154 (44.087)	2:55.755 (44.602)	
3:40.486 (44.731)	4:25.477 (44.992)	5:10.112 (44.636)	5:55.238 (45.126)	
6:40.098 (44.860)	7:25.274 (45.176)	8:10.993 (45.720)	8:56.510 (45.517)	
9:41.951 (45.442)	10:27.377 (45.426)	11:12.531 (45.154)	11:50.749 (38.219)	
2 Collins, Ava	10 North Reading	13:15.12		
45.458 (45.458)	1:30.782 (45.324)	2:19.151 (48.369)	3:08.736 (49.586)	
3:59.215 (50.480)	4:49.265 (50.050)	5:40.097 (50.832)	6:31.012 (50.916)	
7:22.634 (51.622)	8:14.181 (51.548)	9:05.407 (51.227)	9:57.571 (52.164)	
10:48.995 (51.424)	11:40.011 (51.016)	12:29.741 (49.731)	13:15.115 (45.375)	
3 Cooper, Sabine	10 Manchester Essex	13:31.33		
46.903 (46.903)	1:34.055 (47.152)	2:23.721 (49.667)	3:14.069 (50.348)	
4:04.850 (50.781)	4:56.816 (51.967)	5:48.520 (51.704)	6:39.777 (51.257)	
7:32.328 (52.552)	8:25.499 (53.171)	9:18.432 (52.934)	10:11.260 (52.828)	
11:04.140 (52.880)	11:55.550 (51.410)	12:47.239 (51.689)	13:31.330 (44.092)	
4 Bottaro, Gabriella	10 Lynnfield	13:36.75		
50.178 (50.178)	1:38.547 (48.370)	2:29.454 (50.907)	3:21.050 (51.596)	
4:12.915 (51.866)	5:04.648 (51.733)	5:57.049 (52.401)	6:48.969 (51.920)	
7:40.606 (51.637)	8:31.991 (51.386)	9:24.283 (52.292)	10:15.975 (51.692)	
11:07.887 (51.912)	11:59.877 (51.991)	12:51.682 (51.805)	13:36.741 (45.060)	
5 Madden, Charlotte	10 Hamilton-Wenham	13:39.06		
49.155 (49.155)	1:36.863 (47.709)	2:25.808 (48.945)	3:13.851 (48.044)	
4:04.539 (50.688)	4:55.697 (51.159)	5:47.950 (52.253)	6:39.514 (51.564)	
7:32.070 (52.556)	8:25.112 (53.043)	9:18.026 (52.914)	10:11.155 (53.130)	
11:04.084 (52.929)	11:55.727 (51.644)	12:50.472 (54.745)	13:39.059 (48.587)	

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....Girls 2 Mile Run Varsity

6 Blanchet, Julia	9 Triton	13:58.98		
46.471 (46.471)	1:34.174 (47.704)	2:24.790 (50.616)	3:16.049 (51.260)	
4:07.811 (51.762)	5:01.138 (53.328)	5:54.569 (53.432)	6:46.980 (52.412)	
7:40.703 (53.723)	8:33.531 (52.828)	9:29.555 (56.025)	10:24.536 (54.981)	
11:19.399 (54.864)	12:13.113 (53.714)	13:07.079 (53.966)	13:58.974 (51.896)	
7 Love, Collette	11 Ipswich	14:59.76		
50.991 (50.991)	1:41.676 (50.685)	2:35.987 (54.311)	3:31.748 (55.762)	
4:28.059 (56.312)	5:24.420 (56.361)	6:21.579 (57.159)	7:18.692 (57.114)	
8:16.296 (57.604)	9:14.213 (57.917)	10:13.743 (59.531)	11:13.078 (59.335)	
12:13.564 (1:00.487)	13:13.723 (1:00.160)	14:11.282 (57.559)	14:59.760 (48.479)	
8 Cumming, Courtney	12 Lynnfield	15:16.66		
52.990 (52.990)	1:45.391 (52.402)	2:39.523 (54.132)	3:34.701 (55.179)	
4:31.402 (56.701)	5:28.431 (57.030)	6:25.589 (57.158)	7:24.091 (58.503)	
8:23.639 (59.548)	9:22.371 (58.733)	10:22.628 (1:00.257)	11:23.305 (1:00.677)	
12:23.021 (59.716)	13:23.629 (1:00.608)	14:21.965 (58.336)	15:16.655 (54.691)	
9 Kouiroukidis, Vasiliki	9 North Reading	15:41.50		
56.814 (56.814)	1:53.247 (56.433)	2:53.065 (59.819)	3:53.311 (1:00.247)	
4:54.421 (1:01.110)	5:55.671 (1:01.251)	6:54.530 (58.859)	7:53.359 (58.829)	
8:51.725 (58.367)	9:53.033 (1:01.308)	10:54.329 (1:01.296)	11:55.583 (1:01.255)	
12:57.439 (1:01.856)	13:59.048 (1:01.609)	14:58.635 (59.588)	15:41.496 (42.861)	
10 McIntyre, Lily	10 Pentucket	15:52.58		
53.748 (53.748)	1:45.047 (51.300)	2:38.580 (53.533)	3:34.031 (55.451)	
4:30.309 (56.279)	5:27.367 (57.059)	6:26.265 (58.898)	7:26.196 (59.932)	
8:27.063 (1:00.867)	9:28.902 (1:01.840)	10:32.053 (1:03.152)	11:37.152 (1:05.100)	
12:42.655 (1:05.504)	13:47.905 (1:05.250)	14:51.876 (1:03.972)	15:52.580 (1:00.704)	
11 Branceleone, Anna	10 Hamilton-Wenham	16:45.45		
1:02.069 (1:02.069)	2:03.430 (1:01.361)	3:02.916 (59.487)	4:00.719 (57.803)	
5:00.424 (59.706)	6:00.992 (1:00.568)	7:02.050 (1:01.058)	8:05.690 (1:03.640)	
9:09.267 (1:03.577)	10:14.604 (1:05.338)	11:21.475 (1:06.871)	12:27.178 (1:05.704)	
13:33.315 (1:06.138)	14:40.165 (1:06.850)	15:43.976 (1:03.812)	16:45.446 (1:01.470)	

Girls 55 Meter Hurdles Varsity

Name	Year School	Finals	H#
1 Smith, Wynter	10 Pentucket	9.43	1
2 MacLellan, Hayden	10 North Reading	9.63	2
3 Grenham, Meaghan	11 Pentucket	9.67	1
4 Perron, Kameya	9 Ipswich	9.99	4
5 Bucco, Riley	12 Pentucket	10.26	1
6 Heintz, Ellie	11 North Reading	10.27	2
7 Harper, Lily	10 Ipswich	10.39	4
8 Seymour, Brighton	9 Pentucket	10.45	1
9 Auciello, Giuliana	9 North Reading	10.54	2
10 McClain, Perlita	11 Essex Technical	10.66	3
11 Zimmerman, Katie	9 North Reading	10.72	2
12 Fazio, Isabella	11 Hamilton-Wenham	10.85	3
13 Goodwin, Felicia	12 Ipswich	10.87	4
14 George, Kaila	10 Lynnfield	10.94	1
15 Caulfield, Clara	10 Lynnfield	11.02	1
16 Adamo, Katie	12 Lynnfield	11.13	1
17 Shanley, Kiera	8 Triton	11.14	2
18 Ryan, Sofijia	11 Hamilton-Wenham	11.19	3
19 Capillo, Sophia	10 Essex Technical	12.30	3
-- Kent, Abigail	9 Manchester Essex	FS	4

Cape Ann League Meet #5
The TRACK at New Balance
Results

Girls 4x200 Meter Relay Varsity

School	Finals	H#
1 North Reading	1:47.68	2
1) Robarts, Georgia 11	2) McIntyre, Ava 12	
3) Budny, Kayla 12	4) Lamont, Tiara 12	
2 Pentucket	1:49.09	1
1) Trout, Sydney 10	2) Goodwin, Lia 12	
3) Gallant, Reese 12	4) Smith, Sage 12	
3 Triton	1:52.01	2
1) Amasa-Titus, Aleyo 12	2) Basile, Arianna 11	
3) Treitel-poore, Ella 8	4) Ewell, Sarah 9	
4 Lynnfield	2:00.37	1
1) Willoughby, Ava 10	2) Caulfield, Clara 10	
3) Considine, Libby 10	4) Carbone, Julia 12	
5 Essex Technical	2:02.24	1
1) Feudo, Olivia 10	2) Kisiel, Nora 10	
3) Baker, Jennifer 12	4) Visconti, Sofia 11	
6 Ipswich	2:02.98	2
1) Harmon, Lucy 12	2) Brown, Avery 10	
3) White, Jenny 10	4) Bruno, Bella 9	
7 Hamilton-Wenham	2:15.93	1
1) Shepard, Piper 10	2) Ryan, Sofijia 11	
3) Branceleone, Anna 10	4) Butler, Hannah 12	
8 Manchester Essex	2:16.85	2
1) MacKinnon, Caroline 12	2) Capotosto, August 9	
3) O'Leary, Anna 9	4) Donohoe, Cecilia 9	

Girls 4x400 Meter Relay Varsity

School	Finals	H#
1 North Reading	4:28.75	2
1) Lamont, Tiara 12	2) DeAngelis, Julia 11	
3) Montana, Marisa 10	4) Butler, Annalise 12	
1:05.504 (1:05.504) 2:11.597 (1:06.093) 3:21.557 (1:09.960)	4:28.746 (1:07.189)	
2 Ipswich	4:30.82	2
1) Mooradd, Amelia 11	2) Pszenny, Chloe 12	
3) Harper, Lily 10	4) Shearer, Soren 9	
1:04.977 (1:04.977) 2:11.051 (1:06.075) 3:24.658 (1:13.607)	4:30.819 (1:06.162)	
3 Pentucket	4:35.46	1
1) Seymour, Brighton 9	2) Cammett, Cece 10	
3) Dalgar, Kaylie 11	4) Alsup, Lia 12	
1:09.383 (1:09.383) 2:16.900 (1:07.518) 3:26.190 (1:09.290)	4:35.456 (1:09.267)	
4 Lynnfield	4:41.03	1
1) Daigle, Maddie 12	2) Goguen, Olivia 11	
3) Guarracino, Bianca 12	4) Rocco, Lily 10	
1:12.354 (1:12.354) 2:21.859 (1:09.505) 3:33.035 (1:11.176)	4:41.028 (1:07.994)	
5 Essex Technical	4:50.92	1
1) Manninen, Ella 12	2) McDonald, Maddie 12	
3) Donovan, Mikayla 9	4) Espino-Encarnacion, Cyndi 11	
1:10.850 (1:10.850) 2:24.817 (1:13.968) 3:41.093 (1:16.276)	4:50.913 (1:09.820)	
6 Hamilton-Wenham	5:01.23	1
1) Finn, Ava 12	2) Fleming, Mira 10	
3) Shepard, Piper 10	4) Fazio, Isabella 11	
1:14.296 (1:14.296) 2:29.675 (1:15.379) 3:50.216 (1:20.542)	5:01.221 (1:11.005)	

Cape Ann League Meet #5
The TRACK at New Balance
Results

....Girls 4x400 Meter Relay Varsity

7 Manchester Essex	5:03.72	2
1) Donohoe, Cecilia 9	2) Eilassen, Caroline 9	
3) MacKinnon, Caroline 12	4) McCavanagh, Sylvia 10	
1:11.561 (1:11.561) 2:24.264 (1:12.704) 3:39.946 (1:15.683)	5:03.716 (1:23.770)	
8 Triton	5:17.47	2
1) Martin, Ava 8	2) Leahy, Elinor 9	
3) Hurley, Neala 8	4) Johnson, Colleen 9	
1:13.468 (1:13.468) 2:28.813 (1:15.345) 3:43.750 (1:14.937)	5:17.462 (1:33.713)	

Girls High Jump Varsity

Name	Year	School	Finals
1 Ligor, Giuliana	10	North Reading	5-00.00
4-02 4-04 4-06 4-08 4-10	5-00 5-02		
P P O XO O O XXX			
2 Meagher, Delaney	10	Pentucket	J5-00.00
4-02 4-04 4-06 4-08 4-10	5-00 5-02		
P P P O O XO XXX			
3 Lilley, Abigail	11	North Reading	4-10.00
4-02 4-04 4-06 4-08 4-10	5-00		
P O XO O XXO XXX			
4 Lamont, Tiara	12	North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10			
P O O O XXX			
4 Smith, Wynter	10	Pentucket	J4-08.00
4-02 4-04 4-06 4-08 4-10			
P P O O XXX			
6 Gallant, Reese	12	Pentucket	J4-08.00
4-02 4-04 4-06 4-08			
P P XO O			
7 Auciello, Giuliana	9	North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10			
O O XXO O XXX			
8 Romano, Anna	11	Triton	J4-06.00
4-02 4-04 4-06 4-08			
P O O XXX			
9 Perron, Kameya	9	Ipswich	J4-06.00
4-02 4-04 4-06 4-08			
O XXO O XXX			
10 Capillo, Sophia	10	Essex Technical	J4-06.00
4-02 4-04 4-06 4-08			
O XO XO XXX			
11 Murphy, Kayla	10	Pentucket	J4-06.00
4-02 4-04 4-06 4-08			
O O XXO XXX			
12 Johnson, Colleen	9	Triton	J4-04.00
4-02 4-04 4-06			
O XO XXX			
13 Brown, Avery	10	Ipswich	J4-04.00
4-02 4-04 4-06			
O XXO XXX			
14 Kent, Abigail	9	Manchester Essex	4-02.00
4-02 4-04			
XXO XXX			

Cape Ann League Meet #5
The TRACK at New Balance
Results

....Girls High Jump Varsity

-- Ryan, Sofijia	11	Hamilton-Wenham	NH
4-02			
XXX			
-- Leahy, Elinor	9	Triton	NH
4-02			
XXX			
-- Gallant, Rachel	10	Manchester Essex	NH
4-02			
XXX			
-- Zagrobski, Isabel	9	Manchester Essex	NH
4-02			
XXX			
-- Fleming, Mira	10	Hamilton-Wenham	NH
4-02			
XXX			
-- Buccilli, Adrianna	11	Lynnfield	NH
4-02			
XXX			

Girls Long Jump Varsity

Name	Year	School	Finals	H#
1 Vant, Madison	11	North Reading	17-04.25	2
17-04.25 16-05.50 16-08.25				
2 McIntyre, Ava	12	North Reading	16-08.25	2
16-07.25 16-02.25 16-08.25				
3 Smith, Sage	12	Pentucket	16-04.00	1
15-09 15-09 16-04				
4 Robarts, Georgia	11	North Reading	16-01.75	2
FOUL FOUL 16-01.75				
5 Zimmerman, Katie	9	North Reading	15-09.75	2
FOUL 15-09.75 15-09.75				
6 Hurd, Megan	10	Manchester Essex	15-08.00	2
14-02.50 15-04.50 15-08				
7 Wilson, Georgia	10	Hamilton-Wenham	14-05.50	1
13-06.75 14-05.50 14-05.50				
8 Trout, Morgan	10	Pentucket	14-04.75	1
FOUL 14-04.75 14-02.75				
9 Bethmann, Emily	10	Pentucket	14-01.25	1
14-00 13-10.25 14-01.25				
10 Bruno, Bella	9	Ipswich	14-00.00	2
FOUL FOUL 14-00				
11 Baker, Jennifer	12	Essex Technical	13-09.00	1
FOUL 12-11 13-09				
12 Basile, Arianna	11	Triton	13-05.00	2
13-03.50 12-09 13-05				
13 Bartholomew, Olivia	12	Pentucket	13-04.50	1
FOUL FOUL 13-04.50				
14 Treitel-poore, Ella	8	Triton	13-02.00	2
12-05 13-02 FOUL				
15 George, Kaila	10	Lynnfield	13-01.50	1
FOUL 12-07.50 13-01.50				
16 Goguen, Olivia	11	Lynnfield	12-10.00	1
FOUL 12-10 FOUL				

Cape Ann League Meet #5
The TRACK at New Balance
Results

....Girls Long Jump Varsity

17 Kelly, Claire	10 Ipswich	12-09.50	2
12-04 11-10.75 12-09.50			
18 White, Jenny	10 Ipswich	12-03.50	2
12-03.50 11-04 11-08			
19 Considine, Libby	10 Lynnfield	12-01.00	1
FOUL 12-01 FOUL			
20 Rocco, Lily	10 Lynnfield	11-11.00	1
FOUL FOUL 11-11			
21 Feudo, Olivia	10 Essex Technical	11-07.50	1
11-07.50 10-06.50 10-07			
22 Capillo, Sophia	10 Essex Technical	11-00.50	1
10-00.50 11-00.50 10-08.50			
23 Butler, Hannah	12 Hamilton-Wenham	10-04.50	1
FOUL 10-04.50 FOUL			
24 Capotosto, August	9 Manchester Essex	9-11.00	2
FOUL 9-11 9-11			
-- Finn, Ava	12 Hamilton-Wenham	FOUL	1
FOUL FOUL FOUL			

Girls Triple Jump Varsity

Name	Year	School	Finals
1 Vant, Madison	11	North Reading	34-08.50
33-10 34-08 34-08.50			
2 Robarts, Georgia	11	North Reading	34-00.50
32-02.75 34-00.50 33-09			
3 Bethmann, Emily	10	Pentucket	32-09.50
32-07.50 32-09.50 32-06			
4 Pszenny, Chloe	12	Ipswich	31-06.00
30-08.50 31-06 29-10.50			
5 Harmon, Lucy	12	Ipswich	28-03.00
27-11.50 27-10.50 28-03			
6 Kelly, Claire	10	Ipswich	28-02.75
28-02.75 27-07 FOUL			
-- Hurd, Megan	10	Manchester Essex	FOUL
FOUL FOUL FOUL			

Girls Shot Put Varsity

Name	Year	School	Finals	H#
1 Abbatessa, Maci	11	Essex Technical	32-10.25	1
31-05.75 32-10.25 32-01.50				
2 Bucco, Riley	12	Pentucket	31-05.00	1
31-05 29-01 26-03.25				
3 Goodwin, Lia	12	Pentucket	28-03.00	1
28-03 26-02.25 27-08.25				
4 Lilley, Abigail	11	North Reading	27-09.50	2
25-06 27-09.50 26-07.75				
5 Sullivan, Lillian	11	Essex Technical	26-08.00	1
24-07.50 26-08 24-05.50				
6 Mini, Sabrina	11	North Reading	26-07.50	2
24-01 24-07 26-07.50				

Cape Ann League Meet #5
The TRACK at New Balance
Results

....Girls Shot Put Varsity

7	Marotta, Ava	12 Lynnfield	25-06.25	1
	25-01.25 25-06.25 22-02.25			
8	Bell, Emilie	11 Lynnfield	25-01.25	1
	22-11.75 25-01.25 24-01.50			
9	Alsup, Lia	12 Pentucket	23-10.75	1
	22-11.25 23-06.75 23-10.75			
10	Lopez, Abigail	9 Lynnfield	23-05.25	1
	23-05.25 23-02 19-01.25			
11	Bleichfeld, Allie	9 Pentucket	23-05.00	1
	22-01.75 23-05 21-08.50			
12	Baker, Mallorie	11 Essex Technical	23-04.00	1
	22-02.75 23-04 22-11			
13	Cole, London	9 Triton	J23-04.00	2
	22-05 22-10.50 23-04			
14	Doucet, Bree	9 Ipswich	22-11.00	2
	22-01 20-07 22-11			
15	Gay-Killeen, Caroline	12 Triton	22-08.00	2
	20-08 22-08 22-03			
16	Rikkola, Melina	12 Essex Technical	22-04.00	1
	19-11 20-05.50 22-04			
17	Kent, Abigail	9 Manchester Essex	22-02.50	2
	22-02.50 21-02 19-02.25			
18	Hickey, Brenna	12 Ipswich	21-01.00	2
	20-01 21-01 19-09			
19	Baker, Maddie	12 Ipswich	20-08.00	2
	19-04.50 20-04.75 20-08			
20	Cook, Ava	Lynnfield	20-03.25	1
	20-00.75 19-02 20-03.25			
21	Bornstein, Miriana	9 North Reading	20-01.00	2
	20-01 18-11 18-09			
22	Demeo, Summer	10 Manchester Essex	19-11.00	2
	16-02.50 18-09.50 19-11			
23	Meier, Abigail	9 North Reading	19-05.50	2
	16-05 18-01 19-05.50			
24	O'Leary, Anna	9 Manchester Essex	17-09.00	2
	15-05.75 16-00.75 17-09			
25	Carmody, Isabella	9 Triton	17-03.50	2
	15-10 17-03.50 17-01			
26	Watson, Ava	12 Triton	16-03.75	2
	15-08 15-10 16-03.75			