

**Dual County League Meet #4 - 1/18/2023****the TRACK at new balance****Results****Girls 55 Meter Dash**

Name	Year School	Finals	H#
Finals			
1 DiRocco, Charlotte	Concord-Carlisle	7.65	1
2 Kacyvenski, Lily	Weston	7.67	1
3 Jolly, Ellie	Newton South	7.69	1
4 Pierre, Gabrielle	Lincoln-Sudbury	7.74	1
5 Blenman, Ianna	Boston Latin School	7.77	1 7.761
6 Pantoja, Alexa	Westford Academy	7.77	1 7.767
7 Kirby, Sarah	Westford Academy	7.80	1
8 Duah-Asamoah, Leandra	Westford Academy	7.86	2
9 Dorielan, Dootchina	Cambridge R&L	7.90	2
10 Fofanah, Isatu	Concord-Carlisle	7.91	2
11 Bishop, Jordan	Westford Academy	7.93	2
12 Duffy, Ruri	Cambridge R&L	7.95	2
13 Heus-Smith, Caitlin	Wayland	7.96	2
14 Emack-Bazeliias, Appaloos	Cambridge R&L	8.03	2
15 Sills, Katherine	Lincoln-Sudbury	8.09	3
16 Frutman, Anika	Wayland	8.14	2
17 Hazarika, Sofia	Newton South	8.19	4
18 Harvey, Camilla	Concord-Carlisle	8.22	3
19 Wang, Aimee	Weston	8.24	4
20 Zurn, Annika	Lincoln-Sudbury	8.26	6
21 Juarez, Liliana	Waltham	8.28	5
22 Gibowicz, Isabel	Lincoln-Sudbury	8.42	3
23 Fiadjoe, Ellie	Newton South	8.44	3
24 Sacco, Caroline	Notre Dame Acad.	8.46	4
25 Zong, Catherine	Newton South	8.51	4
26 Warcup, Addison	Notre Dame Acad.	8.56	5
27 Houston, Vivian	Weston	8.58	4
28 Reyes, Carmen	Waltham	8.59	5
29 Murthy, Meera	Boston Latin School	8.62	5
30 Caulfield, Catalina	Wayland	8.73	4
31 Connolly, Ella	Notre Dame Acad.	8.87	5
32 Ammendolia, Georgia	Acton-Boxborough	9.00	3
33 Terry, Julia	Acton-Boxborough	9.01	4
34 Lavelle, Erin	Wayland	9.03	4 9.025
34 Li, Rachel	Boston Latin School	9.03	6 9.025
36 Yu, Anneliese	Boston Latin School	9.15	6 9.148
37 Nawana, Tylanni	Weston	9.15	5 9.150
38 Cummings, Erica	Bedford	9.16	6
39 Drake, Indiana	Bedford	9.22	6
40 Arenas, Erica	Bedford	9.90	6
41 Kabeho, Abigail	Bedford	10.72	6
-- Warner, Julienne	Concord-Carlisle	FS	1

**Girls 300 Meter Dash**

Name	Year School	Finals	H#
1 Vinith, Ashley	Westford Academy	43.96	1
2 Coley, Juliette	Cambridge R&L	44.40	1
3 Lehman, Avery	Weston	45.30	1
4 Thomas, Ava	Waltham	45.76	1
5 Fofana, Zeina	Concord-Carlisle	46.16	2

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**....Girls 300 Meter Dash**

6 Swepson, Nadia	Westford Academy	46.75	3
7 Sonderling, Layla	Newton South	47.03	2
8 Ryan, Ella	Lincoln-Sudbury	47.50	3
9 Wolpe, Mia	Lincoln-Sudbury	47.62	3
10 Dos Anjos, Sofia	Newton South	47.64	2
11 Sayers, Natalie	Newton South	47.75	3
12 Sacco, Caroline	Notre Dame Acad.	47.76	4
13 White, Katherine	Wayland	47.77	2
14 Garofalo, Julia (Gracie)	Concord-Carlisle	48.46	6
15 Roby, Love	Boston Latin School	48.88	5
16 Morzano, Claudia	Weston	49.97	4
17 Murthy, Meera	Boston Latin School	49.99	5
18 Heffernan, Lucille	Boston Latin School	50.89	5
19 Jennings, Sophie	Notre Dame Acad.	51.13	5
20 Levin, Piper	Notre Dame Acad.	51.37	6
21 Hajjar, Grace	Westford Academy	52.04	5
22 Gosselin, Amelia	Bedford	52.24	6
23 Wonsey, Emma	Concord-Carlisle	53.92	6
24 McNulty, Nina	Wayland	54.30	6
25 Ammendolia, Georgia	Acton-Boxborough	54.84	4
-- Filois, Djemimah	Waltham	DQ	5 out of lane

**Girls 600 Meter Run**

Name	Year	School	Finals	H#
1 Walsh, Reilly		Notre Dame Acad.	1:45.16	1
33.295 (33.295)	1:07.574 (34.280)		1:45.151 (37.577)	
2 Breen, Mina		Boston Latin School	1:45.39	1
33.355 (33.355)	1:08.346 (34.992)		1:45.385 (37.040)	
3 Lewis, Mabel		Cambridge R&L	1:49.56	2
36.573 (36.573)	1:12.729 (36.156)		1:49.555 (36.827)	
4 Graziani, Caroline		Concord-Carlisle	1:50.37	2
35.801 (35.801)	1:12.423 (36.623)		1:50.363 (37.940)	
5 Urizandi, Vannesa		Westford Academy	1:50.78	1
32.125 (32.125)	1:07.701 (35.576)		1:50.779 (43.079)	
6 Morris, Mackenzie		Wayland	1:50.79	1
36.579 (36.579)	1:14.037 (37.458)		1:50.789 (36.753)	
7 Dong, Annie		Weston	1:51.02	1
35.066 (35.066)	1:12.147 (37.081)		1:51.011 (38.864)	
8 Martinez, Sandrine		Newton South	1:51.68	1
34.943 (34.943)	1:11.717 (36.774)		1:51.677 (39.960)	
9 Chen, Ally		Newton South	1:52.60	2
36.146 (36.146)	1:13.066 (36.920)		1:52.600 (39.534)	
10 Pomales, Andrea		Waltham	1:52.61	2
37.111 (37.111)	1:15.241 (38.130)		1:52.603 (37.363)	
11 Spahr, Greta		Westford Academy	1:53.43	1
35.055 (35.055)	1:13.013 (37.959)		1:53.422 (40.409)	
12 Caufield, Delia		Wayland	1:54.16	2
37.338 (37.338)	1:16.557 (39.219)		1:54.153 (37.596)	
13 Haigney, Ellie		Boston Latin School	1:54.25	2
37.650 (37.650)	1:16.288 (38.639)		1:54.245 (37.957)	
14 Letourneau, Liette		Acton-Boxborough	1:54.51	1
35.514 (35.514)	1:14.729 (39.216)		1:54.509 (39.780)	

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15 Miller, Allison	Bedford	1:57.94	2
37.726 (37.726)	1:16.864 (39.138)	1:57.931 (41.068)	
16 Ota, Madeleine	Bedford	1:58.60	3
35.856 (35.856)	1:16.307 (40.452)	1:58.593 (42.287)	
17 Crocker, Molly	Notre Dame Acad.	1:58.80	3
36.661 (36.661)	1:17.280 (40.619)	1:58.791 (41.512)	
18 Glitzenstein, Annika	Concord-Carlisle	1:59.56	3
36.305 (36.305)	1:17.234 (40.929)	1:59.551 (42.317)	
19 Johnson, Julia	Lincoln-Sudbury	2:03.44	3
37.325 (37.325)	1:20.560 (43.235)	2:03.437 (42.878)	
20 Hanks, Alexandra	Lincoln-Sudbury	2:19.82	3
45.110 (45.110)	1:30.941 (45.831)	2:19.813 (48.872)	
21 Mahoney, Caitlyn	Westford Academy	2:33.40	3
44.728 (44.728)	1:38.109 (53.382)	2:33.392 (55.283)	

**Girls 1000 Meter Run**

Name	Year School	Finals	H#
1 Hennessy, Abby	Westford Academy	3:06.94	1
37.433 (37.433)	1:15.894 (38.461)	1:54.354 (38.460)	2:33.330 (38.976)
3:06.935 (33.605)			
2 Weiss, Sydney	Westford Academy	3:08.84	1
37.223 (37.223)	1:15.199 (37.976)	1:53.637 (38.438)	2:32.377 (38.740)
3:08.839 (36.463)			
3 Shact, Analeise	Weston	3:10.49	1
37.212 (37.212)	1:15.629 (38.417)	1:54.391 (38.762)	2:33.691 (39.301)
3:10.483 (36.792)			
4 Hein, Rebecca	Boston Latin School	3:12.86	1
38.096 (38.096)	1:17.075 (38.979)	1:56.465 (39.391)	2:35.885 (39.420)
3:12.854 (36.969)			
5 Martinelli, Fiona	Concord-Carlisle	3:24.52	1
39.614 (39.614)	1:22.250 (42.636)	2:04.785 (42.536)	2:47.096 (42.312)
3:24.519 (37.423)			
6 Wilson, Lucy	Notre Dame Acad.	3:26.88	1
37.817 (37.817)	1:19.195 (41.379)	2:03.031 (43.836)	2:47.375 (44.344)
3:26.873 (39.498)			
7 Steffick, Kaitlyn	Lincoln-Sudbury	3:27.61	1
38.601 (38.601)	1:20.492 (41.892)	2:03.976 (43.484)	2:48.004 (44.028)
3:27.610 (39.606)			
8 White, Jacqueline	Concord-Carlisle	3:27.66	1
38.352 (38.352)	1:20.059 (41.708)	2:03.278 (43.219)	2:47.525 (44.248)
3:27.653 (40.128)			
9 Schiller, Chloe	Weston	3:27.74	1
38.707 (38.707)	1:20.569 (41.863)	2:03.689 (43.120)	2:47.738 (44.049)
3:27.731 (39.994)			
10 Bondensgaard, Emilia	Concord-Carlisle	3:28.44	1
39.671 (39.671)	1:22.067 (42.396)	2:04.936 (42.870)	2:47.431 (42.496)
3:28.436 (41.005)			
11 Jordano, Audrey	Cambridge R&L	3:29.59	1
39.063 (39.063)	1:19.733 (40.671)	2:02.670 (42.937)	2:46.939 (44.269)
3:29.581 (42.643)			
12 Dean, Madison	Acton-Boxborough	3:36.57	2
38.689 (38.689)	1:19.919 (41.231)	2:05.703 (45.784)	2:52.832 (47.129)
3:36.564 (43.732)			

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13 Quach, Catalina	Newton South	3:37.33	1		
39.967 (39.967)	1:20.955 (40.988)	2:05.043 (44.088)		2:51.347 (46.304)	
3:37.325 (45.979)					
14 Lu, Meaghan	Westford Academy	3:37.98	1		
39.252 (39.252)	1:21.937 (42.685)	2:05.795 (43.859)		2:52.062 (46.267)	
3:37.978 (45.916)					
15 Rome, Olivia	Weston	3:38.35	2		
39.866 (39.866)	1:22.958 (43.092)	2:10.081 (47.124)		2:57.865 (47.784)	
3:38.341 (40.477)					
16 Pourmousa, Hanah	Waltham	3:38.64	2		
40.133 (40.133)	1:22.544 (42.412)	2:08.602 (46.059)		2:56.679 (48.077)	
3:38.638 (41.960)					
17 Protasowicki, Elena	Bedford	3:38.98	2		
39.229 (39.229)	1:20.627 (41.399)	2:05.341 (44.714)		2:52.072 (46.732)	
3:38.971 (46.900)					
18 Fabrizio, Piper	Notre Dame Acad.	3:43.87	2		
40.250 (40.250)	1:23.923 (43.673)	2:11.373 (47.451)		2:59.596 (48.223)	
3:43.865 (44.270)					
19 Serunjogi, Andrea	Waltham	3:49.71	2		
40.486 (40.486)	1:24.822 (44.336)	2:13.401 (48.580)		3:03.825 (50.424)	
3:49.706 (45.881)					
20 Marcus, Lucy	Newton South	3:53.76	2		
43.046 (43.046)	1:30.733 (47.688)	2:20.794 (50.061)		3:08.194 (47.400)	
3:53.753 (45.559)					
21 Wong, Michelle	Bedford	3:54.21	2		
41.337 (41.337)	1:26.801 (45.464)	2:16.593 (49.793)		3:08.298 (51.705)	
3:54.201 (45.904)					
22 Dogan-West, Carinna	Bedford	3:54.47	2		
42.675 (42.675)	1:28.812 (46.137)	2:19.308 (50.496)		3:08.912 (49.604)	
3:54.466 (45.555)					
23 Long, Annie	Wayland	4:02.27	2		
42.063 (42.063)	1:27.365 (45.302)	2:17.296 (49.932)		3:09.728 (52.432)	
4:02.268 (52.540)					
24 Huang, Annie	Lincoln-Sudbury	4:10.26	2		
43.389 (43.389)	1:30.437 (47.048)	2:23.185 (52.748)		3:19.610 (56.425)	
4:10.254 (50.644)					
25 Marto, Grace	Wayland	4:13.89	2		
45.569 (45.569)	1:35.385 (49.817)	2:27.599 (52.214)		3:20.571 (52.972)	
4:13.881 (53.311)					
26 Thomas, Rachel	Lincoln-Sudbury	4:17.33	2		
41.690 (41.690)	1:29.650 (47.960)	2:23.489 (53.839)		3:21.036 (57.548)	
4:17.326 (56.291)					
27 Maddocks, Ashley	Wayland	4:19.57	2		
43.824 (43.824)	1:32.939 (49.116)	2:28.013 (55.075)		3:23.077 (55.064)	
4:19.565 (56.488)					

**Girls 1 Mile Run**

Name	Year School	Finals	H#		
1 Dickie, Eliza	Cambridge R&L	5:16.43	1		
38.442 (38.442)	1:16.542 (38.100)	1:56.187 (39.645)		2:36.784 (40.598)	
3:17.869 (41.085)	3:58.759 (40.891)	4:39.000 (40.241)		5:16.428 (37.428)	

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2	Wedlake, Emily	Westford Academy	5:20.59	1			
	38.113 (38.113)	1:16.091 (37.979)	1:55.792 (39.701)		2:36.539 (40.747)		
	3:17.677 (41.139)	3:59.180 (41.504)	4:40.191 (41.011)		5:20.589 (40.399)		
3	Jackson, Olivia	Weston	5:22.69	1			
	39.302 (39.302)	1:17.543 (38.241)	1:56.374 (38.832)		2:37.041 (40.668)		
	3:18.124 (41.084)	3:59.653 (41.529)	4:41.715 (42.063)		5:22.690 (40.975)		
4	Juanes Seto, Sophia	Cambridge R&L	5:27.03	1			
	39.057 (39.057)	1:17.833 (38.776)	1:57.871 (40.038)		2:39.149 (41.279)		
	3:21.643 (42.495)	4:04.755 (43.112)	4:46.683 (41.928)		5:27.029 (40.346)		
5	White, Jacqueline	Concord-Carlisle	5:30.52	1			
	38.783 (38.783)	1:18.502 (39.720)	2:00.596 (42.095)		2:42.699 (42.104)		
	3:24.778 (42.079)	4:08.450 (43.672)	4:51.606 (43.156)		5:30.517 (38.912)		
6	Stevens, Margaret	Concord-Carlisle	5:30.74	1			
	40.055 (40.055)	1:19.997 (39.942)	2:00.977 (40.980)		2:42.434 (41.457)		
	3:23.720 (41.287)	4:05.400 (41.680)	4:47.927 (42.527)		5:30.735 (42.809)		
7	Starr, Rachel	Boston Latin School	5:37.45	1			
	39.590 (39.590)	1:19.131 (39.541)	1:59.987 (40.857)		2:42.370 (42.383)		
	3:24.692 (42.323)	4:10.008 (45.316)	4:54.114 (44.106)		5:37.446 (43.332)		
8	Trecker, Caitlin	Lincoln-Sudbury	5:51.07	1			
	40.763 (40.763)	1:22.987 (42.224)	2:07.895 (44.908)		2:53.354 (45.460)		
	3:39.247 (45.894)	4:24.357 (45.110)	5:08.726 (44.369)		5:51.061 (42.336)		
9	Pinto, Reese	Newton South	5:53.04	1			
	41.023 (41.023)	1:21.739 (40.716)	2:06.954 (45.215)		2:53.017 (46.064)		
	3:38.930 (45.913)	4:25.530 (46.600)	5:10.675 (45.146)		5:53.039 (42.364)		
10	Wieland, Caroline	Concord-Carlisle	5:53.32	1			
	40.206 (40.206)	1:22.153 (41.948)	2:07.363 (45.211)		2:53.599 (46.236)		
	3:39.848 (46.250)	4:25.665 (45.817)	5:10.766 (45.101)		5:53.312 (42.547)		
11	Loewald, Eliza	Lincoln-Sudbury	5:57.05	1			
	40.798 (40.798)	1:23.271 (42.473)	2:08.779 (45.509)		2:54.628 (45.849)		
	3:41.664 (47.036)	4:29.127 (47.464)	5:16.247 (47.120)		5:57.042 (40.796)		
12	LeBlanc, Gabby	Lincoln-Sudbury	6:03.65	1			
	39.875 (39.875)	1:22.005 (42.130)	2:08.399 (46.394)		2:54.859 (46.461)		
	3:42.915 (48.056)	4:32.437 (49.523)	5:19.495 (47.059)		6:03.642 (44.147)		
13	Hart, Grace	Acton-Boxborough	6:03.72	2			
	43.120 (43.120)	1:27.397 (44.278)	2:14.183 (46.786)		3:01.468 (47.285)		
	3:48.289 (46.822)	4:35.092 (46.804)	5:21.952 (46.860)		6:03.711 (41.759)		
14	McMullan, Niamh	Newton South	6:15.95	2			
	46.508 (46.508)	1:33.283 (46.775)	2:22.609 (49.327)		3:11.305 (48.696)		
	3:59.308 (48.003)	4:46.536 (47.229)	5:34.870 (48.334)		6:15.944 (41.074)		
15	Hannan, Maddie	Notre Dame Acad.	6:20.80	2			
	44.979 (44.979)	1:29.508 (44.529)	2:15.851 (46.344)		3:05.172 (49.322)		
	3:55.427 (50.255)	4:47.732 (52.306)	5:36.336 (48.604)		6:20.796 (44.461)		
16	Costello, Carden	Notre Dame Acad.	6:22.00	2			
	45.391 (45.391)	1:32.439 (47.048)	2:21.189 (48.751)		3:10.490 (49.301)		
	3:59.556 (49.067)	4:49.990 (50.434)	5:40.103 (50.113)		6:22.000 (41.897)		
17	Steele, Lulu	Bedford	6:24.19	2			
	46.331 (46.331)	1:34.046 (47.716)	2:22.476 (48.430)		3:11.894 (49.419)		
	4:00.174 (48.280)	4:49.346 (49.172)	5:39.470 (50.124)		6:24.190 (44.720)		
18	Steele, Coco	Bedford	6:24.34	2			
	46.189 (46.189)	1:33.687 (47.498)	2:22.198 (48.512)		3:11.628 (49.431)		
	3:59.571 (47.943)	4:49.056 (49.486)	5:39.268 (50.212)		6:24.335 (45.067)		
19	Ciciarelli, Sofia	Wayland	6:34.57	2			
	47.423 (47.423)	1:35.452 (48.029)	2:25.412 (49.960)		3:16.030 (50.619)		
	4:05.723 (49.693)	4:55.796 (50.073)	5:47.156 (51.360)		6:34.568 (47.413)		

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20 Keelan, Grace	Waltham	6:41.87	2		
48.651 (48.651)	1:35.551 (46.900)	2:24.744 (49.193)		3:15.604 (50.860)	
4:07.961 (52.358)	5:03.032 (55.072)	5:56.920 (53.888)		6:41.868 (44.948)	
21 Wrentmore, Abigail	Wayland	6:47.49	2		
47.026 (47.026)	1:38.064 (51.039)	2:30.502 (52.438)		3:25.815 (55.313)	
4:20.800 (54.985)	5:13.601 (52.802)	6:06.068 (52.467)		6:47.485 (41.418)	
22 Lawrence, Zara	Acton-Boxborough	6:48.14	2		
49.398 (49.398)	1:39.591 (50.193)	2:31.517 (51.927)		3:25.306 (53.789)	
4:18.471 (53.165)	5:10.993 (52.523)	6:03.401 (52.408)		6:48.135 (44.734)	
23 Bourne, Jessica	Weston	6:50.65	2		
47.537 (47.537)	1:38.452 (50.916)	2:30.845 (52.393)		3:25.091 (54.246)	
4:19.091 (54.000)	5:13.131 (54.040)	6:05.608 (52.478)		6:50.650 (45.042)	
24 Balaji, Aditri	Acton-Boxborough	6:51.16	2		
49.046 (49.046)	1:39.174 (50.128)	2:31.116 (51.943)		3:24.968 (53.852)	
4:18.853 (53.886)	5:12.648 (53.795)	6:04.963 (52.316)		6:51.154 (46.192)	
25 Quaranto, Jessica	Waltham	7:18.60	2		
46.767 (46.767)	1:37.684 (50.918)	2:32.581 (54.897)		3:31.131 (58.550)	
4:30.687 (59.556)	5:30.488 (59.801)	6:28.168 (57.680)		7:18.596 (50.429)	
26 Roux, Olivia	Westford Academy	7:33.92	2		
48.610 (48.610)	1:40.852 (52.243)	2:37.329 (56.477)		3:36.355 (59.026)	
4:37.761 (1:01.407)	5:38.658 (1:00.897)	6:38.188 (59.530)		7:33.920 (55.732)	

**Girls 2 Mile Run**

Name	Year	School	Finals		
1 Shovlin, Aoife		Cambridge R&L	11:41.47		
45.672 (45.672)	1:30.289 (44.617)	2:15.069 (44.780)		2:59.891 (44.822)	
3:45.044 (45.153)	4:30.171 (45.128)	5:15.102 (44.932)		5:59.175 (44.073)	
6:42.787 (43.612)	7:26.492 (43.705)	8:09.718 (43.227)		8:52.951 (43.233)	
9:36.305 (43.355)	10:19.261 (42.956)	11:01.875 (42.614)		11:41.462 (39.588)	
2 Moukaddem, Sofia		Weston	12:17.75		
46.452 (46.452)	1:31.751 (45.299)	2:17.980 (46.229)		3:03.492 (45.512)	
3:48.931 (45.440)	4:34.324 (45.393)	5:20.211 (45.888)		6:05.930 (45.720)	
6:53.061 (47.132)	7:38.308 (45.248)	8:25.680 (47.372)		9:13.431 (47.751)	
10:00.444 (47.013)	10:47.861 (47.418)	11:34.092 (46.231)		12:17.745 (43.654)	
3 Everett, Amelia		Newton South	12:18.45		
46.394 (46.394)	1:31.779 (45.385)	2:17.995 (46.216)		3:03.510 (45.516)	
3:48.936 (45.426)	4:34.301 (45.366)	5:20.131 (45.830)		6:05.659 (45.528)	
6:52.885 (47.227)	7:37.678 (44.793)	8:25.492 (47.815)		9:13.090 (47.598)	
10:00.176 (47.086)	10:47.567 (47.392)	11:33.715 (46.148)		12:18.450 (44.736)	
4 Wieland, Ashley		Concord-Carlisle	13:25.63		
49.032 (49.032)	1:36.499 (47.468)	2:28.215 (51.716)		3:19.825 (51.611)	
4:10.860 (51.035)	5:01.257 (50.398)	5:51.705 (50.448)		6:40.908 (49.204)	
7:30.827 (49.919)	8:21.503 (50.676)	9:13.740 (52.238)		10:05.606 (51.866)	
10:57.345 (51.740)	11:49.184 (51.839)	12:40.262 (51.079)		13:25.623 (45.361)	
5 Crowell, Isabel		Concord-Carlisle	13:26.62		
50.856 (50.856)	1:39.567 (48.711)	2:29.444 (49.878)		3:20.127 (50.683)	
4:11.028 (50.902)	5:01.229 (50.201)	5:51.072 (49.843)		6:40.355 (49.284)	
7:30.964 (50.609)	8:21.624 (50.660)	9:14.053 (52.430)		10:05.977 (51.924)	
10:58.105 (52.128)	11:50.659 (52.554)	12:41.947 (51.288)		13:26.616 (44.669)	

**Dual County League Meet #4 - 1/18/2023****the TRACK at new balance****Results****....Girls 2 Mile Run**

6 Okaniwa, Mina	Newton South	13:28.66		
49.196 (49.196)	1:36.624 (47.429)	2:28.285 (51.661)	3:19.964 (51.679)	
4:10.959 (50.996)	5:01.391 (50.432)	5:51.704 (50.313)	6:40.872 (49.168)	
7:31.365 (50.494)	8:21.932 (50.568)	9:14.206 (52.274)	10:06.266 (52.060)	
10:58.447 (52.181)	11:51.021 (52.575)	12:42.440 (51.419)	13:28.652 (46.212)	
7 Rosecan, Emilie	Acton-Boxborough	13:50.76		
51.139 (51.139)	1:39.677 (48.539)	2:30.146 (50.469)	3:19.752 (49.606)	
4:10.977 (51.226)	5:01.889 (50.912)	5:53.017 (51.128)	6:45.634 (52.617)	
7:39.135 (53.501)	8:33.039 (53.904)	9:27.494 (54.456)	10:21.171 (53.677)	
11:14.340 (53.169)	12:07.936 (53.597)	13:00.670 (52.734)	13:50.757 (50.088)	
8 Loewald, Eliza	Lincoln-Sudbury	14:08.67		
53.776 (53.776)	1:44.101 (50.325)	2:38.068 (53.967)	3:32.236 (54.169)	
4:24.836 (52.600)	5:16.859 (52.024)	6:08.896 (52.038)	7:02.824 (53.928)	
7:57.780 (54.956)	8:51.542 (53.763)	9:45.756 (54.215)	10:40.371 (54.615)	
11:33.788 (53.417)	12:27.534 (53.747)	13:20.070 (52.536)	14:08.663 (48.593)	
9 LeBlanc, Gabby	Lincoln-Sudbury	14:19.91		
53.930 (53.930)	1:44.221 (50.292)	2:38.132 (53.911)	3:32.324 (54.192)	
4:24.896 (52.573)	5:16.973 (52.077)	6:09.013 (52.040)	7:03.068 (54.056)	
7:57.927 (54.859)	8:51.691 (53.764)	9:46.178 (54.488)	10:41.248 (55.070)	
11:35.988 (54.741)	12:31.087 (55.099)	13:26.241 (55.155)	14:19.906 (53.665)	
10 D'Eon, Kaelyn	Westford Academy	14:41.65		
47.753 (47.753)	1:35.954 (48.201)	2:27.200 (51.246)	3:19.440 (52.240)	
4:11.318 (51.879)	5:04.884 (53.567)	5:58.979 (54.095)	6:55.744 (56.766)	
7:53.431 (57.687)	8:52.168 (58.738)	9:50.174 (58.006)	10:48.469 (58.296)	
11:48.952 (1:00.484)	12:48.044 (59.092)	13:48.094 (1:00.050)	14:41.649 (53.556)	
11 Nolan, Lexi	Westford Academy	16:09.45		
46.388 (46.388)	1:35.460 (49.072)	2:31.653 (56.194)	3:31.101 (59.448)	
4:29.224 (58.123)	5:31.146 (1:01.923)	6:33.341 (1:02.196)	7:37.354 (1:04.013)	
8:40.108 (1:02.755)	9:44.538 (1:04.430)	10:49.209 (1:04.672)	11:56.460 (1:07.252)	
13:03.344 (1:06.884)	14:09.123 (1:05.779)	15:13.492 (1:04.370)	16:09.446 (55.954)	
12 Baumert, Olivia	Westford Academy	16:38.03		
54.218 (54.218)	1:42.188 (47.970)	2:34.761 (52.574)	3:32.246 (57.485)	
4:30.356 (58.110)	5:32.132 (1:01.777)	6:34.841 (1:02.709)	7:40.352 (1:05.512)	
8:45.120 (1:04.768)	9:54.292 (1:09.172)	11:03.261 (1:08.969)	12:11.350 (1:08.089)	
13:19.132 (1:07.782)	14:27.099 (1:07.968)	15:38.088 (1:10.989)	16:38.030 (59.943)	

**Girls 55 Meter Hurdles**

Name	Year School	Finals	H#
1 Akubude, Obi	Concord-Carlisle	8.45	1
2 Aydogan, Alin	Westford Academy	9.18	1
3 Jackson, Annabel	Lincoln-Sudbury	9.47	1
4 Williams, Emily	Lincoln-Sudbury	9.80	2
5 Zong, Christine	Newton South	9.91	1
6 Robinson, Katelyn	Westford Academy	9.97	2
7 Varela, Solana	Weston	9.99	2
8 Fujita, Natsumi	Newton South	10.07	2
9 Walpole, Katie	Westford Academy	10.15	1
10 Fujita, Aoba	Newton South	10.30	3
11 Taylor, Shaelyn	Notre Dame Acad.	10.37	2
12 Bernard, Leyah	Cambridge R&L	10.43	3
13 Hong, Olivia	Newton South	10.56	3
14 Hedlund, Abby	Lincoln-Sudbury	10.59	3
15 Levin, Piper	Notre Dame Acad.	10.60	4

**Dual County League Meet #4 - 1/18/2023**  
**the TRACK at new balance**  
**Results**

**....Girls 55 Meter Hurdles**

16 Evans, Jill	Concord-Carlisle	10.63	3
17 Marinovich, Madeline	Cambridge R&L	10.70	4
18 Walsh, Celia	Cambridge R&L	10.80	4
19 Charles, Valerie	Waltham	10.81	4
20 DeGrenier, Julia	Wayland	10.88	2
21 Loram, Hannah	Acton-Boxborough	10.89	3
22 Purohit, Anya	Lincoln-Sudbury	11.02	4
23 Morzano, Claudia	Weston	11.25	4
24 Mente, Elena	Wayland	11.28	3
25 Decious, Katelyn	Concord-Carlisle	11.39	4
26 Allen, Grace	Cambridge R&L	11.42	5
27 Wall, Charlotte	Boston Latin School	11.88	5
28 Rassiger, Annie	Weston	11.99	5
29 McIntyre, Julia	Waltham	12.17	5
30 McVay, Juliet	Boston Latin School	12.58	5
31 Stephensen, Myrun	Weston	13.04	5
32 Connolly, Ella	Notre Dame Acad.	13.13	5
-- Pierre Louis, Benny	Boston Latin School	FS	2
-- Zipoli, Lauren	Concord-Carlisle	DNF	1

**Girls 4x200 Meter Relay**

School	Finals	H#
1 Concord-Carlisle 'A'	1:49.69	1
1) Warner, Julienne	2) Harvey, Camilla	
3) Zipoli, Lauren	4) DiRocco, Charlotte	
2 Westford Academy 'A'	1:51.15	2
1) Swepson, Nadia	2) Pantoja, Alexa	
3) Kirby, Sarah	4) Bishop, Jordan	
1:51.150 (1:51.150)		
3 Weston 'A'	1:51.26	1
1) Kacyvenski, Lily	2) Varela, Solana	
3) Wang, Aimee	4) Ewald, Kaitlyn	
4 Cambridge Rindge & Latin 'A'	1:52.07	1
1) Coley, Juliette	2) Dorielan, Dootchina	
3) Emack-Bazeliias, Appaloosa	4) Gray, Azariya	
5 Newton South 'A'	1:52.95	1
1) Jolly, Ellie	2) Zong, Christine	
3) Sonderling, Layla	4) Dos Anjos, Sofia	
6 Waltham 'A'	1:58.26	2
1) Thomas, Ava	2) Morse, Abigail	
3) Juarez, Liliana	4) Filois, Djemimah	
7 Boston Latin School 'A'	1:58.28	3
1) Blenman, Ianna	2) Pierre Louis, Benny	
3) Murthy, Meera	4) Heffernan, Lucille	
8 Lincoln-Sudbury 'A'	1:58.90	2
1) Gorman, Sage	2) Jackson, Annabel	
3) Ryan, Ella	4) Zurn, Annika	
9 Notre Dame Academy-Hingham 'A'	2:00.63	2
1) Taylor, Shaelyn	2) Crocker, Molly	
3) Sacco, Caroline	4) Warcup, Addison	
10 Wayland 'A'	2:07.67	3
1) DeGrenier, Julia	2) Frutman, Anika	
3) Janoff, Natasha	4) Lavelle, Erin	



**Dual County League Meet #4 - 1/18/2023**  
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**....Girls 4x200 Meter Relay**

11 Bedford 'A'	2:08.40	3
1) Mandell, Emma	2) Kaundinya, Swetha	
3) Hyde, Martha	4) Gosselin, Amelia	

**Girls 4x400 Meter Relay**

School	Finals	H#
=====	=====	=====
1 Westford Academy 'A'	4:16.35	1
1) Weiss, Sydney	2) Wedlake, Emily	
3) Vinith, Ashley	4) Walpole, Katie	
30.557 (30.557)	1:02.450 (31.894)	1:32.097 (29.648)
2:35.067 (30.189)	3:10.733 (35.667)	3:42.009 (31.276)
		2:04.878 (32.781)
		4:16.342 (34.333)
2 Weston 'A'	4:24.09	1
1) Shact, Analeise	2) Lehman, Avery	
3) Dong, Annie	4) Hinton, Sloan	
28.595 (28.595)	1:01.003 (32.408)	1:30.806 (29.804)
2:38.018 (32.133)	3:16.781 (38.763)	3:48.021 (31.240)
		2:05.885 (35.080)
		4:24.083 (36.063)
3 Boston Latin School 'A'	4:24.69	1
1) Breen, Mina	2) Haigney, Ellie	
3) Starr, Rachel	4) Hein, Rebecca	
30.149 (30.149)	1:04.552 (34.403)	1:38.199 (33.648)
2:46.828 (32.556)	3:21.573 (34.745)	3:51.941 (30.368)
		2:14.272 (36.073)
		4:24.681 (32.740)
4 Newton South 'A'	4:27.25	1
1) Johnson, Molly	2) Pinto, Reese	
3) Holt, Meghan	4) Everett, Amelia	
33.639 (33.639)	1:08.745 (35.107)	1:39.926 (31.181)
2:49.649 (33.864)	3:25.552 (35.904)	3:55.065 (29.513)
		2:15.785 (35.859)
		4:27.250 (32.186)
5 Concord-Carlisle 'A'	4:28.17	2
1) Akubude, Obi	2) Beckley, Claire	
3) Harvey, Taijah	4) Fofana, Zeina	
27.504 (27.504)	1:00.711 (33.208)	1:31.687 (30.976)
2:41.083 (32.927)	3:20.153 (39.070)	3:48.932 (28.780)
		2:08.157 (36.470)
		4:28.170 (39.239)
6 Cambridge Rindge & Latin 'A'	4:31.60	1
1) Dickie, Eliza	2) Jordano, Audrey	
3) Shovlin, Aoife	4) Juanes Seto, Sophia	
31.267 (31.267)	1:04.037 (32.771)	1:37.132 (33.095)
2:48.637 (36.025)	3:27.125 (38.489)	3:57.364 (30.239)
		2:12.612 (35.480)
		4:31.594 (34.231)
7 Wayland 'A'	4:39.57	2
1) Calvo, Isabella	2) Caufield, Delia	
3) White, Katherine	4) Morris, Mackenzie	
34.279 (34.279)	1:10.350 (36.071)	1:43.788 (33.439)
2:54.911 (34.006)	3:32.138 (37.227)	4:04.358 (32.221)
		2:20.906 (37.118)
		4:39.570 (35.212)
8 Lincoln-Sudbury 'A'	4:43.55	2
1) Lee, Dorothy	2) Wolpe, Mia	
3) Hibbard, Zoe	4) Trecker, Caitlin	
33.710 (33.710)	1:11.810 (38.101)	1:43.498 (31.688)
2:54.042 (36.115)	3:32.956 (38.914)	4:07.222 (34.266)
		2:17.928 (34.430)
		4:43.544 (36.323)
9 Notre Dame Academy-Hingham 'A'	4:46.93	2
1) Walsh, Reilly	2) Jennings, Sophie	
3) Wilson, Lucy	4) Fabrizio, Piper	
35.372 (35.372)	1:15.974 (40.603)	1:46.798 (30.824)
2:57.928 (33.548)	3:36.803 (38.876)	4:10.438 (33.635)
		2:24.381 (37.583)
		4:46.924 (36.487)

**Dual County League Meet #4 - 1/18/2023**  
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**Results**

**....Girls 4x400 Meter Relay**

10 Bedford 'A'				4:52.13	2		
1) Miller, Allison		2) Ota, Madeleine					
3) Protasowicki, Elena		4) Steele, Coco					
34.711 (34.711)	1:12.954 (38.244)	1:47.261 (34.307)		2:25.226 (37.965)			
3:01.193 (35.968)	3:40.665 (39.472)	4:13.965 (33.300)		4:52.125 (38.160)			
11 Acton-Boxborough 'A'				4:53.95	1		
1) Hart, Grace		2) Balaji, Aditri					
3) Lawrence, Zara		4) Dean, Madison					
32.877 (32.877)	1:09.745 (36.868)	1:42.638 (32.894)		2:24.579 (41.941)			
2:58.056 (33.477)	3:39.635 (41.580)	4:14.680 (35.045)		4:53.942 (39.263)			
12 Waltham 'A'				4:58.93	2		
1) Pourmousa, Hanah		2) Pomales, Andrea					
3) Serunjogi, Andrea		4) McIntyre, Julia					
35.610 (35.610)	1:16.502 (40.892)	1:48.948 (32.447)		2:24.978 (36.030)			
2:59.533 (34.556)	3:39.778 (40.246)	4:13.939 (34.161)		4:58.925 (44.986)			

**Girls High Jump**

Name	Year	School	Finals
1 DiRocco, Charlotte		Concord-Carlisle	5-02.00
4-02 4-05 4-08 4-10	5-00 5-02 5-04 5-06 5-07		
---	---	XXX	
2 Smagula, Audrey		Westford Academy	5-00.00
4-02 4-05 4-08 4-10	5-00 5-02		
---	---	XXX	
3 Barber, Lydia		Lincoln-Sudbury	4-10.00
4-02 4-05 4-08 4-10	5-00		
0 0 0	XO XXX		
4 Emack-Bazeliias, Appaloos		Cambridge R&L	4-08.00
4-02 4-05 4-08 4-10			
---	---	XXX	
4 Duffy, Ruri		Cambridge R&L	4-08.00
4-02 4-05 4-08 4-10			
0 0 0	XXX		
6 Juarez, Liliana		Waltham	J4-08.00
4-02 4-05 4-08 4-10			
0 XO 0	XXX		
7 Evans, Jill		Concord-Carlisle	J4-08.00
4-02 4-05 4-08 4-10			
0 0 XO	XXX		
8 Aydogan, Alin		Westford Academy	J4-08.00
4-02 4-05 4-08 4-10			
---	0 XXO	XXX	
8 Bernard, Leyah		Cambridge R&L	J4-08.00
4-02 4-05 4-08 4-10			
0 0 XXO	XXX		
10 Dos Anjos, Sofia		Newton South	4-05.00
4-02 4-05 4-08			
0 0	XXX		
11 Bojar, Michelle		Newton South	4-02.00
4-02 4-05			
0	XXX		

**Dual County League Meet #4 - 1/18/2023**  
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**Results**

**....Girls High Jump**

11	Lin, Tina	Westford Academy	4-02.00
	4-02 4-05		
	O XXX		
13	Hong, Olivia	Newton South	J4-02.00
	4-02 4-05		
	XO XXX		
14	McIntyre, Julia	Waltham	J4-02.00
	4-02 4-05		
	XXO XXX		
--	Verreault, Rabecca	Boston Latin School	NH
	4-02		
	XXX		
--	Lehman, Avery	Weston	NH
	4-02		
	XXX		
--	Haigney, Ellie	Boston Latin School	NH
	4-02		
	XXX		
--	Heffernan, Lucille	Boston Latin School	NH
	4-02		
	XXX		

**Girls Long Jump**

Name	Year	School	Finals	H#
1 Dorielan, Dootchina		Cambridge R&L	16-05.50	1
	16-05.50 16-03 15-03.25			
2 Pierre, Gabrielle		Lincoln-Sudbury	16-01.00	1
	FOUL 16-01 15-06			
3 Ewald, Kaitlyn		Weston	15-09.00	1
	15-02.50 15-09 15-05.75			
4 Duah-Asamoah, Leandra		Westford Academy	15-04.75	1
	14-01.25 15-03 15-04.75			
5 Urizandi, Vannesa		Westford Academy	15-02.00	1
	14-09.75 14-02 15-02			
6 Decious, Katelyn		Concord-Carlisle	15-00.50	1
	14-00 15-00.50 14-08.25			
7 Bernard, Leyah		Cambridge R&L	15-00.25	1
	FOUL 15-00.25 15-00			
8 Jackson, Annabel		Lincoln-Sudbury	14-11.00	1
	14-11 14-01.25 14-02.25			
9 Beckley, Claire		Concord-Carlisle	14-09.00	1
	14-04.50 FOUL 14-09			
10 Varela, Solana		Weston	J14-09.00	1
	14-09 14-04 14-00.50			
11 Charles, Valerie		Waltham	14-07.75	1
	12-05.50 14-07.75 13-11.25			
12 Heus-Smith, Caitlin		Wayland	14-06.50	1
	13-11.25 14-06.50 FOUL			
13 Gibowicz, Isabel		Lincoln-Sudbury	14-04.50	1
	FOUL 14-04.50 14-04.50			
14 Barber, Lydia		Lincoln-Sudbury	14-03.00	2
	14-03 x x			

**Dual County League Meet #4 - 1/18/2023**  
**the TRACK at new balance**  
**Results**

**....Girls Long Jump**

15 Mahery, Payton	Notre Dame Acad.	14-00.50	1
13-03 13-09 14-00.50			
16 Martinez, Sandrine	Newton South	13-08.00	2
13-01.50 13-08 12-04			
17 Thomas, Ava	Waltham	13-06.00	2
13-00 13-06 13-06			
18 Zong, Catherine	Newton South	J13-06.00	2
12-10.25 13-00 13-06			
19 Taylor, Shaelyn	Notre Dame Acad.	13-05.75	1
13-05.75 13-05.50 13-03.75			
20 Walsh, Celia	Cambridge R&L	J13-05.75	2
13-03 13-05.75 12-10.25			
21 Aydogan, Alin	Westford Academy	13-04.50	1
FOUL FOUL 13-04.50			
22 Rassiger, Annie	Weston	13-01.75	2
12-03 13-01.75 FOUL			
23 Garofalo, Julia (Gracie)	Concord-Carlisle	12-10.50	2
12-10.50 12-09 12-10			
24 Harvey, Taijah	Concord-Carlisle	12-07.25	2
12-07.25 12-01 FOUL			
25 Mandell, Emma	Bedford	12-05.50	2
12-05.50 12-02 10-00			
26 Wall, Charlotte	Boston Latin School	11-11.50	2
11-11.50 FOUL 11-01			
27 Holt, Meghan	Newton South	11-07.50	1
FOUL 11-07.50 FOUL			
28 Kaundinya, Swetha	Bedford	11-05.25	2
11-05.25 FOUL FOUL			
29 Hyde, Martha	Bedford	11-04.00	2
11-04 FOUL 11-02.50			
30 Nawana, Tylanni	Weston	10-10.00	2
FOUL FOUL 10-10			

**Girls Triple Jump**

Name	Year School	Finals
1 Aydogan, Alin	Westford Academy	33-06.50
FOUL 33-06.50 32-09.75		
2 Decious, Katelyn	Concord-Carlisle	31-10.25
29-10 30-09 31-10.25		
3 Charles, Valerie	Waltham	31-04.50
FOUL 31-04.50 30-04.50		
4 McIntyre, Julia	Waltham	28-01.00
28-01 27-10.50 27-05		

**Girls Shot Put**

Name	Year School	Finals	H#
1 Lin, Jessica	Bedford	36-08.00	1
32-04 32-00 36-08			
2 Kuperman, Avianna	Newton South	34-08.00	1
32-10.50 33-05 34-08			

**Dual County League Meet #4 - 1/18/2023**  
**the TRACK at new balance**  
**Results**

**....Girls Shot Put**

3	Ade, Isabelle	Westford Academy	31-03.00	1
	28-05.25 31-03 31-01.50			
4	Mar, Kyrah	Newton South	30-07.25	1
	30-07.25 29-03 29-01			
5	D'Ambrosio, Sonia	Lincoln-Sudbury	29-11.00	1
	27-10.50 29-01 29-11			
6	James-Cotton, Trenee	Cambridge R&L	29-10.50	1
	29-10.50 26-05 29-07.50			
7	Goldberger, Maya	Newton South	27-11.00	1
	23-05 27-05 27-11			
8	Lapat, Gabby	Lincoln-Sudbury	27-10.25	1
	22-05.50 27-10.25 FOUL			
9	Saunders, Alexandra	Concord-Carlisle	27-09.00	1
	26-00 26-09.50 27-09			
10	Lynch, Cat	Concord-Carlisle	26-04.50	1
	FOUL 25-09.75 26-04.50			
11	Jean, Nehemiah	Cambridge R&L	26-04.00	1
	24-06.50 26-04 26-03			
12	Hinton, Sloan	Weston	26-03.50	2
	25-08.50 FOUL 26-03.50			
13	DeCosta, Emma	Newton South	26-01.00	2
	26-01 25-07 25-05.50			
14	Kacyvenski, Lily	Weston	25-07.00	1
	24-04 21-08 25-07			
15	Cobb, Grace	Lincoln-Sudbury	25-04.50	1
	24-08.50 23-03.50 25-04.50			
16	Murray, Keira	Westford Academy	25-02.00	2
	24-01.50 22-09 25-02			
17	Moran, Kendall	Westford Academy	23-08.00	2
	22-02 20-11 23-08			
18	Protasowicki, Elena	Bedford	23-05.50	2
	18-11 23-02.50 23-05.50			
19	Fils-Aime, Caroline	Waltham	J23-05.50	2
	23-05.50 22-02.50 22-11			
20	Saad, Romesa	Acton-Boxborough	23-03.00	2
	21-05 22-00.75 23-03			
21	Parras, Alexa	Wayland	23-00.50	3
	23-00.50 16-02 19-08			
22	Houston, Vivian	Weston	22-09.00	1
	22-03 22-04 22-09			
23	Filois, Djemimah	Waltham	21-11.50	2
	19-10 21-11.50 21-00			
24	Bernardi, Mila	Lincoln-Sudbury	21-09.00	3
	21-09 20-11 19-08.50			
25	Bih, Debie-Shiloh	Acton-Boxborough	21-07.50	3
	20-00.50 19-02 21-07.50			
26	Quaranto, Dariana	Waltham	21-05.25	2
	20-07.50 21-05.25 21-04.50			
27	Dai, Ruby	Boston Latin School	21-04.25	2
	20-05.75 18-08 21-04.25			
28	Kennedy, Catherine	Bedford	21-01.00	3
	21-01 20-01 18-07			
29	Alpert, Sophia	Waltham	20-11.00	3
	18-04.50 20-11 18-00			

**Dual County League Meet #4 - 1/18/2023****the TRACK at new balance****Results****....Girls Shot Put**

30 Israel, Maleka	Boston Latin School	20-10.50	3
FOUL 20-10.50 18-10			
31 Warner, Julienne	Concord-Carlisle	20-08.50	2
20-08.50 18-03.50 FOUL			
32 Piantedosi, Sofia	Notre Dame Acad.	20-02.00	2
20-02 17-10.50 18-04.25			
33 Edouarzin, Nora	Wayland	19-08.00	3
18-07 19-07 19-08			
34 Verreault, Rabecca	Boston Latin School	19-04.50	3
16-07 19-00 19-04.50			
35 Liu, Selena	Wayland	18-05.00	3
17-09.50 18-05 17-05			
36 Caulfield, Catalina	Wayland	17-10.50	3
17-10.50 17-10 15-07			
37 Podsiadlo, Hannah	Westford Academy	17-10.25	2
16-07.75 17-10.25 17-07.50			
38 Evans, Jill	Concord-Carlisle	17-03.00	3
17-03 PASS PASS			
39 Maxilian, Marie	Notre Dame Acad.	12-11.00	3
12-11 11-01.50 11-03.50			