

Cape Ann League Meet #4
The TRACK at new balance
Results

Girls 55 M Dash Varsity

Name	Year	School	Finals	H#
Finals				
1 Kisiel, Nora	11	Essex Technical	7.52	2
2 Shanahan, Bayleigh	12	Amesbury	7.58	3
3 Wilson, Georgia	11	Hamilton-Wenham	7.75	4
4 Buchmayr, Lucy	11	Newburyport	7.78	1
5 Hurd, Megan	11	Manchester Essex	7.83	4
6 Tykulsky, Aoife	10	Newburyport	7.95	1
7 Johnson, Colleen	10	Triton	8.04	2
8 Bethmann, Emily	11	Pentucket	8.05	1
9 Basile, Arianna	12	Triton	8.06	2
10 Treitel-Poore, Ella	10	Triton	8.09	2 8.085
11 Rosario, Paige	10	Pentucket	8.09	1 8.087
12 Fazio, Isabella	12	Hamilton-Wenham	8.12	4
13 Fox, Blaire	9	Newburyport	8.20	1
14 Shanahan, Hope	9	Amesbury	8.21	3
15 Rocco, Lily	11	Lynnfield	8.23	3
16 Ozanian, Hannah	10	Lynnfield	8.27	3
17 Alcantara, Mari	12	Essex Technical	8.31	2 8.304
18 Breen, Regan	10	Pentucket	8.31	1 8.307
19 Donohoe, Cecilia	10	Manchester Essex	8.31	4 8.309
20 Feudo, Olivia	11	Essex Technical	8.32	2
21 Dinsmore, Riley	9	Triton	8.40	2
22 Light, Maggie	11	Manchester Essex	8.41	4
23 Willoughby, Ava	11	Lynnfield	8.47	3 8.461
24 Bleichfeld, Allie	10	Pentucket	8.47	1 8.464
25 Pons, Lilly	12	Newburyport	8.48	1
26 Twombly, Aisling	11	Manchester Essex	8.60	4
27 Le, Sofia	9	Amesbury	8.66	3
28 Ryan, Sofijia	12	Hamilton-Wenham	8.79	4
29 Almeida, Sarah	11	Hamilton-Wenham	8.81	4
30 Marotta, Gia	11	Lynnfield	9.03	3
31 Cooper, Addison	9	Amesbury	9.60	3
-- Visconti, Sofia	12	Essex Technical	FS	2

Girls 300 M Dash Varsity

Name	Year	School	Finals	H#
1 Wilson, Georgia	11	Hamilton-Wenham	43.72	7
2 Shanahan, Bayleigh	12	Amesbury	43.98	5
3 Breen, Regan	10	Pentucket	45.57	1
4 Bromby, Reese	11	Newburyport	45.64	2
5 Basile, Arianna	12	Triton	45.69	3
6 Donovan, Mikayla	10	Essex Technical	45.97	3
7 Ozanian, Hannah	10	Lynnfield	46.00	5
8 Feudo, Olivia	11	Essex Technical	46.30	3
9 Stapleton, Devyn	9	Essex Technical	46.34	4
10 Desmond, Alexis	9	Amesbury	46.36	5
11 Ikemoto, Skylar	10	Newburyport	46.80	1
12 Rosario, Paige	10	Pentucket	46.85	1
13 Treitel-Poore, Ella	10	Triton	47.42	4
14 Rocco, Lily	11	Lynnfield	47.85	5
15 Goodrich, Finley	8	Triton	48.45	3

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16 Goguen, Olivia	12 Lynnfield	49.38	6
17 McCormack, Aislin	10 Lynnfield	49.71	6
18 Eilassen, Caroline	10 Manchester Essex	49.72	7
19 Johnson, Sophia	10 Newburyport	49.97	2
20 Capillo, Sophia	11 Essex Technical	50.12	4
21 Hildt, Della	10 Amesbury	50.41	6
22 Carmody, Isabella	10 Triton	50.58	4
23 O'Grady, Madeline	11 Manchester Essex	50.81	7
24 Cooper, Sabine	11 Manchester Essex	50.82	8
25 Raby, Chloe	10 Newburyport	52.21	1
26 DeRosa, Ellie	9 Pentucket	53.08	2
27 Gordon, Ana	9 Amesbury	56.58	6
28 Bourgeois, Faye	11 Manchester Essex	57.23	8
-- Casson, Rachel	10 Newburyport	X47.69	2 JV
-- Jackson, Aaliyah	8 Triton	X48.68	4 JV
-- Coco, Lili	8 Triton	X48.89	3 JV
-- Loomes, Ella	11 Newburyport	X49.77	1 JV
-- Freni, Ava	9 Lynnfield	X51.92	6 JV
-- Broady, Jamie	9 Lynnfield	X52.08	5 JV
-- Holmes, Estella	11 Amesbury	X56.56	5 JV

Girls 600 M Run Varsity

Name	Year	School	Finals	H#
1 Felts, Morgan	11	Newburyport	1:38.93	1
30.180 (30.180)	1:03.719 (33.540)		1:38.927 (35.208)	
2 Stroope, Devin	11	Newburyport	1:39.05	1
29.747 (29.747)	1:03.475 (33.728)		1:39.041 (35.567)	
3 Seymour, Brighton	10	Pentucket	1:46.18	1
31.764 (31.764)	1:07.390 (35.626)		1:46.178 (38.788)	
4 Ewell, Sarah	10	Triton	1:50.84	2
33.130 (33.130)	1:10.832 (37.703)		1:50.838 (40.007)	
5 Silva, Kayleigh	11	Essex Technical	1:51.18	2
33.879 (33.879)	1:11.214 (37.335)		1:51.174 (39.960)	
6 Cammett, Cece	11	Pentucket	1:51.54	1
32.889 (32.889)	1:10.381 (37.492)		1:51.539 (41.159)	
7 Donohoe, Cecilia	10	Manchester Essex	1:52.70	3
35.196 (35.196)	1:14.064 (38.868)		1:52.694 (38.631)	
8 Hoffman, Gwyneth	10	Newburyport	1:52.90	1
33.133 (33.133)	1:12.229 (39.096)		1:52.900 (40.672)	
9 Burdick, Sarah	12	Amesbury	1:53.55	3
37.329 (37.329)	1:16.856 (39.527)		1:53.545 (36.689)	
10 Shkurti, Emelia	8	Triton	1:54.04	2
36.174 (36.174)	1:15.295 (39.121)		1:54.035 (38.740)	
11 George, Kaila	11	Lynnfield	1:54.06	3
37.121 (37.121)	1:16.662 (39.542)		1:54.056 (37.394)	
12 Daly, Aly	11	Pentucket	1:56.56	1
35.246 (35.246)	1:14.742 (39.496)		1:56.558 (41.816)	
13 Cowles, Emma	12	Newburyport	1:57.17	1
34.229 (34.229)	1:14.130 (39.901)		1:57.166 (43.036)	
14 Mattia, Lauren	9	Lynnfield	1:58.48	3
38.132 (38.132)	1:19.174 (41.043)		1:58.477 (39.303)	
15 Leahy, Elinor	10	Triton	1:58.71	2
36.302 (36.302)	1:15.846 (39.544)		1:58.707 (42.861)	

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16 Ishihara, Katherine	11 Amesbury	1:59.29	3
35.913 (35.913)	1:17.197 (41.285)	1:59.285 (42.088)	
17 Eaton, Megan	10 Essex Technical	2:02.37	2
36.407 (36.407)	1:17.898 (41.491)	2:02.367 (44.470)	
18 Dzengelewski, Nova	9 Essex Technical	2:02.80	2
35.464 (35.464)	1:15.704 (40.240)	2:02.795 (47.092)	
19 Clark, Madeline	10 Amesbury	2:04.59	3
35.637 (35.637)	1:18.558 (42.922)	2:04.586 (46.028)	
20 Gitonga, Abigail	9 Essex Technical	2:13.48	2
40.863 (40.863)	1:25.002 (44.139)	2:13.474 (48.472)	
21 Schmidt, Alexandra	10 Lynnfield	2:19.13	3
40.946 (40.946)	1:29.118 (48.172)	2:19.129 (50.011)	
-- Palermino, Harper	9 Newburyport	X1:54.35	1 JV
35.013 (35.013)	1:14.691 (39.678)	1:54.347 (39.656)	
-- Kealey, Charlotte	10 Newburyport	X1:57.87	1 JV
34.659 (34.659)	1:13.366 (38.707)	1:57.864 (44.499)	

Girls 1000 M Run Varsity

Name	Year School	Finals	H#
1 Parker, Blake	12 Newburyport	3:17.62	1
34.349 (34.349)	1:13.046 (38.697)	1:54.495 (41.449)	
3:17.613 (39.936)			2:37.677 (43.183)
2 Geraghty, Ciara	11 Newburyport	3:20.98	1
35.523 (35.523)	1:15.866 (40.344)	1:59.398 (43.532)	
3:20.980 (38.485)			2:42.495 (43.098)
3 Wisniewski, Susan	9 Pentucket	3:21.27	1
37.536 (37.536)	1:19.211 (41.676)	2:02.565 (43.354)	
3:21.261 (37.160)			2:44.102 (41.537)
4 Cooper, Sabine	11 Manchester Essex	3:31.49	2
38.387 (38.387)	1:19.215 (40.828)	2:02.842 (43.628)	
3:31.490 (42.702)			2:48.788 (45.947)
5 Buoniconti, Caitlin	11 Lynnfield	3:32.05	2
39.394 (39.394)	1:21.159 (41.765)	2:05.137 (43.979)	
3:32.049 (41.740)			2:50.309 (45.172)
6 Prendergast, Danika	10 Triton	3:33.91	1
40.034 (40.034)	1:26.483 (46.450)	2:12.926 (46.443)	
3:33.909 (38.383)			2:55.527 (42.601)
7 Romano, Anna	12 Triton	3:37.30	1
42.329 (42.329)	1:28.674 (46.345)	2:14.798 (46.124)	
3:37.291 (38.695)			2:58.597 (43.800)
8 Bonasera, Alexa	11 Triton	3:37.43	1
42.731 (42.731)	1:28.847 (46.116)	2:15.372 (46.526)	
3:37.427 (37.893)			2:59.535 (44.163)
9 Trail, Isla	9 Newburyport	3:37.67	1
40.683 (40.683)	1:25.987 (45.305)	2:12.338 (46.351)	
3:37.661 (39.296)			2:58.365 (46.028)
10 Blanchet, Elise	12 Triton	3:40.50	1
41.151 (41.151)	1:28.582 (47.432)	2:15.453 (46.872)	
3:40.493 (40.416)			3:00.078 (44.625)
11 Carrier, Avery	12 Essex Technical	3:53.39	1
42.121 (42.121)	1:29.292 (47.172)	2:17.755 (48.463)	
3:53.390 (45.734)			3:07.656 (49.902)

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12 Jezowski, Haley	10 Amesbury	3:55.12	2		
42.987 (42.987)	1:30.061 (47.075)	2:19.023 (48.962)		3:09.651 (50.628)	
3:55.120 (45.470)					
13 Giles, Elle	10 Amesbury	3:55.34	2		
46.105 (46.105)	1:33.943 (47.839)	2:23.367 (49.424)		3:13.532 (50.166)	
3:55.333 (41.801)					
14 Remington, Hayden	11 Manchester Essex	3:57.93	2		
42.243 (42.243)	1:28.751 (46.508)	2:19.639 (50.888)		3:10.891 (51.253)	
3:57.921 (47.030)					
15 Lopez, Abigail	10 Lynnfield	4:00.05	2		
45.803 (45.803)	1:34.926 (49.124)	2:26.775 (51.850)		3:16.699 (49.924)	
4:00.043 (43.344)					
16 Neumann, Tessa	10 Pentucket	4:01.79	1		
42.068 (42.068)	1:29.859 (47.792)	2:20.767 (50.908)		3:14.680 (53.913)	
4:01.786 (47.106)					
17 Hosman, Harper	9 Pentucket	4:05.73	1		
41.816 (41.816)	1:31.308 (49.492)	2:24.391 (53.083)		3:19.876 (55.486)	
4:05.722 (45.846)					
18 Parseghian, Emily	10 Essex Technical	4:30.78	1		
49.043 (49.043)	1:41.870 (52.828)	2:39.487 (57.617)		3:36.895 (57.408)	
4:30.775 (53.880)					
-- MacIsaac, Emma	11 Newburyport	DNF	1		
40.973 (40.973)	1:27.383 (46.410)	2:14.839 (47.456)			

Girls 1 Mile Run Varsity

Name	Year School	Finals	H#		
1 Wisniewski, Susan	9 Pentucket	5:21.25	1		
40.744 (40.744)	1:21.832 (41.089)	2:02.295 (40.463)		2:43.303 (41.008)	
3:24.375 (41.072)	4:05.496 (41.122)	4:46.029 (40.533)		5:21.243 (35.214)	
2 Madden, Charlotte	11 Hamilton-Wenham	5:39.00	2		
39.142 (39.142)	1:19.018 (39.876)	2:02.008 (42.990)		2:45.256 (43.248)	
3:28.930 (43.675)	4:13.889 (44.960)	4:57.349 (43.460)		5:38.997 (41.648)	
3 Lasso, Ava	12 Newburyport	5:54.03	1		
44.076 (44.076)	1:27.856 (43.780)	2:14.086 (46.230)		3:01.485 (47.400)	
3:48.553 (47.068)	4:34.238 (45.685)	5:17.002 (42.764)		5:54.025 (37.024)	
4 Boddy, Morgan	9 Newburyport	5:54.62	1		
38.309 (38.309)	1:20.208 (41.900)	2:04.441 (44.233)		2:53.450 (49.009)	
3:41.574 (48.124)	4:28.523 (46.949)	5:14.180 (45.657)		5:54.620 (40.441)	
5 Pilz, Lily	11 Newburyport	5:54.73	1		
42.691 (42.691)	1:27.240 (44.550)	2:14.058 (46.818)		3:01.460 (47.403)	
3:48.390 (46.930)	4:34.088 (45.699)	5:16.508 (42.420)		5:54.722 (38.214)	
6 LaRosa, Maya	11 Newburyport	6:03.97	1		
43.911 (43.911)	1:27.900 (43.990)	2:14.247 (46.347)		3:01.747 (47.500)	
3:48.699 (46.952)	4:34.970 (46.272)	5:20.565 (45.596)		6:03.962 (43.397)	
7 Jaworski, Mia	9 Triton	6:19.55	1		
44.110 (44.110)	1:27.328 (43.218)	2:13.771 (46.444)		3:01.308 (47.537)	
3:49.321 (48.014)	4:39.741 (50.420)	5:30.173 (50.432)		6:19.548 (49.375)	
8 Tudal, Riley	10 Triton	6:22.76	1		
44.125 (44.125)	1:28.813 (44.688)	2:15.572 (46.759)		3:03.958 (48.387)	
3:53.240 (49.283)	4:44.548 (51.308)	5:35.218 (50.670)		6:22.755 (47.537)	
9 Sullivan, Cambyr	12 Amesbury	6:25.39	2		
51.666 (51.666)	1:43.605 (51.940)	2:34.157 (50.552)		3:23.685 (49.529)	
4:11.887 (48.202)	4:58.558 (46.672)	5:45.475 (46.917)		6:25.390 (39.916)	

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10 Bottaro, Gabriella	11 Lynnfield	6:26.41	2		
51.509 (51.509)	1:43.945 (52.437)	2:34.534 (50.589)		3:24.039 (49.505)	
4:11.657 (47.619)	4:58.278 (46.621)	5:45.179 (46.901)		6:26.407 (41.228)	
11 Blanchet, Julia	10 Triton	6:27.00	1		
45.160 (45.160)	1:31.113 (45.954)	2:18.272 (47.160)		3:06.837 (48.565)	
3:56.806 (49.969)	4:48.316 (51.510)	5:39.945 (51.630)		6:26.996 (47.051)	
12 Demeo, Summer	11 Manchester Essex	6:28.75	2		
51.901 (51.901)	1:43.277 (51.376)	2:33.865 (50.588)		3:23.379 (49.514)	
4:11.688 (48.309)	4:59.165 (47.477)	5:45.796 (46.632)		6:28.742 (42.947)	
13 Grimes, Maddy	10 Pentucket	6:38.25	1		
44.928 (44.928)	1:31.462 (46.534)	2:20.805 (49.344)		3:13.600 (52.795)	
4:06.584 (52.984)	5:01.661 (55.078)	5:55.131 (53.470)		6:38.246 (43.116)	
14 Muller, Elodie	11 Triton	6:38.74	1		
45.928 (45.928)	1:33.705 (47.777)	2:23.637 (49.932)		3:13.113 (49.476)	
4:04.856 (51.743)	4:58.007 (53.152)	5:52.032 (54.026)		6:38.738 (46.706)	
15 Foresto, Bella	12 Essex Technical	6:40.00	1		
46.070 (46.070)	1:35.490 (49.420)	2:28.354 (52.864)		3:20.650 (52.296)	
4:12.039 (51.389)	5:04.574 (52.536)	5:54.920 (50.346)		6:39.995 (45.076)	
16 Bourgeois, Morgan	10 Essex Technical	6:49.04	1		
44.495 (44.495)	1:30.384 (45.889)	2:20.616 (50.232)		3:13.473 (52.858)	
4:06.336 (52.864)	5:01.596 (55.260)	5:56.135 (54.539)		6:49.037 (52.903)	
17 Testa, Carly	10 Amesbury	6:50.46	2		
51.273 (51.273)	1:44.161 (52.889)	2:35.439 (51.278)		3:26.528 (51.089)	
4:18.439 (51.912)	5:11.426 (52.988)	6:02.214 (50.788)		6:50.451 (48.237)	
18 Reardon, Cali	10 Amesbury	6:54.07	2		
51.913 (51.913)	1:44.250 (52.337)	2:35.601 (51.351)		3:26.740 (51.140)	
4:18.840 (52.100)	5:11.961 (53.122)	6:03.958 (51.997)		6:54.069 (50.112)	

Girls 2 Mile Run Varsity

Name	Year	School	Finals		
1 Dalgard, Kaylie	12	Pentucket	11:20.58		
43.348 (43.348)	1:24.055 (40.707)	2:05.284 (41.230)		2:47.084 (41.800)	
3:29.428 (42.344)	4:11.698 (42.271)	4:54.752 (43.055)		5:37.861 (43.109)	
6:20.785 (42.924)	7:03.841 (43.056)	7:46.961 (43.120)		8:30.972 (44.012)	
9:14.803 (43.831)	9:59.034 (44.232)	10:42.044 (43.010)		11:20.576 (38.533)	
2 Kelly, Abby	12	Newburyport	12:25.66		
44.476 (44.476)	1:27.132 (42.657)	2:09.368 (42.236)		2:52.686 (43.319)	
3:37.505 (44.820)	4:23.195 (45.690)	5:09.327 (46.132)		5:56.376 (47.050)	
6:44.017 (47.641)	7:31.748 (47.732)	8:18.424 (46.676)		9:07.052 (48.628)	
9:56.768 (49.716)	10:46.419 (49.652)	11:36.119 (49.700)		12:25.657 (49.539)	
3 Madden, Charlotte	11	Hamilton-Wenham	12:38.43		
43.889 (43.889)	1:26.656 (42.767)	2:09.916 (43.260)		2:55.495 (45.580)	
3:42.781 (47.287)	4:30.180 (47.399)	5:19.230 (49.051)		6:04.884 (45.655)	
6:52.760 (47.876)	7:42.344 (49.584)	8:31.902 (49.558)		9:22.733 (50.832)	
10:14.012 (51.279)	11:04.452 (50.441)	11:53.041 (48.589)		12:38.424 (45.383)	
4 Burl, Ava	11	Triton	12:41.89		
44.176 (44.176)	1:26.855 (42.679)	2:10.073 (43.219)		2:55.649 (45.576)	
3:42.984 (47.336)	4:30.400 (47.416)	5:19.473 (49.074)		6:05.103 (45.630)	
6:53.048 (47.945)	7:42.775 (49.728)	8:32.446 (49.672)		9:23.172 (50.727)	
10:14.531 (51.359)	11:05.072 (50.541)	11:55.259 (50.188)		12:41.884 (46.626)	

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5	Boddy, Lydia	9 Newburyport	13:12.83		
	45.632 (45.632)	1:30.041 (44.410)	2:17.193 (47.152)	3:05.490 (48.297)	
	3:53.540 (48.050)	4:41.325 (47.786)	5:29.989 (48.664)	6:19.238 (49.249)	
	7:09.659 (50.421)	8:00.866 (51.208)	8:53.336 (52.470)	9:46.180 (52.845)	
	10:40.145 (53.965)	11:32.573 (52.428)	12:24.811 (52.238)	13:12.823 (48.012)	
6	Davis, Devon	11 Newburyport	13:16.98		
	50.246 (50.246)	1:38.897 (48.652)	2:28.756 (49.860)	3:18.130 (49.374)	
	4:07.764 (49.635)	4:57.440 (49.676)	5:47.788 (50.349)	6:38.276 (50.488)	
	7:28.815 (50.539)	8:18.932 (50.118)	9:10.577 (51.645)	10:02.416 (51.839)	
	10:54.251 (51.836)	11:46.013 (51.763)	12:35.112 (49.100)	13:16.977 (41.865)	
7	Wetrtz, Viola	12 Lynnfield	13:28.24		
	50.532 (50.532)	1:39.180 (48.648)	2:29.016 (49.837)	3:18.450 (49.434)	
	4:08.239 (49.789)	4:57.765 (49.527)	5:47.914 (50.149)	6:39.054 (51.140)	
	7:30.442 (51.388)	8:21.523 (51.081)	9:13.816 (52.294)	10:07.884 (54.068)	
	10:59.438 (51.555)	11:51.440 (52.003)	12:42.140 (50.700)	13:28.238 (46.098)	
8	Espino-Encarnacion, Cynd	12 Essex Technical	13:28.56		
	51.630 (51.630)	1:41.800 (50.171)	2:30.326 (48.526)	3:20.410 (50.084)	
	4:10.920 (50.510)	4:59.598 (48.679)	5:48.018 (48.420)	6:39.251 (51.233)	
	7:29.948 (50.698)	8:21.030 (51.082)	9:13.226 (52.196)	10:06.439 (53.213)	
	10:58.780 (52.341)	11:50.633 (51.854)	12:41.553 (50.920)	13:28.556 (47.004)	
9	Daignault, Katherine	11 Newburyport	13:31.92		
	49.655 (49.655)	1:39.266 (49.612)	2:29.269 (50.004)	3:18.649 (49.380)	
	4:08.383 (49.734)	4:58.247 (49.864)	5:48.682 (50.436)	6:40.357 (51.676)	
	7:31.543 (51.186)	8:23.822 (52.280)	9:17.789 (53.968)	10:11.876 (54.088)	
	11:03.676 (51.800)	11:55.742 (52.066)	12:42.404 (46.662)	13:31.916 (49.512)	
10	Sullivan, Cambyr	12 Amesbury	13:37.16		
	50.805 (50.805)	1:39.515 (48.710)	2:29.259 (49.744)	3:18.736 (49.478)	
	4:08.560 (49.824)	4:58.116 (49.556)	5:48.276 (50.160)	6:39.405 (51.129)	
	7:30.793 (51.388)	8:21.946 (51.153)	9:14.292 (52.347)	10:08.357 (54.065)	
	11:00.747 (52.390)	11:54.612 (53.865)	12:48.702 (54.091)	13:37.152 (48.450)	
11	Morin, Abby	10 Amesbury	13:38.69		
	50.486 (50.486)	1:39.060 (48.575)	2:28.959 (49.899)	3:18.394 (49.436)	
	4:08.572 (50.179)	4:57.958 (49.386)	5:48.341 (50.384)	6:39.696 (51.356)	
	7:31.089 (51.393)	8:22.419 (51.330)	9:14.688 (52.269)	10:08.674 (53.987)	
	11:01.609 (52.936)	11:55.422 (53.813)	12:49.390 (53.968)	13:38.686 (49.296)	
12	Bottaro, Gabriella	11 Lynnfield	14:32.97		
	51.966 (51.966)	1:44.236 (52.271)	2:38.156 (53.920)	3:30.839 (52.684)	
	4:23.780 (52.941)	5:17.003 (53.224)	6:10.641 (53.639)	7:05.721 (55.080)	
	8:02.121 (56.400)	8:59.584 (57.463)	9:56.488 (56.904)	10:53.120 (56.632)	
	11:50.050 (56.931)	12:46.140 (56.090)	13:41.448 (55.309)	14:32.964 (51.516)	
13	Adams, Emerson	11 Essex Technical	14:52.82		
	53.592 (53.592)	1:45.453 (51.861)	2:39.044 (53.591)	3:32.466 (53.423)	
	4:27.782 (55.316)	5:22.496 (54.714)	6:19.816 (57.321)	7:16.820 (57.004)	
	8:14.810 (57.990)	9:12.472 (57.663)	10:09.887 (57.415)	11:06.587 (56.700)	
	12:04.357 (57.771)	13:03.718 (59.361)	14:02.468 (58.751)	14:52.816 (50.348)	
14	Peacock, Gemma	9 Amesbury	14:53.94		
	53.824 (53.824)	1:45.772 (51.948)	2:39.403 (53.632)	3:32.837 (53.435)	
	4:28.066 (55.229)	5:23.056 (54.991)	6:20.060 (57.004)	7:17.146 (57.087)	
	8:15.038 (57.892)	9:12.541 (57.504)	10:10.247 (57.706)	11:06.965 (56.719)	
	12:04.826 (57.861)	13:04.150 (59.324)	14:03.132 (58.983)	14:53.936 (50.804)	
15	McIntyre, Lily	11 Pentucket	14:57.45		
	53.105 (53.105)	1:43.888 (50.783)	2:36.821 (52.934)	3:31.423 (54.602)	
	4:26.606 (55.184)	5:22.656 (56.051)	6:18.444 (55.788)	7:15.828 (57.385)	
	8:13.042 (57.214)	9:11.027 (57.985)	10:09.313 (58.287)	11:07.052 (57.739)	
	12:05.574 (58.523)	13:04.644 (59.070)	14:02.646 (58.003)	14:57.441 (54.796)	

Cape Ann League Meet #4
The TRACK at new balance
Results

....Girls 2 Mile Run Varsity

-- Gay-Killeen, Maecy	9 Triton	DNF		
50.303 (50.303)	1:38.936 (48.634)	2:28.816 (49.880)	3:18.202 (49.386)	
4:07.908 (49.707)	4:57.876 (49.968)	5:48.152 (50.276)	6:40.009 (51.858)	
7:36.738 (56.729)	8:34.194 (57.456)	9:33.176 (58.982)	10:32.800 (59.624)	
11:31.191 (58.392)	12:31.932 (1:00.742)	13:27.241 (55.309)		

Girls 55 M Hurdles Varsity

Name	Year	School	Finals	H#
1 Buchmayr, Lucy	11	Newburyport	8.99	1
2 Schena, Julia	12	Newburyport	9.39	1
3 Smith, Wynter	11	Pentucket	9.60	1
4 Grenham, Meaghan	12	Pentucket	9.61	1
5 Burdick, Sarah	12	Amesbury	9.84	3
6 Williamson, Lindsey	11	Amesbury	9.92	3
7 Johnson, Colleen	10	Triton	10.17	2
8 Butler, Madison	9	Newburyport	10.25	1
9 Seymour, Brighton	10	Pentucket	10.37	1
10 Greenleaf, Emma	9	Lynnfield	10.44	3
11 Jackson, Aaliyah	8	Triton	10.53	2
12 Caulfield, Clara	11	Lynnfield	10.57	3
13 Lewis, Logan	10	Pentucket	10.66	1
14 Ryan, Sofijia	12	Hamilton-Wenham	10.80	3
15 Homer, Emily	9	Newburyport	10.92	1
16 Considine, Libby	11	Lynnfield	11.18	3
17 Stefanovich, Lily	11	Manchester Essex	11.76	3
18 McClain, Perlita	12	Essex Technical	13.83	2

Girls 4x200 M Relay Varsity

School	Finals	H#
1 Newburyport	1:49.56	1
1) Buchmayr, Lucy 11	2) Bromby, Reese 11	
3) Felts, Morgan 11	4) Stroope, Devin 11	
2 Essex Technical	1:54.95	1
1) Feudo, Olivia 11	2) Kisiel, Nora 11	
3) Visconti, Sofia 12	4) Alcantara, Mari 12	
3 Lynnfield	1:56.79	2
1) Willoughby, Ava 11	2) Ozanian, Hannah 10	
3) Caulfield, Clara 11	4) Rocco, Lily 11	
4 Pentucket	1:56.86	1
1) Rosario, Paige 10	2) Bethmann, Emily 11	
3) Lewis, Logan 10	4) Grenham, Meaghan 12	
5 Manchester Essex	1:57.14	2
1) Donohoe, Cecilia 10	2) Hurd, Megan 11	
3) Light, Maggie 11	4) Kent, Abigail 10	
6 Amesbury	2:00.29	2
1) Shanahan, Hope 9	2) Peixoto, Gabriella 10	
3) Hildt, Della 10	4) Williamson, Lindsey 11	
7 Triton	2:00.95	1
1) Goodrich, Finley 8	2) Jackson, Aaliyah 8	
3) Dinsmore, Riley 9	4) Ewell, Sarah 10	

Cape Ann League Meet #4
The TRACK at new balance
Results

Girls 4x400 M Relay Varsity

School	Finals	H#
1 Pentucket	4:30.65	1
1) Cammett, Cece 11	2) Smith, Wynter 11	
3) Breen, Regan 10	4) Seymour, Brighton 10	
33.977 (33.977) 1:10.995 (37.019)	1:43.459 (32.464)	2:18.758 (35.300)
2:52.253 (33.495) 3:25.489 (33.236)	3:56.905 (31.417)	4:30.647 (33.742)
2 Triton	4:31.68	1
1) Romano, Anna 12	2) Bonasera, Alexa 11	
3) Basile, Arianna 12	4) Shkurti, Emelia 8	
32.825 (32.825) 1:08.861 (36.036)	1:42.320 (33.460)	2:18.030 (35.711)
2:51.829 (33.799) 3:27.561 (35.733)	3:58.733 (31.172)	4:31.677 (32.945)
3 Essex Technical	4:33.27	1
1) Carrier, Avery 12	2) Donovan, Mikayla 10	
3) Stapleton, Devyn 9	4) Silva, Kayleigh 11	
33.747 (33.747) 1:09.868 (36.121)	1:42.034 (32.167)	2:16.235 (34.201)
2:50.148 (33.913) 3:27.546 (37.399)	3:58.541 (30.996)	4:33.261 (34.720)
4 Newburyport	4:37.36	1
1) Raby, Chloe 10	2) Hoffman, Gwyneth 10	
3) Cowles, Emma 12	4) Parker, Blake 12	
33.489 (33.489) 1:12.049 (38.560)	1:43.098 (31.049)	2:18.360 (35.262)
2:52.773 (34.413) 3:31.279 (38.507)	4:01.509 (30.231)	4:37.352 (35.843)
5 Amesbury	4:41.92	2
1) Desmond, Alexis 9	2) Ishihara, Katherine 11	
3) Jezowski, Haley 10	4) Burdick, Sarah 12	
32.114 (32.114) 1:07.539 (35.425)	1:41.014 (33.476)	2:17.234 (36.220)
2:55.591 (38.357) 3:32.667 (37.076)	4:05.938 (33.272)	4:41.919 (35.982)
6 Lynnfield	4:47.91	2
1) Greenleaf, Emma 9	2) Mattia, Lauren 9	
3) George, Kaila 11	4) Goguen, Olivia 12	
32.699 (32.699) 1:11.095 (38.397)	1:46.897 (35.802)	2:25.139 (38.242)
2:59.665 (34.527) 3:36.532 (36.868)	4:10.737 (34.205)	4:47.903 (37.166)
7 Manchester Essex	5:26.14	2
1) Eilassen, Caroline 10	2) Bourgeois, Faye 11	
3) O'Grady, Madeline 11	4) Stefanovich, Lily 11	
35.647 (35.647) 1:14.948 (39.301)	1:57.783 (42.835)	2:40.891 (43.108)
3:27.508 (46.618) 4:13.005 (45.497)	4:48.558 (35.553)	5:26.135 (37.578)

Girls High Jump Varsity

Name	Year School	Finals
1 Smith, Wynter	11 Pentucket	5-00.00
4-02 4-04 4-06 4-08 4-10	5-00 5-02	
P P O O O	XXO XXX	
2 Johnson, Colleen	10 Triton	4-08.00
4-02 4-04 4-06 4-08 4-10		
O O XXO XXO XXX		
3 Hurd, Megan	11 Manchester Essex	J4-06.00
4-02 4-04 4-06 4-08		
O O O XXX		
3 Romano, Anna	12 Triton	J4-06.00
4-02 4-04 4-06 4-08		
O O O XXX		

Cape Ann League Meet #4
The TRACK at new balance
Results

....Girls High Jump Varsity

5	Capillo, Sophia	11	Essex Technical	J4-06.00
	4-02 4-04 4-06 4-08			
	P O XO XXX			
6	White, Lily	11	Lynnfield	J4-06.00
	4-02 4-04 4-06 4-08			
	O XO XO XXX			
7	Caulfield, Clara	11	Lynnfield	J4-06.00
	4-02 4-04 4-06 4-08			
	O O XXO XXX			
7	Schena, Julia	12	Newburyport	J4-06.00
	4-02 4-04 4-06 4-08			
	O O XXO XXX			
9	Peixoto, Gabriella	10	Amesbury	J4-04.00
	4-02 4-04 4-06			
	XO O XXX			
10	Butler, Madison	9	Newburyport	J4-04.00
	4-02 4-04 4-06			
	XO XO XXX			
11	Homer, Emily	9	Newburyport	J4-04.00
	4-02 4-04 4-06			
	O XXO XXX			
12	Jezowski, Haley	10	Amesbury	J4-02.00
	4-02 4-04			
	O XXX			
12	Smyth, Jocelyn	12	Amesbury	J4-02.00
	4-02 4-04			
	O XXX			
14	Grimes, Maddy	10	Pentucket	J4-02.00
	4-02 4-04			
	XO XXX			
--	Lewis, Logan	10	Pentucket	NH
	4-02			
	XXX			
--	Buccilli, Adrianna	12	Lynnfield	NH
	4-02			
	XXX			
--	Kent, Abigail	10	Manchester Essex	NH
	4-02			
	XXX			
--	Kennison, Sophie	10	Lynnfield	NH
	4-02			
	XXX			
--	Neumann, Tessa	10	Pentucket	NH
	4-02			
	XXX			

Girls Long Jump Varsity

Name	Year	School	Finals	H#
1 Wilson, Georgia	11	Hamilton-Wenham	17-02.25	2
			16-06 17-02 17-02.25	
2 Shanahan, Bayleigh	12	Amesbury	16-09.75	2
			16-02.25 16-09.75 FOUL	

Cape Ann League Meet #4
The TRACK at new balance
Results

....Girls Long Jump Varsity

3	Stroope, Devin	11	Newburyport	16-04.00	1
	16-04 FOUL 16-00				
4	Hurd, Megan	11	Manchester Essex	15-08.00	2
	15-04.25 15-08 15-01				
5	Schena, Julia	12	Newburyport	15-07.00	1
	14-11.75 15-07 15-04				
6	Grenham, Meaghan	12	Pentucket	15-02.50	1
	14-09 14-02.75 15-02.50				
7	Treitel-Poore, Ella	10	Triton	14-11.50	1
	FOUL FOUL 14-11.50				
8	Bethmann, Emily	11	Pentucket	14-11.25	1
	14-11 14-07.50 14-11.25				
9	Johnson, Sophia	10	Newburyport	14-11.00	1
	14-11 14-00 FOUL				
10	Cammett, Cece	11	Pentucket	14-10.50	1
	12-11.25 13-03 14-10.50				
11	Visconti, Sofia	12	Essex Technical	14-10.25	1
	14-10.25 13-00.50 14-04.50				
12	Spano, Samanta	11	Essex Technical	14-08.75	1
	14-08.75 13-06.25 13-04				
13	Williamson, Lindsey	11	Amesbury	14-05.00	2
	13-03.75 FOUL 14-05				
14	Alcantara, Mari	12	Essex Technical	14-04.25	1
	14-04.25 FOUL 13-09.50				
15	Fazio, Isabella	12	Hamilton-Wenham	14-03.75	2
	FOUL 13-08 14-03.75				
16	Goodrich, Finley	8	Triton	13-11.25	1
	FOUL 13-08 13-11.25				
17	Light, Maggie	11	Manchester Essex	13-06.50	2
	FOUL 12-11 13-06.50				
18	Shanahan, Hope	9	Amesbury	13-05.50	2
	12-02.75 12-10.50 13-05.50				
19	Eilassen, Caroline	10	Manchester Essex	13-04.00	2
	12-08 11-08.75 13-04				
20	Greenleaf, Emma	9	Lynnfield	13-02.00	2
	12-10 13-02 12-10.25				
21	Fleming, Mira	11	Hamilton-Wenham	13-01.00	2
	13-01 13-00.25 PASS				
22	Goguen, Olivia	12	Lynnfield	12-09.00	2
	12-09 12-09 FOUL				
23	Considine, Libby	11	Lynnfield	12-06.25	2
	FOUL 12-06.25 11-04.25				
24	Smyth, Jocelyn	12	Amesbury	12-04.50	2
	12-04 12-04.50 12-00.50				
25	Stefanovich, Lily	11	Manchester Essex	11-09.25	2
	FOUL 11-04.25 11-09.25				
--	George, Kaila	11	Lynnfield	FOUL	2
	FOUL FOUL FOUL				

Girls Triple Jump Varsity

=====					
Name	Year	School	Finals		
=====					
1	Hurd, Megan	11	Manchester Essex	34-07.25	
	33-05.50 33-03.75 34-07.25				

Cape Ann League Meet #4
The TRACK at new balance
Results

....Girls Triple Jump Varsity

2 Wilson, Georgia 11 Hamilton-Wenham 34-00.50
 33-05 33-08.50 34-00.50

Girls Shot Put Varsity

Name	Year	School	Finals	H#
1 Abbatessa, Maci	12	Essex Technical	33-05.50	1
33-05.50 31-04 31-00				
2 Sullivan, Lillian	12	Essex Technical	28-04.00	1
26-06 26-00 28-04				
3 Cole, London	10	Triton	27-03.00	1
25-00.50 25-00 27-03				
4 Bell, Emilie	12	Lynnfield	27-01.00	2
27-01 26-07 26-00.50				
5 LeBlanc, Alexis	11	Amesbury	J27-01.00	2
24-05 27-01 26-05				
6 Clark, Samya	11	Amesbury	26-08.00	2
26-08 26-04.50 26-04				
7 Simons, Kayley	11	Newburyport	25-04.50	1
25-04.50 24-11 24-03				
8 Alves, Lily	10	Lynnfield	25-04.00	2
24-03.50 25-04 23-09				
9 Morretti, Elianna	9	Lynnfield	24-01.50	2
FOUL 23-00.50 24-01.50				
10 Bartholomew, Mia	11	Pentucket	23-07.00	1
21-11 23-07 22-05.50				
11 Lopez, Abigail	10	Lynnfield	22-10.00	2
22-10 20-01.50 22-06				
12 Bleichfeld, Allie	10	Pentucket	J22-10.00	1
21-00 22-10 21-09				
13 Thomas, Alexandria	12	Essex Technical	22-07.50	1
20-10.50 22-07.50 20-04				
14 Daigle, Grace	11	Newburyport	21-08.50	1
20-01 20-10 21-08.50				
15 Demeo, Summer	11	Manchester Essex	21-02.50	2
20-11 20-09.50 21-02.50				
16 Marshall, Erin	11	Newburyport	21-01.00	1
20-06 21-01 20-01.50				
17 Bacci, Sofia	11	Essex Technical	21-00.50	1
21-00.50 20-04 19-01.50				
18 Jain, Debanshi	12	Amesbury	20-04.00	2
19-08 19-00.50 20-04				
19 Tierney, Ella	11	Newburyport	20-00.00	1
17-11 19-09 20-00				
20 Hildt, Della	10	Amesbury	19-09.00	2
FOUL 19-06 19-09				
21 Passanisi, Emily	9	Pentucket	16-02.00	1
14-09.50 15-06 16-02				