

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****Boys 55 M Dash**

Name	Year	School	Finals	H#
<b>Finals</b>				
1 Killian, Daniel	11	Winchester	6.55	5
2 Grant, Josh	12	Melrose	6.68	1
3 Nelson, George	12	Winchester	6.70	5
4 Gori, Ethan	12	Wakefield	6.75	3
5 Lubowa, Nahshon	10	Woburn	6.79	2
6 Yu, Victor	12	Lexington	6.81	2
7 Talavia, Kaiyan	11	Belmont	6.82	5
8 Cox, Sean	11	Burlington	6.85	3 6.843
9 McElligot, Tommy	12	Melrose	6.85	1 6.844
10 Brooks, Ryan	10	Burlington	6.85	3 6.847
11 George, Tim	11	Lexington	6.89	2
12 Lecomte, Tyler	11	Melrose	6.90	1
13 Chambers, Cayden	9	Lexington	6.92	2 6.917
14 Matos, Elijah	12	Woburn	6.92	2 6.920
15 Yu, Ethan	12	Belmont	6.95	5
16 Jones, Aiden	10	Wakefield	6.98	3
17 Fleming, James	11	Winchester	7.01	5
18 Yu, Jae Young	12	Reading	7.06	4
19 Caraco, Michael	9	Reading	7.08	4
20 Fiote, Sebastien	11	Melrose	7.10	1 7.093
21 Kikuchi, Yuta	12	Arlington	7.10	4 7.100
22 Mosharaf, Alborz	11	Belmont	7.11	5
23 Keough, Bronner	12	Winchester	7.13	5
24 Kocheta, Pranay	10	Lexington	7.14	2
25 Hernandez, Aiden	12	Watertown	7.15	6
26 Levy, Adam	11	Wakefield	7.17	3
27 Forest, Cameron	11	Stoneham	7.18	6
28 Richer, Brady	10	Burlington	7.22	3
29 Philiossaint, Martin	11	Wilmington	7.23	1
30 Adhiya, Omkar	12	Arlington	7.24	4
31 Federico, Jason	10	Stoneham	7.25	6
32 Hagenbuch, Mo	12	Arlington	7.26	4
33 Georgopoulos, Constantin	12	Reading	7.28	4
34 Lim, Riley	12	Reading	7.32	4
35 Forest, Connor	11	Stoneham	7.35	6 7.342
36 Oliveira de Mattos, Gabe	10	Watertown	7.35	6 7.348
37 Foresyth, Jonathan	12	Wilmington	7.52	1
38 Burkhardt, Iain	10	Arlington	7.53	4
39 Rodriguez, Jayden	12	Belmont	7.59	5
40 Skutul, Nicholas	12	Stoneham	7.65	6
41 Reilly, Andrew	9	Watertown	7.72	6
42 Molina, Cameron	9	Wilmington	7.80	1
43 Lush, Ryan	11	Woburn	8.15	2

**Boys 300 M Dash**

Name	Year	School	Finals	H#
1 O'Hare Gibson, McKenna	12	Lexington	35.57	2
2 Uda-Thach, Khai	12	Lexington	36.42	2
3 Gori, Ethan	12	Wakefield	36.72	3
4 Giles, Dylan	12	Burlington	37.05	3

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5	Austin, Nick	12	Reading	37.20	4	
6	Radzik, Brendan	11	Melrose	37.62	1	
7	Ssebugwawo, Jevon	12	Melrose	37.70	1	
8	Pacini, Ryan	12	Woburn	37.98	2	
9	Baker, Ashvin	11	Wilmington	38.15	1	
10	Ciulla, Tom	11	Stoneham	38.17	6	
11	Melo, Isaac	10	Wakefield	38.27	3	
12	Malley, Mark	12	Reading	38.35	4	
13	Leshchiner, Andrey	11	Belmont	38.42	5	
14	Wainwright, Adam	11	Watertown	38.58	6	
15	Marchand, Kevin	10	Stoneham	38.61	6	
16	Matos, Elijah	12	Woburn	38.62	2	
17	Elkin, Elliot	12	Arlington	38.69	4	
18	Oliveira, Luccas	11	Watertown	39.08	6	
19	Fiote, Sebastien	11	Melrose	39.27	1	
20	Abbott, Nicholas	11	Burlington	39.32	3	
21	Guida, Joe	11	Winchester	39.38	5	
22	Jenks, Cameron	11	Wilmington	39.71	1	
23	Janowsky, Tobin	11	Winchester	39.79	5	
24	Borda, Alejandro	12	Wakefield	39.83	3	
25	Kothavade, Gautam	11	Belmont	39.95	5	
26	LaSpina, Alexander	10	Arlington	40.06	4	40.052
27	Paul, Nathan	9	Lexington	40.06	2	40.060
28	Burke, Aidan	12	Wilmington	40.42	1	
29	Amaratunga, Samuel	10	Belmont	40.59	5	
30	Nicolas, Michael	12	Woburn	41.18	2	
31	Totino, Giancarlo	12	Watertown	41.45	6	
32	Rigolini, Scott	9	Burlington	41.92	3	
33	Greau, Ewenn	10	Arlington	42.32	4	
34	Scopa, Anthony	9	Stoneham	45.15	6	

**Boys 600 M Run**

Name	Year	School	Finals	H#	
1	Irwin, Colin	12	Burlington	1:25.04	3
	27.206 (27.206)	56.017 (28.812)	1:25.031 (29.014)		
2	Mezikofsky, Ethan	11	Wakefield	1:26.40	3
	27.610 (27.610)	56.622 (29.012)	1:26.395 (29.773)		
3	Joseph, James	11	Lexington	1:26.53	2
	28.289 (28.289)	56.882 (28.594)	1:26.524 (29.642)		
4	Pendergast, Tyler	10	Woburn	1:27.09	2
	28.100 (28.100)	56.466 (28.366)	1:27.082 (30.616)		
5	Hannabury, Liam	12	Reading	1:27.17	4
	27.066 (27.066)	56.157 (29.091)	1:27.168 (31.012)		
6	Wyatt, Brody	11	Wakefield	1:27.49	3
	27.435 (27.435)	56.396 (28.961)	1:27.486 (31.090)		
7	Gokarn, Kabir	11	Lexington	1:28.02	2
	28.528 (28.528)	57.181 (28.653)	1:28.019 (30.839)		
8	O'Donnell, Samuel	12	Melrose	1:28.10	1
	29.909 (29.909)	59.735 (29.826)	1:28.091 (28.357)		
9	Balleani, Matt	12	Woburn	1:28.33	2
	27.832 (27.832)	56.500 (28.668)	1:28.326 (31.826)		
10	Chase, Clay	11	Reading	1:28.82	4
	28.134 (28.134)	57.153 (29.019)	1:28.818 (31.666)		

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys 600 M Run**

11 Cutting, Ted	12 Winchester	1:28.84	5
28.734 (28.734)	58.284 (29.550)	1:28.840 (30.556)	
12 Bernstein, Owen	11 Winchester	1:28.85	5
29.015 (29.015)	58.595 (29.580)	1:28.844 (30.249)	
13 Ring, Jameson	12 Reading	1:29.45	4
27.442 (27.442)	57.139 (29.698)	1:29.449 (32.310)	
14 Sarnoski, Matthew	11 Melrose	1:29.80	1
30.002 (30.002)	1:00.024 (30.023)	1:29.791 (29.768)	
15 Burns, Thomas	12 Wilmington	1:29.85	1
29.633 (29.633)	59.427 (29.794)	1:29.850 (30.424)	
16 Kulubya, Dawit	10 Woburn	1:30.80	2
26.574 (26.574)	55.741 (29.167)	1:30.800 (35.060)	
17 Cook, Alex	12 Belmont	1:31.75	5
29.436 (29.436)	59.331 (29.896)	1:31.741 (32.411)	
18 Dizio, Carlin	9 Woburn	1:32.06	2
28.705 (28.705)	58.534 (29.829)	1:32.058 (33.525)	
19 Kontothanassis, Stefanos	10 Lexington	1:32.18	2
28.804 (28.804)	1:00.125 (31.321)	1:32.179 (32.055)	
20 Martin, Aidan	11 Wakefield	1:32.48	3
30.987 (30.987)	1:01.360 (30.373)	1:32.472 (31.112)	
21 Boukataya, Mhamed	10 Wakefield	1:32.97	3
30.146 (30.146)	1:00.887 (30.741)	1:32.970 (32.084)	
22 Burd, Aidan	10 Wakefield	1:33.05	3
31.049 (31.049)	1:01.499 (30.450)	1:33.049 (31.551)	
23 Takayama, Ken	11 Belmont	1:33.26	5
30.208 (30.208)	1:01.555 (31.348)	1:33.252 (31.697)	
24 Thiam, Jeylani	11 Watertown	1:33.59	6
30.395 (30.395)	1:00.959 (30.564)	1:33.590 (32.632)	
25 Ward, Jacob	10 Reading	1:34.03	4
29.380 (29.380)	1:01.459 (32.080)	1:34.030 (32.571)	
26 House, Eric	9 Lexington	1:34.12	2
27.611 (27.611)	58.822 (31.211)	1:34.115 (35.294)	
27 Hendy, James	10 Arlington	1:34.37	4
28.519 (28.519)	59.628 (31.109)	1:34.368 (34.740)	
28 Maul, Huckleberry	9 Stoneham	1:34.55	6
30.740 (30.740)	1:01.009 (30.270)	1:34.545 (33.536)	
29 Altman, Ezekiel	12 Woburn	1:34.74	2
26.973 (26.973)	56.608 (29.636)	1:34.733 (38.125)	
30 Chao, Parker	10 Winchester	1:34.75	5
29.758 (29.758)	1:00.983 (31.225)	1:34.742 (33.760)	
31 Ivanov, Ivan	10 Burlington	1:36.22	3
31.311 (31.311)	1:03.154 (31.844)	1:36.219 (33.066)	
32 Khaleel, Mehran	10 Burlington	1:36.53	3
31.540 (31.540)	1:03.443 (31.903)	1:36.528 (33.086)	
33 Hutchinson, Connor	10 Arlington	1:37.29	4
29.878 (29.878)	1:02.110 (32.232)	1:37.281 (35.172)	
34 Mahadi, Arvino	11 Belmont	1:39.35	5
29.837 (29.837)	1:02.952 (33.116)	1:39.350 (36.399)	
35 Ma, Andrew	11 Belmont	1:40.40	5
30.485 (30.485)	1:03.485 (33.000)	1:40.398 (36.914)	
36 Broadstone, Noah	11 Watertown	1:40.63	6
33.304 (33.304)	1:06.769 (33.465)	1:40.625 (33.856)	
37 Matorras, Ignacio	10 Belmont	1:40.71	5
30.977 (30.977)	1:05.325 (34.349)	1:40.701 (35.376)	

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38 Willems Cleetus, Gael	10 Arlington	1:41.03	4
30.781 (30.781)	1:04.742 (33.961)	1:41.024 (36.283)	
39 AlHady, Majd	11 Watertown	1:41.39	6
32.892 (32.892)	1:06.258 (33.366)	1:41.384 (35.127)	
40 Grace, Dylan	10 Wilmington	1:41.74	1
32.373 (32.373)	1:06.487 (34.114)	1:41.739 (35.252)	
41 Nagappan, Arun	9 Burlington	1:43.42	3
32.318 (32.318)	1:06.923 (34.606)	1:43.413 (36.490)	
42 Martin, Charles	10 Arlington	1:45.05	4
31.938 (31.938)	1:08.690 (36.752)	1:45.044 (36.354)	
43 Brown, Ryan	11 Burlington	1:46.15	3
33.609 (33.609)	1:10.253 (36.644)	1:46.150 (35.897)	
44 Brown, Derek	9 Stoneham	1:46.45	6
34.268 (34.268)	1:09.447 (35.180)	1:46.444 (36.997)	
45 Rubel, Ian	10 Arlington	1:47.71	4
31.510 (31.510)	1:08.950 (37.440)	1:47.710 (38.760)	
46 Atwater, Zachary	9 Wilmington	1:56.63	1
35.935 (35.935)	1:18.644 (42.710)	1:56.625 (37.981)	
47 Farias, Gustavo	10 Wilmington	1:56.95	1
36.691 (36.691)	1:19.093 (42.403)	1:56.944 (37.852)	
48 Abbott, Matt	12 Wilmington	2:14.64	1
40.339 (40.339)	1:28.146 (47.808)	2:14.635 (46.489)	

**Boys 1000 M Run**

Name	Year School	Finals	H#
1 Mezikofsky, William	12 Wakefield	2:36.84	2
31.405 (31.405)	1:03.202 (31.798)	1:36.233 (33.031)	
2:36.833 (28.995)			2:07.839 (31.607)
2 Johnson, Tyler	12 Winchester	2:37.28	3
29.827 (29.827)	1:00.923 (31.096)	1:32.882 (31.960)	
2:37.278 (31.775)			2:05.503 (32.622)
3 Dutta, Rohan	11 Burlington	2:38.98	2
30.287 (30.287)	1:02.417 (32.131)	1:35.861 (33.444)	
2:38.980 (30.782)			2:08.198 (32.337)
4 Cheung, Anderson (Andy)	11 Arlington	2:40.54	2
30.513 (30.513)	1:02.654 (32.142)	1:35.503 (32.849)	
2:40.534 (32.400)			2:08.134 (32.632)
5 Hamilton, Timothy	12 Winchester	2:41.69	3
31.173 (31.173)	1:03.227 (32.054)	1:36.621 (33.395)	
2:41.683 (31.120)			2:10.563 (33.943)
6 Goodwin, Graham	12 Reading	2:42.08	2
30.899 (30.899)	1:02.852 (31.953)	1:35.961 (33.109)	
2:42.078 (33.036)			2:09.042 (33.082)
7 Bates, Zachary	12 Woburn	2:42.81	1
30.921 (30.921)	1:03.617 (32.696)	1:38.273 (34.657)	
2:42.810 (30.808)			2:12.002 (33.729)
8 Fletcher, Will	11 Lexington	2:43.08	1
29.789 (29.789)	1:00.129 (30.341)	1:33.049 (32.920)	
2:43.076 (33.840)			2:09.237 (36.188)
9 Arria, Michael	12 Wakefield	2:46.23	2
32.325 (32.325)	1:06.073 (33.748)	1:39.610 (33.538)	
2:46.221 (33.051)			2:13.171 (33.561)

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10 Strong, John	10 Melrose	2:47.15	1		
33.377 (33.377)	1:07.854 (34.477)	1:41.932 (34.078)		2:15.685 (33.754)	
2:47.141 (31.456)					
11 Tully, Jonah	11 Melrose	2:47.18	1		
33.156 (33.156)	1:07.713 (34.557)	1:41.857 (34.145)		2:15.399 (33.542)	
2:47.180 (31.781)					
12 Meretta, Eli	11 Belmont	2:48.63	3		
31.827 (31.827)	1:03.683 (31.856)	1:37.099 (33.417)		2:13.009 (35.910)	
2:48.622 (35.613)					
13 Campea, Brendan	12 Wakefield	2:49.03	2		
32.620 (32.620)	1:06.216 (33.596)	1:39.873 (33.657)		2:14.928 (35.056)	
2:49.029 (34.101)					
14 Sinclair, Owen	10 Reading	2:49.81	2		
32.142 (32.142)	1:06.448 (34.306)	1:41.836 (35.388)		2:17.770 (35.935)	
2:49.809 (32.040)					
15 Kinyanjui, Shawn	10 Winchester	2:50.44	3		
32.084 (32.084)	1:05.924 (33.840)	1:41.211 (35.287)		2:16.441 (35.231)	
2:50.439 (33.999)					
16 Kansagra, Eshaan	11 Burlington	2:53.60	2		
32.872 (32.872)	1:06.539 (33.668)	1:40.518 (33.980)		2:16.517 (35.999)	
2:53.594 (37.078)					
17 Ciriello, Jacob	11 Wakefield	2:53.86	2		
34.807 (34.807)	1:09.879 (35.072)	1:45.001 (35.122)		2:20.441 (35.441)	
2:53.857 (33.416)					
18 Bennett, Maximillan	12 Watertown	2:53.94	3		
32.435 (32.435)	1:06.019 (33.584)	1:40.707 (34.688)		2:16.891 (36.185)	
2:53.931 (37.040)					
19 Carroll, Michael	11 Reading	2:56.09	2		
34.526 (34.526)	1:10.005 (35.479)	1:46.421 (36.416)		2:22.815 (36.395)	
2:56.082 (33.268)					
20 Mcdowell, Ryan	12 Winchester	2:56.88	3		
32.886 (32.886)	1:08.087 (35.202)	1:44.651 (36.564)		2:21.156 (36.505)	
2:56.871 (35.716)					
21 Ryle, Jacob	9 Reading	2:58.45	2		
34.683 (34.683)	1:10.310 (35.628)	1:47.975 (37.665)		2:25.700 (37.725)	
2:58.449 (32.749)					
22 Cardin, Nathan	12 Wilmington	2:58.65	1		
33.948 (33.948)	1:09.568 (35.620)	1:46.969 (37.401)		2:24.864 (37.896)	
2:58.645 (33.782)					
23 Sweeney, Jack	11 Arlington	2:59.22	2		
35.056 (35.056)	1:11.081 (36.025)	1:47.893 (36.812)		2:24.437 (36.545)	
2:59.219 (34.782)					
24 Keenan, Owen	11 Woburn	3:00.79	1		
33.077 (33.077)	1:08.683 (35.607)	1:46.375 (37.692)		2:24.681 (38.306)	
3:00.781 (36.101)					
25 Thompson, Henry	10 Belmont	3:01.53	3		
34.431 (34.431)	1:09.760 (35.329)	1:46.963 (37.204)		2:25.167 (38.204)	
3:01.527 (36.361)					
26 Heldwein, Henry	10 Belmont	3:02.91	3		
34.887 (34.887)	1:10.363 (35.476)	1:47.344 (36.981)		2:25.683 (38.339)	
3:02.907 (37.224)					
27 Lamoretti, Jayden	11 Burlington	3:03.33	2		
33.393 (33.393)	1:08.603 (35.210)	1:46.822 (38.220)		2:26.053 (39.231)	
3:03.321 (37.268)					

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28 Stefanowicz, Henry	9 Burlington	3:03.62	2		
35.308 (35.308)	1:11.377 (36.070)	1:48.861 (37.484)		2:26.659 (37.799)	
3:03.618 (36.960)					
29 Ji, Anderson	10 Melrose	3:03.71	1		
34.551 (34.551)	1:11.417 (36.867)	1:50.619 (39.202)		2:29.274 (38.656)	
3:03.708 (34.434)					
30 Peukert, Nico	10 Arlington	3:04.30	2		
34.207 (34.207)	1:10.847 (36.640)	1:48.369 (37.523)		2:26.297 (37.928)	
3:04.293 (37.997)					
31 Molinaro, Mateo	10 Stoneham	3:06.54	3		
33.963 (33.963)	1:10.786 (36.824)	1:50.488 (39.703)		2:31.067 (40.580)	
3:06.539 (35.472)					
32 Barsotti, Gavin	9 Melrose	3:08.55	1		
37.417 (37.417)	1:14.699 (37.282)	1:55.540 (40.841)		2:35.506 (39.967)	
3:08.545 (33.039)					
33 Schoenholtz, Ethan	11 Wilmington	3:08.76	1		
37.020 (37.020)	1:15.049 (38.029)	1:55.821 (40.773)		2:34.752 (38.931)	
3:08.757 (34.006)					
34 Thiagarajah, Kairav	10 Arlington	3:10.59	2		
35.695 (35.695)	1:13.212 (37.517)	1:52.504 (39.292)		2:32.317 (39.814)	
3:10.588 (38.271)					
35 Smith, Aidan	9 Stoneham	3:12.87	3		
37.260 (37.260)	1:16.351 (39.092)	1:55.791 (39.440)		2:37.443 (41.652)	
3:12.861 (35.418)					
36 Bennett, Gabe	9 Watertown	3:15.75	3		
35.568 (35.568)	1:14.003 (38.436)	1:56.234 (42.231)		2:40.803 (44.570)	
3:15.748 (34.945)					
37 Singh, Neervik	10 Belmont	3:20.90	3		
36.299 (36.299)	1:14.418 (38.119)	1:56.239 (41.822)		2:39.881 (43.642)	
3:20.892 (41.012)					
38 Claflin, Camden	11 Woburn	3:25.27	1		
35.386 (35.386)	1:13.162 (37.776)	1:56.601 (43.439)		2:43.497 (46.897)	
3:25.264 (41.767)					
39 Carriere, Nathan	10 Wilmington	3:36.33	1		
39.965 (39.965)	1:18.499 (38.534)	2:02.392 (43.893)		2:50.225 (47.834)	
3:36.327 (46.102)					

**Boys 1 Mile Run**

Name	Year School	Finals	H#		
1 Taggart, Liam	12 Wakefield	4:31.82	1		
34.505 (34.505)	1:08.827 (34.323)	1:43.675 (34.848)		2:18.590 (34.916)	
2:52.374 (33.784)	3:26.677 (34.303)	4:00.630 (33.954)		4:31.813 (31.183)	
2 Almeida, Krish	11 Burlington	4:35.50	1		
34.310 (34.310)	1:08.677 (34.367)	1:43.540 (34.864)		2:18.655 (35.116)	
2:52.937 (34.283)	3:27.417 (34.480)	4:01.735 (34.319)		4:35.498 (33.764)	
3 Ronayne, Brian	12 Reading	4:36.53	2		
33.433 (33.433)	1:06.309 (32.876)	1:40.314 (34.005)		2:14.666 (34.353)	
2:49.121 (34.455)	3:24.686 (35.566)	4:00.583 (35.897)		4:36.523 (35.940)	
4 Walker, Nicholas	11 Winchester	4:38.73	2		
34.221 (34.221)	1:07.434 (33.214)	1:43.410 (35.976)		2:19.043 (35.634)	
2:55.130 (36.087)	3:31.195 (36.066)	4:06.046 (34.851)		4:38.724 (32.679)	

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5	Barry, Zachary	11 Lexington	4:39.98	1		
	36.149 (36.149)	1:10.482 (34.334)	1:44.676 (34.194)		2:19.366 (34.691)	
	2:54.151 (34.785)	3:29.449 (35.299)	4:05.566 (36.117)		4:39.971 (34.405)	
6	Ross, Owen	9 Lexington	4:44.46	1		
	36.459 (36.459)	1:11.753 (35.294)	1:46.217 (34.464)		2:21.371 (35.155)	
	2:56.458 (35.088)	3:31.928 (35.470)	4:08.050 (36.123)		4:44.460 (36.410)	
7	Meretta, Eli	11 Belmont	4:45.80	2		
	34.585 (34.585)	1:07.841 (33.256)	1:43.810 (35.969)		2:19.439 (35.630)	
	2:55.360 (35.921)	3:31.722 (36.363)	4:08.910 (37.188)		4:45.794 (36.884)	
8	Johnson-Houlihan, Finn	9 Reading	4:45.96	2		
	35.951 (35.951)	1:10.726 (34.776)	1:46.922 (36.196)		2:24.306 (37.385)	
	3:01.939 (37.633)	3:39.209 (37.270)	4:14.551 (35.343)		4:45.953 (31.402)	
9	Polster, Oliver	12 Wakefield	4:46.57	1		
	35.636 (35.636)	1:10.041 (34.406)	1:44.510 (34.469)		2:19.891 (35.381)	
	2:55.295 (35.404)	3:31.951 (36.656)	4:09.477 (37.527)		4:46.569 (37.092)	
10	Pereira, Jonathan	11 Woburn	4:48.45	1		
	36.753 (36.753)	1:11.469 (34.716)	1:47.749 (36.280)		2:24.063 (36.315)	
	3:01.657 (37.594)	3:38.625 (36.969)	4:14.955 (36.330)		4:48.445 (33.491)	
11	Caldwell, Adam	10 Melrose	4:48.47	1		
	35.554 (35.554)	1:11.300 (35.746)	1:48.224 (36.924)		2:24.489 (36.266)	
	3:01.299 (36.810)	3:39.555 (38.256)	4:17.949 (38.394)		4:48.465 (30.516)	
12	Buonopane-Cohen, Alec	9 Wakefield	4:48.57	1		
	35.690 (35.690)	1:10.649 (34.959)	1:45.539 (34.891)		2:21.125 (35.587)	
	2:57.173 (36.048)	3:33.734 (36.562)	4:11.073 (37.339)		4:48.568 (37.496)	
13	Dugan, Ben	10 Melrose	4:48.59	1		
	35.781 (35.781)	1:11.597 (35.816)	1:48.505 (36.909)		2:24.776 (36.271)	
	3:01.501 (36.725)	3:39.357 (37.857)	4:15.211 (35.854)		4:48.584 (33.373)	
14	Malloy, Harry	11 Arlington	4:48.93	2		
	33.678 (33.678)	1:06.706 (33.028)	1:41.564 (34.859)		2:18.459 (36.896)	
	2:55.519 (37.060)	3:33.309 (37.790)	4:12.178 (38.870)		4:48.924 (36.746)	
15	Cassity, Holden	9 Lexington	4:50.54	1		
	37.597 (37.597)	1:13.951 (36.355)	1:50.805 (36.855)		2:27.492 (36.687)	
	3:04.258 (36.767)	3:41.249 (36.992)	4:16.904 (35.655)		4:50.538 (33.635)	
16	McCormack, Henry	10 Melrose	4:51.57	1		
	36.019 (36.019)	1:12.000 (35.981)	1:48.929 (36.930)		2:25.430 (36.501)	
	3:02.049 (36.620)	3:40.149 (38.100)	4:17.880 (37.732)		4:51.568 (33.688)	
17	Breen, Briac	12 Arlington	4:54.32	2		
	33.945 (33.945)	1:07.202 (33.258)	1:43.654 (36.452)		2:20.050 (36.397)	
	2:57.933 (37.883)	3:37.276 (39.344)	4:16.394 (39.118)		4:54.314 (37.920)	
18	Princic, Andrew	9 Reading	5:06.73	2		
	36.718 (36.718)	1:13.159 (36.442)	1:50.957 (37.798)		2:29.765 (38.808)	
	3:09.886 (40.121)	3:50.414 (40.528)	4:29.816 (39.403)		5:06.728 (36.912)	
19	Yoon-Kim, Zachary	12 Winchester	5:08.01	2		
	38.008 (38.008)	1:14.496 (36.488)	1:51.885 (37.389)		2:30.682 (38.797)	
	3:10.546 (39.865)	3:49.771 (39.225)	4:30.282 (40.512)		5:08.009 (37.727)	
20	Holleran, Cooper	9 Wilmington	5:09.12	1		
	38.578 (38.578)	1:16.437 (37.859)	1:56.466 (40.030)		2:37.001 (40.535)	
	3:17.204 (40.204)	3:56.663 (39.460)	4:33.818 (37.156)		5:09.118 (35.300)	
21	Hettenbach, Ian	11 Belmont	5:09.46	2		
	36.162 (36.162)	1:10.852 (34.691)	1:47.238 (36.387)		2:24.628 (37.390)	
	3:02.578 (37.951)	3:42.026 (39.448)	4:24.444 (42.419)		5:09.456 (45.012)	
22	Berkmen, Kaan	11 Belmont	5:10.89	2		
	38.610 (38.610)	1:15.537 (36.927)	1:53.639 (38.103)		2:33.415 (39.776)	
	3:13.751 (40.336)	3:54.302 (40.551)	4:34.214 (39.912)		5:10.889 (36.676)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys 1 Mile Run**

23 Langridge, Brian	11 Winchester	5:11.19	2		
38.270 (38.270)	1:14.992 (36.723)	1:53.290 (38.298)		2:33.138 (39.848)	
3:14.011 (40.874)	3:54.606 (40.595)	4:33.870 (39.264)		5:11.186 (37.317)	
24 Dynan, Michael	12 Wilmington	5:12.72	1		
39.028 (39.028)	1:16.469 (37.441)	1:56.774 (40.306)		2:37.006 (40.232)	
3:17.001 (39.995)	3:56.848 (39.848)	4:34.793 (37.945)		5:12.717 (37.925)	
25 Russell, Felix	11 Arlington	5:16.16	2		
39.443 (39.443)	1:17.150 (37.707)	1:56.860 (39.711)		2:36.890 (40.031)	
3:18.395 (41.505)	3:59.578 (41.184)	4:40.386 (40.808)		5:16.152 (35.767)	
26 Wu, Xingyu	11 Stoneham	5:23.40	2		
39.038 (39.038)	1:16.249 (37.211)	1:53.014 (36.766)		2:31.805 (38.791)	
3:12.474 (40.669)	3:54.033 (41.560)	4:37.512 (43.480)		5:23.395 (45.884)	
27 Pollucci, Mason	12 Watertown	5:26.52	2		
39.015 (39.015)	1:16.397 (37.382)	1:53.242 (36.845)		2:35.371 (42.130)	
3:20.174 (44.803)	4:05.030 (44.856)	4:47.622 (42.593)		5:26.512 (38.890)	
28 Iskenderian, Krikor	12 Watertown	5:42.44	2		
38.386 (38.386)	1:16.276 (37.890)	1:55.407 (39.132)		2:37.580 (42.173)	
3:23.231 (45.652)	4:10.298 (47.067)	4:56.847 (46.550)		5:42.439 (45.592)	
-- Chang, Alexander	11 Burlington	DNF	1		
38.112 (38.112)	1:16.192 (38.080)	1:56.135 (39.944)		2:36.641 (40.506)	
3:18.136 (41.496)	4:01.273 (43.137)	4:45.925 (44.653)			
-- Agrawal, Ayush	12 Burlington	DNF	1		
38.728 (38.728)	1:16.500 (37.772)	1:55.837 (39.337)		2:36.193 (40.357)	
3:17.141 (40.948)	3:58.388 (41.248)	4:41.501 (43.114)			
-- Mohd, Yusuf	11 Woburn	DNF	1		
38.352 (38.352)	1:16.715 (38.364)	1:56.631 (39.916)		2:36.817 (40.187)	
3:18.893 (42.076)	4:02.477 (43.585)	4:47.313 (44.836)			
-- Calhoun, Prince	11 Woburn	DNF	1		
35.144 (35.144)	1:10.973 (35.829)	1:51.497 (40.524)		2:34.581 (43.084)	
3:19.307 (44.727)	4:04.382 (45.076)	4:49.145 (44.764)			

**Boys 2 Mile Run**

Name	Year School	Finals			
1 Noonan, Patrick	9 Lexington	9:55.87			
40.198 (40.198)	1:16.910 (36.712)	1:53.201 (36.291)		2:29.570 (36.370)	
3:06.209 (36.640)	3:42.988 (36.779)	4:19.040 (36.052)		4:56.004 (36.964)	
5:32.649 (36.646)	6:09.783 (37.134)	6:47.449 (37.667)		7:25.385 (37.936)	
8:03.264 (37.880)	8:41.087 (37.824)	9:18.913 (37.826)		9:55.862 (36.950)	
2 Barbato, Chris	11 Reading	10:02.83			
37.642 (37.642)	1:13.643 (36.001)	1:50.243 (36.600)		2:27.893 (37.651)	
3:05.819 (37.926)	3:43.261 (37.442)	4:19.955 (36.695)		4:57.982 (38.028)	
5:35.847 (37.865)	6:14.397 (38.551)	6:53.161 (38.764)		7:32.523 (39.362)	
8:11.477 (38.955)	8:51.127 (39.650)	9:29.128 (38.001)		10:02.821 (33.693)	
3 Wallace, Ben	12 Reading	10:11.28			
38.532 (38.532)	1:14.585 (36.053)	1:51.513 (36.928)		2:29.302 (37.790)	
3:07.309 (38.007)	3:46.317 (39.009)	4:25.729 (39.412)		5:04.235 (38.507)	
5:43.565 (39.331)	6:22.783 (39.218)	7:02.157 (39.374)		7:40.748 (38.592)	
8:20.353 (39.606)	9:00.057 (39.704)	9:36.469 (36.413)		10:11.278 (34.809)	
4 Almeida, Krish	11 Burlington	10:14.65			
39.251 (39.251)	1:15.541 (36.290)	1:52.333 (36.793)		2:29.687 (37.354)	
3:07.858 (38.172)	3:45.938 (38.080)	4:24.909 (38.971)		5:03.947 (39.039)	
5:42.921 (38.974)	6:21.963 (39.043)	7:00.956 (38.993)		7:40.571 (39.616)	
8:20.046 (39.476)	8:59.954 (39.908)	9:38.001 (38.047)		10:14.645 (36.645)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys 2 Mile Run**

5	Nett, Brandon	11 Wakefield	10:21.84		
	39.362 (39.362)	1:15.831 (36.469)	1:52.574 (36.744)	2:30.102 (37.528)	
	3:08.128 (38.026)	3:46.557 (38.430)	4:25.442 (38.885)	5:04.550 (39.108)	
	5:44.054 (39.504)	6:23.389 (39.335)	7:03.025 (39.636)	7:43.682 (40.658)	
	8:25.189 (41.508)	9:05.695 (40.506)	9:45.689 (39.994)	10:21.833 (36.145)	
6	Capone, Jonathan	11 Woburn	10:26.30		
	39.515 (39.515)	1:16.101 (36.586)	1:52.930 (36.829)	2:30.397 (37.468)	
	3:08.418 (38.021)	3:46.827 (38.409)	4:25.137 (38.311)	5:04.301 (39.164)	
	5:43.373 (39.072)	6:22.585 (39.213)	7:02.462 (39.877)	7:43.137 (40.676)	
	8:24.401 (41.264)	9:06.397 (41.996)	9:47.864 (41.468)	10:26.294 (38.431)	
7	Nett, Andrew	11 Wakefield	10:27.99		
	39.036 (39.036)	1:15.308 (36.272)	1:52.101 (36.793)	2:29.558 (37.458)	
	3:07.712 (38.154)	3:46.199 (38.488)	4:25.189 (38.991)	5:04.121 (38.932)	
	5:43.235 (39.114)	6:22.336 (39.101)	7:02.033 (39.698)	7:42.794 (40.761)	
	8:24.104 (41.310)	9:06.037 (41.933)	9:48.453 (42.416)	10:27.985 (39.532)	
8	Parker, Will	10 Lexington	10:29.63		
	40.787 (40.787)	1:18.039 (37.252)	1:55.667 (37.628)	2:33.951 (38.284)	
	3:11.562 (37.612)	3:50.289 (38.728)	4:28.048 (37.759)	5:05.915 (37.868)	
	5:45.829 (39.915)	6:25.921 (40.092)	7:07.068 (41.148)	7:48.089 (41.022)	
	8:28.438 (40.349)	9:09.781 (41.344)	9:50.841 (41.060)	10:29.625 (38.784)	
9	Stevens, Trevor	9 Lexington	10:36.30		
	41.639 (41.639)	1:18.506 (36.868)	1:55.884 (37.378)	2:33.941 (38.058)	
	3:11.272 (37.331)	3:49.962 (38.691)	4:27.406 (37.444)	5:04.646 (37.240)	
	5:42.027 (37.381)	6:20.953 (38.927)	6:59.413 (38.460)	7:40.461 (41.048)	
	8:21.227 (40.767)	9:04.168 (42.941)	9:50.229 (46.062)	10:36.298 (46.069)	
10	Fritsch, Matthew	11 Winchester	10:38.19		
	38.822 (38.822)	1:15.032 (36.210)	1:52.069 (37.038)	2:29.952 (37.883)	
	3:08.709 (38.757)	3:47.201 (38.492)	4:26.565 (39.365)	5:06.343 (39.778)	
	5:46.373 (40.031)	6:26.781 (40.408)	7:09.424 (42.643)	7:52.274 (42.851)	
	8:35.527 (43.253)	9:19.809 (44.282)	10:00.930 (41.122)	10:38.181 (37.252)	
11	Chumack, Mark	11 Belmont	10:41.00		
	39.963 (39.963)	1:18.372 (38.409)	1:56.940 (38.568)	2:36.324 (39.384)	
	3:15.958 (39.635)	3:56.132 (40.174)	4:37.109 (40.977)	5:18.137 (41.029)	
	5:59.156 (41.019)	6:40.573 (41.417)	7:21.623 (41.051)	8:03.021 (41.398)	
	8:43.702 (40.682)	9:24.901 (41.199)	10:04.499 (39.599)	10:41.000 (36.501)	
12	Ciampa, Dean	11 Wilmington	10:48.37		
	38.645 (38.645)	1:16.760 (38.115)	1:54.634 (37.875)	2:34.626 (39.992)	
	3:15.017 (40.391)	3:54.948 (39.932)	4:36.929 (41.981)	5:19.017 (42.088)	
	6:01.661 (42.644)	6:43.824 (42.164)	7:26.727 (42.904)	8:10.357 (43.630)	
	8:52.803 (42.447)	9:34.733 (41.930)	10:14.842 (40.110)	10:48.361 (33.520)	
13	Galante, Tyler	11 Wakefield	10:52.12		
	41.069 (41.069)	1:18.950 (37.882)	1:57.757 (38.808)	2:35.812 (38.055)	
	3:15.765 (39.954)	3:55.668 (39.903)	4:35.576 (39.908)	5:18.499 (42.924)	
	6:01.313 (42.815)	6:41.620 (40.307)	7:25.612 (43.992)	8:08.943 (43.332)	
	8:50.836 (41.893)	9:34.030 (43.195)	10:16.397 (42.368)	10:52.116 (35.719)	
14	Kanyike, Roy	10 Burlington	10:53.94		
	39.734 (39.734)	1:16.437 (36.703)	1:53.509 (37.072)	2:32.222 (38.714)	
	3:11.585 (39.364)	3:52.417 (40.832)	4:34.720 (42.304)	5:18.653 (43.934)	
	6:02.173 (43.520)	6:44.284 (42.111)	7:26.998 (42.715)	8:10.435 (43.437)	
	8:53.049 (42.615)	9:35.725 (42.676)	10:15.954 (40.229)	10:53.935 (37.981)	
15	Moir, Jack	11 Arlington	10:56.00		
	41.037 (41.037)	1:17.743 (36.707)	1:55.533 (37.791)	2:33.885 (38.352)	
	3:12.993 (39.108)	3:53.477 (40.485)	4:34.477 (41.000)	5:17.233 (42.756)	
	5:58.938 (41.706)	6:40.774 (41.836)	7:24.581 (43.808)	8:07.336 (42.755)	
	8:51.970 (44.635)	9:34.605 (42.635)	10:17.566 (42.962)	10:55.993 (38.427)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys 2 Mile Run**

16 Bennett, Maximillan	12 Watertown	10:57.65		
42.647 (42.647)	1:22.377 (39.731)	2:01.787 (39.410)	2:42.321 (40.535)	
3:24.023 (41.702)	4:04.930 (40.908)	4:45.798 (40.868)	5:26.319 (40.521)	
6:07.414 (41.096)	6:49.093 (41.680)	7:30.641 (41.548)	8:13.003 (42.363)	
8:54.779 (41.776)	9:36.812 (42.033)	10:18.742 (41.931)	10:57.649 (38.908)	
17 Oldham, William	11 Melrose	10:58.03		
40.405 (40.405)	1:18.021 (37.616)	1:57.186 (39.166)	2:35.770 (38.584)	
3:14.959 (39.189)	3:55.003 (40.044)	4:35.801 (40.799)	5:18.307 (42.506)	
6:00.663 (42.356)	6:42.447 (41.784)	7:24.345 (41.899)	8:07.249 (42.904)	
8:52.069 (44.820)	9:35.485 (43.416)	10:17.179 (41.694)	10:58.021 (40.842)	
18 Hettenbach, Ian	11 Belmont	10:59.57		
42.98 (42.98)	1:22.969 (39.99)	2:03.057 (40.088)	2:43.115 (40.059)	
3:23.665 (40.551)	4:03.988 (40.323)	4:44.902 (40.915)	5:25.697 (40.796)	
6:07.142 (41.445)	6:48.833 (41.692)	7:30.833 (42.000)	8:13.340 (42.508)	
8:55.322 (41.983)	9:37.191 (41.869)	10:19.008 (41.817)	10:59.561 (40.554)	
19 Jamaledine, Jad	11 Melrose	11:00.10		
39.859 (39.859)	1:16.009 (36.150)	1:53.264 (37.255)	2:31.589 (38.325)	
3:10.717 (39.129)	3:49.843 (39.126)	4:30.775 (40.932)	5:14.059 (43.284)	
5:58.284 (44.225)	6:41.001 (42.718)	7:24.573 (43.572)	8:08.363 (43.790)	
8:52.964 (44.601)	9:36.748 (43.784)	10:22.077 (45.329)	11:00.100 (38.024)	
20 Zou, Andrew	11 Arlington	11:01.80		
42.119 (42.119)	1:20.990 (38.872)	2:01.289 (40.300)	2:42.785 (41.496)	
3:24.016 (41.231)	4:05.185 (41.169)	4:46.467 (41.283)	5:28.645 (42.179)	
6:10.174 (41.529)	6:52.689 (42.515)	7:36.746 (44.058)	8:19.353 (42.607)	
9:04.605 (45.253)	9:47.571 (42.966)	10:27.485 (39.914)	11:01.798 (34.314)	
21 Harrington, Jonathan	10 Woburn	11:14.57		
40.284 (40.284)	1:17.975 (37.691)	1:55.895 (37.920)	2:34.393 (38.498)	
3:12.808 (38.416)	3:53.680 (40.872)	4:35.313 (41.634)	5:19.277 (43.964)	
6:01.969 (42.693)	6:45.436 (43.467)	7:29.663 (44.228)	8:14.829 (45.166)	
9:00.030 (45.202)	9:45.649 (45.619)	10:31.075 (45.427)	11:14.561 (43.486)	
22 Dynan, David	10 Wilmington	11:18.97		
42.324 (42.324)	1:22.837 (40.513)	2:05.765 (42.928)	2:48.789 (43.025)	
3:31.446 (42.657)	4:15.081 (43.635)	4:58.732 (43.652)	5:41.170 (42.439)	
6:22.820 (41.650)	7:03.889 (41.069)	7:47.555 (43.667)	8:32.553 (44.998)	
9:17.733 (45.180)	10:02.060 (44.328)	10:42.318 (40.259)	11:18.963 (36.645)	
23 Wu, Xingyu	11 Stoneham	11:33.90		
44.766 (44.766)	1:25.865 (41.099)	2:08.012 (42.148)	2:51.562 (43.551)	
3:35.567 (44.005)	4:20.426 (44.860)	5:04.873 (44.448)	5:49.133 (44.260)	
6:34.108 (44.976)	7:19.006 (44.899)	8:04.137 (45.132)	8:49.179 (45.042)	
9:33.512 (44.333)	10:15.594 (42.083)	10:55.613 (40.019)	11:33.896 (38.284)	
24 DaGraca, Logan	10 Burlington	11:34.77		
43.457 (43.457)	1:24.453 (40.997)	2:05.325 (40.872)	2:46.633 (41.308)	
3:28.736 (42.103)	4:11.477 (42.742)	4:55.135 (43.658)	5:38.656 (43.521)	
6:22.971 (44.316)	7:06.460 (43.489)	7:50.788 (44.328)	8:36.236 (45.448)	
9:21.914 (45.679)	10:08.643 (46.729)	10:54.325 (45.682)	11:34.761 (40.437)	
25 Sivakumar, Vibhush	11 Wilmington	11:37.39		
42.993 (42.993)	1:24.773 (41.781)	2:06.920 (42.147)	2:51.254 (44.335)	
3:34.617 (43.364)	4:17.545 (42.928)	5:03.081 (45.537)	5:46.477 (43.396)	
6:31.377 (44.900)	7:16.156 (44.780)	8:00.332 (44.176)	8:45.753 (45.421)	
9:29.697 (43.945)	10:13.960 (44.263)	10:57.618 (43.659)	11:37.390 (39.772)	
26 Dollard, Noah	10 Winchester	11:39.34		
43.793 (43.793)	1:25.573 (41.780)	2:07.517 (41.945)	2:50.393 (42.876)	
3:34.016 (43.624)	4:17.458 (43.443)	5:02.345 (44.888)	5:45.871 (43.526)	
6:29.687 (43.816)	7:15.013 (45.327)	7:59.770 (44.757)	8:45.218 (45.448)	
9:29.960 (44.742)	10:15.553 (45.594)	10:58.939 (43.386)	11:39.334 (40.396)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys 2 Mile Run**

27 Schromm, Henry	11 Reading	11:47.43		
42.545 (42.545)	1:23.153 (40.608)	2:06.021 (42.868)	2:47.617 (41.597)	
3:29.078 (41.461)	4:11.989 (42.912)	4:55.953 (43.964)	5:39.458 (43.506)	
6:23.569 (44.112)	7:08.340 (44.771)	7:53.444 (45.104)	8:39.892 (46.448)	
9:26.163 (46.272)	10:13.455 (47.292)	11:00.942 (47.488)	11:47.425 (46.483)	
28 Bancu, Andre	11 Melrose	12:02.18		
43.385 (43.385)	1:24.482 (41.097)	2:06.249 (41.767)	2:49.507 (43.259)	
3:34.365 (44.858)	4:18.073 (43.709)	5:03.545 (45.472)	5:46.941 (43.397)	
6:31.903 (44.962)	7:18.637 (46.735)	8:05.987 (47.350)	8:54.237 (48.250)	
9:42.645 (48.409)	10:29.929 (47.284)	11:17.715 (47.787)	12:02.173 (44.459)	
29 Efe, Selim	9 Belmont	12:20.17		
46.488 (46.488)	1:29.057 (42.570)	2:14.090 (45.033)	2:59.305 (45.215)	
3:44.224 (44.920)	4:31.025 (46.801)	5:20.476 (49.452)	6:07.561 (47.085)	
6:54.305 (46.745)	7:39.443 (45.138)	8:28.141 (48.699)	9:16.487 (48.346)	
10:06.261 (49.775)	10:56.179 (49.918)	11:43.902 (47.724)	12:20.164 (36.262)	
30 Pollucci, Mason	12 Watertown	12:32.21		
45.836 (45.836)	1:28.701 (42.865)	2:12.643 (43.943)	2:58.490 (45.848)	
3:45.853 (47.363)	4:31.956 (46.104)	5:19.887 (47.932)	6:05.081 (45.195)	
6:52.278 (47.197)	7:40.528 (48.250)	8:29.520 (48.992)	9:19.469 (49.950)	
10:10.728 (51.259)	11:01.133 (50.405)	11:49.190 (48.058)	12:32.209 (43.019)	
31 Iskenderian, Krikor	12 Watertown	12:40.11		
46.201 (46.201)	1:29.511 (43.311)	2:14.736 (45.225)	2:59.885 (45.149)	
3:46.549 (46.664)	4:32.964 (46.416)	5:20.529 (47.565)	6:08.353 (47.825)	
6:55.730 (47.377)	7:44.320 (48.590)	8:33.073 (48.753)	9:22.661 (49.589)	
10:12.925 (50.264)	11:03.121 (50.196)	11:52.901 (49.780)	12:40.109 (47.208)	
32 Breimo, Birk	12 Arlington	13:30.27		
46.420 (46.420)	1:30.393 (43.973)	2:16.218 (45.826)	3:04.565 (48.348)	
3:52.684 (48.119)	4:41.986 (49.303)	5:32.100 (50.114)	6:23.941 (51.842)	
7:16.453 (52.512)	8:10.237 (53.784)	9:07.933 (57.697)	10:03.587 (55.654)	
10:59.897 (56.310)	11:56.632 (56.736)	12:48.179 (51.548)	13:30.268 (42.089)	
-- Banerji, Mikayel	10 Stoneham	DNF		
44.241 (44.241)	1:24.733 (40.493)	2:06.693 (41.960)	2:50.734 (44.041)	
3:34.990 (44.256)	4:19.145 (44.156)	5:05.168 (46.023)	5:51.857 (46.690)	
6:39.174 (47.317)	7:26.821 (47.647)	8:13.889 (47.068)	9:02.348 (48.460)	
9:50.205 (47.857)	10:36.313 (46.109)	11:17.229 (40.916)		
-- Yii, Ethan	12 Stoneham	DNF		
42.361 (42.361)	1:22.810 (40.449)	2:05.770 (42.960)	2:48.979 (43.209)	
3:34.778 (45.800)	4:20.722 (45.944)	5:05.429 (44.708)	5:51.284 (45.855)	
6:39.081 (47.798)	7:26.872 (47.791)	8:13.651 (46.780)	9:02.103 (48.452)	
9:49.793 (47.690)	10:35.491 (45.699)	11:19.110 (43.620)		

**Boys 55 M Hurdles**

Name	Year School	Finals	H#
1 Cramer, Nicholas	12 Woburn	7.75	2
2 Tandeih, Simon	10 Lexington	7.96	2
3 Zhang, Ryan	11 Lexington	8.18	2
4 Pan, Jacob	12 Lexington	8.19	2
5 Martinis-Torres, Giancar	11 Melrose	8.28	1
6 Patt, Joseph	12 Wakefield	8.31	3
7 Ciasullo, Anthony	11 Woburn	8.57	2
8 Mattson, Cameron	11 Burlington	8.59	3
9 Sands, Hunter	12 Wilmington	8.72	1
10 Carswell, Jasper	10 Winchester	8.73	5

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys 55 M Hurdles**

11 Belous, Nick	12 Reading	8.78	4
12 Raney, Aidan	10 Lexington	8.90	2
13 Qi, Daniel	11 Belmont	8.97	5
14 Lanciani, Maximillian	10 Melrose	8.98	1
15 Korotkin, Chase	11 Winchester	9.03	5
16 Patrone, Sean	12 Wilmington	9.04	1 9.031
17 Silva, Derek	11 Reading	9.04	4 9.039
18 Guida, Joe	11 Winchester	9.10	5
19 Murray, Alex	12 Burlington	9.12	3
20 Desmond, Charles	12 Burlington	9.14	3
21 Tatsumi, Takeshi	11 Belmont	9.20	5
22 Egenolf, Taran	11 Winchester	9.32	5 9.313
23 Jefferson, Carter	10 Wakefield	9.32	3 9.319
24 Kerrigan, Ivan	10 Stoneham	9.47	6
25 Christie, Ian	11 Wakefield	9.49	3
26 Lousada, Breno	10 Stoneham	9.53	6
27 Conte, Matthew	10 Burlington	9.54	3
28 Vining, Quinlan	12 Woburn	9.69	2
29 Perez, Ben	12 Woburn	9.73	2
30 Woo, Mitchell	10 Belmont	9.95	5
31 Finocchiaro, Charlie	11 Melrose	10.06	1
32 Hutchinson, Connor	10 Arlington	10.12	4
33 Jokic, Michael	12 Watertown	10.26	6
34 Molinaro, Mateo	10 Stoneham	10.33	6
35 Tran, Logan	11 Stoneham	10.39	6
36 Bennett, Gabe	9 Watertown	10.45	6
37 Dragon, Frost	11 Melrose	10.49	1
38 Qiu, Ian	11 Belmont	10.75	5
39 Conley, Jackson	9 Wakefield	11.38	3
40 Grace, Dylan	10 Wilmington	12.30	1

**Boys 4x200 M Relay**

School	Finals	H#
1 Lexington	1:30.83	1
1) Yu, Victor 12	2) Uda-Thach, Khai 12	
3) George, Tim 11	4) O'Hare Gibson, McKenna 12	
2 Winchester	1:32.66	2
1) Nelson, George 12	2) Keough, Bronner 12	
3) Fleming, James 11	4) Killian, Daniel 11	
3 Melrose	1:35.65	1
1) Lecomte, Tyler 11	2) Radzik, Brendan 11	
3) Lanciani, Maximillian 10	4) Grant, Josh 12	
4 Wakefield	1:37.00	1
1) Melo, Isaac 10	2) Jones, Aiden 10	
3) Jefferson, Carter 10	4) Levy, Adam 11	
5 Reading	1:37.36	2
1) Belous, Nick 12	2) Caraco, Michael 9	
3) Yu, Jae Young 12	4) Silva, Derek 11	
6 Belmont	1:37.67	2
1) Qi, Daniel 11	2) Talavia, Kaiyan 11	
3) Yu, Ethan 12	4) Lasseter, Austin 12	
7 Woburn	1:38.34	1
1) Lubowa, Nahshon 10	2) Cramer, Nicholas 12	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys 4x200 M Relay**

3) Ciasullo, Anthony 11	4) Pacini, Ryan 12		
8 Stoneham		1:39.24	2
1) Federico, Jason 10	2) Ciulla, Tom 11		
3) Marchand, Kevin 10	4) Forest, Cameron 11		
9 Watertown		1:39.67	2
1) Hernandez, Aiden 12	2) Oliveira, Luccas 11		
3) Oliveira de Mattos, Gabe 10	4) Pizzuto, Lucas 11		
10 Wilmington		1:39.82	1
1) Foresyth, Jonathan 12	2) Burke, Aidan 12		
3) Philiossaint, Martin 11	4) Jenks, Cameron 11		
11 Arlington		1:41.01	2
1) Kenneally, Dennis 11	2) Hagenbuch, Mo 12		
3) Elkin, Daniel 10	4) Adhiya, Omkar 12		
12 Burlington		1:42.95	1
1) Abbott, Nicholas 11	2) Burke, Ryan 9		
3) Doherty, John 11	4) O'Divin, Chris 10		

**Boys 4x400 M Relay**

School	Finals	H#
1 Melrose	3:29.30	1
1) Ssebugwawo, Jevon 12	2) Sarnoski, Matthew 11	
3) O'Donnell, Samuel 12	4) Caldwell, Adam 10	
25.217 (25.217)	51.971 (26.755)	1:17.997 (26.026)
2:10.085 (24.988)	2:37.008 (26.924)	3:02.566 (25.559)
1:45.097 (27.100)	3:29.298 (26.732)	
2 Burlington	3:32.16	1
1) Dutta, Rohan 11	2) Irwin, Colin 12	
3) Giles, Dylan 12	4) Murray, Alex 12	
25.856 (25.856)	53.276 (27.420)	1:18.055 (24.780)
2:11.345 (24.654)	2:40.132 (28.788)	3:05.462 (25.331)
1:46.691 (28.636)	3:32.156 (26.694)	
3 Reading	3:36.02	2
1) Hannabury, Liam 12	2) Belous, Nick 12	
3) Austin, Nick 12	4) Malley, Mark 12	
25.905 (25.905)	54.514 (28.609)	1:20.737 (26.224)
2:13.902 (25.688)	2:42.797 (28.896)	3:08.711 (25.915)
1:48.214 (27.477)	3:36.018 (27.307)	
4 Lexington	3:37.00	1
1) Joseph, James 11	2) Fletcher, Will 11	
3) Barry, Zachary 11	4) Cunningham, Nathan 11	
27.399 (27.399)	56.196 (28.797)	1:22.171 (25.976)
2:16.809 (25.356)	2:44.887 (28.079)	3:10.389 (25.502)
1:51.453 (29.283)	3:37.000 (26.612)	
5 Woburn	3:38.00	1
1) Bates, Zachary 12	2) Altman, Ezekiel 12	
3) Pendergast, Tyler 10	4) Balleani, Matt 12	
27.570 (27.570)	55.953 (28.384)	1:21.627 (25.674)
2:16.126 (25.264)	2:44.728 (28.602)	3:10.453 (25.725)
1:50.863 (29.236)	3:37.996 (27.544)	
6 Arlington	3:43.74	2
1) Chung, Anderson (Andy) 11	2) Elkin, Elliot 12	
3) Fitzsimmons, Alexander 12	4) Kikuchi, Yuta 12	
26.212 (26.212)	54.670 (28.459)	1:22.160 (27.490)
2:18.178 (26.168)	2:48.882 (30.704)	3:15.701 (26.820)
1:52.010 (29.851)	3:43.735 (28.035)	
7 Watertown	3:48.84	2
1) AlHady, Majd 11	2) Thiam, Jeylani 11	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys 4x400 M Relay**

3) Wainwright, Adam 11	4) Totino, Giancarlo 12		
28.010 (28.010)	58.339 (30.329)	1:25.347 (27.008)	1:54.492 (29.145)
2:19.876 (25.384)	2:49.917 (30.041)	3:18.217 (28.300)	3:48.834 (30.617)
8 Winchester		3:49.23 2	
1) Bernstein, Owen 11	2) Chao, Parker 10		
3) Kinyanjui, Shawn 10	4) Hamilton, Timothy 12		
27.799 (27.799)	59.657 (31.858)	1:27.914 (28.258)	1:55.810 (27.896)
2:22.322 (26.512)	2:51.205 (28.884)	3:19.437 (28.232)	3:49.224 (29.788)
9 Belmont		3:50.51 2	
1) Amaratunga, Samuel 10	2) Kothavade, Gautam 11		
3) Leshchiner, Andrey 11	4) Cook, Alex 12		
28.032 (28.032)	58.014 (29.982)	1:26.065 (28.052)	1:56.209 (30.144)
2:23.002 (26.793)	2:54.266 (31.264)	3:21.049 (26.784)	3:50.501 (29.452)
10 Wilmington		3:52.30 1	
1) Baker, Ashvin 11	2) Holleran, Cooper 9		
3) Ciampa, Dean 11	4) Burns, Thomas 12		
27.499 (27.499)	56.883 (29.384)	1:24.793 (27.910)	1:55.225 (30.432)
2:22.980 (27.756)	2:54.278 (31.299)	3:22.004 (27.726)	3:52.297 (30.294)
11 Stoneham		4:23.00 2	
1) Lousada, Breno 10	2) Tran, Logan 11		
3) Brown, Dylan 11	4) Skutul, Nicholas 12		
27.482 (27.482)	55.613 (28.132)	1:29.207 (33.595)	2:06.052 (36.845)
2:40.420 (34.368)	3:16.094 (35.674)	3:47.445 (31.352)	4:22.997 (35.552)
-- Wakefield		DQ 1	Interference
1) Mezikofsky, Ethan 11	2) Mezikofsky, William 12		
3) Wyatt, Brody 11	4) Patt, Joseph 12		
26.552 (26.552)	53.699 (27.148)	1:19.176 (25.477)	1:46.837 (27.662)
2:11.410 (24.573)	2:40.272 (28.862)	3:05.624 (25.352)	3:33.235 (27.612)

**Boys High Jump**

Name	Year	School	Finals
1 Madden, Samuel	11	Melrose	6-04.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02 6-03 6-04 6-05		
--- --- 0 0 0	0 XO XO 0 XXX		
2 Patrone, Sean	12	Wilmington	6-00.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02		
--- 0 0 0 0	XO XXX		
3 Collins, Sean	12	Woburn	J6-00.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02		
--- 0 0 0 0	XXO XXX		
4 Patt, Joseph	12	Wakefield	J6-00.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02		
0 0 0 0 XO	XXO XX-		
5 Sands, Hunter	12	Wilmington	5-10.00
5-02 5-04 5-06 5-08 5-10	6-00		
0 0 XO 0 XXO	XXX		
6 O'Hare Gibson, McKenna	12	Lexington	5-08.00
5-02 5-04 5-06 5-08 5-10			
--- 0 0 0 XXX			
7 Desmond, Charles	12	Burlington	J5-08.00
5-02 5-04 5-06 5-08 5-10			
0 0 XXO 0 XXX			
8 Lanciani, Maximillian	10	Melrose	J5-08.00
5-02 5-04 5-06 5-08 5-10			
--- 0 0 XO XXX			

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys High Jump**

8 Brooks, Ryan	10 Burlington	J5-08.00
5-02 5-04 5-06 5-08 5-10		
--- O O XO XXX		
10 Fiote, Sebastien	11 Melrose	J5-08.00
5-02 5-04 5-06 5-08 5-10		
--- O XXO XO XXX		
11 Brisson, Cooper	9 Stoneham	J5-08.00
5-02 5-04 5-06 5-08 5-10		
O XO O XXO XXX		
12 Narayan, Vedant	12 Reading	5-06.00
5-02 5-04 5-06 5-08		
--- O O XXX		
13 Baker, Ashvin	11 Wilmington	J5-06.00
5-02 5-04 5-06 5-08		
O XXO O XXX		
14 Collins, Mitchell	10 Winchester	J5-06.00
5-02 5-04 5-06 5-08		
XO O XO XXX		
15 Caraco, Michael	9 Reading	J5-06.00
5-02 5-04 5-06 5-08		
XXO O XO XXX		
16 Tandeih, Simon	10 Lexington	J5-06.00
5-02 5-04 5-06 5-08		
O O XXO XXX		
17 Carswell, Jasper	10 Winchester	5-04.00
5-02 5-04 5-06		
--- XO XXX		
18 Adhiya, Omkar	12 Arlington	J5-04.00
5-02 5-04 5-06		
O XXO XXX		
18 Manfredi, Evan	10 Reading	J5-04.00
5-02 5-04 5-06		
O XXO XXX		
20 Iskenderian, Krikor	12 Watertown	J5-04.00
5-02 5-04 5-06		
XO XXO XXX		
21 Conte, Matthew	10 Burlington	5-02.00
5-02 5-04		
O XXX		
22 Korotkin, Chase	11 Winchester	J5-02.00
5-02 5-04		
XO XXX		
22 Tran, Alex	12 Woburn	J5-02.00
5-02 5-04		
XO XXX		
24 Jokic, Michael	12 Watertown	J5-02.00
5-02 5-04		
XXO XXX		
24 Reynolds, Parker	9 Belmont	J5-02.00
5-02 5-04		
XXO XXX		
-- Manor Jr, Cleavon	10 Lexington	NH
5-02		
XXX		

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys High Jump**

-- Bhandary, Aayush	11 Belmont	NH
5-02		
XXX		
-- Christie, Ian	11 Wakefield	NH
5-02		
XXX		

**Boys Pole Vault**

Name	Year	School	Finals
1 Raney, Aidan	10	Lexington	12-06.00
6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00 11-06 12-00 12-06			
P P P P P P P P P P XO O XXO XXO			
2 Woo, Mitchell	10	Belmont	11-00.00
6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00 11-06			
P P P P O P XO O XO XXO XXX			
-- Reid Jr, Clifton	12	Lexington	NH
6-06 7-00 7-06			
P P XXX			

**Boys Long Jump**

Name	Year	School	Finals	H#
1 Brooks, Ryan	10	Burlington	20-02.50	2
20-00.50 20-02.50 19-09.25				
2 McElligot, Tommy	12	Melrose	19-08.25	1
18-10.25 19-08.25 19-02.25				
3 Jones, Aiden	10	Wakefield	19-08.00	2
19-08 18-00 19-01				
4 Radzik, Brendan	11	Melrose	19-05.50	1
19-05.50 FOUL 19-02.75				
5 Yu, Jae Young	12	Reading	19-04.75	2
19-04.75 FOUL FOUL				
6 Ciasullo, Anthony	11	Woburn	19-03.50	1
17-03.50 19-03.50 18-11.75				
7 Nelson, George	12	Winchester	19-01.50	3
19-01.50 19-01 18-10				
8 Ciulla, Tom	11	Stoneham	19-01.00	3
17-04.25 18-06 19-01				
9 Cramer, Nicholas	12	Woburn	18-11.75	1
FOUL 18-06.50 18-11.75				
10 Grant, Josh	12	Melrose	18-06.50	1
17-10 18-06.50 18-05.50				
11 Korotkin, Chase	11	Winchester	18-04.25	3
18-04.25 17-09.25 FOUL				
12 Jenks, Cameron	11	Wilmington	18-03.25	1
18-00.75 17-11 18-03.25				
13 Guida, Joe	11	Winchester	18-00.00	3
17-00 18-00 17-05.25				
14 Kocheta, Pranay	10	Lexington	17-11.50	1
FOUL 17-09.75 17-11.50				
15 Jokic, Michael	12	Watertown	17-11.25	3
17-11.25 16-11.50 FOUL				

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Boys Long Jump**

16 Mahadi, Arvino	11 Belmont	17-10.50	3
17-00.75 16-11.75	17-10.50		
17 Burke, Aidan	12 Wilmington	17-09.00	1
17-04 17-09	FOUL		
18 Narayan, Vedant	12 Reading	17-07.25	2
16-10.25 17-01.50	17-07.25		
19 Sheehan, Shane	9 Burlington	17-04.75	2
16-07.25 16-02.75	17-04.75		
20 Fernandes, Samuel	9 Burlington	17-02.50	2
FOUL FOUL 17-02.50			
21 Levy, Adam	11 Wakefield	17-02.25	2
FOUL FOUL 17-02.25			
22 Nyakahuma, Mark	12 Lexington	16-04.75	1
11-01 16-04.75 15-11.75			
23 Manfredi, Evan	10 Reading	16-04.25	2
FOUL FOUL 16-04.25			
24 Elkin, Daniel	10 Arlington	16-02.00	2
16-02 FOUL 15-09.25			
25 Talavia, Kaiyan	11 Belmont	16-00.00	3
15-00 15-07.50 16-00			
26 Brisson, Cooper	9 Stoneham	15-11.50	3
FOUL 15-07.25 15-11.50			
27 Reilly, Andrew	9 Watertown	15-07.00	3
13-09 14-08.50 15-07			
28 DiPersio, Leonardo	9 Stoneham	15-05.75	3
15-03 14-11 15-05.75			
-- Philiossaint, Martin	11 Wilmington	FOUL	1
FOUL FOUL FOUL			
-- Tran, Alex	12 Woburn	FOUL	1
FOUL FOUL FOUL			
-- Pan, Jacob	12 Lexington	FOUL	1
FOUL FOUL FOUL			

**Boys Triple Jump**

Name	Year School	Finals
1 Pan, Jacob	12 Lexington	41-00.00
41-00 40-08	FOUL	
2 Philiossaint, Martin	11 Wilmington	39-00.00
37-08.50 38-10.50	39-00	
3 Desmond, Charles	12 Burlington	36-07.00
35-01.25 35-08	36-07	
4 Kocheta, Pranay	10 Lexington	36-06.00
FOUL 36-06	FOUL	
5 Zhang, Ryan	11 Lexington	35-11.75
35-11.75 33-03.25	35-00.25	
6 Jefferson, Carter	10 Wakefield	34-11.00
34-08.50 34-11	33-03.50	

**Boys Shot Put**

Name	Year School	Finals	H#
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**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys Shot Put**

1	Sacca, Julian	12 Burlington	47-06.75	1
	47-06.75 44-03.50 FOUL			
2	Williams, Chris	Burlington	42-01.50	1
	41-10.25 42-01.50 PASS			
3	Crogan, Sean	12 Lexington	41-05.75	1
	38-11.25 41-05.75 40-11			
4	Fitzsimmons, Alexander	12 Arlington	40-09.50	2
	40-09.50 FOUL FOUL			
5	Bogus, Bryan	12 Woburn	40-08.25	1
	38-02.50 38-08.75 40-08.25			
6	Conte, Kevin	12 Burlington	40-07.75	1
	40-07.75 40-07 39-10.75			
7	Montgomery, Jerome	11 Winchester	40-04.00	2
	37-06.75 40-04 38-02.25			
8	Morales, Jorge	12 Woburn	40-01.50	1
	38-03.25 39-05 40-01.50			
9	Lubowa, Nahshon	10 Woburn	39-00.00	1
	35-07.50 39-00 FOUL			
10	Sullivan, Frankie	11 Wakefield	38-01.25	1
	38-01.25 35-01.75 FOUL			
11	Gangi, Connor	10 Stoneham	37-05.75	2
	37-05.75 36-02.75 36-11.25			
12	Brown, Tymothy	12 Wakefield	37-05.25	1
	35-07.75 37-05.25 29-02.25			
13	Zullo, Anthony	11 Stoneham	36-10.75	2
	32-06.75 35-07.75 36-10.75			
14	Cassavoy, Bennett	12 Melrose	36-00.50	1
	34-11.50 36-00.50 34-11			
15	Pouliot, Henry	12 Stoneham	35-11.75	2
	33-09.50 FOUL 35-11.75			
16	Brown, Christian	10 Lexington	35-09.75	1
	33-11.25 FOUL 35-09.75			
17	Tandeh, Simon	10 Lexington	35-03.25	1
	33-06.25 33-04.75 35-03.25			
18	Harrison, Bryan	10 Winchester	34-08.25	2
	31-07 34-02.25 34-08.25			
19	Moloney, Keegan	11 Melrose	34-06.00	1
	34-06 31-09.75 32-04.25			
20	McAree, Jack	11 Melrose	34-00.75	1
	34-00.75 33-10 32-00.25			
21	Pizzuto, Lucas	11 Watertown	34-00.25	2
	34-00.25 33-08.50 33-08.50			
22	Fitch, Max	10 Arlington	33-05.25	2
	33-05.25 30-11.75 FOUL			
23	Tournet, Henry	12 Belmont	33-01.50	2
	33-01.50 32-05.75 32-01			
24	Borges, Gabriel	10 Wilmington	32-07.50	1
	32-07.50 FOUL 31-07.75			
25	Goodhue, John	12 Reading	32-07.00	2
	32-07 28-07.50 29-08			
26	DiOrio, Ross	12 Belmont	32-06.50	2
	31-02.25 30-10.50 32-06.50			
27	Hogan, Sean	12 Arlington	31-10.75	2
	31-10.75 30-09.50 31-01.75			
28	Volchuk, Leo	10 Winchester	31-06.50	2
	29-08.25 29-08 31-06.50			

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Boys Shot Put**

29	Ruggiero, Jagger	12	Reading	30-10.00	2
	30-10 30-09.25 29-02.25				
30	Brudnik, Owen	11	Wakefield	30-08.50	1
	30-08.50 30-05.50 30-02.25				
31	Eliopoulos, Panayioti	12	Watertown	30-03.25	2
	26-02.50 28-00 30-03.25				
32	Wright, Benjamin	12	Wilmington	27-06.25	1
	24-10 27-06.25 27-01				
33	Gisetto, Alexander	10	Reading	27-02.25	2
	26-09 27-02.25 26-11.50				
34	Purohit, Shivam	11	Wilmington	26-03.00	1
	25-11.25 26-03 25-08.50				
35	Litman, Jonah	10	Belmont	25-11.50	2
	25-02.50 25-11.50 25-00.75				
36	Delgado, Randy	12	Watertown	25-02.75	2
	24-06.75 FOUL 25-02.75				

**Boys Weight Throw**

Name	Year	School	Finals
1 Sacca, Julian	12	Burlington	43-07.50
			FOUL 43-07.50 FOUL
2 Conte, Kevin	12	Burlington	41-00.00
			41-00 37-07 40-09.25
3 Brown, Christian	10	Lexington	38-09.50
			38-09.50 FOUL 31-01
4 Crogan, Sean	12	Lexington	36-09.75
			FOUL 36-09.75 FOUL
5 Borges, Gabriel	10	Wilmington	22-05.25
			22-05.25 19-04.25 20-00.75
6 Wright, Benjamin	12	Wilmington	19-06.25
			19-06.25 FOUL FOUL