



**77th Annual New England Interscholastic
Outdoor Track & Field Championship
Saturday, June 8, 2024
At University of New Hampshire
128 Main Street, Durham, NH 03824**

Presented by the Council of New England Secondary School Principals' Association
19 Golden Meadow Rd, Hampstead, New Hampshire 03841
Executive Director: Jim Davis, jim.davis@cnesspa.org
President: Dr. Glenn Lungarini, CAS-CIAC

The tournament will be held regardless of weather conditions.

Co Meet Director: Tim Cox, tcx@coebrown.org Tel 603-682-7249
Amy Sanborn almrun2@aol.com 603-345-4217

Entry Limit: No athlete may compete in more than 4 events including relays. Each state will be allowed 6 entries per event. **Individual state participation rules apply.**

FILING OF ENTRIES:

One representative from each state should send all entries electronically using Hy-tek's Back up Database from your state championship results to Rick Kates at katesr@maldencatholic.org Entries should be sent as soon as your qualifiers are determined.

Deadline by State

VT, ME, RI & MA Due by 9pm on Sunday June 2, 2024
NH Due by Noon on Monday June 3, 2024
CT Due by 10am on Tuesday June 4, 2024



If you have an account with athletic.net -post your results at the conclusion of the meet.
If you do NOT have a timer's account, let me know, and I will post it for you when you send the back up file.
Please send a list of your top 6 qualifiers without conversions to Rick Kates katesr@maldencatholic.org for verification. www.athletic.net will do the conversions.

Every coach will have to/ have a log on account with username/password and register their team for meet.
Teams will only be able to draw/use a performance from your state meet.

If you have any questions, please contact me asap.

Registration issues please contact meet director Rick Kates
Email: katesr@maldencatholic.org

LIMITATIONS:

Each state will be allowed to submit the names of six (6) competitors per event. The selection of athletes will be made by each state's Association Track Committee. All qualifiers must have participated at their respective state associations' championship finals. Qualifying performances for seeding must also come from the state championship finals. Individual state restrictions govern each state's athletes' participation in the New England Championship. Competitors are limited to a maximum of four (4) events including relays, if your state association allows. National Federation rules govern the meet. No event will be held up to wait for an athlete competing in another event.

NEW in 2024 Para Athletes

Para athletes who competed in their respective state associations' state championship, will be permitted to enter in the New England Championship in the event (s) they participated in at their respective state championship. Para entries are in addition to the current entry limit for each state. The selection of athletes will be made by each state's Association Track Committee.

COACHES REGISTRATION:

Coaches Directions



Coaches must have an athletic.net account for their high school team to register for the NE Meet. Each state meet results will be linked to www.athletic.net. You may only use the performance achieved at your state meet.

Coaches do not convert your performances

Do not alter/convert your athlete's time/distance.

Coaches will receive an email notification that their entry has been accepted when entered.

A team will not be charged unless accepted. **All registration fees must be paid ONLINE prior to the meet.**

There are no refunds. **Entry fee \$20 per athlete**, this includes alternates in the relays. Wristbands will be issued for admission into Wildcat Stadium for all athletes entered.

Deadline by State

VT, ME, RI & MA No later than 8pm Monday June 3, 2024

NH & CT No later than 8pm Tuesday June 4, 2024

Registration issues please contact meet director Rick Kates

Email: katesr@maldencatholic.org

New to www.athletic.net

<https://support.athletic.net/category/y2yqh7bw1i-getting-started>

Packet Pick Up:

Will begin at 8:30 am and remain open until noon. Packet Pick Up will be in the front lobby of Lundholm Gymnasium, immediately in front of you when you exit the pedestrian tunnel from Lot A. *****There will be an opportunity to pick up packets on Friday between 5:00 – 7:00 pm (also in the lobby of Lundholm Gymnasium).*****

Entry Fees: Entry fee **\$20 per individual athlete plus online processing fee; All registration fees must be paid ONLINE prior to the meet.** There are no refunds.
(Note: Only team members listed on the entry submission and two coaches per gender will be allowed entry wristbands. All other members/coaches (including junior varsity members) will be required to purchase an online ticket and enter through the main gate.

School Reps: All competitors must have an adult representative of their school present in order to compete.

Admission: General admission: \$10.00 Gates will open at 8:30 AM.

We will only be using ONLINE TICKETS and there will be **no cash accepted at the gate**. The online ticket link is:

<https://gofan.co/app/events/828284?schoolId=CNESSPA>

Or see **QR code flyer** on the last page.

Rules: NFHS rules will be followed.

Web Sites: www.cnesspa.org; www.lancertiming.com; www.newhampshiretrackandfield.com

Order of Events

Field Events: Field events will begin at **10:00 am**.

Long Jump: 2 pits – Boys and Girls at the same time (10:00 am) followed by the Triple Jump
Pole Vault: 2 pits – Boys and Girls at the same time (10:00 am) Boys outside and Girls inside the Field House
High Jump: Boys followed by Girls
Shot Put: Boys followed by Girls
Discus: Girls followed by Boys
Javelin: Girls followed by Boys

Running Events: Running events will begin at **10:30 am**.

Girls first except 100m/110m hurdles finals.

1. Finals	4x800m Relay	7. Finals	4x100m Relay
2. Trials	110m/100m Hurdles - on time 8 to final	8. Finals	400m Dash
3. Trials	100m Dash - on time 8 to final	9. Finals	300m Hurdles
4. Final	110m/100m Hurdles	10. Finals	800m Run
5. Final	100m Dash	11. Finals	200m Dash
6. Finals	1600m Run	12. Finals	3200m Run
		13. Finals	4x400m Relay

NOTE: Fastest sections will be run last. All athletes must check in to their events at the **clerking area on the infield** upon the **FIRST & ONLY CALL** of their event. This will be approximately **TWO FULL EVENTS PRIOR** to their event. Do not miss the check in. In the 100/110 m High Hurdles and 100 m Dash, the top 8 times will advance to the final.

Awards: Plaques will be awarded for first place and medals will be awarded for second through sixth place in all events. Athletes can pick up their awards under the awards tent located just outside Wildcat Stadium near the High Jump end of the Stadium, **once the official event results are announced over the public-address system.** A New England

Commemorative Pin and a Certificate of Participation will be included for every competitor in the race packet.

UNH: Concessions and lavatory facilities will be available. No locker rooms will be available. **Spikes 1/4" pyramids or less may be used.** Only officials and competing athletes with be allowed inside the track. The javelin surface is an all-weather runway, and spikes 1/4" pyramids or less may be worn. Blocks will be provided, but athletes may use their own.

Equipment: All equipment must pass inspection at the meet according to National Federation Rules, and the approved shot, javelin and discus must be made available to any competitor. All implements will be inspected near the shot put and discus area. Athletes using non-certified equipment will be disqualified. Implements will be weighed beginning at 8:45AM. Priority will be given to events starting at 10:00AM. Batons will not be provided.

Pole Vault: ****Every coach of an athlete competing in the pole vault must submit a weight certification form signed by a school official to the pole vault official prior to the warm-up period.** ** (Please use the form included in this packet or a similar state approved form.) The "5 alive" format will be used. The opening height in the girls Pole Vault will be 9'0" and boys Pole Vault will be 12'6" both will go up 9 inches after the opening height and then go up 6 inches at a time (see below). An area will be provided for a designated coach for the pole vault. **Girls Pole Vault will be contested inside at the Paul Sweet Oval.**

High Jump: The opening height in the girls High Jump will be 5'0" and boys High Jump will be 6'0". Both will go up 3 inches after the opening height and then go up 2 inches at a time (see below). The "5 alive" format will be used.

Field Events: All athletes should check in at the event site. All field events will be arranged so that those with the best qualifying performances will compete in later flights. The top 9 will advance to the final in the Long Jump, Triple Jump, Shot Put, Discus, and Javelin. In the horizontal jumps, all athletes are strongly urged to get a mark BEFORE the event begins. A fair warm-up will be allowed between flights expecting you to have a mark with which to start. In the throwing events, a warm-up will be allowed between flights but it will be controlled.

Starting and successive heights of the crossbar:

Girls HJ	5-00	5-03	5-05	5-07	5-09	5-11	6-01	then by 0-01
Girls PV	9-00	9-09	10-03	10-9	11-03	11-09	12-03	then by 0-06
Boys HJ	6-00	6-03	6-05	6-07	6-09	6-11	7-01	then by 0-01
Boys PV	12-06	13-03	13-09	14-03	14-09	15-03	15-09	then by 0-06

Checking Out: Athletes leaving from a field event for a running event must check out with the official of the event. **Athletes should not check out earlier than necessary.**

Running Events: "All athletes must check in to their events at the clerking **area on the infield** upon the **FIRST & ONLY CALL** of their event. This will be approximately **TWO FULL EVENTS PRIOR** to their event. Athletes will check in and receive their hip numbers in the clerking area once their event is called (**1 CALL ONLY**). Athletes must stay in the clerking area until they are given their hip number and marched to the start."

- Protests:** The Meet Directors will establish a Jury of Appeals consisting of three coaches and two officials whose purpose will be to adjudicate all protests relating to the decisions made by the referee. The judgment of the Jury of Appeals is final.
- Team Tents:** **No Tents in Stands or On the Warm Up Areas.** Please use only grass area next to warm up areas which are marked on the accompanying facility map.
- Locker Rooms:** No locker room facilities will be available. Please come dressed to compete.
- T-Shirts:** Official New England Outdoor Track & Field Championship apparel will be sold at the meet. Apparel can be pre-ordered at <https://www.grrteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.
- Video Access:** The New England Outdoor Track & Field Championship can be streamed live and/or retrieved on demand through State Running Network at the following link: <https://staterunning.net/>
- Results:** Will be posted at www.cnesspa.org; www.lancertiming.com ;
- Directions to:** Wildcat Stadium at the University of New Hampshire:

All parking and bus drop off will take place in Lot A: 15 Gables Way, Durham, NH

[Directions to Lot A](#)

From the West: US-4 East to Exit NH-155A; make right off of exit and follow signs to Lot A

From the East: NH-16 N/US-4 W to NH-108 S/Dover Rd Exit. Make left off exit and follow signs to campus and Lot A.

Facilities Regulations : University of New Hampshire Athletics Facilities

REGGIE ATKINS OUTDOOR TRACK AND FIELD FACILITY AT WILDCAT STADIUM
PAUL SWEET OVAL
TUCKER FIELD

The following are prohibited inside the stadium, track, turf area, field event area & indoor track area:

- Dogs & other animals
- Signs & Noise Makers
- Food of any kind, including sunflower seeds & gum
- Alcohol & Tobacco products
- Marking the track or field with paint, chalk or tape
- Strollers, Bicycles, Skate Boards, Roller Blades, etc
- Golf Clubs
- Glass Containers
- Metal Cleats
- Track Spikes greater than 1/4" (Pyramid spikes only)

Hotels: **Hotel agreements have not been arranged. There is only one hotel in Durham, but many hotels in the areas of Dover, Newington, and Portsmouth.**

**COUNCIL OF NEW ENGLAND SECONDARY SCHOOL PRINCIPALS' ASSOCIATION
OFFICIAL 2024 OUTDOOR TRACK POLE VAULT WEIGHT CERTIFICATION FORM**

____ BOYS ____ GIRLS

School _____

Town _____

	Vaulter's Name	Certified Weight	Date
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

WEIGHT CERTIFICATION SHOULD NOT OCCUR PRIOR TO JUNE 4th

Name of School Medical Official _____

Title _____

Name of Coach _____

Name of Principal _____

The principal certifies that the information contained on this form is accurate.

Principal's Signature _____

Date _____

NOTE: A COPY OF THIS FORM (or facsimile) MUST BE GIVEN TO THE POLE VAULT OFFICIAL AT THE START OF THE NEW ENGLAND MEET.

Site Map of UNH Track Facility





BUY TICKETS ONLINE

*USE THE QR CODE BELOW,
OR
VISIT GOFAN.CO & SEARCH CNESSPA*



*NEW ENGLAND OUTDOOR TRACK AND FIELD CHAMPIONSHIP
JUNE 8, 2024 | 10:00 AM*