Friday:

Field Events:
1:00pm  Women’s Long Jump, Triple Jump to follow. (Top 48 verifiable entry marks)
        First jump measured then minimum marks of 5.00m/LJ and 10.00m/TJ required
1:00pm  Women’s Shot Put, Weight Throw to follow. (Top 48 verifiable entry marks)
1:00pm Women’s High Jump (Top 48 verifiable entry marks)
1:00pm Women’s Pole Vaults (Top 48 verifiable entry marks)

Running events:
1:00pm  Women’s 60H Trials
1:10pm  Women’s 800m
2:10pm  Women’s 60m Trials
2:25pm  Women’s 400m
3:15pm  Women’s 60H Finals
3:18pm  Women’s 60m Finals
3:20pm  Women’s 500m
3:55pm  Women’s 200m
4:30pm  Women’s 1000m
4:55pm  Women’s 1mile (Sec 2-20)
7:00pm  Bruce Lehane Invitational Mile (Men’s Pro Section first, Women’s Sec I immediately after)
7:05pm  Women’s 4x400m
7:50pm  Women’s 3000m
9:30pm  Women’s 5000m
10:30pm Men’s Distance Medley Relay

Saturday:

Field Events:
10:30am  Men’s Long Jump/Triple Jump to follow (top 48 verifiable entry marks)
        First jump measured then minimum mark of 6.00m/LJ and 12.00/TJ required
10:30am  Men’s Shot Put/ Weight throw to follow (top 48 verifiable entry marks)
11:00am Men’s High Jump (top 48 verifiable entry marks)
11:00am Men’s Pole Vault (top 48 verifiable entry marks)

Running events:
10:00am  Women’s Distance Medley Relay
10:26am  Men’s 60H Trials
10:32am  Men’s 800m
11:45am  Men’s 60m Trials
11:55am  Men’s 400m
12:55pm  Men’s 60H Finals
12:57pm  Men’s 60m Finals
1:00pm  Men’s 500m
1:10pm  Men’s 200m
1:45pm  Men’s 1000m
2:10pm  Men’s 1mile (Sec 1-29)
4:25pm  Men’s 4x400m
5:15pm  Men’s 3000m (Verifiable entry standard of 8:50)
7:15pm  Men’s 5000m (Verifiable entry standard of 15:45)