

**Manchester Invitational
Nike Cross Country Classic
Derryfield Park,
Manchester, New Hampshire
August 2008**

**ALL MUST GO TO WWW.LANCERTIMING.COM TO FILL OUT THE
COACH'S INFORMATION FORM. AN E-MAIL ADDRESS IS ESSENTIAL.**

The 34th edition of the Manchester Invitational Nike Cross Country Classic Meet for boys and girls will be held on **Saturday morning, September 27, 2008** at Derryfield Park on Bridge Street in Manchester, NH. This meet will include athletes from New Hampshire, Rhode Island, Massachusetts, Connecticut, New York, Maine, and Vermont. We hope that your team or some of its members will be able to compete. Entry procedure, fees, rules, and minimum standards are listed below. Have your bus take you directly to Hillside Junior High School on Reservoir Avenue. The first race will commence at **9:00 a.m. sharp.**

- I. PLACE: Derryfield Park, Bridge Street, Manchester, NH.
- II. TIME: Meet starts at 9:00 a.m. Course tours, with guides, will start at 8:00 a.m. with last departure at 8:30 a.m. sharp
- III. COURSE: This course includes grass, asphalt, and dirt with sufficient hills and two steeplechase barriers. 5000 meters for both boys and girls "A" and "JV" and "Elite" races 2.1 miles for both boys and girls freshmen races.
- IV. ENTRIES: Entries limited to 7 in Varsity race, 7 in JV race, and 7 in Freshman race.
- V. ENTRY PROCEDURES
 - ENTRIES WILL ONLY BE DONE THROUGH DIRECT ATHLETICS.**
To enter the meet you must enter a varsity team.
 - A. ALL SCHOOLS MUST USE DIRECT ATHLETICS. YOU MUST COMPLETE THE FOLLOWING TO TASKS:
 - 1) GO TO WWW.LANCERTIMING.COM AND ENTER COACHES' INFORMATION, AND
 - 2) GO TO WWW.DIRECTATHLETICS.COM TO ENTER YOUR ATHLETES.
 - a. New Hampshire schools will have the meet on their schedule.
 - b. Non- New Hampshire schools will need to find the meet by going to the top toolbar and clicking on "Find a Meet". Enter the date of the meet Sept 27, 2008 and highlight New Hampshire. Make sure your sport is set for Cross Country.
 - c. You will see a green register button next to the meet. Click on the green button and enter you kids.
 - d. Remember to always scroll down to the bottom of the page once you have entered your kids and then hit the submit button.
 - e. You should print a receipt of your entries for proof of entering the meet.
 - f. If you coach both boys and girls you must change the team to the opposite gender and submit the entries for the other gender. YOU CANNOT ENTER BOYS AND GIRLS ON SAME SCREEN.

For help with DirectAthletics call Rich Nagy at 603-623-3073.

- VI. ENTRY DEADLINE: **Entries on DirectAthletics and LancerTiming will close at 8:00 P.M. on Friday, September 12, 2008. The entries will reopen on Sunday, September 14, 2008 at noon. Anyone entering after the first official close of entries on September 12, 2008, will pay an additional late fee of \$25.00 for each boys team and/or \$25.00 for each girls team entered late. Entries will close for good on Saturday, September 20, 2008 at 6:00 P.M.**
- VII. DIVISIONS: There will be two divisions in the Boys' A race and Girls' A races. The divisions will be "Large" School Division (800 and up) and "Small" School Division (under 800). It is possible to petition up to the Large School Division, but not down. If you would like to petition up, fill out the form on the website. There will be an Elite race for girls and boys. You must fill out the form on the website to request entry in these races. Most entries for the Elite Races are accepted.
- VIII. SCORING: In each race, the top five individuals will determine a team's score. Entries in the races will be limited to seven runners. The National Federation Rule 9 concerning displacement will apply. There will be team scores in all races.
- IX. DRESSING FACILITIES: Please bring your team **dressed and ready to run**. No locker room facilities will be available. Restroom facilities will be available at the field. **(HILLSIDE MIDDLE SCHOOL IS OFF LIMITS TO ALL.)**
- X. ELIGIBILITY: According to the NHIAA Handbook. **Schools must be a member of either the NHIAA or their state association. No other schools will be permitted to run.**
- XI. TIME SCHEDULE:
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| 8:00-8:30 a.m. | Course tours |
| 9:00 a.m. | Girls' Freshmen race |
| 9:30 a.m. | Boys' Freshmen race |
| 10:00 a.m. | Girls' JV race |
| 10:45 a.m. | Boys' JV race |
| 11:15 a.m. | Girls' A race — "Small" School Division |
| 12:00 p.m. | Boys' A race — "Small" School Division |
| 12:30 p.m. | Girls' Nike Elite |
| 1:00 p.m. | Boys' Nike Elite |
| 1:30 p.m. | Girls' A race — "Large" School Division |
| 2:00 p.m. | Boys' A race — "Large" School Division |
| 2:30 p.m. | Presentation of awards- Varsity Races Only |
- JV AND FRESHMAN AWARDS WILL BE PRESENTED AT THE COMPLETION OF THEIR RESPECTIVE RACES.**
- XII. AWARDS: **SEEDED VARSITY RACES ("A" RACES AND "ELITE" RACES)**
- Figure trophy to 1st place
 - Small figure trophies to winning team (individuals)
 - Team plaques 2nd-5th places
 - Medals to the Top 50 boys and 50 girls in each race
 - T-shirts for champion team
- JV RACES**
- Team plaques 1st-3rd places
 - Medals to Top 35 boys and 35 girls
- FRESHMAN RACES**
- Team plaques 1st-3rd places
 - Medals to Top 20 boys and 20 girls

- **T-shirts for Top 10 individuals in each A race, Elite race, and JV race, and Top 5 in each Freshman race**
- Special Awards:*
- Plaque to *Outstanding Male Runner* in A, JV, Elite and Freshman Races
 - Plaque to *Outstanding Female Runner* in A, JV, Elite and Freshman Races
 - Plaques to *Outstanding Manchester Male and Female Runners* in all divisions.

T-shirts will be on sale on a first-come basis. Prior phone orders will be taken.

- XIII. ENTRY FEE: The entry fee will be \$70 (seventy dollars) for **each** boys' and girls' team. (Maximum school entry: \$140 **unless there are fees for late entries**) Please make checks payable to **Doug Glance; Manchester Invitational**, and all checks for each team must be mailed to:

Lancer Timing Services
P.O. Box 664
Londonderry NH 03053

Schools will be allowed to run only if their entry fee is paid or we are presented with a valid purchase order. The following information will be posted on Lancer Timing on an ongoing basis: your entry status, your division, and your payment status.

ENTRY FEE IS DUE TO LANCER TIMING SERVICES BY FRIDAY, SEPTEMBER 12, 2008.

This meet has been sanctioned by the National Federation.

PLEASE NOTE: YOUR SCHOOL MUST BE A MEMBER OF YOUR STATE ASSOCIATION IN ORDER TO BE ELIGIBLE TO RUN IN THE MANCHESTER INVITATIONAL.

This meet will be held regardless of weather conditions. The weather would have to be **very bad** to even consider postponing a meet of this size. However, in the event of a hurricane, tornado, flash flood, or blizzard (typical New England weather in September), the meet would be held on Sunday, September 28, 2008 at 1:00 p.m., **BUT DON'T COUNT ON IT! CANCELLATION OF THE MEET WILL BE POSTED ON WWW.LANCERTIMING.COM BY 6:30 AM. NO ONE WILL BE CALLED.**

If you have any questions that have not been answered with the information in this letter, call Joe O'Neil at (603-625-6317) or Doug Glance at (603-622-3111) in the evening. If you have questions about the websites or entry procedure, **or if you make a mistake on your entries**, call Rich Nagy, Lancer Timing Services (603-623-3073) between 1:00 p.m. and 11:00 p.m., or e-mail Rich@LancerTiming.com.

NEXT YEAR'S MEET DATE IS SEPTEMBER 26, 2009

Yours in running,

Doug Glance – 603 – 622 - 3111
Joe O'Neil – 603 – 625 - 6317
Meet Directors

Rich Nagy – 603 – 623 - 3073
Lancer Timing Services
Entries and Race Management