Girls – Wednesday, January 3, 2018 – 4:00 p.m.

Boys – Wednesday, January 10, 2018– 4:00 p.m.

Order of Events

3200m Relay
Shuttle Hurdles
Shuttle Dash
Distance Medley (order: 1200-400-800-1600)
1600m Relay
4x160 Meter Relay

1. For this year, only running relays will be held. That will open up the entire infield for teams and spectators.

2. **Awards:** Plaques to each member of each winning relay. Medals for 2\textsuperscript{nd} and 3\textsuperscript{rd}. Winning plaques will not be given out until the awards ceremony.

3. A school can enter any number of events they wish. They also can enter several teams in an event.

4. The zone in the shuttle hurdles and shuttle dash is four feet wide. The outgoing runner may leave the starting line when the incoming runner’s torso passes the beginning of the four foot zone.

5. Times in the 4x400m, 4x160m and 4x800m can be used for State Meet qualifying.

6. An athlete can enter a maximum of two events.

7. There will be an entry fee of $15.00 per relay team. This meet will be a fundraiser for the UNH men’s and women’s track teams and will be run by them. Checks should be made payable to “Friends of UNH Track and Field.”

8. An admission charge of $2.00 will be charged for spectators.

9. UNH wildcat relay shirts will be on sale at the meet.