



2012 ECAC DIII Outdoor Track & Field Championships
Hosted by RPI
Thursday-Friday, May 17th-18th

Schedule of Events

Thursday

Decathlon

1:00pm 100
 followed by Long Jump
 followed by Shot Put
 followed by High Jump
 followed by 400

Heptathlon

1:30pm 100 HH
 followed by High Jump
 followed by Shot Put
 followed by 200

Field

2:00pm Pole Vault (w)
 2:00 Javelin (m) - Throws on Grass
 2:00 Hammer (w)
 3:30 Triple Jump (m)
 4:30 Javelin (w) – Throws on Grass
 4:30 Hammer (m)
 5:00 Pole Vault (m)
 6:00 Triple Jump (w)

Track

4:30pm 100 HH Trials (w)
 4:45 110 HH Trials (m)
 5:00 100 Trials (w)
 5:10 100 Trials (m)
 5:20 3,000 Steeplechase (w)
 5:40 3,000 Steeplechase (m)
 6:00 4x400 (w)
 6:25 4x400 (m)
 6:50 5000 (w)
 7:15 5000 (m)
 7:40 10,000 (w)
 8:25 10,000 (m)

Friday

Decathlon

10:00am 110 HH
 followed by Discus
 followed by Pole Vault
 followed by Javelin
 followed by 1500

Heptathlon

10:00am Long Jump
 followed by Javelin
 followed by 800

Field

10:00am Shot Put (w)
 11:00 High Jump (m)
 11:30 Long Jump (w)
 12:00pm Discus (w)
 12:00 Shot Put (m)
 1:00 High Jump (w)
 1:30 Long Jump (m)
 2:00 Discus (m)

Track

12:00pm 4x100 (w)
 12:15 4x100 (m)
 12:30 1500 (w)
 12:45 1500 (m)
 1:00pm 110 HH (m)
 1:10 100 HH (w)
 1:15 400 (w)
 1:25 400 (m)
 1:35 100 Final (w)
 1:40 100 Final (m)
 1:45 800 (w)
 2:00 800 (m)
 2:20 400 IH (w)
 2:35 400 IH (m)
 2:50 200 (w)
 3:05 200 (m)
 3:20 4x800(w)
 3:35 4x800(m)