

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****Girls 100 M Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Ross, Soraya	11	Nashua South	12.43Q	2.5	2 12.421
2 Braswell, Iyana	12	Nashua South	12.43Q	1.7	3 12.425
3 Sippel, Hannah	11	Pinkerton	12.56Q	0.7	4
4 Best, Alexis	11	Merrimack	12.57Q	1.1	1
5 Roberts, Eva	11	Pinkerton	12.69q	2.5	2
6 Cooper, Caroline	11	Concord	13.05q	0.7	4
7 Courter, Jordan	9	Manchester Memorial	13.07q	1.1	1
8 Rodriguez, Hannah	10	Manchester Memorial	13.13q	1.7	3
9 Brayall, Nora	9	Pinkerton	13.18	1.1	1
10 Musa, Nyahingiva (Nyah)	11	Nashua South	13.22	0.7	4
11 Brown, Tiana	10	Nashua North	13.41	1.7	3
12 Quirk, Caroline	12	Concord	13.43	0.7	4
13 Toenah, Chelsea	9	Concord	13.44	1.7	3 13.434
14 Mann, Tianna	9	Manchester Central	13.44	2.5	2 13.435
15 Masumbuko, Inesse	12	Manchester Central	13.55	2.5	2
16 Rudy, Olivia	11	Alvirne	13.60	0.7	4
17 Callahan, Shea	11	Salem	13.71	1.1	1
18 Claesson, Ariana	9	Pinkerton	13.79	2.5	2
19 Root, Makayla	10	Concord	13.80	1.1	1
20 Sullivan, Cara	12	Merrimack	13.81	1.7	3
21 Aliberti, Avery	9	Salem	13.89	1.7	3
22 Ahlers, Abigail	12	Salem	13.97	1.1	1
23 Garrow, Madison	9	Lebanon	13.99	1.1	1
24 Hazard, Reilly	12	Pinkerton	14.04	0.7	4
25 Lewis, Gizel	9	Goffstown	14.08	2.5	2
26 Mohammad-Sidi, Nazmeen	11	Alvirne	14.13	0.7	4
27 Jallow, Fatoumatta (Fati)	12	Nashua South	14.32	0.7	4
28 Dubois, Ava	12	Bedford	14.36	2.5	2
29 Pena, Alexandra	9	Londonderry	14.44	1.7	3
30 Eastman, Emma	9	Goffstown	14.76	1.7	3

Girls 100 M Dash

Name	Year	School	Finals	Wind
Finals				
1 Ross, Soraya	11	Nashua South	12.25	1.8
2 Best, Alexis	11	Merrimack	12.27	1.8
3 Braswell, Iyana	12	Nashua South	12.30	1.8
4 Sippel, Hannah	11	Pinkerton	12.49	1.8
5 Roberts, Eva	11	Pinkerton	12.73	1.8
6 Cooper, Caroline	11	Concord	12.90	1.8
7 Rodriguez, Hannah	10	Manchester Memorial	13.04	1.8
8 Courter, Jordan	9	Manchester Memorial	13.27	1.8

Girls 200 M Dash

Name	Year	School	Finals	Wind	H#
1 Barber, Harriet	11	Manchester Central	25.35	0.8	3
2 Ross, Soraya	11	Nashua South	26.80	0.8	3

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3	Cooper, Caroline	11	Concord	26.88	0.8	3
4	Cruz, Mia	12	Nashua South	26.96	0.8	3
5	Sippel, Isabella	9	Pinkerton	27.47	0.8	3
6	Musa, Nyahingiva (Nyah)	11	Nashua South	27.62	0.3	2
7	Heimark, Natalie	10	Souhegan	27.82	0.8	3
8	Kantor, Morgan	12	Lebanon	27.83	0.3	2
9	Ortiz, Myasiah (Mimi)	11	Nashua South	27.92	0.8	3
10	Brayall, Nora	9	Pinkerton	28.08	0.3	2
11	Masumbuko, Inesse	12	Manchester Central	28.42	+0.0	1
12	O'Keefe, Ella	9	Bedford	28.57	0.3	2
13	Claesson, Ariana	9	Pinkerton	28.58	0.3	2
14	Wessling, Raegan	11	Concord	28.70	+0.0	1
15	Hazard, Reilly	12	Pinkerton	28.84	+0.0	1
16	Nadeau, Emma	10	Londonderry	28.89	+0.0	1
17	Aliberti, Avery	9	Salem	28.98	0.3	2
18	Lewis, Gizel	9	Goffstown	29.82	+0.0	1
19	Garrow, Madison	9	Lebanon	29.96	+0.0	1
20	Nelson, Pearl	9	Nashua South	30.02	+0.0	1

Girls 400 M Dash

Name	Year	School	Finals	H#	
1	Barber, Harriet	11	Manchester Central	57.09	2
2	Ducharme, Samantha	11	Bedford	60.77	2
3	Muller, Madeline	10	Concord	61.18	2
4	Sippel, Hannah	11	Pinkerton	62.08	2
5	Sinclair, Anna	9	Bishop Guertin	62.51	2
6	Kantor, Morgan	12	Lebanon	62.64	2
7	Thomas, Maya	12	Goffstown	63.51	2
8	Sanni, Ayomide	11	Manchester Memorial	63.85	1
9	Denon, Lydia	9	Bedford	64.09	1
10	D'Amico, Marina	10	Salem	64.39	1
11	Jellow, Grace	12	Pinkerton	64.64	2
12	Roeger, Caitlin	10	Salem	73.02	1
13	Roy, Haylie	11	Merrimack	77.04	1

Girls 800 M Run

Name	Year	School	Finals	
1	Gudas, Chloe	11	Concord	2:22.67
	1:10.990 (1:10.990)	2:22.662 (1:11.672)		
2	Tschida, Kara	10	Goffstown	2:23.60
	1:11.246 (1:11.246)	2:23.596 (1:12.350)		
3	Di Vernieri, Isabella	12	Nashua North	2:27.94
	1:10.705 (1:10.705)	2:27.937 (1:17.232)		
4	Witkoskie, Sonya	10	Nashua North	2:29.89
	1:14.028 (1:14.028)	2:29.890 (1:15.862)		
5	Houghton, Maddy	9	Manchester Central	2:38.88
	1:19.596 (1:19.596)	2:38.874 (1:19.278)		
6	Jordan, Alyssa	9	Goffstown	2:40.10
	1:20.802 (1:20.802)	2:40.098 (1:19.296)		
7	O'Neil, Kloeigh	9	Bedford	2:41.76
	1:18.884 (1:18.884)	2:41.758 (1:22.874)		

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls 800 M Run**

8 Houde, Grace 9 Goffstown 2:51.25
 1:25.333 (1:25.333) 2:51.248 (1:25.915)

Girls 1600 M Run

Name	Year School	Finals
1 Silva, Contessa	11 Pinkerton	5:28.92
1:29.834 (1:29.834)	2:55.550 (1:25.716)	4:15.948 (1:20.398) 5:28.915 (1:12.967)
2 Groulx, Isabelle	11 Pinkerton	5:29.02
1:30.163 (1:30.163)	2:55.583 (1:25.420)	4:15.980 (1:20.397) 5:29.015 (1:13.035)
3 Bedard, Melanie	10 Merrimack	5:29.96
1:29.810 (1:29.810)	2:55.713 (1:25.903)	4:16.781 (1:21.068) 5:29.952 (1:13.171)
4 Nyhan, Molly	12 Concord	5:31.71
1:29.966 (1:29.966)	2:56.246 (1:26.280)	4:17.109 (1:20.863) 5:31.708 (1:14.599)
5 Witkoskie, Sonya	10 Nashua North	5:31.98
1:30.434 (1:30.434)	2:56.210 (1:25.776)	4:16.414 (1:20.204) 5:31.971 (1:15.557)
6 Klinger, Katherine	11 Windham	5:37.35
1:30.051 (1:30.051)	2:55.891 (1:25.840)	4:16.872 (1:20.981) 5:37.346 (1:20.474)
7 Marzolf, Kalisan	9 Pinkerton	5:48.53
1:31.875 (1:31.875)	3:04.731 (1:32.856)	4:33.510 (1:28.779) 5:48.521 (1:15.011)
8 Mahoney, Rachel	11 Bedford	5:50.41
1:30.578 (1:30.578)	2:56.593 (1:26.015)	4:25.201 (1:28.608) 5:50.406 (1:25.205)
9 Brammer-DePuy, Anna	10 Souhegan	5:53.02
1:30.144 (1:30.144)	2:57.256 (1:27.112)	4:26.012 (1:28.756) 5:53.012 (1:27.000)
10 Moranti, Mia	9 Bedford	5:54.82
1:30.705 (1:30.705)	2:58.866 (1:28.161)	4:31.237 (1:32.371) 5:54.819 (1:23.582)
11 Melendez, Emely	11 Nashua South	5:55.29
1:30.591 (1:30.591)	2:58.625 (1:28.034)	4:30.961 (1:32.336) 5:55.287 (1:24.326)
12 Sneau, Collette	12 Bedford	5:56.10
1:30.238 (1:30.238)	2:56.938 (1:26.700)	4:28.584 (1:31.646) 5:56.098 (1:27.514)
13 Krantz, Elliot	11 Manchester Memorial	5:58.72
1:30.386 (1:30.386)	2:57.884 (1:27.498)	4:31.025 (1:33.141) 5:58.716 (1:27.691)
14 Stinson, Teagan	12 Pinkerton	6:03.42
1:32.271 (1:32.271)	3:05.520 (1:33.249)	4:38.362 (1:32.842) 6:03.420 (1:25.058)
15 Hayden, Annika	11 Nashua North	6:08.69
1:31.956 (1:31.956)	3:06.751 (1:34.795)	4:43.294 (1:36.543) 6:08.690 (1:25.396)
16 Murthi, Ella	12 Bedford	6:19.35
1:31.657 (1:31.657)	3:05.686 (1:34.029)	4:43.059 (1:37.373) 6:19.350 (1:36.291)

Girls 3200 M Run

Name	Year School	Finals
1 Hastings, Isabella	12 Lebanon	12:20.86
1:28.591 (1:28.591)	2:58.603 (1:30.012)	4:30.161 (1:31.558) 6:01.907 (1:31.746)
7:37.018 (1:35.111)	9:13.016 (1:35.998)	10:49.661 (1:36.645) 12:20.851 (1:31.190)
2 LeBlanc, Althea	10 Pinkerton	12:47.84
1:32.023 (1:32.023)	3:06.882 (1:34.859)	4:44.710 (1:37.828) 6:22.232 (1:37.522)
8:01.203 (1:38.971)	9:40.706 (1:39.503)	11:20.695 (1:39.989) 12:47.840 (1:27.145)
3 Philipp, Samantha Priya	9 Pinkerton	13:31.55
1:32.563 (1:32.563)	3:10.303 (1:37.740)	4:52.776 (1:42.473) 6:36.926 (1:44.150)
8:21.720 (1:44.794)	10:08.766 (1:47.046)	11:54.254 (1:45.488) 13:31.542 (1:37.288)

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls 3200 M Run**

4	Hiscock, Rebecca	12	Nashua South	13:41.23				
	1:32.120 (1:32.120)	3:07.214 (1:35.094)	4:47.039 (1:39.825)	6:29.337 (1:42.298)				
	8:15.434 (1:46.097)	10:04.711 (1:49.277)	11:56.694 (1:51.983)	13:41.221 (1:44.527)				
5	Perry, Katelyn (Katie)	10	Nashua South	13:47.56				
	1:30.162 (1:30.162)	3:06.661 (1:36.499)	4:47.516 (1:40.855)	6:31.961 (1:44.445)				
	8:20.407 (1:48.446)	10:09.838 (1:49.431)	12:01.259 (1:51.421)	13:47.558 (1:46.299)				
6	Harris, Grace	12	Nashua South	14:41.08				
	1:39.387 (1:39.387)	3:29.649 (1:50.262)	5:19.168 (1:49.519)	7:14.738 (1:55.570)				
	9:10.061 (1:55.323)	11:04.132 (1:54.071)	12:55.471 (1:51.339)	14:41.078 (1:45.607)				

Girls 100 M Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Scott, Anika	10	Bedford	14.70Q	2.5 1
2	Wheaton, Jordan	12	Pinkerton	14.85Q	2.9 2
3	Thomas, Jhanelle	10	Nashua North	15.24Q	1.9 3
4	Doherty, Morgan	11	Concord	15.66q	1.9 3
5	Dillon, Kailey	12	Merrimack	15.67q	2.9 2
6	Ofori, Petrina	11	Alvirne	15.97q	2.5 1
7	Muller, Katherine	12	Concord	16.44q	2.5 1
8	Witta, Sarah	9	Bishop Guertin	17.14q	2.9 2
9	Galeaz, Jaylin	9	Londonderry	17.55	2.5 1
10	Ballard, Phoebe	11	Lebanon	17.89	1.9 3
11	Chavarin, Alejandra	10	Nashua South	17.98	2.9 2
12	Leak, Victoria	12	Merrimack Valley	18.33	1.9 3
13	Collier, Abrielle	9	Merrimack	18.63	2.5 1
14	Demers, Zoe	12	Manchester Central	19.10	2.9 2
15	Ducharme, Taryn	12	Manchester Central	19.28	1.9 3
16	Ripple, Norah	9	Bedford	19.44	2.5 1
17	Cawthron, Lillianna	10	Londonderry	19.46	1.9 3
18	Davio, Mayah	9	Alvirne	19.65	2.5 1
19	Ray, Anna	9	Bedford	19.83	2.9 2
20	Benotti, Brooke	11	Nashua South	20.04	2.9 2
21	Hallee, Ava	9	Goffstown	20.46	1.9 3
22	Damboise, Isabella	9	Goffstown	21.91	1.9 3

Girls 100 M Hurdles

Name	Year	School	Finals	Wind
Finals				
1	Wheaton, Jordan	12	Pinkerton	14.38 1.3
2	Scott, Anika	10	Bedford	14.64 1.3
3	Thomas, Jhanelle	10	Nashua North	15.20 1.3
4	Doherty, Morgan	11	Concord	15.52 1.3
5	Dillon, Kailey	12	Merrimack	15.70 1.3
6	Ofori, Petrina	11	Alvirne	15.72 1.3
7	Muller, Katherine	12	Concord	16.56 1.3
8	Witta, Sarah	9	Bishop Guertin	17.21 1.3

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****Girls 300 M Hurdles**

Name	Year	School	Finals	H#
1 Thomas, Jhanelle	10	Nashua North	44.45	3
2 Dillon, Kailey	12	Merrimack	46.15	3
3 Muller, Katherine	12	Concord	47.56	3
4 Ofori, Petrina	11	Alvirne	47.85	3
5 Juris, Christina	11	Nashua North	47.97	3
6 Frye, Allison	9	Nashua North	48.15	3
7 Ortiz, Myasiah (Mimi)	11	Nashua South	48.40	2
8 Doherty, Morgan	11	Concord	48.53	3
9 Ray, Anna	9	Bedford	49.50	2
10 Brown, Tiana	10	Nashua North	49.99	3
11 Witta, Sarah	9	Bishop Guertin	50.81	2
12 Chavarin, Alejandra	10	Nashua South	51.54	2
13 Kaupp, Ruby	10	Bedford	51.84	2
14 Demers, Zoe	12	Manchester Central	52.01	2
15 Ballard, Phoebe	11	Lebanon	52.16	2
16 Mann, Tianna	9	Manchester Central	52.89	1
		52.898 (52.898)		
17 Cawthron, Lillianna	10	Londonderry	53.28	1
18 Tobin, Addison	10	Alvirne	53.91	1
19 Callahan, Shea	11	Salem	54.80	1
20 Rodriguez, Penelope	9	Nashua South	54.84	1
21 Schmitt, Marlaina	11	Manchester Memorial	56.77	1

Girls 4x100 M Relay

School	Finals	H#
1 Nashua South	48.47	2
1) Ortiz, Myasiah (Mimi) 11		
2) Braswell, Iyana 12		
3) Cruz, Mia 12		
4) Ross, Soraya 11		
2 Pinkerton	49.28	2
1) Roberts, Eva 11		
2) Wheaton, Jordan 12		
3) Brayall, Nora 9		
4) Sippel, Hannah 11		
3 Nashua North	50.38	2
1) Brown, Tiana 10		
2) Frye, Allison 9		
3) Juris, Christina 11		
4) Thomas, Jhanelle 10		
4 Concord	51.15	2
1) Quirk, Caroline 12		
2) Saysaw, Grace 9		
3) Gridley, Rachel 11		
4) Cooper, Caroline 11		
5 Londonderry	51.92	2
1) Galeaz, Jaylin 9		
2) Fitzgerald, Marline 12		
3) Nadeau, Emma 10		
4) Plante, Madeleine 11		
6 Alvirne	52.56	2
1) Ofori, Petrina 11		
2) Rudy, Olivia 11		
3) Coppi, Isabella 12		
4) Mohammad-Sidi, Nazmeen 11		
7 Merrimack	53.89	1
1) Kapise, Tate 12		
2) Farrell, Lilly 11		
3) Sullivan, Cara 12		
4) Roy, Haylie 11		
8 Souhegan	56.29	1
1) Devine, Riley 12		
2) Heimark, Natalie 10		
3) Krawiecki, Teresa 12		
4) Taylor, Erin 12		
9 Goffstown	56.64	1
1) Eastman, Emma 9		
2) Houde, Rose 9		

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls 4x100 M Relay**

3) Hallee, Ava 9	4) Lewis, Gizel 9		
-- Bedford		DQ	2 Pass out of zone
1) O'Keefe, Ella 9	2) Scott, Anika 10		
3) Ducharme, Samantha 11	4) Zimmerman, Paige 11		

Girls 4x400 M Relay

School	Finals	H#
1 Nashua North	4:09.33	2
1) Di Vernieri, Isabella 12	2) Frye, Sarah 9	
3) Juris, Christina 11	4) Thomas, Jhanelle 10	
2 Concord	4:10.00	2
1) Muller, Madeline 10	2) Nyhan, Molly 12	
3) Muller, Katherine 12	4) Gudas, Chloe 11	
3 Alvirne	4:27.69	2
1) Martin, Ava 10	2) Berube, Sophia 10	
3) Boudreau, Paige 12	4) Ofori, Petrina 11	
4 Nashua South	4:30.63	2
1) Cruz, Mia 12	2) Ortiz, Myasiah (Mimi) 11	
3) Ross, Soraya 11	4) Kelly, Caroline 9	
5 Merrimack	4:31.67	1
1) Roy, Haylie 11	2) Amoo, Kaylin 10	
3) Parzych, Riley 11	4) Bedard, Melanie 10	
4:31.662 (4:31.662)		
6 Londonderry	4:31.81	2
1) Gregoire, Linsey 10	2) Plante, Madeleine 11	
3) Sherman, Drewanne 9	4) Williams, Amara 11	
7 Manchester Memorial	4:41.87	1
1) Sanni, Ayomide 11	2) Nur, Fatumo 9	
3) Ramic, Emina 10	4) Schmitt, Marlaina 11	
8 Souhegan	4:43.70	1
1) Heimark, Natalie 10	2) Wolfson, Shayna 9	
3) Devine, Riley 12	4) Krawiecki, Teresa 12	

Girls 4x800 M Relay

School	Finals
1 Bedford	9:50.75
1) Mooney, Sophie 11	2) O'Neil, Kelseigh 11
3) Ray, Anna 9	4) Lee, Fiona 11
1:13.012 (1:13.012)	2:26.806 (1:13.794)
3:38.844 (1:12.038)	4:58.129 (1:19.285)
6:10.455 (1:12.326)	7:32.688 (1:22.233)
8:40.147 (1:07.459)	9:50.744 (1:10.597)
2 Alvirne	10:26.77
1) Berube, Sophia 10	2) Oliveira, Victoria 10
3) Herbert, Jennifer 10	4) Martin, Ava 10
1:12.553 (1:12.553)	2:31.498 (1:18.945)
3:56.116 (1:24.618)	5:18.840 (1:22.724)
6:34.618 (1:15.778)	7:55.056 (1:20.438)
9:05.027 (1:09.971)	10:26.767 (1:21.740)
3 Manchester Memorial	10:48.34
1) Sanni, Ayomide 11	2) Krantz, Elliot 11
3) Ramic, Emina 10	4) Schmitt, Marlaina 11
1:15.363 (1:15.363)	2:38.881 (1:23.518)
3:57.452 (1:18.571)	5:27.022 (1:29.570)
6:46.619 (1:19.597)	8:12.850 (1:26.231)
9:30.354 (1:17.504)	10:48.334 (1:17.980)

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls 4x800 M Relay**

4 Nashua North							10:52.11
1) Kutschke, Calla 12	2) Suchecki, Riley 9						
3) Nalen, Margaret 12	4) Witkoskie, Sonya 10						
1:19.038 (1:19.038)	2:44.782 (1:25.744)	4:04.408 (1:19.626)	5:29.598 (1:25.190)				
6:45.446 (1:15.848)	8:14.163 (1:28.717)	9:29.486 (1:15.323)	10:52.107 (1:22.621)				
5 Concord							10:53.76
1) McHugh, Gracie 12	2) Peterson, Lilith 11						
3) Fitcher, Avery 12	4) Pincoske, Alina 11						
1:14.776 (1:14.776)	2:38.150 (1:23.374)	3:55.737 (1:17.587)	5:22.078 (1:26.341)				
6:43.197 (1:21.119)	8:15.220 (1:32.023)	9:31.805 (1:16.585)	10:53.753 (1:21.948)				
6 Nashua South							10:55.46
1) Melendez, Emely 11	2) Hiscock, Rebecca 12						
3) Demirdag, Zeynep 9	4) Harris, Grace 12						
1:21.599 (1:21.599)	2:43.369 (1:21.770)	4:02.428 (1:19.059)	5:18.420 (1:15.992)				
6:35.951 (1:17.531)	8:07.242 (1:31.291)	9:28.161 (1:20.919)	10:55.460 (1:27.299)				
7 Salem							11:05.81
1) Marchesi, Amelia 9	2) rushton, catherine 9						
3) Rozumek, Sophia 11	4) Rosado-Marshall, Aliana 9						
1:22.797 (1:22.797)	2:45.172 (1:22.375)	4:04.782 (1:19.610)	5:26.005 (1:21.223)				
6:47.273 (1:21.268)	8:18.339 (1:31.066)	9:35.320 (1:16.981)	11:05.807 (1:30.487)				
8 Souhegan							11:28.96
1) Devine, Riley 12	2) Krawiecki, Teresa 12						
3) Taylor, Erin 12	4) Wolfson, Shayna 9						
1:23.448 (1:23.448)	2:56.221 (1:32.773)	4:18.356 (1:22.135)	5:47.686 (1:29.330)				
7:13.552 (1:25.866)	8:48.340 (1:34.788)	10:04.804 (1:16.464)	11:28.953 (1:24.149)				
9 Goffstown							11:35.37
1) Houde, Grace 9	2) Sweet, Fahren 10						
3) Coburn, Danielle 9	4) Jordan, Alyssa 9						
1:21.160 (1:21.160)	2:44.467 (1:23.307)	4:10.831 (1:26.364)	5:44.950 (1:34.119)				
7:16.474 (1:31.524)	8:55.727 (1:39.253)	10:13.176 (1:17.449)	11:35.361 (1:22.185)				

Girls High Jump

Name	Year	School	Finals
1 Crowder, Grace	12	Bedford	J5-02.00
4-04 4-06 4-08 4-10 5-00 5-02 5-04			
P O O O O XO XXX			
2 Goulas, Ella	10	Concord	J5-00.00
4-04 4-06 4-08 4-10 5-00 5-02			
P O O O XO XXX			
3 Mikelson, Kelley	11	Concord	J5-00.00
4-04 4-06 4-08 4-10 5-00 5-02			
O O O O XXO XXX			
3 Cruz, Mia	12	Nashua South	J5-00.00
4-04 4-06 4-08 4-10 5-00 5-02			
P O O O XXO XXX			
5 Wheaton, Jordan	12	Pinkerton	J4-10.00
4-04 4-06 4-08 4-10 5-00 5-02			
P P P O XPP PXX			
6 Annis, Penelope	11	Goffstown	J4-10.00
4-04 4-06 4-08 4-10 5-00			
P O O XO XXX			

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls High Jump**

6	Primmer, Ashereka	11	Souhegan	J4-10.00
	4-04 4-06 4-08 4-10 5-00			
	P O O XO XXX			
8	O'Dell, Grace	12	Bedford	J4-10.00
	4-04 4-06 4-08 4-10 5-00			
	P O O XXO XXX			
9	Gregoire, Linsey	10	Londonderry	J4-08.00
	4-04 4-06 4-08 4-10			
	P O O XXX			
10	Hastings, Isabella	12	Lebanon	J4-08.00
	4-04 4-06 4-08 4-10			
	O O XXO XXX			
11	Rodriguez, Penelope	9	Nashua South	J4-08.00
	4-04 4-06 4-08 4-10			
	O XXO XXO XXX			
12	Oates, Marley	9	Manchester Central	J4-06.00
	4-04 4-06 4-08			
	O XXO XXX			
13	Haggett, Lilly	11	Londonderry	J4-04.00
	4-04 4-06			
	O XXX			
14	Mwanza, Tatiana	12	Nashua North	J4-04.00
	4-04 4-06			
	XO XXX			

Girls Pole Vault

Name	Year	School	Finals
1 Muller, Madeline	10	Concord	J10-00.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06		
	P P P O O O O O XXP		
2 Malatesta, Maya	12	Bedford	J10-00.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06		
	P P P O O XXO O O XXX		
2 Robinson, Amanda	11	Londonderry	J10-00.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06		
	P P P XO O XO O O XXX		
4 Barton, Kendall	11	Concord	J9-06.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00		
	P P P P O O O XXX		
5 Fitzgerald, Marline	12	Londonderry	J9-06.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00		
	P P P O O XO O XXX		
6 Kaupp, Ruby	10	Bedford	J9-06.00
	6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00		
	P O O O O O XO XXX		
7 Haggett, Lilly	11	Londonderry	J8-06.00
	6-06 7-00 7-06 8-00 8-06 9-00		
	P O O O XO XXX		
7 Ruppel, Ava	12	Londonderry	J8-06.00
	6-06 7-00 7-06 8-00 8-06 9-00		
	P P O O XO XXX		

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls Pole Vault**

9	Manni, Remy	12 Bedford	J8-00.00
	6-06 7-00 7-06 8-00 8-06		
	P O O XO XXX		
10	Forrester, Mackenzie	10 Bedford	J8-00.00
	6-06 7-00 7-06 8-00 8-06		
	O O XO XXO XXX		
11	Fegan, Amelie	10 Londonderry	J7-06.00
	6-06 7-00 7-06 8-00		
	P O XO XXX		
11	rushton, catherine	9 Salem	J7-06.00
	6-06 7-00 7-06 8-00		
	O O O XXX		
13	Dinndorf, Jenna	10 Bedford	J7-06.00
	6-06 7-00 7-06 8-00		
	O O O XXX		
14	Rodriguez, Penelope	9 Nashua South	J6-06.00
	6-06 7-00		
	O XXX		

Girls Long Jump

Name	Year School	Finals	Wind	H#
1 Scott, Anika	10 Bedford	17-08.00	NWI	2
	17-08(NWI) 16-10(NWI) 17-01(NWI) 16-04(NWI) 16-06.50(NWI)	PASS		
2 Braswell, Iyana	12 Nashua South	17-05.50	NWI	2
	16-09.50(NWI) 17-00.50(NWI) 17-05.50(NWI) 16-06(NWI) 17-03.50(NWI) 16-06(NWI)			
3 Best, Alexis	11 Merrimack	17-03.00	NWI	2
	FOUL 17-03(NWI) PASS FOUL 16-02.50(NWI) PASS			
4 Dillon, Kailey	12 Merrimack	17-01.50	NWI	2
	16-10(NWI) 17-01.50(NWI) 16-09.50(NWI) 16-09(NWI) 16-05(NWI) PASS			
5 Rodriguez, Hannah	10 Manchester Memorial	16-06.50	NWI	2
	16-00.50(NWI) 16-06.50(NWI) 15-03.50(NWI) 14-06.50(NWI) 14-09.50(NWI) 15-08(NWI)			
6 Goulas, Ella	10 Concord	16-02.00	NWI	2
	15-07(NWI) 15-10(NWI) 16-02(NWI) PASS 15-02(NWI) PASS			
7 Doherty, Morgan	11 Concord	16-01.00	NWI	2
	15-01(NWI) 16-00.50(NWI) 15-04(NWI) 14-08(NWI) 16-01(NWI) 15-04.50(NWI)			
8 Thomas, Maya	12 Goffstown	15-08.50	NWI	2
	15-04(NWI) 15-08.50(NWI) FOUL 14-08(NWI) 15-02(NWI) 15-02.50(NWI)			
9 Pena, Alexandra	9 Londonderry	15-01.00	NWI	1
	14-06.50(NWI) 15-01(NWI) FOUL			
10 Primmer, Ashereka	11 Souhegan	14-09.50	NWI	1
	13-08(NWI) 14-09.50(NWI) FOUL			
11 Farrell, Lilly	11 Merrimack	14-09.00	NWI	1
	14-09(NWI) 14-08.50(NWI) 14-09(NWI)			
12 Fawcett, Amanda	12 Londonderry	14-07.00	NWI	1
	FOUL 14-06(NWI) 14-07(NWI)			
13 Sinclair, Anna	9 Bishop Guertin	14-05.50	NWI	2
	14-04(NWI) 14-00.50(NWI) 14-05.50(NWI)			
14 Amadi, Lisa	9 Alvirne	14-02.00	NWI	1
	14-02(NWI) 13-06.50(NWI) 13-07(NWI)			
14 Hazard, Reilly	12 Pinkerton	J14-01.00	NWI	2
	FOUL 14-01(NWI) 13-01(NWI)			
15 Nadeau, Emma	10 Londonderry	J14-01.00	NWI	1
	14-01(NWI) 11-01(NWI) FOUL			

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls Long Jump**

17 Rudy, Olivia	11 Alvirne	13-11.50	NWI	1
13-10(NWI) 13-07.50(NWI) 13-11.50(NWI)				
18 Toenah, Chelsea	9 Concord	13-10.00	NWI	1
13-07(NWI) 13-10(NWI) FOUL				
19 Coppi, Isabella	12 Alvirne	13-07.50	NWI	1
13-07.50(NWI) 13-03.50(NWI) FOUL				
20 Sipora, Nancy	9 Manchester Central	13-04.00	NWI	1
FOUL 12-11(NWI) 13-04(NWI)				
21 Putney, Anna	12 Bedford	13-03.00	NWI	2
11-10(NWI) 13-03(NWI) 13-00(NWI)				
22 Garrow, Madison	9 Lebanon	13-00.50	NWI	1
13-00.50(NWI) 12-07(NWI) FOUL				

Girls Triple Jump

Name	Year	School	Finals	Wind	H#
1 Best, Alexis	11	Merrimack	37-02.25	NWI	2
36-11(NWI) 37-02.25(NWI) FOUL 35-10(NWI) FOUL			37-02.25(NWI)		
2 Goulas, Ella	10	Concord	35-09.25	NWI	2
34-09.75(NWI) 35-05.50(NWI) 34-04.75(NWI) 33-08.50(NWI) 35-02.75(NWI) 35-09.25(NWI)					
3 Braswell, Iyana	12	Nashua South	34-09.50	NWI	2
32-07.25(NWI) 32-01.75(NWI) 32-00(NWI) 33-01(NWI) 34-06.25(NWI) 34-09.50(NWI)					
4 Dillon, Kailey	12	Merrimack	33-11.50	NWI	2
32-05(NWI) 33-04.75(NWI) 33-10(NWI) 33-11.50(NWI) 33-02.75(NWI) 31-05(NWI)					
5 Farrell, Lilly	11	Merrimack	33-04.00	NWI	2
32-11.50(NWI) 33-04(NWI) 32-05.50(NWI) 32-07.50(NWI) 32-10.75(NWI) 33-01(NWI)					
6 Mikelson, Kelley	11	Concord	33-00.25	NWI	2
30-10.75(NWI) 33-00.25(NWI) 32-10.75(NWI) FOUL 32-04.25(NWI) FOUL					
7 Robinson, Amanda	11	Londonderry	32-08.50	NWI	2
FOUL 31-04.75(NWI) 31-02.75(NWI) 31-02.50(NWI) 32-08.50(NWI) FOUL					
8 Crowder, Grace	12	Bedford	32-03.25	NWI	2
FOUL 32-03.25(NWI) FOUL FOUL FOUL FOUL					
9 Saysaw, Grace	9	Concord	31-06.50	NWI	2
31-06.50(NWI) 28-05.50(NWI) FOUL FOUL FOUL FOUL					
10 Frye, Sarah	9	Nashua North	31-01.50	NWI	2
30-08.50(NWI) FOUL 30-07.75(NWI) 30-01.50(NWI) 31-01.50(NWI) FOUL					
11 Chavarin, Alejandra	10	Nashua South	30-11.00	NWI	1
30-05(NWI) 30-08.75(NWI) 30-11(NWI)					
12 Kutschke, Calla	12	Nashua North	30-05.50	NWI	1
28-06.50(NWI) 28-04(NWI) 30-05.50(NWI)					
13 Gregoire, Linsey	10	Londonderry	30-03.50	NWI	1
30-03.50(NWI) FOUL 24-10(NWI)					
14 George, Samantha	11	Windham	30-02.50	NWI	1
29-00(NWI) 30-02.50(NWI) 30-02.25(NWI)					
15 Nelson, Pearl	9	Nashua South	30-01.00	NWI	1
28-00.75(NWI) 28-09.25(NWI) 30-01(NWI)					
16 Rodriguez, Hannah	10	Manchester Memorial	29-03.50	NWI	2
FOUL 28-00.75(NWI) 29-03.50(NWI)					
17 Amadi, Lisa	9	Alvirne	28-11.00	NWI	1
28-11(NWI) 27-11.25(NWI) 28-03.25(NWI)					
18 Uviedo, Janelis	11	Nashua South	28-08.75	NWI	1
27-08.50(NWI) 28-08.75(NWI) FOUL					
19 Dodds, Sarah	9	Merrimack	J28-07.00	NWI	1
28-07(NWI) 27-11.50(NWI) 28-02.50(NWI)					

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls Triple Jump**

20	Wimmer, Dani	9 Alvirne	J28-07.00	NWI	1
	28-05(NWI) 27-10(NWI) 28-07(NWI)				
21	Garrow, Madison	9 Lebanon	28-06.00	NWI	2
	27-01(NWI) 26-01.50(NWI) 28-06(NWI)				
22	Ivos, Collette	9 Alvirne	28-05.50	NWI	1
	27-06.50(NWI) 28-05.50(NWI) 27-06(NWI)				
--	Coppi, Isabella	12 Alvirne	FOUL		1
	FOUL FOUL FOUL				

Girls Shot Put

Name	Year	School	Finals	H#
1 Novak, Madelyn	12	Nashua North	33-01.25	2
		32-06.50 FOUL 33-01.25 32-00.50 30-02 32-01.50		
2 Ahlers, Abigail	12	Salem	32-01.25	2
		31-06.75 30-07 32-01.25 30-05.75 31-04 30-04.50		
3 Getchell, Mia	11	Merrimack	31-09.00	2
		29-01 29-07.25 28-07 FOUL 30-10 31-09		
4 Woods, Lillia	12	Pinkerton	31-03.75	2
		31-03 29-04.25 30-11.75 30-09.25 30-06.50 31-03.75		
5 Wright, Kelly	10	Windham	30-00.50	1
		28-03.25 25-07 28-01.75 28-07.50 29-00.50 30-00.50		
6 Kemp, Carolyn	9	Bedford	29-05.00	2
		28-06.50 28-11 29-05 27-02 27-05 27-06		
7 Haggett, Autumn	10	Pinkerton	28-05.25	2
		25-11.25 28-05.25 27-01.50 26-04.50 FOUL 25-07.50		
8 Cruz, Chloe	10	Nashua South	28-04.00	1
		26-11.25 27-06 28-04 25-09 26-05 26-08.25		
9 Avalo, Aaliyah	11	Bedford	28-01.50	2
		28-01.50 23-10.50 23-03.75		
10 Gautieri, Nora	10	Nashua South	28-00.50	2
		26-11.25 26-02.75 28-00.50		
11 Leak, Victoria	12	Merrimack Valley	27-10.00	2
		27-10 27-09.50 26-05.75		
12 Yazbek, Autumn	9	Londonderry	27-05.25	1
		25-11 27-05.25 25-11		
13 Terrenzio, Juliana	10	Pinkerton	27-05.00	1
		26-05.75 27-05 26-07.75		
14 Mwanza, Tatiana	12	Nashua North	27-01.25	1
		27-01.25 25-11 25-07.75		
15 Fong, Ella	11	Merrimack	26-01.00	1
		22-07 26-01 FOUL		
16 Trask, Jameson	10	Pinkerton	25-09.50	2
		FOUL FOUL 25-09.50		
17 Cardin, Grace	12	Nashua North	25-05.25	1
		25-04.75 25-05.25 25-02.50		
18 Fulton, Lila	11	Bedford	25-03.75	1
		25-03.75 22-10.75 25-01.75		
19 Bamford, Elisabeth	10	Salem	25-03.25	1
		25-03.25 24-02.50 25-01.50		
20 Anderson, Lilly	10	Merrimack	25-02.75	1
		24-08.75 25-02.75 23-11		
21 Abbis, Marissa	11	Nashua South	24-09.25	2
		23-07 24-09.25 22-11.50		

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****....Girls Shot Put**

22 Bah, abby	11 Manchester Memorial	24-08.25	1
24-02 24-08.25 23-06.50			
23 Zink, Kloey	10 Alvirne	24-02.00	1
24-02 22-11.75 21-11.50			

Girls Discus Throw

Name	Year	School	Finals	H#
1 Novak, Madelyn	12	Nashua North	114-03	2
107-04 96-06 104-01 113-01 110-04 114-03				
2 Trask, Jameson	10	Pinkerton	100-10	2
93-02 94-06 96-04 96-01 98-05 100-10				
3 Leak, Victoria	12	Merrimack Valley	97-06	2
FOUL 93-11 97-06 84-01 90-02 95-11				
4 Kemp, Carolyn	9	Bedford	91-11	2
80-08 77-01 85-03 91-11 83-00 FOUL				
5 Cruz, Chloe	10	Nashua South	88-01	2
88-01 79-09 78-11 79-05 FOUL 82-04				
6 Woods, Lillia	12	Pinkerton	87-03	2
87-03 81-10 76-01 72-03 81-05 67-11				
7 O'Brien, Shannon	11	Goffstown	86-01	2
71-01 85-07 81-09 86-01 FOUL 77-11				
8 Wambu, Nkechi	10	Londonderry	84-00	1
FOUL 70-08 84-00 76-01 82-02 81-00				
9 Primmer, Ashereka	11	Souhegan	82-02	2
FOUL 82-02 FOUL				
10 Avalo, Aaliyah	11	Bedford	81-02	2
79-01 78-11 81-02				
11 Gautieri, Nora	10	Nashua South	81-01	1
76-09 76-01 81-01				
12 Franks, Kayla	12	Pinkerton	78-07	1
74-09 75-04 78-07				
13 Chandrasekaran, Charvi	11	Merrimack	77-08	2
76-07 77-08 FOUL				
14 Bah, abby	11	Manchester Memorial	76-07	2
68-08 69-07 76-07				
15 Yazbek, Autumn	9	Londonderry	76-02	1
76-02 71-05 FOUL				
16 Anderson, Lilly	10	Merrimack	74-05	2
74-05 69-09 FOUL				
17 Niroula, Aavarika	11	Lebanon	73-03	1
71-05 73-03 FOUL				
18 Kelly, Caroline	9	Nashua South	73-02	1
63-09 73-02 70-00				
19 Fong, Ella	11	Merrimack	70-03	1
53-07 FOUL 70-03				
20 Getchell, Mia	11	Merrimack	65-08	1
57-08 65-08 FOUL				
21 Johnson, Brynn	9	Windham	62-11	1
61-03 62-11 62-01				
22 Zink, Kloey	10	Alvirne	62-08	1
FOUL 57-00 62-08				
23 Fulton, Lila	11	Bedford	55-09	1
FOUL 55-09 45-10				

2023 R.E.A.L. Londonderry Invitational - 5/20/2023**Londonderry High School****Results****Girls Javelin Throw**

Name	Year	School	Finals	H#
1 Novak, Madelyn	12	Nashua North	118-11	2
118-11 110-07 110-02 108-01 103-11 117-01				
2 Franks, Kayla	12	Pinkerton	105-04	2
95-01 93-06 104-04 104-11 105-04 FOUL				
3 Wright, Kelly	10	Windham	105-01	2
83-05 105-01 97-02 79-03 98-04 96-04				
4 Leak, Victoria	12	Merrimack Valley	102-06	2
93-07 86-05 90-03 102-06 92-05 99-00				
5 Gilroy, Chloe	12	Manchester Central	97-03	2
97-03 76-10 89-04 69-00 86-06 95-00				
6 Fong, Ella	11	Merrimack	96-07	2
75-03 94-08 90-08 96-07 81-11 85-06				
7 Croteau, Mary	11	Londonderry	95-05	2
95-05 89-04 FOUL 87-06 87-06 77-03				
8 Kemp, Carolyn	9	Bedford	88-04	2
77-00 87-07 88-04 64-08 72-10 83-10				
9 Haggett, Lilly	11	Londonderry	85-08	1
54-11 70-10 85-08				
10 Gautieri, Nora	10	Nashua South	84-05	2
80-01 75-08 84-05				
11 Primmer, Ashereka	11	Souhegan	79-07	1
79-07 73-08 75-01				
12 Root, Makayla	10	Concord	79-00	2
74-06 79-00 78-00				
13 Cardin, Grace	12	Nashua North	77-11	1
77-11 FOUL FOUL				
14 Barba, Mia	12	Bishop Guertin	77-10	2
72-04 77-10 73-01				
15 Page, Avah	11	Manchester Memorial	77-05	1
69-10 77-05 73-04				
16 O'Brien, Shannon	11	Goffstown	76-02	2
76-02 72-05 73-11				
17 Metaxotos, Faith	11	Merrimack	73-04	1
59-10 73-04 71-03				
18 Viens, Robyn	11	Goffstown	71-10	1
71-06 57-01 71-10				
19 Lane, Nydia	12	Concord	71-08	1
58-01 71-08 71-01				
20 Trask, Jameson	10	Pinkerton	69-07	1
64-01 64-10 69-07				
21 Melkonian, Emily	12	Lebanon	67-02	1
67-02 FOUL 66-01				
22 Abbis, Marissa	11	Nashua South	65-11	1
65-11 65-01 60-03				
23 Boncore, Jillian	9	Alvirne	59-04	1
52-07 59-04 57-01				