

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****Women 100 M Dash**

Name	Year School	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Labrie, MacKenzie	Plymouth State	12.58Q	2.1	2
2 Young, Janiah	Southern Maine	12.68Q	-0.2	1
3 Czarnecki, Madison	Assumption	12.95Q	2.3	3
4 Clark, Madison	Nichols	12.84q	2.1	2
5 Rippstein, Alexandra	Assumption	12.98q	2.3	3
6 Sinclair, Hope	Snhu	13.01q	-0.2	1
7 Garcia-Baez, Chelsea	Assumption	13.04q	2.1	2
8 Hirschfeld, Jaimee	Assumption	13.10q	-0.2	1
9 Kollar, Emily	Unattached	13.20q	-0.2	1
10 McDonough, Rylie	Assumption	13.31	2.1	2
11 Hanson, Cassidy	Plymouth State	13.38	2.3	3
12 McGurl, Colleen	Snhu	13.48	2.1	2
13 Romero, Rachel	St. Anselm	13.51	2.3	3
14 Dion, Kieya	St. Anselm	13.53	-0.2	1
15 Fornasier, Madison	Southern Maine	13.62	2.3	3
16 Betty, Mackenzie	Southern Maine	13.68	-0.2	1
17 Martin, Meredith	St. Anselm	13.73	2.3	3
18 Gizzi, Jade	Plymouth State	14.03	-0.2	1
19 Casa, Montana	Plymouth State	14.11	-0.2	1
20 Young, Shaniya	Umass Boston	14.26	2.1	2
21 Armstrong, Morgan	St. Anselm	15.47	2.1	2
22 sartwell, Delaney	Umass Boston	15.50	2.3	3
23 Albano, Alessandra	Umass Boston	15.79	-0.2	1
24 Jean- Louis, Cayla	Umass Boston	16.91	2.3	3

**Women 100 M Dash**

Name	Year School	Finals	Wind
<b>Finals</b>			
1 Young, Janiah	Southern Maine	12.48	1.6
2 Labrie, MacKenzie	Plymouth State	12.50	1.6
3 Sinclair, Hope	Snhu	12.71	1.6
4 Czarnecki, Madison	Assumption	12.86	1.6
5 Clark, Madison	Nichols	12.95	1.6
6 Rippstein, Alexandra	Assumption	13.02	1.6
7 Garcia-Baez, Chelsea	Assumption	13.06	1.6
8 Kollar, Emily	Unattached	13.20	1.6

**Women 200 M Dash**

Name	Year School	Finals	Wind	H#
1 Gravell, Ava	Snhu	25.78	1.0	5
2 Young, Janiah	Southern Maine	26.06	1.0	5
3 Strmiska, Audrey	Assumption	26.25	3.4	4
4 Cady, Rebecca	St. Anselm	26.71	1.0	5
5 Sinclair, Hope	Snhu	26.77	3.4	4
6 Czarnecki, Madison	Assumption	26.80	3.4	4
7 Hirschfeld, Jaimee	Assumption	26.82	1.0	5
8 Lopez, Camille	Assumption	26.96	1.0	5
9 Labrie, MacKenzie	Plymouth State	27.12	3.4	4

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 200 M Dash**

10	Conley, Heaven	Southern Maine	27.15	1.0	5
11	Noonan, Emma	Southern Maine	27.21	1.0	5
12	Rippstein, Alexandra	Assumption	27.41	1.0	5
13	Offley, McKenzie	Assumption	27.52	3.4	4
14	Thompson, Morgan	Plattsburgh St.	27.63	3.4	4
15	Garcia-Baez, Chelsea	Assumption	27.66	3.4	4
16	Kollar, Emily	Unattached	27.79	0.9	1
17	Fornasier, Madison	Southern Maine	27.94	2.1	3
18	Hanson, Cassidy	Plymouth State	28.02	3.4	4
19	Karantza, Alexis	Southern Maine	28.03	2.1	3
20	Zoch, Deanna	Plattsburgh St.	28.05	2.1	3
21	Betty, Mackenzie	Southern Maine	28.58	2.1	3
22	Rooney, Caitlyn	Assumption	28.76	2.1	3
23	Edmonds, Amelia	Snhu	28.99	1.0	2
24	McGurl, Colleen	Snhu	29.06	2.1	3
25	Romero, Rachel	St. Anselm	29.15	1.0	2
26	Seabury, Mary	Nichols	29.41	1.0	2
27	Gizzi, Jade	Plymouth State	29.46	2.1	3
28	Martin, Meredith	St. Anselm	29.53	1.0	2
29	Poole, Sophia	Southern Maine	29.84	2.1	3
30	Casa, Montana	Plymouth State	29.92	1.0	2
31	Hurley, Alexa	Keene State	30.19	1.0	2
32	Condon, Jenna	Nichols	31.26	0.9	1
33	Velie, Jordan	Plymouth State	31.43	0.9	1
34	Hoag, Alana	Plymouth State	31.65	0.9	1
35	Joslin, Abigail	Keene State	31.73	0.9	1

**Women 400 M Run**

Name	Year	School	Finals	H#
1	Gravell, Ava	Snhu	58.05	2
2	Cady, Rebecca	St. Anselm	1:00.34	1
3	Kane, Cassandra	Southern Maine	1:03.85	1
4	Poole, Sophia	Southern Maine	1:07.25	2
5	Codner, Caroline	St. Anselm	1:08.04	2
6	Melanson, Anabel	Southern Maine	1:11.85	2
7	Lamontagne, Victoria	Plymouth State	1:14.03	1

**Women 800 M Run**

Name	Year	School	Finals	H#
1	McDonough, Aislyn	Plattsburgh St.	2:21.93	3
	1:11.236 (1:11.236)	2:21.922 (1:10.686)		
2	Bradbury, Hannah	Snhu	2:23.89	3
	1:11.232 (1:11.232)	2:23.889 (1:12.657)		
3	Wiersma, Anne	Snhu	2:25.27	3
	1:12.800 (1:12.800)	2:25.270 (1:12.470)		
4	Limberger, AnnMarie	Southern Maine	2:31.57	3
	1:14.153 (1:14.153)	2:31.569 (1:17.416)		
5	Couto, Aurora	Keene State	2:33.96	3
	1:14.726 (1:14.726)	2:33.956 (1:19.230)		
6	Colvin, Marissa	Plattsburgh St.	2:34.72	1
	1:16.353 (1:16.353)	2:34.718 (1:18.365)		

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 800 M Run**

7	Ames, Sarah	Keene State	2:36.90	3
	1:16.302 (1:16.302)	2:36.892 (1:20.590)		
8	DiRisi, Vanessa	Southern Maine	2:38.17	3
	1:15.703 (1:15.703)	2:38.164 (1:22.461)		
9	Davenport, Whitney	Southern Maine	2:38.20	1
	1:17.767 (1:17.767)	2:38.199 (1:20.432)		
10	Philbrook, Emily	Plymouth State	2:38.85	1
	1:16.698 (1:16.698)	2:38.850 (1:22.152)		
11	Marcolini, Lexi	Plymouth State	2:39.01	2
	1:19.934 (1:19.934)	2:39.005 (1:19.071)		
12	Hurley, Abbey	Plymouth State	2:40.62	2
	1:20.710 (1:20.710)	2:40.617 (1:19.907)		
13	Villareal, Gracie	Plymouth State	2:41.76	2
	1:20.125 (1:20.125)	2:41.758 (1:21.633)		
14	Castro, Natalia	Plattsburgh St.	2:42.14	1
	1:19.021 (1:19.021)	2:42.136 (1:23.115)		
15	Valez, Elia	Umass Boston	2:42.27	2
	1:18.724 (1:18.724)	2:42.261 (1:23.538)		
16	Taylor, Samantha	Keene State	2:42.92	1
	1:20.700 (1:20.700)	2:42.915 (1:22.215)		
17	Yialiades, Juliana	Keene State	2:45.42	2
	1:20.383 (1:20.383)	2:45.414 (1:25.031)		
18	Boone, Erika	Plymouth State	2:46.84	2
	1:20.719 (1:20.719)	2:46.839 (1:26.120)		
19	Anderson-Salo, Jia	Snhu	2:51.16	2
	1:24.250 (1:24.250)	2:51.154 (1:26.904)		
20	Costa, Isabel	Plymouth State	2:52.92	1
	1:25.088 (1:25.088)	2:52.918 (1:27.830)		
21	Monoxelos, Niki	Plymouth State	2:56.82	1
	1:27.645 (1:27.645)	2:56.818 (1:29.174)		
22	Boisvert, Autumn	Keene State	2:57.12	2
	1:24.587 (1:24.587)	2:57.118 (1:32.531)		
23	Fernald, Amber	Plymouth State	2:59.89	1
	1:28.256 (1:28.256)	2:59.881 (1:31.625)		
24	Gregorio, Kelsey	Franklin Pierce	3:04.76	1
	1:30.237 (1:30.237)	3:04.755 (1:34.518)		

**Women 1 Mile Run**

Name	Year	School	Finals	H#
1 O'Rourke, Kaitlyn		Snhu	5:17.06	2
	1:15.691 (1:15.691)	2:35.322 (1:19.631)	3:57.947 (1:22.625)	5:17.052 (1:19.105)
2 Seamans, Kelsey		Snhu	5:20.01	2
	1:18.435 (1:18.435)	2:39.484 (1:21.050)	4:02.818 (1:23.335)	5:20.006 (1:17.188)
3 Mosca, Olivia		Southern Maine	5:23.15	2
	1:17.312 (1:17.312)	2:37.794 (1:20.483)	4:01.265 (1:23.471)	5:23.147 (1:21.882)
4 Zarakotas, Sarah		Snhu	5:37.22	2
	1:22.313 (1:22.313)	2:47.348 (1:25.035)	4:14.307 (1:26.960)	5:37.213 (1:22.907)
5 Philbrook, Emily		Plymouth State	5:45.00	2
	1:21.288 (1:21.288)	2:46.884 (1:25.597)	4:14.896 (1:28.012)	5:44.999 (1:30.104)
6 Hynes, Kathryn		St. Anselm	5:50.57	2
	1:22.331 (1:22.331)	2:50.841 (1:28.510)	4:25.286 (1:34.445)	5:50.569 (1:25.284)
7 Melanson, Anabel		Southern Maine	5:52.68	1
	1:25.935 (1:25.935)	2:53.110 (1:27.176)	4:24.234 (1:31.124)	5:52.676 (1:28.443)

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 1 Mile Run**

8	Perley, Grace	St. Anselm	5:57.71	2			
	1:22.976 (1:22.976)	2:53.316 (1:30.340)	4:28.883 (1:35.567)	5:57.707 (1:28.825)			
9	Anderson-Salo, Jia	Snhu	6:03.17	1			
	1:27.376 (1:27.376)	2:58.419 (1:31.043)	4:33.975 (1:35.557)	6:03.167 (1:29.192)			
10	Perry, Alana	Keene State	6:07.59	2			
	1:21.598 (1:21.598)	2:50.493 (1:28.896)	4:28.338 (1:37.845)	6:07.583 (1:39.246)			
11	Pitman, Rose	Unattached	6:10.54	1			
	1:27.143 (1:27.143)	2:57.778 (1:30.635)	4:32.147 (1:34.370)	6:10.538 (1:38.391)			
12	Cody, Isabelle	St. Anselm	6:22.10	1			
	1:29.588 (1:29.588)	3:05.939 (1:36.351)	4:45.440 (1:39.501)	6:22.096 (1:36.657)			
13	O'Connell, Sarah	Keene State	6:25.43	1			
	1:29.909 (1:29.909)	3:06.178 (1:36.270)	4:45.652 (1:39.475)	6:25.424 (1:39.772)			
14	Finn, Jill	Assumption	6:27.86	1			
	1:30.464 (1:30.464)	3:05.645 (1:35.182)	4:46.401 (1:40.756)	6:27.854 (1:41.453)			
15	Fleury, Kailyn	Keene State	6:51.31	1			
	1:34.930 (1:34.930)	3:14.404 (1:39.475)	5:01.080 (1:46.676)	6:51.310 (1:50.231)			
16	Freeman, Jessica	Assumption	7:08.22	1			
	1:36.982 (1:36.982)	3:24.574 (1:47.592)	5:15.736 (1:51.163)	7:08.214 (1:52.478)			
17	Duggan, Emma	Plymouth State	7:20.09	1			
	1:46.368 (1:46.368)	3:36.911 (1:50.544)	5:28.029 (1:51.118)	7:20.089 (1:52.060)			
18	French, Melanie	Keene State	7:46.10	1			
	1:47.951 (1:47.951)	3:47.110 (1:59.159)	5:49.780 (2:02.670)	7:46.093 (1:56.314)			

**Women 5000 M Run**

Name	Year	School	Finals				
1	Provencher, Marin	St. Anselm	19:04.41				
	40.168 (40.168)	2:10.114 (1:29.946)	3:38.866 (1:28.752)	5:08.829 (1:29.964)			
	6:38.753 (1:29.925)	8:10.000 (1:31.247)	9:41.405 (1:31.405)	11:14.872 (1:33.468)			
	12:50.147 (1:35.275)	14:23.413 (1:33.266)	16:00.796 (1:37.384)	17:35.756 (1:34.960)			
	19:04.403 (1:28.648)						
2	Obernesser, Corrina	Snhu	19:26.82				
	40.624 (40.624)	2:12.708 (1:32.085)	3:45.205 (1:32.497)	5:17.353 (1:32.149)			
	6:48.374 (1:31.021)	8:20.850 (1:32.476)	9:54.618 (1:33.769)	11:30.536 (1:35.919)			
	13:06.138 (1:35.602)	14:43.452 (1:37.315)	16:21.793 (1:38.341)	17:58.826 (1:37.034)			
	19:26.811 (1:27.985)						
3	O'Donnell, Ava	St. Anselm	19:50.47				
	42.846 (42.846)	2:15.529 (1:32.683)	3:49.424 (1:33.895)	5:24.802 (1:35.379)			
	6:57.939 (1:33.137)	8:33.171 (1:35.232)	10:09.656 (1:36.485)	11:47.515 (1:37.860)			
	13:26.565 (1:39.050)	15:04.632 (1:38.068)	16:43.054 (1:38.422)	18:19.064 (1:36.010)			
	19:50.466 (1:31.402)						
4	Smith, Sarah	Plattsburgh St.	20:04.38				
	43.020 (43.020)	2:16.369 (1:33.350)	3:50.003 (1:33.635)	5:25.259 (1:35.256)			
	7:01.511 (1:36.253)	8:38.581 (1:37.070)	10:18.276 (1:39.695)	11:58.717 (1:40.441)			
	13:37.636 (1:38.920)	15:19.562 (1:41.926)	17:00.584 (1:41.022)	18:37.745 (1:37.161)			
	20:04.372 (1:26.628)						
5	Grzybinski, Courtney	St. Anselm	20:08.92				
	43.185 (43.185)	2:15.951 (1:32.767)	3:49.678 (1:33.727)	5:25.005 (1:35.327)			
	6:59.381 (1:34.376)	8:35.248 (1:35.868)	10:13.119 (1:37.871)	11:52.482 (1:39.364)			
	13:33.606 (1:41.124)	15:14.754 (1:41.149)	16:57.772 (1:43.019)	18:38.193 (1:40.421)			
	20:08.916 (1:30.723)						

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 5000 M Run**

6	Charest, Emily	Snhu	20:13.47				
	44.058 (44.058)	2:18.044 (1:33.986)	3:55.504 (1:37.460)	5:32.396 (1:36.892)			
	7:10.641 (1:38.246)	8:49.436 (1:38.795)	10:26.116 (1:36.680)	12:04.560 (1:38.445)			
	13:42.708 (1:38.149)	15:20.694 (1:37.986)	16:59.880 (1:39.186)	18:39.568 (1:39.689)			
	20:13.466 (1:33.898)						
7	Depolito, Lucy	Southern Maine	20:40.21				
	44.892 (44.892)	2:22.635 (1:37.743)	4:02.201 (1:39.566)	5:42.419 (1:40.219)			
	7:26.095 (1:43.676)	9:09.358 (1:43.264)	10:49.094 (1:39.736)	12:30.609 (1:41.515)			
	14:12.421 (1:41.812)	15:54.858 (1:42.438)	17:36.096 (1:41.238)	19:15.825 (1:39.730)			
	20:40.210 (1:24.385)						
8	Colon, Grace	Umass Boston	20:46.08				
	42.630 (42.630)	2:15.720 (1:33.090)	3:49.801 (1:34.082)	5:24.776 (1:34.975)			
	7:02.734 (1:37.958)	8:44.056 (1:41.322)	10:27.292 (1:43.237)	12:12.431 (1:45.140)			
	13:57.276 (1:44.845)	15:39.326 (1:42.050)	17:24.932 (1:45.607)	19:08.083 (1:43.151)			
	20:46.076 (1:37.993)						
9	O'Connell, Lauren	St. Anselm	20:52.29				
	43.559 (43.559)	2:17.760 (1:34.201)	3:54.330 (1:36.570)	5:31.635 (1:37.305)			
	7:10.045 (1:38.410)	8:49.290 (1:39.245)	10:26.444 (1:37.155)	12:09.517 (1:43.074)			
	13:54.396 (1:44.879)	15:39.793 (1:45.398)	17:27.306 (1:47.514)	19:12.100 (1:44.794)			
	20:52.285 (1:40.185)						
10	Morris, Cara	St. Anselm	21:09.20				
	43.696 (43.696)	2:17.346 (1:33.650)	3:50.833 (1:33.487)	5:25.332 (1:34.500)			
	7:02.482 (1:37.150)	8:43.642 (1:41.160)	10:25.970 (1:42.328)	12:08.568 (1:42.599)			
	13:55.629 (1:47.061)	15:44.056 (1:48.427)	17:34.958 (1:50.903)	19:23.813 (1:48.855)			
	21:09.196 (1:45.384)						
11	Seibold, Catherine	St. Anselm	21:24.46				
	45.146 (45.146)	2:18.770 (1:33.624)	3:57.588 (1:38.819)	5:39.263 (1:41.675)			
	7:22.133 (1:42.870)	9:06.294 (1:44.161)	10:52.570 (1:46.276)	12:38.980 (1:46.410)			
	14:26.654 (1:47.675)	16:14.977 (1:48.324)	18:03.588 (1:48.611)	19:47.955 (1:44.367)			
	21:24.456 (1:36.501)						
12	Baillargeon, Jasmin	Franklin Pierce	21:39.86				
	44.726 (44.726)	2:21.166 (1:36.441)	4:02.069 (1:40.903)	5:43.601 (1:41.533)			
	7:28.870 (1:45.269)	9:15.807 (1:46.938)	11:03.270 (1:47.463)	12:49.213 (1:45.944)			
	14:35.796 (1:46.583)	16:26.854 (1:51.059)	18:16.565 (1:49.711)	20:05.045 (1:48.480)			
	21:39.857 (1:34.813)						
13	Christian, Sara	Keene State	21:57.72				
	45.216 (45.216)	2:21.869 (1:36.653)	3:58.855 (1:36.986)	5:39.721 (1:40.866)			
	7:23.209 (1:43.489)	9:10.085 (1:46.876)	10:58.051 (1:47.966)	12:47.264 (1:49.214)			
	14:37.098 (1:49.835)	16:29.189 (1:52.091)	18:21.828 (1:52.640)	20:13.916 (1:52.088)			
	21:57.718 (1:43.803)						
--	Zarakotas, Sarah	Snhu	DNF				
	43.954 (43.954)	2:17.940 (1:33.986)	3:55.306 (1:37.366)	5:32.251 (1:36.946)			
	7:10.357 (1:38.106)	8:49.126 (1:38.770)	10:25.964 (1:36.838)	12:04.303 (1:38.340)			
	13:42.509 (1:38.206)	15:20.296 (1:37.787)	16:58.790 (1:38.495)	18:38.972 (1:40.183)			
--	Seamans, Kelsey	Snhu	DNF				
	40.581 (40.581)	2:12.611 (1:32.030)	3:45.105 (1:32.495)	5:17.262 (1:32.158)			
	6:48.312 (1:31.050)	8:20.631 (1:32.319)	9:53.845 (1:33.215)	11:29.833 (1:35.989)			
	13:05.721 (1:35.888)	14:41.753 (1:36.033)	16:20.565 (1:38.812)	17:58.641 (1:38.076)			

**Women 100 M Hurdles**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1		Hallet, Emma	Snhu	15.62Q	2.3 2

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2	Garceau, Aryianna	Umass Boston	15.71Q	1.4	1
3	Khadijah, Mikayla	Plattsburgh St.	17.10Q	2.3	2
4	Kulick, Jennifer	Franklin Pierce	17.46Q	1.4	1
5	LeDuc, Marissa	Plattsburgh St.	17.12q	2.3	2
6	Rooney, Caitlyn	Assumption	17.71q	1.4	1
7	Jones, Elizabeth	Franklin Pierce	18.19q	2.3	2
8	Hoag, Alana	Plymouth State	18.34q	2.3	2
9	Velie, Jordan	Plymouth State	18.41q	2.3	2
10	Smardon, Rajchel	Nichols	18.57	1.4	1
11	Moynihan, Megan	Plymouth State	18.58	1.4	1
12	sartwell, Delaney	Umass Boston	20.20	1.4	1

**Women 100 M Hurdles**

Name	Year School	Finals	Wind
Finals			
1	Garceau, Aryianna	Umass Boston	15.65 -1.2
2	Hallet, Emma	Snhu	15.87 -1.2
3	Khadijah, Mikayla	Plattsburgh St.	17.59 -1.2
4	LeDuc, Marissa	Plattsburgh St.	17.67 -1.2
5	Kulick, Jennifer	Franklin Pierce	17.80 -1.2
6	Rooney, Caitlyn	Assumption	17.85 -1.2
7	Hoag, Alana	Plymouth State	18.34 -1.2
8	Velie, Jordan	Plymouth State	18.87 -1.2

**Women 400 M Hurdles**

Name	Year School	Finals	H#
1	Reny, Anna	Southern Maine	1:02.97 2
2	McInerney, Maggie	Snhu	1:04.22 2
3	Simpson, Alyson	Assumption	1:09.86 2
4	Kulick, Jennifer	Franklin Pierce	1:10.76 1
5	Famiglietti, Kate	Assumption	1:12.93 2
6	Hailey, Bridget	Assumption	1:13.58 2
7	Cutter, Emma	Franklin Pierce	1:15.93 1
8	Moynihan, Megan	Plymouth State	1:19.06 1
9	Peterson, Katie	Franklin Pierce	1:23.69 1

**Women 3000 M Steeplechase**

Name	Year School	Finals
1	Corcoran, Ashley	10:21.74
	41.506 (41.506)	2:00.333 (1:18.827) 3:22.454 (1:22.121) 4:44.556 (1:22.103)
	6:08.768 (1:24.212)	7:33.897 (1:25.130) 8:59.031 (1:25.134) 10:21.736 (1:22.706)
2	McDermott, Riley	12:08.00
	47.832 (47.832)	2:20.419 (1:32.587) 3:56.334 (1:35.915) 5:34.260 (1:37.926)
	7:12.484 (1:38.225)	8:53.736 (1:41.252) 10:35.033 (1:41.298) 12:07.994 (1:32.961)
3	Van Houten, Victoria	12:24.41
	48.348 (48.348)	2:22.018 (1:33.670) 3:58.157 (1:36.140) 5:36.081 (1:37.924)
	7:17.366 (1:41.286)	9:01.461 (1:44.095) 10:44.996 (1:43.536) 12:24.409 (1:39.413)

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 3000 M Steeplechase**

4 Earner, Jacqueline	Umass Boston	12:55.52			
46.207 (46.207)	2:23.281 (1:37.074)	4:05.395 (1:42.115)	5:50.459 (1:45.065)		
7:37.245 (1:46.786)	9:24.418 (1:47.174)	11:14.532 (1:50.115)	12:55.518 (1:40.986)		
5 Cambell, Sarah	Umass Boston	14:39.98			
50.856 (50.856)	2:41.195 (1:50.340)	4:34.371 (1:53.177)	6:33.741 (1:59.370)		
8:34.463 (2:00.723)	10:36.106 (2:01.643)	12:38.923 (2:02.818)	14:39.973 (2:01.050)		
6 Medina, Meredith	Assumption	14:43.37			
51.409 (51.409)	2:39.222 (1:47.814)	4:35.071 (1:55.849)	6:35.498 (2:00.428)		
8:39.882 (2:04.385)	10:44.951 (2:05.069)	12:47.139 (2:02.189)	14:43.361 (1:56.222)		
7 Green, Rachel	Umass Boston	15:47.37			
55.326 (55.326)	2:51.857 (1:56.531)	4:53.003 (2:01.146)	6:59.493 (2:06.490)		
9:11.359 (2:11.866)	11:26.339 (2:14.980)	13:40.299 (2:13.960)	15:47.361 (2:07.062)		
8 Schell, Abigail	Umass Boston	17:05.88			
55.946 (55.946)	2:57.318 (2:01.373)	5:07.676 (2:10.358)	7:30.734 (2:23.059)		
9:57.271 (2:26.537)	12:27.560 (2:30.290)	14:55.338 (2:27.779)	17:05.878 (2:10.540)		

**Women 4x100 M Relay**

School	Finals
1 Snhu 'A'	48.46
1) Sinclair, Hope	2) Gravell, Ava
3) Hallet, Emma	4) McInerney, Maggie
2 St. Anselm 'A'	51.79
1) Romero, Rachel	2) Dion, Kieya
3) Martin, Meredith	4) Cady, Rebecca
3 Plattsburgh St. 'A'	52.16
1) Khadijah, Mikayla	2) Schaffer, Michaela
3) Thompson, Morgan	4) Zoch, Deanna
4 Plymouth State 'A'	52.59
1) Casa, Montana	2) Hanson, Cassidy
3) Labrie, MacKenzie	4) Moynihan, Megan
5 Nichols 'A'	55.01
1) Smardon, Rajchel	2) Noel, Emma
3) Condon, Jenna	4) Clark, Madison

**Women 4x400 M Relay**

School	Finals
1 Southern Maine 'A'	4:14.33
1) Conley, Heaven	2) Karantza, Alexis
3) Noonan, Emma	4) Reitchel, Riley
2 Snhu 'A'	4:30.67
1) Sinclair, Hope	2) McGurl, Colleen
3) Hallet, Emma	4) Edmonds, Amelia
3 Plymouth State 'A'	4:40.89
1) Boone, Erika	2) Hurley, Abbey
3) Marcolini, Lexi	4) Villareal, Gracie
4 Franklin Pierce 'A'	4:53.25
1) Missell, Saylee	2) Thompson, Alana
3) Masterson, Alena	4) Sheline, Meghan
5 Keene State 'A'	4:53.33
1) Ames, Sarah	2) Boisvert, Autumn
3) Hurley, Alexa	4) Perry, Alana

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women 4x400 M Relay**

6 Plymouth State 'B' 5:03.05  
 1) Monoxelos, Niki 2) Lamontagne, Victoria  
 3) Gizzi, Jade 4) Fernald, Amber

**Women High Jump**

Name	Year	School	Finals
1 Hallet, Emma		Snhu	1.65m
1.40 1.45 1.50 1.55 1.60 1.65 1.68			
P O O O XXO XXX			
2 Jalbert, Olivia		Southern Maine	1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
P P O XO XXO XXX			
3 McMahon, Madison		Snhu	1.55m
1.40 1.45 1.50 1.55 1.60			
P P O XO XXX			
4 Gerry, Autumn		Southern Maine	J1.50m
1.40 1.45 1.50 1.55			
O O O XXX			
5 Kelly, Amanda		Greater Bost	J1.50m
1.40 1.45 1.50 1.55			
O O XXO XXX			
6 Ahern, Julia		Plymouth State	J1.50m
1.40 1.45 1.50			
XO XXO XXO			
7 Christie, Rebecca		Plattsburgh St.	1.45m
1.40 1.45 1.50			
O O XXX			
7 St Pierre, Sarah		Assumption	1.45m
1.40 1.45 1.50			
P O XXX			
9 Irving, Theresa		Snhu	J1.45m
1.40 1.45 1.50			
O XO XXX			
10 Okorji, Dorinda		Umass Boston	J1.45m
1.40 1.45 1.50			
XO XO XXX			
11 Hurley, Alexa		Keene State	J1.45m
1.40 1.45 1.50			
XXO XO XXX			
12 Moynihan, Megan		Plymouth State	J1.40m
1.40 1.45			
O XXX			
12 Kulick, Jennifer		Franklin Pierce	J1.40m
1.40 1.45			
O XXX			
12 Luth, Mackenzie		Franklin Pierce	J1.40m
1.40 1.45			
O XXX			
12 LeDuc, Marissa		Plattsburgh St.	1.40m
1.40 1.45			
O XXX			



**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women High Jump**

12	Daly, Elizabeth	Plattsburgh St.	J1.40m
	1.40 1.45		
	O XXX		
17	O'Shea, Alexandria	Assumption	J1.40m
	1.40 1.45		
	XO XXX		
17	Strmiska, Audrey	Assumption	J1.40m
	1.40 1.45		
	XO XXX		
19	DeNegris, Meredith	Snhu	J1.40m
	1.40 1.45		
	XXO XXX		
--	Berge, Katherine	Plattsburgh St.	NH
	1.40		
	XXX		

**Women Pole Vault**

Name	Year	School	Finals
1	Slovenski, Sophia	Southern Maine	3.40m
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.40 3.60		
	P P P P P P P P XO O XXX		
2	Jones, Elizabeth	Franklin Pierce	3.05m
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20		
	P P P P O XO XO XXX		
3	Reitchel, Riley	Southern Maine	2.75m
	2.15 2.30 2.45 2.60 2.75 2.90		
	P P O O O XXX		
4	Deasy, Teresa	Franklin Pierce	2.60m
	2.15 2.30 2.45 2.60 2.75		
	P P XO O XXX		
5	Edmonds, Amelia	Snhu	J2.60m
	2.15 2.30 2.45 2.60 2.75		
	O XO XO XO XXX		
6	Stritzl, Emily	Plattsburgh St.	2.45m
	2.15 2.30 2.45 2.60		
	O O XXO XXX		
7	Jorgensen, Mackenzie	Umass Boston	2.30m
	2.15 2.30 2.45		
	O O XXX		
8	Fecteau, Sarah	Southern Maine	J2.30m
	2.15 2.30 2.45		
	XO O XXX		
9	Dallaire, Maggie	Southern Maine	2.15m
	2.15 2.30		
	O XXX		
10	Cutter, Emma	Franklin Pierce	J2.15m
	2.15 2.30		
	XXO XXX		
--	Silva, Grace	Franklin Pierce	NH
	2.15		
	XXX		

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women Pole Vault**

-- McGurl, Colleen                                Snhu    NH  
 2.15  
 XXX

**Women Long Jump**

Name	Year	School	Finals	Wind	H#
1 Johnson, Olivia		Assumption	5.39m	-1.4	2
	5.35m(+0.0)	5.39m(-1.4)	5.12m(-0.2)	5.37m(+0.0)	FOUL(-1.1) PASS
2 McMahon, Madison		Snhu	5.12m	-0.5	2
	5.12m(-0.5)	FOUL(-0.4)	FOUL(0.8)	4.87m(-0.9)	5.06m(-1.8) 4.86m(+0.0)
3 Slovinski, Sophia		Southern Maine	5.09m	-1.2	2
	4.96m(-1.3)	4.85m(-0.8)	5.09m(-1.2)	PASS	PASS PASS
4 Okorji, Dorinda		Umass Boston	5.06m	+0.0	2
	4.72m(-0.4)	4.80m(-1.1)	FOUL(+0.0)	5.04m(+0.0)	5.06m(+0.0) 4.98m(-1.9)
5 Pierce, Kelsey		Unattached	4.89m	-0.4	1
	4.89m(-0.4)	FOUL(-0.4)	4.67m(-0.3)	4.80m(-0.6)	FOUL(-1.9) 4.69m(+0.0)
6 Boucher, Ella		Southern Maine	4.83m	-0.7	2
	4.83m(-0.7)	4.79m(+0.0)	4.63m(-0.6)	4.35m(-2.0)	4.77m(-0.5) FOUL(0.1)
7 Strmiska, Audrey		Assumption	4.81m	-1.7	2
	FOUL(-0.4)	FOUL(0.4)	4.81m(-1.7)	PASS	4.69m(-1.9) FOUL(+0.0)
8 Moran, Emily		Assumption	4.80m	-1.3	2
	4.76m(-1.5)	FOUL(-1.6)	FOUL(-1.1)	4.71m(0.5)	4.11m(+0.0) 4.80m(-1.3)
9 Schaffer, Michaela		Plattsburgh St.	4.71m	-0.3	2
	4.67m(+0.0)	4.51m(-0.9)	4.52m(-3.3)	FOUL(-1.2)	FOUL(+0.0) 4.71m(-0.3)
10 Dion, Kieya		St. Anselm	4.49m	-1.0	1
	4.49m(-1.0)	4.31m(-1.3)	FOUL(-1.9)		
11 Allen, Tori		Snhu	4.48m	-0.3	2
	FOUL(-1.6)	4.48m(-0.3)	FOUL(+0.0)		
12 Berge, Katherine		Plattsburgh St.	4.45m	-1.5	1
	4.45m(-1.5)	FOUL(-1.3)	FOUL(+0.0)		
12 Smardon, Rajchel		Nichols	4.45m	-0.3	1
	4.40m(-2.0)	4.45m(-0.3)	FOUL(-1.8)		
14 Rooney, Caitlyn		Assumption	4.34m	-1.6	1
	4.25m(-0.4)	4.34m(-1.6)	4.34m(-0.4)		
15 Seabury, Mary		Nichols	4.32m	-1.3	1
	4.32m(-1.3)	FOUL(-0.5)	4.29m(-1.3)		
16 Ahern, Julia		Plymouth State	4.20m	-0.5	1
	4.20m(-0.5)	PASS	4.01m(-1.0)		
17 Armstrong, Morgan		St. Anselm	4.09m	-1.6	1
	FOUL(-1.6)	4.09m(-1.6)	FOUL(-1.7)		
18 Noel, Emma		Nichols	3.88m	+0.0	1
	FOUL(-2.1)	3.86m(-2.7)	3.88m(+0.0)		

**Women Triple Jump**

Name	Year	School	Finals	Wind	
1 Boucher, Ella		Southern Maine	10.39m	0.7	
	10.20m(+0.0)	FOUL(-0.5)	10.19m(0.1)	FOUL(-1.7)	10.07m(1.9) 10.39m(0.7)
2 Parrotti, Hailey		Assumption	10.37m	0.7	
	FOUL(-2.0)	10.26m(-1.3)	10.34m(-2.2)	FOUL(+0.0)	10.37m(0.7) FOUL(-1.5)
3 Moran, Emily		Assumption	10.32m	2.2	
	9.32m(-3.0)	FOUL(-1.3)	FOUL(-1.0)	FOUL(-1.0)	FOUL(+0.0) 10.32m(2.2)

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women Triple Jump**

4	DeNegris, Meredith	Snhu	10.27m	-1.3
	FOUL(-0.7)	10.27m(-1.3)	FOUL(-0.7)	FOUL(+0.0)
	FOUL(-0.6)	FOUL(0.9)		
5	Pierce, Kelsey	Unattached	10.07m	-0.8
	9.64m(0.6)	9.71m(-1.5)	10.07m(-0.8)	9.75m(-2.1)
	9.86m(+0.0)	FOUL(-0.8)		

**Women Shot Put**

Name	Year	School	Finals
1 Barnes, Zoe		Southern Maine	13.02m
	11.79m	12.10m	13.02m
	11.88m	12.22m	12.11m
2 Parks, Shannon		Keene State	12.75m
	FOUL	11.73m	12.02m
	12.17m	11.84m	12.75m
3 Bjelko, Kaitlyn		Plattsburgh St.	12.06m
	11.84m	11.96m	12.06m
	11.30m	11.41m	11.68m
4 Felton, Tyra		Franklin Pierce	12.05m
	11.44m	11.62m	11.46m
	12.05m	11.72m	11.68m
5 Alula, Bennie		Snhu	11.63m
	11.07m	11.63m	FOUL
	FOUL	FOUL	FOUL
6 Bibbo, Brooke		Snhu	11.33m
	10.78m	10.88m	11.33m
	11.16m	FOUL	FOUL
7 Beckford, Tatyanna		Snhu	10.74m
	10.29m	10.74m	10.68m
	10.58m	10.44m	10.37m
8 Kailey, Alexis		Southern Maine	10.56m
	9.73m	9.97m	10.56m
	9.49m	9.86m	FOUL
9 Nhun, Emily		Franklin Pierce	10.30m
	10.16m	10.30m	9.68m
	9.92m	9.58m	10.01m
10 Dajia, Katerina		Franklin Pierce	9.87m
	9.14m	9.87m	9.68m
11 McMahan, Madison		Snhu	9.82m
	9.82m	9.56m	9.71m
12 Allen, Tori		Snhu	9.65m
	9.22m	9.48m	9.65m
13 Strmiska, Audrey		Assumption	9.16m
	8.54m	9.16m	PASS
14 Moulin, Phoebe		Assumption	8.09m
	8.03m	8.09m	8.01m

**Women Discus Throw**

Name	Year	School	Finals
1 Barnes, Zoe		Southern Maine	39.84m
	FOUL	39.84m	FOUL
	FOUL	FOUL	39.11m
	FOUL		
2 Bibbo, Brooke		Snhu	36.25m
	36.25m	FOUL	33.98m
	33.39m	FOUL	FOUL
3 Dajia, Katerina		Franklin Pierce	35.53m
	34.23m	FOUL	35.53m
	30.46m	FOUL	FOUL
4 Beckford, Tatyanna		Snhu	33.88m
	30.39m	31.70m	28.45m
	33.88m	31.08m	32.16m
5 Bonato, Anna		Post	33.87m
	26.97m	28.56m	31.75m
	32.24m	33.87m	FOUL
6 Bisimwa, Naomi		Southern Maine	33.84m
	30.89m	33.84m	32.85m
	FOUL	32.85m	32.33m

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women Discus Throw**

7	Nhun, Emily		Franklin Pierce	33.61m
	29.63m	32.40m	32.87m 32.58m 33.61m 33.05m	
8	Soleau, Savannah		Keene State	33.05m
	30.27m	28.52m	FOUL 33.05m FOUL FOUL	
9	Batista Viera, Raquel		Umass Boston	30.65m
	30.65m	29.16m	29.36m 29.71m FOUL 29.38m	
10	Piper, Jasmine		Plattsburgh St.	30.12m
	26.02m	27.59m	30.12m	
11	Crockett, Grace		Assumption	29.89m
	24.17m	28.99m	29.89m	
12	Sirvio, Faith		Assumption	29.84m
	29.54m	29.84m	28.84m	
13	Savoy, Kelsey		Assumption	27.85m
	27.85m	FOUL	25.48m	
14	Chirkis, Kaitlyn		Umass Boston	27.55m
	27.55m	FOUL	22.28m	
15	Alula, Bennie		Snhu	27.19m
	FOUL	27.19m	25.51m	
16	Daigle, Johanna		Southern Maine	25.60m
	24.08m	25.60m	FOUL	
17	Meagher, Mary		Keene State	25.20m
	FOUL	24.34m	25.20m	

**Women Hammer Throw**

Name	Year	School	Finals
1 Parks, Shannon		Keene State	48.40m
	48.40m	45.55m	40.12m FOUL 41.09m 44.85m
2 Corbett, Hannah		Southern Maine	45.37m
	FOUL	45.37m	41.72m 45.19m 44.34m 43.95m
3 Bonato, Anna		Post	43.58m
	42.61m	43.58m	42.41m 42.86m 42.01m FOUL
4 Barnes, Zoe		Southern Maine	42.06m
	41.06m	42.06m	29.16m 36.93m 40.23m PASS
5 Alula, Bennie		Snhu	41.25m
	41.25m	FOUL	FOUL FOUL FOUL
6 Felton, Tyra		Franklin Pierce	40.57m
	40.44m	40.57m	39.42m 38.42m 38.21m 36.92m
7 McIntyre, Libby		Plymouth State	34.15m
	28.23m	34.15m	FOUL 26.84m 30.41m 26.83m
8 Piper, Jasmine		Plattsburgh St.	33.19m
	33.19m	FOUL	32.14m 30.48m 31.33m FOUL
9 Asman, Lizzie		Southern Maine	33.11m
	30.17m	33.11m	32.00m 30.77m 31.40m 30.93m
10 Bjelko, Kaitlyn		Plattsburgh St.	32.96m
	32.96m	FOUL	31.20m
11 Carson, Lilly		Southern Maine	31.02m
	31.02m	29.89m	FOUL
12 Savoy, Kelsey		Assumption	30.83m
	30.83m	29.42m	30.47m
13 Moulin, Phoebe		Assumption	29.45m
	29.45m	27.10m	28.08m
14 Kailey, Alexis		Southern Maine	22.14m
	FOUL	FOUL	22.14m

**2023 SNHU Penmen Relays - 4/15/2023****Mark A. Ouellette Stadium****Results****....Women Hammer Throw**

-- Fearon, Breanna Plymouth State FOUL  
 FOUL FOUL FOUL

**Women Javelin Throw**

Name	Year	School	Finals	H#
1 Reitchel, Riley		Southern Maine	39.90m	2
34.62m 37.21m 34.88m 39.90m 36.21m 39.10m				
2 Jalbert, Olivia		Southern Maine	37.00m	2
30.11m 33.91m 33.00m 37.00m 36.77m 31.00m				
3 Limone, Tori		Snhu	36.09m	2
32.95m 36.09m 35.18m 32.08m 33.98m 33.99m				
4 Soleau, Savannah		Keene State	35.01m	2
FOUL 31.91m 33.22m 32.89m FOUL 35.01m				
5 Camelio, Abby		Assumption	34.99m	1
32.85m 34.99m 30.01m 29.01m 31.21m 32.09m				
6 Allen, Tori		Snhu	33.70m	2
33.11m 33.01m 33.33m 33.39m 33.66m 33.70m				
7 Beckford, Tatyanna		Snhu	33.31m	2
32.81m 32.08m 33.26m 33.31m 33.09m 32.90m				
8 Meagher, Mary		Keene State	32.18m	1
26.70m 30.09m 32.18m 28.28m 28.91m 28.38m				
9 Gizzonio, Rachel		Snhu	30.81m	2
29.12m 30.81m 29.30m 28.99m 29.81m 29.38m				
10 Cooledge, Morgan		Snhu	30.50m	1
29.17m 26.98m 30.50m				
11 Chirkis, Kaitlyn		Umass Boston	30.09m	2
FOUL 28.11m 30.09m				
12 Bjelko, Kaitlyn		Plattsburgh St.	29.22m	1
27.81m 29.22m 26.21m				
13 Dajia, Katerina		Franklin Pierce	28.59m	1
28.07m 28.59m 27.90m				
14 Irving, Theresa		Snhu	28.25m	1
28.25m 28.11m 27.61m				
15 Seavey, Kaylah		Assumption	26.88m	1
26.88m 25.55m 26.38m				
16 Fecteau, Sarah		Southern Maine	26.48m	1
25.69m 26.48m 25.49m				
17 Romero, Rachel		St. Anselm	23.51m	1
23.51m 22.18m 22.88m				
18 Slovenski, Sophia		Southern Maine	22.11m	2
22.11m FOUL				