

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****Boys 55 Meter Dash Varsity**

Name	Year	School	Finals	H#
Finals				
1 Daniel Killian	10	Winchester	6.68	4
2 Jack Dougherty	12	Reading	6.77	4 6.766
3 Ryan Lush	10	Woburn	6.77	6 6.768
4 James Yazici	10	Winchester	6.87	4
5 Tyler Lecomte	10	Melrose	6.91	5
6 Anthony Abbott	12	Burlington	6.92	2
7 Josh Grant	11	Melrose	6.97	5 6.962
8 Ethan Yu	11	Belmont	6.97	1 6.963
9 Parth Kocheta	12	Lexington	6.97	1 6.966
10 Cameron Dishmon	10	Reading	7.00	4
11 Jonathan Magliozzi	12	Wilmington	7.01	2 7.001
12 Elijah Matos	11	Woburn	7.01	6 7.006
13 Andrew Gu	9	Lexington	7.02	1
14 John White	12	Arlington	7.05	6
15 Jason Brown	12	Stoneham	7.06	5
16 Paddy Galvin	12	Winchester	7.08	4
17 Khael Alcider	12	Burlington	7.09	2 7.084
18 Nahshon Lubowa	9	Woburn	7.09	6 7.085
19 Jonathan Peng	10	Arlington	7.09	6 7.088
20 Edward Zhu	12	Lexington	7.11	1 7.101
21 Prabhdeep Bassan	12	Arlington	7.11	6 7.107
22 Jonathan Chien	12	Winchester	7.11	4 7.110
23 Robert Benjamin	12	Burlington	7.16	2
24 Jae Young Yu	11	Reading	7.17	4 7.163
25 Leo Mejia	12	Reading	7.17	4 7.167
26 Cameron Forest	10	Stoneham	7.28	5
27 Anthony Arria	12	Wakefield	7.30	3
28 Jack Veader	11	Woburn	7.31	6
29 Aiden Jones	9	Wakefield	7.33	3
30 Adrien Gurung	11	Belmont	7.35	1
31 Adam Levy	10	Wakefield	7.36	3
32 Sean Kilty	10	Stoneham	7.38	5
33 Connor Forest	10	Stoneham	7.40	5 7.396
33 Yuta Kikuchi	11	Arlington	7.40	6 7.396
35 Jonathan Foreysth	11	Wilmington	7.42	2
36 Jayson Rodriguez	11	Belmont	7.43	1
37 Nicholas Abbott	10	Burlington	7.45	2 7.446
38 Michael Jokic	11	Watertown	7.45	3 7.450
39 Alejandro Borda	11	Wakefield	7.54	3
40 Cooper Loisel	12	Wilmington	7.59	2
41 Anthony Cummings	9	Wilmington	8.09	2
42 Chet Fantozzi	10	Melrose	8.14	5
43 Zuhayr Mashud	12	Watertown	8.41	3
44 Randy Delgado	11	Watertown	8.65	3
-- Jason Woo	12	Belmont	FS	1

Boys 300 Meter Dash Varsity

Name	Year	School	Finals	H#
1 Daniel Killian	10	Winchester	34.94	6
2 Jack Dougherty	12	Reading	35.64	6

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3	Kuzey Kaya	12	Winchester	36.98	6
4	Baxter McCarthy	12	Reading	37.14	6
5	Alex Coelho	12	Belmont	37.81	2
6	Ryan Pacini	11	Woburn	38.02	4
7	Samuel Simon	12	Lexington	38.09	2
8	Dylan Giles	11	Burlington	38.11	3
9	James Yazici	10	Winchester	38.61	6
10	Noah Carriere	12	Wilmington	38.66	3
11	Elijah Matos	11	Woburn	38.77	4
12	Jason Brown	12	Stoneham	38.79	1
13	Brendan Radzik	10	Melrose	38.87	1
14	Miguel Jaramillo	12	Lexington	39.04	2
15	Elliot Elkin	11	Arlington	39.06	4
16	Brody Wyatt	10	Wakefield	39.21	5
17	Leyland Stack	12	Woburn	39.40	4
18	Yuta Kikuchi	11	Arlington	39.44	4
19	Adam Wainwright	10	Watertown	39.46	5
20	Neil Almeida	12	Burlington	39.51	3
21	Trentyn Hodges	12	Melrose	39.78	1
22	Nick Austin	11	Reading	39.81	6
23	Tyler Nguyen	12	Wilmington	39.90	3
24	Alexander Fitzsimmons	11	Arlington	39.98	4
25	Leo Carpenter	12	Belmont	40.11	2
26	Henry Broadstone	12	Watertown	40.34	5
27	Omar Habbouche	9	Stoneham	40.43	1
28	Kiran Thomas	11	Melrose	40.45	1
29	Matt Steinmetz	12	Wilmington	41.30	3
30	Brian Casey	12	Wakefield	41.36	5
31	Connor Forest	10	Stoneham	42.75	1
32	Max Leavitt	10	Burlington	43.31	3
33	Gautam Kothavude	10	Belmont	43.52	2
34	Patrick Murphy	10	Wakefield	46.15	5

Boys 600 Meter Run Varsity

Name	Year	School	Finals	H#	
1	Aidan Sheehan	12	Arlington	1:24.84	4
	26.816 (26.816)	54.852 (28.036)	1:24.831 (29.979)		
2	Nayan Das	11	Lexington	1:26.61	2
	28.772 (28.772)	57.674 (28.902)	1:26.606 (28.932)		
3	Jackson Clish	12	Reading	1:27.35	6
	27.110 (27.110)	56.487 (29.377)	1:27.341 (30.855)		
4	Colin Irwin	11	Burlington	1:27.45	3
	29.008 (29.008)	58.344 (29.337)	1:27.442 (29.098)		
5	Liam Hannabury	11	Reading	1:29.79	6
	28.040 (28.040)	58.047 (30.008)	1:29.787 (31.740)		
6	Leo Arone	11	Winchester	1:30.52	6
	29.231 (29.231)	59.935 (30.704)	1:30.518 (30.583)		
7	Noah Carriere	12	Wilmington	1:30.96	3
	29.800 (29.800)	1:00.109 (30.309)	1:30.952 (30.844)		
8	James Joseph	10	Lexington	1:31.13	2
	30.872 (30.872)	1:01.470 (30.599)	1:31.126 (29.656)		
9	Wesley Jarvis	12	Lexington	1:31.41	2
	31.332 (31.332)	1:01.670 (30.338)	1:31.410 (29.740)		

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10 Sam Szecsenyi	12 Reading	1:31.84	6
28.738 (28.738)	59.661 (30.924)	1:31.837 (32.176)	
11 Mark Malley	11 Reading	1:31.94	6
30.185 (30.185)	1:00.965 (30.780)	1:31.938 (30.973)	
12 Zachary Barry	10 Lexington	1:32.93	2
30.780 (30.780)	1:01.665 (30.885)	1:32.923 (31.258)	
13 Robert (Nash) Philbin	11 Arlington	1:33.30	4
29.404 (29.404)	1:01.225 (31.821)	1:33.292 (32.068)	
14 Ezekiel Altman	11 Woburn	1:33.41	4
29.153 (29.153)	1:00.436 (31.284)	1:33.404 (32.968)	
15 Brett Luthern	12 Winchester	1:33.74	6
30.246 (30.246)	1:01.698 (31.452)	1:33.738 (32.040)	
16 Zachary Yoon-Kim	11 Winchester	1:33.76	6
30.051 (30.051)	1:01.462 (31.411)	1:33.759 (32.297)	
17 Tyler Pendergast	9 Woburn	1:33.79	4
30.134 (30.134)	1:02.067 (31.933)	1:33.783 (31.717)	
18 Dan Ayanian	12 Woburn	1:34.26	4
30.623 (30.623)	1:02.235 (31.612)	1:34.255 (32.020)	
19 Russell O'Donnell	12 Melrose	1:34.45	1
31.569 (31.569)	1:04.487 (32.919)	1:34.442 (29.956)	
20 Clark Li	11 Winchester	1:34.47	6
30.331 (30.331)	1:01.663 (31.332)	1:34.462 (32.799)	
21 Quinn Grant	10 Reading	1:34.64	6
30.454 (30.454)	1:01.763 (31.309)	1:34.638 (32.876)	
22 Ken Takayma	10 Belmont	1:35.08	2
31.513 (31.513)	1:02.882 (31.369)	1:35.077 (32.196)	
23 Samuel O'Donnell	11 Melrose	1:35.11	1
31.235 (31.235)	1:04.162 (32.928)	1:35.105 (30.944)	
24 Liam Taggart	11 Wakefield	1:35.53	5
32.773 (32.773)	1:04.450 (31.678)	1:35.525 (31.075)	
25 Rohan Dutta	10 Burlington	1:35.93	3
30.664 (30.664)	1:04.909 (34.246)	1:35.928 (31.020)	
26 Nico Emanuele	12 Burlington	1:35.95	3
30.441 (30.441)	1:02.042 (31.601)	1:35.944 (33.902)	
27 William Mezikofsky	11 Wakefield	1:36.45	5
32.824 (32.824)	1:05.021 (32.197)	1:36.446 (31.426)	
28 Nolan Koopmann	9 Arlington	1:38.31	4
31.607 (31.607)	1:06.171 (34.564)	1:38.309 (32.139)	
29 Jack Kavanagh	9 Melrose	1:38.54	1
32.790 (32.790)	1:06.883 (34.093)	1:38.537 (31.654)	
30 Matthew Sarnoski	10 Melrose	1:39.01	1
32.726 (32.726)	1:07.217 (34.492)	1:39.002 (31.785)	
31 Michael Nicolas	11 Woburn	1:39.14	4
30.451 (30.451)	1:03.297 (32.847)	1:39.131 (35.834)	
32 Aidan Burke	11 Wilmington	1:39.49	3
30.840 (30.840)	1:04.520 (33.680)	1:39.484 (34.965)	
33 Sam Bangston	12 Wakefield	1:39.52	5
34.170 (34.170)	1:06.609 (32.439)	1:39.514 (32.905)	
34 Parker Chao	9 Winchester	1:40.24	6
33.412 (33.412)	1:06.084 (32.672)	1:40.233 (34.149)	
35 Dylan Grace	9 Wilmington	1:40.52	3
32.457 (32.457)	1:07.340 (34.884)	1:40.520 (33.180)	
36 Keegan Maxwell	9 Arlington	1:41.25	4
32.628 (32.628)	1:08.431 (35.803)	1:41.242 (32.812)	

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37	Alexander LaSpina	9	Arlington	1:41.49	4
	32.291 (32.291)	1:07.179 (34.888)		1:41.486 (34.308)	
38	Mhamed Boukataya	9	Wakefield	1:42.03	5
	34.480 (34.480)	1:07.881 (33.401)		1:42.024 (34.144)	
39	Pablo Leton Camara	10	Melrose	1:42.24	1
	32.964 (32.964)	1:07.264 (34.300)		1:42.238 (34.975)	
40	Cameron Jenks	10	Wilmington	1:44.43	3
	33.644 (33.644)	1:09.524 (35.881)		1:44.423 (34.899)	
41	Ethan Schoenholtz	10	Wilmington	1:45.65	3
	33.305 (33.305)	1:09.787 (36.482)		1:45.644 (35.858)	
42	Truman Lane	9	Stoneham	1:47.30	1
	35.212 (35.212)	1:11.896 (36.684)		1:47.293 (35.398)	
43	Dylan Brown	10	Stoneham	1:48.90	1
	35.741 (35.741)	1:12.478 (36.738)		1:48.893 (36.416)	
44	Luke Fitzpatrick	12	Belmont	1:48.94	2
	34.388 (34.388)	1:12.600 (38.213)		1:48.931 (36.331)	
45	Ryan Brown	10	Burlington	1:49.67	3
	32.384 (32.384)	1:09.536 (37.153)		1:49.664 (40.128)	
46	Logan Tran	10	Stoneham	1:49.80	1
	34.645 (34.645)	1:11.504 (36.860)		1:49.791 (38.288)	
47	Andrew Quinn	9	Belmont	1:50.72	2
	35.007 (35.007)	1:13.078 (38.072)		1:50.716 (37.638)	
48	Martin Infante	9	Belmont	1:50.75	2
	34.516 (34.516)	1:12.056 (37.540)		1:50.744 (38.689)	
49	Aiden Connelly	12	Watertown	1:52.56	5
	32.182 (32.182)	1:07.802 (35.620)		1:52.560 (44.759)	
50	Marcus Conte	12	Wakefield	1:52.92	5
	36.124 (36.124)	1:14.525 (38.401)		1:52.918 (38.394)	
51	Vinny Guarino	11	Stoneham	1:55.83	1
	37.166 (37.166)	1:16.661 (39.496)		1:55.822 (39.161)	
52	Samuel Shea	9	Watertown	1:56.01	5
	36.284 (36.284)	1:14.176 (37.892)		1:56.004 (41.828)	
53	Edmond Daly	9	Watertown	1:56.11	5
	36.055 (36.055)	1:15.043 (38.988)		1:56.104 (41.061)	
54	Aldin Jonuz	9	Stoneham	1:59.96	1
	39.651 (39.651)	1:20.728 (41.077)		1:59.959 (39.232)	

Boys 1000 Meter Run Varsity

Name	Year	School	Finals	H#
1 Dante Perrone	12	Winchester	2:43.08	3
	30.859 (30.859)	1:02.843 (31.984)	1:37.457 (34.615)	2:11.235 (33.779)
	2:43.071 (31.836)			
2 Joseph Ryan	11	Lexington	2:43.95	1
	31.797 (31.797)	1:04.445 (32.648)	1:37.574 (33.130)	2:13.356 (35.782)
	2:43.943 (30.588)			
3 Timothy Connolly	9	Reading	2:44.33	3
	32.784 (32.784)	1:04.428 (31.644)	1:38.734 (34.306)	2:12.472 (33.739)
	2:44.323 (31.852)			
4 Caleb Barnes	10	Melrose	2:44.63	1
	32.241 (32.241)	1:04.733 (32.492)	1:37.829 (33.096)	2:12.286 (34.458)
	2:44.630 (32.344)			

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 1000 Meter Run Varsity**

5 Zachary Bates	11 Woburn	2:45.38	2		
31.973 (31.973)	1:05.758 (33.785)	1:39.674 (33.916)		2:13.674 (34.000)	
2:45.372 (31.698)					
6 Lukas Sendzik	12 Belmont	2:45.69	1		
32.462 (32.462)	1:05.325 (32.863)	1:38.374 (33.050)		2:13.145 (34.771)	
2:45.685 (32.540)					
7 Connor Herrera	12 Burlington	2:46.22	2		
30.158 (30.158)	1:02.579 (32.421)	1:36.287 (33.708)		2:12.468 (36.181)	
2:46.211 (33.744)					
8 Jason Lepore	11 Winchester	2:46.55	3		
32.299 (32.299)	1:04.257 (31.959)	1:38.541 (34.284)		2:13.319 (34.779)	
2:46.542 (33.223)					
9 Ted Cutting	11 Winchester	2:47.14	3		
32.542 (32.542)	1:04.447 (31.905)	1:38.747 (34.301)		2:13.675 (34.928)	
2:47.139 (33.464)					
10 Calum Gillies	12 Arlington	2:47.24	2		
31.718 (31.718)	1:04.917 (33.200)	1:39.702 (34.785)		2:14.444 (34.742)	
2:47.239 (32.796)					
11 Adam Caldwell	9 Melrose	2:47.28	1		
32.601 (32.601)	1:05.705 (33.105)	1:40.652 (34.947)		2:16.560 (35.908)	
2:47.273 (30.713)					
12 Colin Smith	9 Lexington	2:47.90	1		
31.970 (31.970)	1:05.761 (33.792)	1:39.921 (34.160)		2:14.221 (34.300)	
2:47.897 (33.677)					
13 Eli Meretta	10 Belmont	2:49.91	1		
31.409 (31.409)	1:03.413 (32.004)	1:37.250 (33.838)		2:13.132 (35.882)	
2:49.910 (36.779)					
14 Chris Barbato	10 Reading	2:53.28	3		
33.843 (33.843)	1:07.399 (33.556)	1:42.086 (34.688)		2:17.702 (35.616)	
2:53.271 (35.570)					
15 Matt Balleani	11 Woburn	2:54.36	2		
31.721 (31.721)	1:06.611 (34.890)	1:42.769 (36.159)		2:19.463 (36.694)	
2:54.351 (34.888)					
16 Inesh Parikh	12 Burlington	2:54.42	2		
32.480 (32.480)	1:07.092 (34.612)	1:42.868 (35.776)		2:19.894 (37.027)	
2:54.416 (34.522)					
17 Brandon Nett	10 Wakefield	2:54.95	3		
34.260 (34.260)	1:10.008 (35.748)	1:45.676 (35.668)		2:20.004 (34.328)	
2:54.950 (34.946)					
18 Michael Arria	11 Wakefield	2:56.80	3		
34.099 (34.099)	1:09.780 (35.681)	1:45.477 (35.697)		2:21.233 (35.756)	
2:56.798 (35.565)					
19 Nico Peukert	9 Arlington	2:57.07	2		
33.517 (33.517)	1:08.313 (34.796)	1:45.930 (37.617)		2:23.931 (38.001)	
2:57.065 (33.135)					
20 Owen Sinclair	9 Reading	2:57.26	3		
35.963 (35.963)	1:11.651 (35.688)	1:48.879 (37.228)		2:24.842 (35.964)	
2:57.255 (32.414)					
21 John Strong	9 Melrose	2:57.71	1		
32.942 (32.942)	1:07.154 (34.212)	1:43.586 (36.432)		2:22.175 (38.589)	
2:57.701 (35.527)					
22 Owen Keenan	10 Woburn	2:59.30	2		
33.403 (33.403)	1:08.892 (35.490)	1:46.991 (38.099)		2:23.935 (36.944)	
2:59.300 (35.366)					

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23 Ian Miller	12 Lexington	2:59.61	1
31.752 (31.752)	1:06.664 (34.912)	1:43.981 (37.318)	2:22.603 (38.622)
2:59.605 (37.003)			
24 Eshaan Kansagra	10 Burlington	3:01.02	2
32.808 (32.808)	1:08.522 (35.714)	1:46.876 (38.355)	2:24.775 (37.899)
3:01.017 (36.243)			
25 Ryan Mcdowell	11 Winchester	3:02.91	3
33.692 (33.692)	1:09.794 (36.102)	1:47.986 (38.192)	2:26.064 (38.079)
3:02.903 (36.840)			
26 Matthew McGoldrick	12 Watertown	3:04.02	3
34.779 (34.779)	1:10.374 (35.596)	1:47.051 (36.677)	2:26.511 (39.460)
3:04.011 (37.500)			
27 Hans Dankers	9 Reading	3:04.74	3
36.287 (36.287)	1:11.952 (35.665)	1:49.637 (37.685)	2:26.948 (37.312)
3:04.735 (37.787)			
28 Henry McCormack	9 Melrose	3:06.28	1
33.850 (33.850)	1:10.763 (36.913)	1:49.305 (38.543)	2:29.649 (40.344)
3:06.272 (36.624)			
29 Brayden Gorski	12 Wilmington	3:07.59	2
32.607 (32.607)	1:08.111 (35.504)	1:48.690 (40.580)	2:30.324 (41.634)
3:07.588 (37.264)			
30 Henry Thompson	9 Belmont	3:07.94	1
37.120 (37.120)	1:14.129 (37.010)	1:51.945 (37.816)	2:31.310 (39.365)
3:07.936 (36.626)			
31 Jackson Monks	12 Lexington	3:09.23	1
33.591 (33.591)	1:08.753 (35.162)	1:47.277 (38.525)	2:28.193 (40.916)
3:09.225 (41.032)			
32 Alexander Chang	10 Burlington	3:10.70	2
33.154 (33.154)	1:09.555 (36.401)	1:49.516 (39.961)	2:31.242 (41.727)
3:10.700 (39.458)			
33 Jordan Carnabucci	12 Stoneham	3:11.02	1
34.433 (34.433)	1:11.410 (36.977)	1:50.218 (38.808)	2:30.468 (40.250)
3:11.020 (40.552)			
34 Jack Sweeney	10 Arlington	3:11.87	2
35.336 (35.336)	1:12.479 (37.144)	1:52.234 (39.756)	2:33.911 (41.677)
3:11.863 (37.952)			
35 Mason Pollucci	11 Watertown	3:13.75	3
34.877 (34.877)	1:11.096 (36.220)	1:49.787 (38.692)	2:32.000 (42.213)
3:13.744 (41.744)			
36 Nick Atwater	12 Wilmington	3:17.06	2
34.866 (34.866)	1:13.557 (38.692)	1:56.661 (43.104)	2:37.184 (40.524)
3:17.053 (39.869)			
37 Maximilian Partyka	9 Wakefield	3:21.15	3
37.112 (37.112)	1:16.663 (39.552)	1:58.470 (41.807)	2:41.514 (43.044)
3:21.143 (39.630)			
38 Christian Niceforo	12 Wilmington	3:23.15	2
34.063 (34.063)	1:14.371 (40.308)	1:58.764 (44.393)	2:42.108 (43.344)
3:23.147 (41.040)			
39 Maxwell Mulvey	9 Arlington	3:23.46	2
36.130 (36.130)	1:17.495 (41.365)	2:01.856 (44.361)	2:45.350 (43.495)
3:23.451 (38.101)			
40 Mateo Molinaro	9 Stoneham	3:28.11	1
38.872 (38.872)	1:20.763 (41.892)	2:04.981 (44.218)	2:48.531 (43.551)
3:28.103 (39.572)			

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41 Ian Tomase	9 Stoneham	3:42.44	1		
39.596 (39.596)	1:21.731 (42.136)	2:07.496 (45.765)		2:57.194 (49.699)	
3:42.435 (45.241)					
42 Sam Hoffman-Depaul	9 Stoneham	4:24.51	1		
46.604 (46.604)	1:38.506 (51.903)	2:33.201 (54.696)		3:29.769 (56.568)	
4:24.506 (54.738)					

Boys 1 Mile Run Varsity

Name	Year School	Finals	H#		
1 Ellis Iiurilli-Hough	12 Melrose	4:39.30	1		
34.875 (34.875)	1:08.942 (34.067)	1:43.916 (34.975)		2:18.718 (34.803)	
2:54.615 (35.897)	3:30.411 (35.796)	4:05.756 (35.345)		4:39.292 (33.536)	
2 Jack Quinn	12 Reading	4:40.58	2		
35.450 (35.450)	1:09.741 (34.291)	1:45.799 (36.059)		2:22.696 (36.897)	
2:58.983 (36.288)	3:34.273 (35.290)	4:08.732 (34.460)		4:40.574 (31.843)	
3 Patrick Gray	12 Burlington	4:40.70	1		
35.302 (35.302)	1:09.546 (34.244)	1:44.477 (34.931)		2:19.700 (35.224)	
2:55.091 (35.392)	3:31.326 (36.235)	4:06.731 (35.406)		4:40.694 (33.964)	
4 Brian Ronayne	11 Reading	4:41.82	2		
35.721 (35.721)	1:09.995 (34.275)	1:46.056 (36.061)		2:22.707 (36.652)	
2:58.022 (35.316)	3:33.423 (35.401)	4:08.711 (35.288)		4:41.812 (33.101)	
5 Timothy Hamilton	11 Winchester	4:41.94	2		
34.307 (34.307)	1:09.140 (34.833)	1:45.433 (36.293)		2:22.274 (36.842)	
2:58.639 (36.365)	3:34.032 (35.393)	4:09.891 (35.860)		4:41.933 (32.043)	
6 Nathan Cunningham	10 Lexington	4:44.17	1		
34.989 (34.989)	1:09.142 (34.153)	1:44.679 (35.538)		2:20.112 (35.433)	
2:57.350 (37.239)	3:35.235 (37.885)	4:11.909 (36.674)		4:44.167 (32.259)	
7 Ronnie Rubinshtein	12 Belmont	4:44.78	1		
35.564 (35.564)	1:09.896 (34.332)	1:45.030 (35.134)		2:20.573 (35.544)	
2:57.616 (37.044)	3:35.552 (37.936)	4:12.347 (36.796)		4:44.776 (32.429)	
8 Briac Breen	11 Arlington	4:51.61	2		
36.925 (36.925)	1:12.953 (36.029)	1:49.060 (36.107)		2:26.552 (37.492)	
3:03.206 (36.655)	3:40.485 (37.279)	4:17.273 (36.789)		4:51.608 (34.335)	
9 Michael Arria	11 Wakefield	4:52.62	2		
37.388 (37.388)	1:14.043 (36.656)	1:50.810 (36.768)		2:27.549 (36.740)	
3:03.880 (36.331)	3:40.384 (36.504)	4:16.985 (36.602)		4:52.616 (35.631)	
10 Brendan Campea	11 Wakefield	4:53.33	2		
37.583 (37.583)	1:14.285 (36.702)	1:51.022 (36.738)		2:27.831 (36.809)	
3:04.297 (36.467)	3:41.371 (37.074)	4:18.067 (36.696)		4:53.329 (35.262)	
11 Owen Bernstein	10 Winchester	4:53.79	2		
36.329 (36.329)	1:12.204 (35.875)	1:49.001 (36.797)		2:26.464 (37.464)	
3:03.690 (37.227)	3:40.307 (36.617)	4:17.957 (37.651)		4:53.785 (35.828)	
12 James Carriere	12 Woburn	4:57.58	2		
37.214 (37.214)	1:13.397 (36.184)	1:49.407 (36.010)		2:26.933 (37.527)	
3:03.573 (36.640)	3:40.831 (37.259)	4:18.662 (37.832)		4:57.577 (38.916)	
13 Roman Moretti	12 Wilmington	4:59.98	1		
37.194 (37.194)	1:12.989 (35.795)	1:49.866 (36.877)		2:27.842 (37.977)	
3:06.109 (38.267)	3:44.233 (38.124)	4:22.928 (38.696)		4:59.977 (37.049)	
14 Toshio Yuki	11 Lexington	5:00.62	1		
37.781 (37.781)	1:14.514 (36.733)	1:51.942 (37.429)		2:29.655 (37.713)	
3:06.504 (36.849)	3:44.429 (37.925)	4:22.376 (37.948)		5:00.616 (38.240)	

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 1 Mile Run Varsity**

15 Maximillan Bennett	11 Watertown	5:03.77	2		
36.519 (36.519)	1:12.654 (36.136)	1:49.678 (37.024)		2:27.378 (37.700)	
3:05.277 (37.900)	3:44.223 (38.946)	4:24.791 (40.568)		5:03.765 (38.975)	
16 Jonathan Harrington	9 Woburn	5:05.89	2		
37.206 (37.206)	1:13.812 (36.606)	1:51.268 (37.456)		2:30.125 (38.857)	
3:10.019 (39.895)	3:50.536 (40.517)	4:30.099 (39.564)		5:05.887 (35.788)	
17 Jinn Janpathompong	12 Lexington	5:08.49	1		
38.096 (38.096)	1:15.893 (37.797)	1:53.733 (37.840)		2:33.928 (40.196)	
3:13.723 (39.796)	3:52.710 (38.987)	4:31.163 (38.454)		5:08.486 (37.324)	
18 Gavin Dong	9 Wilmington	5:11.23	1		
38.238 (38.238)	1:15.691 (37.454)	1:54.113 (38.422)		2:33.530 (39.418)	
3:13.250 (39.720)	3:53.859 (40.610)	4:32.965 (39.106)		5:11.225 (38.260)	
19 Jack Moir	10 Arlington	5:12.18	2		
37.497 (37.497)	1:15.376 (37.880)	1:53.725 (38.349)		2:34.636 (40.912)	
3:14.539 (39.904)	3:56.469 (41.930)	4:35.233 (38.764)		5:12.175 (36.943)	
20 Peter Story	12 Melrose	5:13.94	1		
37.462 (37.462)	1:12.611 (35.150)	1:50.697 (38.086)		2:30.365 (39.668)	
3:10.673 (40.308)	3:52.063 (41.391)	4:33.062 (40.999)		5:13.938 (40.876)	
21 Max Jacob	9 Wakefield	5:15.30	2		
37.880 (37.880)	1:16.353 (38.473)	1:54.181 (37.829)		2:34.701 (40.520)	
3:15.323 (40.622)	3:56.693 (41.371)	4:36.229 (39.536)		5:15.295 (39.067)	
22 Jad Jamaledine	10 Melrose	5:15.79	1		
36.930 (36.930)	1:13.658 (36.728)	1:53.486 (39.828)		2:33.744 (40.259)	
3:14.326 (40.582)	3:55.848 (41.523)	4:39.547 (43.700)		5:15.782 (36.235)	
23 Michael Carroll	10 Reading	5:16.03	2		
38.010 (38.010)	1:16.055 (38.045)	1:54.949 (38.895)		2:34.037 (39.088)	
3:14.961 (40.925)	3:57.010 (42.049)	4:37.896 (40.886)		5:16.030 (38.135)	
24 Krikor Iskenderian	11 Watertown	5:18.40	2		
37.740 (37.740)	1:15.658 (37.919)	1:54.401 (38.744)		2:34.517 (40.116)	
3:15.632 (41.115)	3:57.516 (41.884)	4:39.170 (41.655)		5:18.397 (39.227)	
25 Isaac Weng	9 Belmont	5:21.63	1		
37.725 (37.725)	1:15.445 (37.720)	1:55.286 (39.842)		2:37.670 (42.384)	
3:20.486 (42.817)	4:03.296 (42.810)	4:45.393 (42.097)		5:21.626 (36.233)	
26 Jake Cronin	9 Wilmington	5:22.11	1		
40.295 (40.295)	1:20.366 (40.072)	2:01.002 (40.636)		2:41.548 (40.546)	
3:22.785 (41.237)	4:03.413 (40.628)	4:44.208 (40.796)		5:22.106 (37.899)	
27 Xingyu Wu	10 Stoneham	5:25.55	1		
41.042 (41.042)	1:20.827 (39.786)	2:01.584 (40.757)		2:42.538 (40.954)	
3:23.250 (40.712)	4:04.742 (41.493)	4:46.669 (41.927)		5:25.542 (38.873)	
28 Logan DaGraca	9 Burlington	5:42.31	1		
39.100 (39.100)	1:18.068 (38.968)	1:59.234 (41.166)		2:42.571 (43.338)	
3:27.999 (45.428)	4:14.002 (46.003)	4:59.720 (45.719)		5:42.307 (42.588)	
29 Mehran Khaleel	9 Burlington	5:45.42	1		
40.940 (40.940)	1:21.651 (40.712)	2:03.665 (42.014)		2:47.258 (43.594)	
3:32.453 (45.195)	4:18.162 (45.710)	5:04.486 (46.324)		5:45.414 (40.929)	
30 Elliott Kim	11 Arlington	5:49.26	2		
37.528 (37.528)	1:16.045 (38.518)	1:54.319 (38.274)		2:38.796 (44.477)	
3:27.269 (48.473)	4:20.249 (52.980)	5:11.909 (51.661)		5:49.251 (37.342)	
31 Jason Wong	9 Stoneham	5:52.44	1		
42.916 (42.916)	1:25.769 (42.853)	2:11.170 (45.401)		2:56.935 (45.766)	
3:42.318 (45.384)	4:27.146 (44.828)	5:12.922 (45.776)		5:52.432 (39.511)	
32 Benjamin Palmer	9 Belmont	5:57.12	1		
44.504 (44.504)	1:29.213 (44.709)	2:15.885 (46.672)		3:02.089 (46.204)	
3:48.628 (46.540)	4:33.824 (45.196)	5:17.534 (43.710)		5:57.114 (39.580)	

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 1 Mile Run Varsity**

33 Meyer Ruthven	9 Stoneham	5:58.51	1
41.734 (41.734)	1:23.733 (42.000)	2:09.828 (46.096)	2:56.695 (46.868)
3:42.937 (46.242)	4:29.098 (46.162)	5:15.383 (46.285)	5:58.505 (43.122)

Boys 2 Mile Run Varsity

Name	Year School	Finals	
1 Jack Quinn	12 Reading	9:56.37	
37.936 (37.936)	1:15.771 (37.835)	1:53.994 (38.224)	2:31.754 (37.760)
3:08.635 (36.882)	3:46.559 (37.924)	4:23.691 (37.132)	5:03.035 (39.344)
5:40.659 (37.625)	6:19.644 (38.985)	6:59.231 (39.588)	7:38.733 (39.502)
8:16.743 (38.010)	8:52.112 (35.370)	9:25.751 (33.639)	9:56.366 (30.616)
2 Gabe Watson	12 Winchester	10:09.70	
37.609 (37.609)	1:15.485 (37.876)	1:53.669 (38.184)	2:31.437 (37.768)
3:08.332 (36.896)	3:46.132 (37.800)	4:23.399 (37.268)	5:02.743 (39.344)
5:40.407 (37.664)	6:19.391 (38.984)	6:58.991 (39.600)	7:38.491 (39.500)
8:17.059 (38.568)	8:54.398 (37.340)	9:33.499 (39.101)	10:09.693 (36.195)
3 Mark Chmack	10 Belmont	10:27.64	
38.738 (38.738)	1:16.971 (38.234)	1:55.248 (38.277)	2:33.688 (38.440)
3:11.943 (38.256)	3:50.494 (38.551)	4:29.795 (39.302)	5:10.181 (40.386)
5:50.296 (40.116)	6:30.227 (39.931)	7:10.156 (39.930)	7:50.435 (40.280)
8:31.684 (41.249)	9:13.199 (41.515)	9:52.533 (39.335)	10:27.637 (35.104)
4 Graham Goodwin	11 Reading	10:30.87	
38.571 (38.571)	1:16.872 (38.302)	1:54.875 (38.004)	2:32.999 (38.124)
3:10.608 (37.610)	3:49.346 (38.738)	4:29.447 (40.102)	5:09.591 (40.144)
5:50.184 (40.594)	6:31.956 (41.772)	7:14.011 (42.056)	7:55.231 (41.220)
8:37.232 (42.001)	9:18.754 (41.522)	10:00.269 (41.516)	10:30.867 (30.598)
5 Samuel Davis	10 Arlington	10:31.59	
38.931 (38.931)	1:17.139 (38.208)	1:55.161 (38.022)	2:33.446 (38.285)
3:11.159 (37.713)	3:49.445 (38.287)	4:29.239 (39.795)	5:10.435 (41.196)
5:49.619 (39.184)	6:31.018 (41.400)	7:12.739 (41.722)	7:54.454 (41.715)
8:35.702 (41.248)	9:15.965 (40.264)	9:55.953 (39.988)	10:31.586 (35.633)
6 Andrew Nett	10 Wakefield	10:36.00	
38.295 (38.295)	1:16.270 (37.976)	1:54.627 (38.358)	2:32.711 (38.084)
3:11.547 (38.836)	3:50.759 (39.212)	4:30.410 (39.652)	5:11.050 (40.640)
5:52.415 (41.366)	6:33.475 (41.060)	7:14.956 (41.482)	7:56.551 (41.595)
8:37.625 (41.075)	9:18.678 (41.053)	9:58.114 (39.436)	10:35.995 (37.881)
7 Jonathan Capone	10 Woburn	10:39.82	
38.635 (38.635)	1:16.588 (37.954)	1:54.475 (37.888)	2:33.156 (38.681)
3:10.995 (37.839)	3:49.108 (38.114)	4:29.177 (40.069)	5:10.007 (40.831)
5:49.981 (39.974)	6:31.931 (41.950)	7:13.694 (41.764)	7:54.990 (41.296)
8:36.963 (41.974)	9:18.488 (41.525)	10:00.175 (41.688)	10:39.811 (39.636)
8 Aidan McPhee	12 Lexington	10:40.45	
38.349 (38.349)	1:15.939 (37.591)	1:54.183 (38.244)	2:32.280 (38.097)
3:10.033 (37.753)	3:48.787 (38.754)	4:28.635 (39.849)	5:08.540 (39.905)
5:49.313 (40.773)	6:30.465 (41.152)	7:11.611 (41.147)	7:54.162 (42.551)
8:36.010 (41.848)	9:19.027 (43.017)	10:00.716 (41.690)	10:40.441 (39.725)
9 Nicholas Walker	10 Winchester	10:40.75	
39.943 (39.943)	1:18.289 (38.347)	1:56.709 (38.420)	2:35.719 (39.011)
3:15.865 (40.146)	3:56.911 (41.047)	4:36.579 (39.668)	5:16.759 (40.181)
5:57.490 (40.731)	6:38.492 (41.003)	7:19.505 (41.013)	8:01.047 (41.543)
8:42.455 (41.408)	9:24.047 (41.592)	10:04.443 (40.397)	10:40.749 (36.306)

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 2 Mile Run Varsity**

10 Jason Kim	12 Belmont	10:41.67		
39.586 (39.586)	1:18.027 (38.441)	1:57.355 (39.328)	2:36.151 (38.796)	
3:15.961 (39.811)	3:56.375 (40.414)	4:36.510 (40.136)	5:17.080 (40.571)	
5:57.845 (40.765)	6:38.669 (40.824)	7:19.723 (41.054)	8:01.397 (41.675)	
8:42.745 (41.348)	9:24.255 (41.510)	10:04.670 (40.416)	10:41.667 (36.997)	
11 Krish Almeida	10 Burlington	10:44.13		
38.119 (38.119)	1:15.978 (37.859)	1:54.206 (38.228)	2:32.048 (37.843)	
3:09.391 (37.343)	3:47.959 (38.569)	4:27.085 (39.126)	5:07.597 (40.512)	
5:48.988 (41.392)	6:30.797 (41.809)	7:13.183 (42.386)	7:55.857 (42.675)	
8:38.162 (42.305)	9:20.890 (42.728)	10:03.789 (42.900)	10:44.122 (40.333)	
12 Matthew Fritsch	10 Winchester	10:48.47		
39.530 (39.530)	1:18.210 (38.680)	1:55.830 (37.620)	2:34.010 (38.180)	
3:12.627 (38.618)	3:51.515 (38.888)	4:31.633 (40.119)	5:12.611 (40.979)	
5:51.904 (39.293)	6:34.179 (42.276)	7:17.003 (42.824)	8:01.013 (44.010)	
8:43.979 (42.967)	9:28.593 (44.614)	10:12.595 (44.003)	10:48.461 (35.866)	
13 Sam Finch	9 Lexington	10:49.28		
40.362 (40.362)	1:19.895 (39.534)	2:00.245 (40.350)	2:40.802 (40.557)	
3:21.635 (40.834)	4:03.458 (41.823)	4:45.631 (42.174)	5:27.666 (42.035)	
6:09.119 (41.454)	6:51.413 (42.294)	7:33.896 (42.484)	8:14.602 (40.706)	
8:55.492 (40.891)	9:34.858 (39.366)	10:12.854 (37.996)	10:49.278 (36.424)	
14 Dean Ciampa	10 Wilmington	10:51.70		
40.031 (40.031)	1:19.527 (39.496)	1:59.540 (40.013)	2:39.750 (40.210)	
3:19.982 (40.232)	4:01.103 (41.122)	4:41.575 (40.472)	5:22.575 (41.000)	
6:03.307 (40.732)	6:44.844 (41.538)	7:27.279 (42.435)	8:10.124 (42.846)	
8:52.967 (42.844)	9:35.375 (42.408)	10:15.370 (39.996)	10:51.692 (36.323)	
15 Will Parker	9 Lexington	10:53.40		
40.867 (40.867)	1:20.601 (39.734)	2:00.769 (40.168)	2:41.130 (40.361)	
3:22.050 (40.920)	4:03.886 (41.836)	4:46.315 (42.429)	5:28.134 (41.820)	
6:09.431 (41.297)	6:51.669 (42.239)	7:34.031 (42.362)	8:14.846 (40.816)	
8:55.519 (40.674)	9:34.403 (38.884)	10:13.948 (39.546)	10:53.399 (39.451)	
16 Thomas Burns	11 Wilmington	11:00.07		
40.333 (40.333)	1:19.831 (39.499)	1:59.831 (40.000)	2:39.967 (40.136)	
3:20.199 (40.233)	4:01.519 (41.320)	4:41.928 (40.409)	5:23.548 (41.620)	
6:04.671 (41.123)	6:46.903 (42.232)	7:30.712 (43.810)	8:14.167 (43.455)	
8:57.951 (43.785)	9:41.183 (43.232)	10:23.337 (42.155)	11:00.067 (36.731)	
17 Ian Hettenbach	10 Belmont	11:06.44		
41.111 (41.111)	1:20.187 (39.076)	2:00.338 (40.151)	2:40.391 (40.053)	
3:21.388 (40.998)	4:03.092 (41.704)	4:45.367 (42.276)	5:27.927 (42.560)	
6:09.778 (41.851)	6:52.136 (42.359)	7:34.491 (42.355)	8:15.712 (41.222)	
8:57.944 (42.232)	9:41.721 (43.777)	10:24.407 (42.687)	11:06.437 (42.030)	
18 Marcello Caruso	10 Wakefield	11:16.33		
39.988 (39.988)	1:18.999 (39.012)	1:58.202 (39.203)	2:38.610 (40.408)	
3:18.653 (40.044)	3:59.895 (41.243)	4:42.176 (42.281)	5:25.459 (43.284)	
6:08.647 (43.188)	6:53.033 (44.387)	7:38.112 (45.080)	8:23.266 (45.154)	
9:08.844 (45.579)	9:54.055 (45.212)	10:37.860 (43.805)	11:16.330 (38.470)	
19 Jonah Tully	10 Melrose	11:20.38		
40.742 (40.742)	1:20.199 (39.458)	1:59.673 (39.474)	2:39.976 (40.304)	
3:21.292 (41.316)	4:02.847 (41.556)	4:45.403 (42.556)	5:28.202 (42.800)	
6:11.511 (43.310)	6:56.767 (45.256)	7:42.031 (45.264)	8:26.856 (44.825)	
9:12.594 (45.738)	9:57.223 (44.629)	10:40.535 (43.312)	11:20.371 (39.837)	
20 Vibhush Sivakumar	10 Wilmington	11:22.06		
41.398 (41.398)	1:22.079 (40.681)	2:04.649 (42.571)	2:47.703 (43.055)	
3:31.608 (43.905)	4:15.827 (44.220)	4:59.211 (43.384)	5:41.403 (42.192)	
6:24.248 (42.846)	7:07.871 (43.624)	7:51.061 (43.190)	8:34.250 (43.189)	
9:17.884 (43.635)	10:00.234 (42.350)	10:41.847 (41.613)	11:22.059 (40.212)	

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 2 Mile Run Varsity**

21 Finn McKenna	11 Arlington	11:34.63		
39.383 (39.383)	1:17.900 (38.518)	1:57.530 (39.630)	2:38.339 (40.809)	
3:20.462 (42.124)	4:03.206 (42.744)	4:45.955 (42.749)	5:29.348 (43.394)	
6:14.314 (44.966)	6:59.899 (45.585)	7:46.846 (46.948)	8:33.760 (46.915)	
9:19.898 (46.138)	10:06.560 (46.663)	10:52.379 (45.820)	11:34.628 (42.249)	
22 Jonathan Harrington	9 Woburn	11:35.31		
40.519 (40.519)	1:20.227 (39.708)	2:02.014 (41.788)	2:44.587 (42.573)	
3:27.351 (42.765)	4:11.097 (43.746)	4:54.801 (43.704)	5:38.232 (43.432)	
6:22.766 (44.534)	7:08.420 (45.655)	7:54.106 (45.686)	8:39.196 (45.091)	
9:25.614 (46.418)	10:11.809 (46.196)	10:56.550 (44.741)	11:35.308 (38.759)	
23 Ethan Mezikofsky	10 Wakefield	12:01.35		
41.851 (41.851)	1:23.290 (41.440)	2:04.963 (41.673)	2:47.507 (42.544)	
3:30.452 (42.946)	4:13.679 (43.227)	4:57.653 (43.975)	5:43.350 (45.697)	
6:29.399 (46.049)	7:16.434 (47.036)	8:04.290 (47.856)	8:53.244 (48.955)	
9:40.781 (47.537)	10:27.639 (46.859)	11:14.575 (46.936)	12:01.348 (46.773)	
24 Ayush Agrawal	11 Burlington	12:06.06		
41.135 (41.135)	1:23.298 (42.164)	2:06.190 (42.892)	2:50.131 (43.942)	
3:35.295 (45.164)	4:20.273 (44.978)	5:06.122 (45.849)	5:54.003 (47.881)	
6:41.519 (47.516)	7:28.780 (47.262)	8:15.616 (46.836)	9:01.381 (45.765)	
9:49.784 (48.404)	10:38.514 (48.730)	11:23.232 (44.719)	12:06.054 (42.822)	
25 Zachary Bates	11 Woburn	12:40.36		
42.527 (42.527)	1:23.833 (41.307)	2:05.911 (42.078)	2:47.900 (41.990)	
3:30.183 (42.283)	4:14.458 (44.276)	4:58.539 (44.082)	5:42.664 (44.125)	
6:27.990 (45.326)	7:15.038 (47.048)	8:01.928 (46.891)	8:49.522 (47.594)	
10:24.105 (1:34.584)	11:10.994 (46.889)	11:57.410 (46.416)	12:40.351 (42.942)	
26 Ethan Yii	11 Stoneham	13:31.65		
41.999 (41.999)	1:24.154 (42.156)	2:07.839 (43.685)	2:52.440 (44.602)	
3:37.879 (45.439)	4:24.871 (46.993)	5:13.444 (48.573)	6:02.937 (49.493)	
6:53.196 (50.260)	7:42.951 (49.756)	8:33.849 (50.898)	10:14.976 (1:41.128)	
11:06.005 (51.029)	11:55.036 (49.032)	12:44.167 (49.132)	13:31.650 (47.483)	
27 Quinn Nial	10 Stoneham	15:34.22		
43.365 (43.365)	1:30.115 (46.750)	2:21.180 (51.066)	3:14.139 (52.959)	
4:07.787 (53.648)	5:03.603 (55.817)	6:02.127 (58.524)	7:01.931 (59.804)	
8:04.065 (1:02.135)	9:07.677 (1:03.612)	10:12.656 (1:04.980)	11:19.866 (1:07.210)	
12:28.287 (1:08.421)	13:33.365 (1:05.079)	14:35.159 (1:01.795)	15:34.217 (59.058)	
-- Mihir Balsara	12 Burlington	DNF		
41.126 (41.126)	1:21.014 (39.888)	2:02.340 (41.327)	2:45.073 (42.733)	
3:28.565 (43.492)	4:13.987 (45.422)	5:00.780 (46.794)	5:47.979 (47.200)	
6:35.618 (47.639)	7:23.707 (48.089)	8:12.564 (48.858)	9:01.667 (49.103)	

Boys 55 Meter Hurdles Varsity

Name	Year School	Finals	H#
1 Dan Fraine	12 Reading	7.99	4
2 Michael Gerfen	12 Lexington	8.19	1
3 Kuzey Kaya	12 Winchester	8.27	4
4 Gabriel Buffonge	12 Melrose	8.41	5
5 Simon Tandeih	9 Lexington	8.61	1
6 Rocco Gomes	12 Woburn	8.62	6
7 Tyler Callahan	12 Burlington	8.68	2
8 Shawn Conlon	12 Woburn	8.76	6
9 Naresh Vytheswaren	12 Lexington	8.79	1
10 Brendan Lindmark	12 Reading	8.89	4
11 Derek Silva	10 Reading	8.97	4

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys 55 Meter Hurdles Varsity**

12 Gryffin Stoddard	12 Reading	8.99	4
13 Alex Murray	11 Burlington	9.00	2
14 Charles Desmond	11 Burlington	9.01	2
15 Hunter Sands	11 Wilmington	9.07	2
16 Evan Kim	12 Burlington	9.13	2
17 Anthony Ciasullo	10 Woburn	9.14	6
18 Giancarlo Martinis-Torre	10 Melrose	9.24	5
19 Aidan Connelly	10 Arlington	9.31	6
20 Chase Korotkin	10 Winchester	9.40	4
21 Owen Mitchell	12 Wilmington	9.50	2
22 Jacob Lubetsky	11 Belmont	9.75	1
23 Ben Bruno	10 Stoneham	9.77	5
24 Aiden Raney	9 Lexington	9.78	1
25 William Riley	12 Wakefield	9.82	3
26 Jake Matias	12 Belmont	9.93	1
27 Daniel Qi	10 Belmont	9.95	1
28 Leone Jacini	12 Arlington	9.97	6
29 Sean Breen	10 Stoneham	10.02	5
30 Cooper Loisel	12 Wilmington	10.16	2
31 Brody Wyatt	10 Wakefield	10.29	3 10.283
32 Filip Ilic	12 Melrose	10.29	5 10.286
33 Breno Lousada	9 Stoneham	10.34	5
34 Joseph Brady	10 Melrose	10.62	5
35 Mitchell Woo	9 Belmont	10.66	1
36 Sean Patrone	11 Wilmington	10.69	2
37 Connor Hutchinson	9 Arlington	11.25	6
38 Ivan Kerrigan	9 Stoneham	12.27	5
-- Nick Cramer	11 Woburn	FS	6
-- Jungmin Kim	12 Winchester	DQ	4 Hand Violation
-- Cian O'Meara	9 Winchester	DQ	4 Hand Violation

Boys 4x200 Meter Relay Varsity

School	Finals	H#
1 Lexington	1:33.00	1
1) Ioannis Alexios Kontothanassis	2) McKenna O'Hare Gibson	11
3) Miguel Jaramillo	4) Michael Gerfen	12
2 Woburn	1:36.33	2
1) Ryan Lush	2) Leyland Stack	12
3) Alex Tran	4) Anthony Ciasullo	10
3 Winchester	1:37.46	2
1) Bronner Keough	2) Natan Naykene	10
3) Paddy Galvin	4) Will Schlesinger	12
4 Belmont	1:37.73	1
1) Leo Carpenter	2) Yu Ethan	11
3) Jason Woo	4) Alex Coelho	12
5 Burlington	1:38.54	1
1) Khael Alcider	2) Dylan Giles	11
3) Robert Benjamin	4) Alex Murray	11
6 Wilmington	1:39.46	1
1) Jonathan Magliozzi	2) Hunter Sands	11
3) Aidan Burke	4) Matt Steinmetz	12
7 Arlington	1:40.25	2
1) John White	2) Jonathan Peng	10

Middlesex League Indoor T&F Block #5 - 1/26/2023
the TRACK at new balance
Results

....Boys 4x200 Meter Relay Varsity

3) Elliot Elkin 11	4) Aidan Sheehan 12		
8 Wakefield		1:40.67	2
1) Alejandro Borda 11	2) William Riley 12		
3) Adam Levy 10	4) Aiden Jones 9		
9 Melrose		1:42.00	1
1) Nathaniel Varat 12	2) Brendan Radzik 10		
3) Armand Pierre 11	4) Josh Grant 11		
10 Stoneham		1:43.08	1
1) Cameron Forest 10	2) Sam Goncalves 10		
3) Sean Kilty 10	4) Omar Habbouche 9		
11 Watertown		1:53.30	2
1) Henry Broadstone 12	2) Mason Smith 12		
3) Zuhayr Mashud 12	4) Noah Broadstone 10		
-- Reading		DNF	2
1) Sachin Patel 12	2) Dan Fraine 12		
3) Baxter McCarthy 12	4) Thomas Gallegos 12		

Boys 4x400 Meter Relay Varsity

School	Finals	H#
1 Burlington	3:35.12	1
1) Anthony Abbott 12	2) Elijah Wolinski 12	
3) Connor Herrera 12	4) Colin Irwin 11	
53.048 (53.048)	1:47.347 (54.300)	2:41.864 (54.517)
		3:35.120 (53.256)
2 Lexington	3:37.44	1
1) Nicholas Chipashvili 12	2) Nayan Das 11	
3) Ioannis Alexios Kontothanassis	4) McKenna O'Hare Gibson 11	
54.582 (54.582)	1:51.458 (56.876)	2:45.773 (54.316)
		3:37.431 (51.658)
3 Reading	3:37.97	2
1) Jackson Clish 12	2) Thomas Gallegos 12	
3) Sachin Patel 12	4) Baxter McCarthy 12	
55.262 (55.262)	1:50.793 (55.532)	2:45.961 (55.168)
		3:37.965 (52.004)
4 Woburn	3:44.56	2
1) Leyland Stack 12	2) James Carriere 12	
3) Ezekiel Altman 11	4) Matt Balleani 11	
55.979 (55.979)	1:52.390 (56.412)	2:49.909 (57.519)
		3:44.556 (54.648)
5 Melrose	3:46.71	1
1) Russell O'Donnell 12	2) Jack Kavanagh 9	
3) Pablo Leton Camara 10	4) Samuel O'Donnell 11	
55.999 (55.999)	1:51.224 (55.225)	2:49.692 (58.468)
		3:46.706 (57.015)
6 Belmont	3:49.65	1
1) Alex Coelho 12	2) Leo Carpenter 12	
3) Luke Fitzpatrick 12	4) Eli Meretta 10	
58.555 (58.555)	1:56.826 (58.272)	2:52.768 (55.942)
		3:49.645 (56.878)
7 Winchester	3:51.01	2
1) Brett Luthern 12	2) Leo Arone 11	
3) Clark Li 11	4) Ted Cutting 11	
56.439 (56.439)	1:55.290 (58.851)	2:53.075 (57.786)
		3:51.009 (57.934)
8 Watertown	3:53.44	2
1) Adam Wainwright 10	2) Jeylani Thiam 10	
3) Domenic Tocchio 10	4) Michael Jokic 11	
59.306 (59.306)	1:56.208 (56.902)	2:56.619 (1:00.412)
		3:53.436 (56.817)
9 Wakefield	3:54.18	2

Middlesex League Indoor T&F Block #5 - 1/26/2023
the TRACK at new balance
Results

....Boys 4x400 Meter Relay Varsity

1) Michael Arria 11	2) Leith Jones 12				
3) Brendan Campea 11	4) Jacob Ciriello 10				
59.346 (59.346)	1:58.187 (58.841)	2:58.482 (1:00.296)	3:54.177 (55.695)		
10 Arlington		3:55.83 2			
1) Alexander LaSpina 9	2) Robert (Nash) Philbin 11				
3) Nico Peukert 9	4) Nolan Koopmann 9				
59.910 (59.910)	1:58.651 (58.742)	2:57.288 (58.637)	3:55.829 (58.541)		
11 Stoneham		3:56.80 1			
1) Breno Lousada 9	2) Kevin Marchand 9				
3) Tom Ciulla 10	4) Jordan Carnabucci 12				
58.588 (58.588)	1:55.356 (56.768)	2:55.397 (1:00.042)	3:56.793 (1:01.396)		
12 Wilmington		4:09.15 1			
1) Tyler Nguyen 12	2) Owen Mitchell 12				
3) Roman Moretti 12	4) Thomas Burns 11				
1:00.360 (1:00.360)	2:02.749 (1:02.389)	3:03.059 (1:00.310)	4:09.148 (1:06.090)		

Boys High Jump Varsity

Name	Year	School	Finals
1 Tyler Lloyd	12	Reading	6-03.00
5-02 5-04 5-06 5-08 5-09 5-11 6-01 6-03 6-05			
--- --- --- --- 0 0 XO XXO XXX			
2 Elijah Wolinski	12	Burlington	6-01.00
5-02 5-04 5-06 5-08 5-09 5-11 6-01 6-03			
--- 0 0 0 --- XXO XXO XXX			
3 Rowan McConkey	12	Arlington	5-11.00
5-02 5-04 5-06 5-08 5-09 5-11 6-01			
--- --- --- --- 0 0 XXX			
4 Sean Collins	11	Woburn	J5-11.00
5-02 5-04 5-06 5-08 5-09 5-11 6-01			
0 0 0 0 XO XXO XXX			
5 McKenna O'Hare Gibson	11	Lexington	5-09.00
5-02 5-04 5-06 5-08 5-09 5-11			
0 0 XO 0 XXO XXX			
6 Ryan Lush	10	Woburn	J5-09.00
5-02 5-04 5-06 5-08 5-09 5-11			
0 0 0 XXO XXO XXX			
7 Ben Bruno	10	Stoneham	5-08.00
5-02 5-04 5-06 5-08 5-09			
0 0 0 XXO XXX			
7 Austin Lasseter	11	Belmont	5-08.00
5-02 5-04 5-06 5-08 5-09			
0 0 0 XXO XXX			
9 Anthony Arria	12	Wakefield	J5-08.00
5-02 5-04 5-06 5-08 5-09			
0 XO 0 XXO XXX			
10 Hunter Sands	11	Wilmington	5-06.00
5-02 5-04 5-06 5-08			
0 0 0 XXX			
11 Sean Patrone	11	Wilmington	J5-06.00
5-02 5-04 5-06 5-08			
XO XXO 0 XXX			
12 Shawn Conlon	12	Woburn	J5-06.00
5-02 5-04 5-06 5-08			
0 0 XO XXX			

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys High Jump Varsity**

13 Dylan Brown	10 Stoneham	5-04.00
5-02 5-04 5-06		
0 0 XXX		
13 Sachin Patel	12 Reading	5-04.00
5-02 5-04		
--- 0		
15 Simon Tandeih	9 Lexington	J5-04.00
5-02 5-04 5-06		
XO 0 XXX		
16 Sean Kilty	10 Stoneham	J5-04.00
5-02 5-04 5-06		
0 XO XXX		
16 Leone Jacini	12 Arlington	J5-04.00
5-02 5-04 5-06		
0 XO XXX		
18 William Riley	12 Wakefield	5-02.00
5-02 5-04		
0 XXX		
18 Tyler Callahan	12 Burlington	5-02.00
5-02 5-04		
0 XXX		
18 Aiden Jones	9 Wakefield	5-02.00
5-02 5-04		
0 XXX		
18 Nicholas Hitchman	10 Melrose	5-02.00
5-02 5-04		
0 XXX		
18 Nathaniel Gillette	12 Belmont	5-02.00
5-02 5-04		
0 XXX		
23 Charles Desmond	11 Burlington	J5-02.00
5-02 5-04		
XO XXX		
24 Trentyn Hodges	12 Melrose	J5-02.00
5-02 5-04		
XXO XXX		
-- Tynan Fields	12 Arlington	NH
5-02		
XXX		
-- Jack Hoppe	11 Reading	NH
5-02		
XXX		
-- Owen Mitchell	12 Wilmington	NH
5-02		
XXX		
-- Ryan Zhang	10 Lexington	NH
5-02		
XXX		

Boys Long Jump Varsity

Name	Year	School	Finals	H#
1 Kuzey Kaya	12	Winchester	21-04.75	3
FOUL	21-04.75	20-01.75		

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys Long Jump Varsity**

2	Elijah Wolinski	12	Burlington	20-06.75	2
	19-03.50 20-06.75 19-10				
3	Thomas Gallegos	12	Reading	19-11.75	3
	19-07.75 19-04 19-11.75				
4	Austin Lasseter	11	Belmont	19-08.25	1
	19-03.75 19-08.25 19-02				
5	Jonathan Magliozzi	12	Wilmington	19-07.50	2
	18-08 19-07.50 FOUL				
6	Rowan McConkey	12	Arlington	19-05.50	2
	FOUL FOUL 19-05.50				
6	Josh Grant	11	Melrose	19-05.50	1
	19-05.50 FOUL 18-05.50				
8	Robert Benjamin	12	Burlington	19-03.50	2
	18-03.25 FOUL 19-03.50				
9	Jae Young Yu	11	Reading	19-02.00	3
	18-08.25 17-11.75 19-02				
10	Sean Crogan	11	Lexington	19-01.00	1
	19-01 18-03.50 17-06.75				
11	Alex Tran	11	Woburn	18-11.00	2
	18-06.25 18-02.25 18-11				
12	Michael Jokic	11	Watertown	18-10.50	3
	18-10.50 FOUL 17-02.25				
12	Michael Gerfen	12	Lexington	18-10.50	1
	18-10.50 18-08.25 17-10.75				
14	Anthony Abbott	12	Burlington	18-09.50	2
	18-07.50 17-08.75 18-09.50				
15	Jerry Gong	12	Lexington	18-09.00	1
	FOUL FOUL 18-09				
16	Anthony Arria	12	Wakefield	18-08.25	3
	18-08.25 18-06 FOUL				
17	Charles Hoogendoorn	12	Winchester	18-08.00	3
	18-08 FOUL 18-07.50				
18	Ben Bruno	10	Stoneham	18-07.25	1
	18-02 18-06.25 18-07.25				
18	Nick Cramer	11	Woburn	18-07.25	2
	18-02.75 18-07.25 18-03.50				
20	Tom Ciulla	10	Stoneham	18-04.50	1
	18-04.50 17-05.50 FOUL				
21	Chase Korotkin	10	Winchester	18-01.00	3
	FOUL 18-01 FOUL				
22	Aiden Jones	9	Wakefield	18-00.50	3
	18-00.25 18-00.50 17-11				
23	Brendan Radzik	10	Melrose	17-09.75	1
	17-09.75 FOUL FOUL				
24	Gryffin Stoddard	12	Reading	17-07.00	3
	FOUL 17-07 FOUL				
25	Aidan Burke	11	Wilmington	16-07.00	2
	13-11.75 16-00.50 16-07				
25	Sean Patrone	11	Wilmington	16-07.00	2
	FOUL 16-05 16-07				
27	Stephen Hong	11	Belmont	16-03.25	1
	15-03 16-03.25 FOUL				
28	Xingyu Wu	10	Stoneham	15-09.00	1
	14-11 15-09 FOUL				

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys Long Jump Varsity**

29 Prabhdeep Bassan	12 Arlington	15-08.50	2
15-06.25 15-00 15-08.50			
30 Adam Levy	10 Wakefield	15-04.25	3
FOUL 15-04.25 FOUL			
-- Jason Woo	12 Belmont	FOUL	1
FOUL FOUL FOUL			
-- Trentyn Hodges	12 Melrose	FOUL	1
FOUL FOUL FOUL			

Boys Triple Jump Varsity

Name	Year	School	Finals
1 Ioannis Alexios Kontotha	12	Lexington	41-07.75
40-05.50 41-07.75 41-01			
2 Ryan Zhang	10	Lexington	34-06.00
33-07.25 34-06 33-05			
3 Tyler Callahan	12	Burlington	34-05.00
FOUL 33-03.25 34-05			
4 Aidan Connelly	10	Arlington	34-04.75
30-09 34-04.75 FOUL			

Boys Shot Put Varsity

Name	Year	School	Finals	H#
1 Kaden Cassidy	12	Lexington	48-07.50	1
FOUL 48-07.50 43-03.50				
2 Julian Sacca	11	Burlington	47-08.25	2
47-08.25 47-08.25 FOUL				
3 Peter Tompkins	12	Reading	43-02.75	3
42-05 43-02.25 43-02.75				
4 John White	12	Arlington	41-02.75	2
41-00.25 40-07.25 41-02.75				
5 Henry Gresh	12	Reading	40-08.75	3
39-05.75 40-08.75 37-09.75				
6 Paul Mannke	12	Stoneham	40-00.50	1
FOUL FOUL 40-00.50				
7 Bryce Hubbard	11	Belmont	39-05.00	1
39-05 FOUL 38-01				
8 Christian Arrington	11	Lexington	38-06.50	1
36-02.50 38-06.50 FOUL				
9 Elijah Brown	11	Lexington	38-01.00	1
38-01 37-04.25 36-04.25				
10 Liam Welch	11	Burlington	37-08.50	2
37-08.50 37-04.75 FOUL				
11 Owen Shi	12	Arlington	37-05.75	2
34-09.25 37-05.75 FOUL				
12 Alex Grande	12	Reading	37-04.00	3
36-07.75 37-04 36-09.50				
13 Jack Claeys	12	Melrose	37-02.00	1
37-02 35-07 35-06.25				
14 Jerome Montgomery	10	Winchester	36-11.50	3
FOUL 36-09.50 36-11.50				

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys Shot Put Varsity**

15	Mason Morris	11	Stoneham	36-10.25	1
	36-08 36-10.25 34-10.25				
16	Carlson Harrison	11	Belmont	36-06.25	1
	FOUL 34-11.75 36-06.25				
17	Colin Maguire	10	Lexington	36-05.25	1
	34-08.50 34-08.50 36-05.25				
18	Donaldo Robelo	12	Stoneham	36-01.50	1
	35-05.75 35-00.50 36-01.50				
19	Nahshon Lubowa	9	Woburn	35-08.75	2
	FOUL FOUL 35-08.75				
20	Kevin Conte	11	Burlington	34-11.50	2
	34-11 34-11.50 32-05.25				
21	Brady Swanson	12	Reading	34-11.25	3
	33-02.50 34-11.25 32-04				
22	Ayden Austin	9	Winchester	34-11.00	3
	33-05.50 31-04.25 34-11				
23	Parker Nagtegaal	12	Winchester	34-08.25	3
	33-03.75 34-08.25 34-03.25				
24	Alexander Fitzsimmons	11	Arlington	34-07.00	2
	34-07 x x				
25	Braden Huddleston	12	Wilmington	33-07.00	2
	32-06 31-04 33-07				
26	Matthew Frizzell	12	Woburn	33-05.25	2
	FOUL 32-09 33-05.25				
27	Henry Pouliot	11	Stoneham	33-04.50	1
	33-01.50 33-04.50 32-08				
28	Dillon Dooley	10	Woburn	33-01.25	2
	32-06 33-01.25 31-10.75				
29	Payton Andrade	12	Watertown	33-00.25	3
	31-02 31-11 33-00.25				
30	Jack McAree	10	Melrose	32-04.25	1
	31-02.25 32-04.25 FOUL				
31	Bennett Cassavoy	11	Melrose	31-11.00	1
	30-09.75 31-11 31-09.25				
32	Lucas Gorham	12	Wilmington	31-06.50	2
	30-11.50 31-05.75 31-06.50				
33	Rohan Mannan	12	Watertown	31-02.50	3
	28-11.25 30-00.25 31-02.50				
34	James Wethly	12	Winchester	31-02.25	3
	30-11.50 31-02.25 30-04				
35	Robert Hagopian	12	Wakefield	31-00.50	3
	FOUL 31-00.50 30-01				
36	Charley Krygowski	12	Melrose	29-08.75	1
	29-08.75 FOUL FOUL				
37	Ben Ryder	11	Wakefield	29-07.25	3
	29-07.25 29-00.25 29-02.25				
38	Liam Lydon	12	Wilmington	29-07.00	2
	29-07 FOUL 28-07				
39	Owen Brudnik	10	Wakefield	29-01.00	3
	28-11.75 29-01 26-08				
40	Terrance Armstrong	10	Woburn	29-00.50	2
	FOUL 28-10.25 29-00.50				
41	Arav Thikekar	10	Burlington	28-11.00	2
	28-07.50 26-02.50 28-11				

Middlesex League Indoor T&F Block #5 - 1/26/2023**the TRACK at new balance****Results****....Boys Shot Put Varsity**

42 Gabriel Borges	9 Wilmington	27-10.25	2
FOUL 27-10.25 FOUL			
43 Sam Ryder	11 Wakefield	27-08.25	3
25-08.50 27-08.25 27-02.50			
44 Calvin Wood	10 Arlington	25-00.75	2
23-10.75 25-00.75 20-03.50			
45 Randy Delgado	11 Watertown	24-09.75	3
FOUL 24-09.75 21-07.50			

Boys Weight Throw Varsity

Name	Year School	Finals
1 Jack Ngo	12 Lexington	56-03.25
FOUL 55-03.75 56-03.25		
2 Kaden Cassidy	12 Lexington	52-07.50
52-07.50 FOUL FOUL		
3 Raphael LeDonne	10 Lexington	44-07.25
39-09.25 FOUL 44-07.25		
4 Kevin Conte	11 Burlington	41-01.50
35-00.25 41-01.50 FOUL		
5 Julian Sacca	11 Burlington	40-03.00
38-02.25 FOUL 40-03		
6 Elijah Brown	11 Lexington	38-01.00
FOUL FOUL 38-01		
7 Liam Welch	11 Burlington	34-06.25
34-06.25 FOUL FOUL		
-- Christian Arrington	11 Lexington	FOUL
FOUL FOUL FOUL		