

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****Boys 55 M Dash**

Name	Year	School	Finals	H#
Finals				
1 Killian, Daniel	11	Winchester	6.58	4
2 Nelson, George	12	Winchester	6.77	4
3 O'Hare Gibson, McKenna	12	Lexington	6.81	4
4 Gori, Ethan	12	Wakefield	6.85	6
5 Yazici, James	11	Winchester	6.88	4 6.871
6 Brooks, Ryan	10	Burlington	6.88	3 6.877
7 Yu, Victor	12	Lexington	6.88	4 6.879
8 Gu, Andrew	10	Lexington	6.90	4
9 Lubowa, Nahshon	10	Woburn	6.93	2
10 George, Tim	11	Lexington	6.96	4
11 Cox, Sean	11	Burlington	6.97	3
12 McElligot, Tommy	12	Melrose	6.98	5 6.973
13 Lecomte, Tyler	11	Melrose	6.98	5 6.980
14 Lasseter, Austin	12	Belmont	6.99	1
15 Yu, Ethan	12	Belmont	7.02	1
16 Yu, Jae Young	12	Reading	7.03	2
17 Jones, Aiden	10	Wakefield	7.08	6 7.074
18 Fiote, Sebastien	11	Melrose	7.08	5 7.078
19 Levy, Adam	11	Wakefield	7.11	6
20 Hernandez, Aiden	12	Watertown	7.14	5
21 Caraco, Michael	9	Reading	7.17	2
22 Melo, Isaac	10	Wakefield	7.21	6
23 Forest, Cameron	11	Stoneham	7.22	3 7.211
24 Philiossaint, Martin	11	Wilmington	7.22	6 7.217
25 Vining, Quinlan	12	Woburn	7.24	2
26 Adhiya, Omkar	12	Arlington	7.31	1
27 Federico, Jason	10	Stoneham	7.32	3
28 Conte, Matthew	10	Burlington	7.33	3 7.327
28 Mahadi, Arvino	11	Belmont	7.33	1 7.327
30 Forest, Connor	11	Stoneham	7.33	3 7.330
31 Hagenbuch, Mo	12	Arlington	7.34	1 7.332
32 Oliveira de Mattos, Gabe	10	Watertown	7.34	5 7.333
33 Georgopoulos, Constantin	12	Reading	7.35	2
34 Centurelli, Jack	12	Winchester	7.38	4 7.373
35 Federico, Frankie	10	Stoneham	7.38	3 7.376
36 Lim, Riley	12	Reading	7.38	2 7.378
37 O'Divin, Chris	10	Burlington	7.39	3
38 Ma, Andrew	11	Belmont	7.43	1
39 Foresyth, Jonathan	12	Wilmington	7.46	6
40 Moloney, Keegan	11	Melrose	7.49	5
41 Fernandes, Josh	9	Woburn	7.52	2
42 Burkhardt, Iain	10	Arlington	7.55	1
43 Jean, Marvins	11	Wilmington	7.60	6
44 Oliveira, Luccas	11	Watertown	7.64	5
45 Molina, Cameron	9	Wilmington	7.74	6
46 Tocchio, Domenic	11	Watertown	7.78	5

Boys 300 M Dash

Name	Year	School	Finals	H#
1 Uda-Thach, Khai	12	Lexington	36.50	4

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2 Radzik, Brendan	11 Melrose	37.61	5
3 Pacini, Ryan	12 Woburn	37.90	2
4 Giles, Dylan	12 Burlington	37.95	3
5 Ciulla, Tom	11 Stoneham	38.36	3
6 Austin, Nick	12 Reading	38.52	2
7 Baker, Ashvin	11 Wilmington	38.57	6
8 George, Tim	11 Lexington	38.61	4
9 Fleming, James	11 Winchester	38.75	4
10 Ssebugwawo, Jevon	12 Melrose	38.77	5
11 Leshchiner, Andrey	11 Belmont	38.78	1
12 Matos, Elijah	12 Woburn	38.87	2
13 Elkin, Elliot	12 Arlington	39.06	1
14 Peng, Jonathan	11 Arlington	39.10	1
15 Naykene, Natan	11 Winchester	39.32	4
16 Wainwright, Adam	11 Watertown	39.50	5
17 Marchand, Kevin	10 Stoneham	39.51	3
18 Abbott, Nicholas	11 Burlington	39.93	3
19 Kulubya, Dawit	10 Woburn	39.99	2
20 Borda, Alejandro	12 Wakefield	40.02	6
21 LaSpina, Alexander	10 Arlington	40.04	1
22 Philiossaint, Martin	11 Wilmington	40.05	6
23 Jenks, Cameron	11 Wilmington	40.10	6
24 Selsky, Eli	9 Lexington	40.22	4
25 Jefferson, Carter	10 Wakefield	40.71	6
26 Kothavade, Gautam	11 Belmont	40.75	1
27 Forest, Connor	11 Stoneham	41.34	3
28 Zarella, Matthew	10 Melrose	42.05	5
29 DiOrio, Ross	12 Belmont	42.20	1
30 Centurelli, Jack	12 Winchester	42.22	4
31 Brown, Eli	10 Reading	43.23	2
32 Oliveira de Mattos, Gabe	10 Watertown	43.29	5
33 Audley, Evan	10 Reading	43.49	2
34 D'Ambrosio, Kam	12 Wakefield	46.56	6

Boys 600 M Run

Name	Year School	Finals	H#
1 Johnson, Tyler	12 Winchester	1:25.75	4
27.324 (27.324)	55.272 (27.948)	1:25.746 (30.475)	
2 Dutta, Rohan	11 Burlington	1:27.83	3
27.795 (27.795)	56.823 (29.028)	1:27.824 (31.001)	
3 Barry, Zachary	11 Lexington	1:28.18	4
28.797 (28.797)	58.072 (29.276)	1:28.176 (30.104)	
4 Hannabury, Liam	12 Reading	1:28.85	2
28.683 (28.683)	58.978 (30.296)	1:28.842 (29.864)	
5 Pendergast, Tyler	10 Woburn	1:29.28	2
28.895 (28.895)	59.342 (30.448)	1:29.275 (29.933)	
6 O'Donnell, Samuel	12 Melrose	1:29.52	5
28.131 (28.131)	59.244 (31.113)	1:29.519 (30.276)	
7 Malley, Mark	12 Reading	1:30.40	2
28.945 (28.945)	59.954 (31.009)	1:30.400 (30.447)	
8 Sarnoski, Matthew	11 Melrose	1:30.49	5
28.607 (28.607)	59.230 (30.623)	1:30.483 (31.254)	

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9 Tully, Jonah	11 Melrose	1:30.82	5
28.563 (28.563)	59.523 (30.960)	1:30.812 (31.289)	
10 Balleani, Matt	12 Woburn	1:31.09	2
29.060 (29.060)	59.568 (30.508)	1:31.084 (31.516)	
11 Smith, Colin	10 Lexington	1:32.30	4
28.579 (28.579)	59.344 (30.766)	1:32.297 (32.953)	
12 Kansagra, Eshaan	11 Burlington	1:32.74	3
28.353 (28.353)	58.827 (30.475)	1:32.736 (33.909)	
13 Yoon-Kim, Zachary	12 Winchester	1:33.19	4
28.164 (28.164)	58.407 (30.244)	1:33.190 (34.784)	
14 Wyatt, Brody	11 Wakefield	1:33.45	6
28.960 (28.960)	1:00.596 (31.637)	1:33.445 (32.849)	
15 Gigler, Cameron	10 Reading	1:33.58	2
29.823 (29.823)	1:02.509 (32.686)	1:33.580 (31.072)	
16 House, Eric	9 Lexington	1:34.38	4
28.963 (28.963)	59.456 (30.494)	1:34.380 (34.924)	
17 Martin, Aidan	11 Wakefield	1:34.72	6
30.910 (30.910)	1:02.756 (31.847)	1:34.714 (31.958)	
18 Burke, Aidan	12 Wilmington	1:35.16	6
29.730 (29.730)	1:01.900 (32.170)	1:35.152 (33.252)	
19 Dizio, Carlin	9 Woburn	1:35.23	2
30.245 (30.245)	1:02.835 (32.591)	1:35.226 (32.391)	
20 Thiam, Jeylani	11 Watertown	1:35.91	5
28.738 (28.738)	1:00.645 (31.908)	1:35.907 (35.263)	
21 Philbin, Robert (Nash)	12 Arlington	1:36.47	1
30.094 (30.094)	1:03.782 (33.688)	1:36.470 (32.688)	
22 Lubetsky, Jacob	12 Belmont	1:36.73	1
30.113 (30.113)	1:04.134 (34.021)	1:36.729 (32.596)	
23 Ward, Jacob	10 Reading	1:36.85	2
30.024 (30.024)	1:03.196 (33.172)	1:36.850 (33.654)	
24 Khaleel, Mehran	10 Burlington	1:37.96	3
31.378 (31.378)	1:03.746 (32.368)	1:37.954 (34.208)	
25 Kikuchi, Yuta	12 Arlington	1:38.28	1
30.635 (30.635)	1:04.496 (33.861)	1:38.275 (33.780)	
26 Ciriello, Jacob	11 Wakefield	1:38.88	6
31.587 (31.587)	1:05.126 (33.540)	1:38.877 (33.752)	
27 Hendy, James	10 Arlington	1:39.48	1
30.959 (30.959)	1:04.871 (33.912)	1:39.473 (34.602)	
28 Carnabucci, Ian	9 Stoneham	1:39.56	3
30.306 (30.306)	1:03.152 (32.847)	1:39.560 (36.408)	
29 Maul, Huckleberry	9 Stoneham	1:40.52	3
31.218 (31.218)	1:03.595 (32.378)	1:40.514 (36.920)	
30 Nicolas, Michael	12 Woburn	1:40.76	2
29.678 (29.678)	1:04.257 (34.580)	1:40.751 (36.495)	
31 Grace, Dylan	10 Wilmington	1:42.36	6
32.720 (32.720)	1:07.530 (34.811)	1:42.359 (34.829)	
32 Schoenholtz, Ethan	11 Wilmington	1:42.65	6
33.050 (33.050)	1:07.832 (34.782)	1:42.644 (34.813)	
33 Karamcheti, Kush	11 Melrose	1:43.01	5
31.422 (31.422)	1:05.191 (33.769)	1:43.010 (37.820)	
34 Calhoun, Prince	11 Woburn	1:43.80	2
30.823 (30.823)	1:05.911 (35.088)	1:43.792 (37.881)	
35 Quinn, Andrew	10 Belmont	1:44.88	1
31.154 (31.154)	1:06.266 (35.112)	1:44.872 (38.607)	

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36 Willems Cleetus, Gael	10 Arlington	1:44.93	1
31.951 (31.951)	1:07.779 (35.828)	1:44.930 (37.152)	
37 Broadstone, Noah	11 Watertown	1:45.74	5
31.610 (31.610)	1:06.473 (34.864)	1:45.731 (39.259)	
38 Martin, Charles	10 Arlington	1:46.33	1
32.958 (32.958)	1:09.498 (36.540)	1:46.323 (36.826)	
39 Brown, Dylan	11 Stoneham	1:46.66	3
31.773 (31.773)	1:06.662 (34.889)	1:46.654 (39.993)	
40 Conley, Jackson	9 Wakefield	1:47.77	6
34.223 (34.223)	1:11.728 (37.505)	1:47.770 (36.043)	
41 Nagappan, Arun	9 Burlington	1:49.02	3
33.060 (33.060)	1:11.242 (38.183)	1:49.017 (37.775)	
42 Brown, Ryan	11 Burlington	1:49.47	3
32.722 (32.722)	1:10.350 (37.629)	1:49.463 (39.113)	
43 Paolini, Christian	11 Stoneham	1:49.69	3
32.514 (32.514)	1:08.995 (36.481)	1:49.681 (40.686)	
44 Atwater, Zachary	9 Wilmington	1:53.20	6
34.019 (34.019)	1:14.479 (40.460)	1:53.200 (38.721)	
45 Smith, Aidan	9 Stoneham	1:54.11	3
34.114 (34.114)	1:12.924 (38.810)	1:54.109 (41.185)	
46 Farias, Gustavo	10 Wilmington	1:57.50	6
33.579 (33.579)	1:14.096 (40.517)	1:57.498 (43.403)	

Boys 1000 M Run

Name	Year School	Finals	H#
1 Mezikofsky, William	12 Wakefield	2:41.44	3
33.917 (33.917)	1:08.459 (34.543)	1:39.099 (30.640)	2:10.501 (31.402)
2:41.435 (30.935)			
2 Irwin, Colin	12 Burlington	2:44.38	2
31.391 (31.391)	1:03.604 (32.214)	1:36.682 (33.078)	2:11.094 (34.412)
2:44.380 (33.287)			
3 Bates, Zachary	12 Woburn	2:44.67	1
31.743 (31.743)	1:04.150 (32.408)	1:37.976 (33.826)	2:13.362 (35.386)
2:44.669 (31.308)			
4 Barbato, Chris	11 Reading	2:44.75	1
31.994 (31.994)	1:04.577 (32.583)	1:38.259 (33.683)	2:13.707 (35.448)
2:44.742 (31.036)			
5 Taggart, Liam	12 Wakefield	2:46.89	3
33.505 (33.505)	1:07.867 (34.363)	1:40.294 (32.427)	2:13.751 (33.458)
2:46.890 (33.139)			
6 Cunningham, Nathan	11 Lexington	2:47.36	2
31.624 (31.624)	1:04.226 (32.602)	1:38.943 (34.717)	2:15.440 (36.497)
2:47.356 (31.916)			
7 Fletcher, Will	11 Lexington	2:48.48	2
31.854 (31.854)	1:04.478 (32.624)	1:39.198 (34.720)	2:14.905 (35.708)
2:48.471 (33.566)			
8 Mezikofsky, Ethan	11 Wakefield	2:49.68	3
33.583 (33.583)	1:08.517 (34.934)	1:42.574 (34.058)	2:17.498 (34.924)
2:49.673 (32.175)			
9 Burns, Thomas	12 Wilmington	2:50.27	3
33.230 (33.230)	1:08.261 (35.032)	1:42.178 (33.918)	2:17.166 (34.988)
2:50.267 (33.101)			

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10 Hall, Alden	9 Lexington	2:51.64	2		
33.252 (33.252)	1:07.929 (34.677)	1:43.866 (35.937)		2:19.208 (35.342)	
2:51.638 (32.431)					
11 Yuki, Toshio	12 Lexington	2:52.38	2		
32.208 (32.208)	1:05.245 (33.038)	1:39.791 (34.546)		2:15.700 (35.909)	
2:52.376 (36.677)					
12 Chase, Clay	11 Reading	2:53.42	1		
32.566 (32.566)	1:06.538 (33.972)	1:41.859 (35.321)		2:18.682 (36.823)	
2:53.419 (34.738)					
13 Chumack, Mark	11 Belmont	2:53.92	1		
32.958 (32.958)	1:07.238 (34.281)	1:42.870 (35.632)		2:18.980 (36.110)	
2:53.915 (34.936)					
14 Peukert, Nico	10 Arlington	2:55.52	1		
32.566 (32.566)	1:07.818 (35.252)	1:44.250 (36.433)		2:21.573 (37.323)	
2:55.517 (33.944)					
15 Caldwell, Adam	10 Melrose	2:56.88	3		
33.434 (33.434)	1:09.261 (35.827)	1:46.354 (37.094)		2:24.533 (38.179)	
2:56.880 (32.348)					
16 Moir, Jack	11 Arlington	2:57.81	1		
32.619 (32.619)	1:07.518 (34.900)	1:43.962 (36.444)		2:21.957 (37.996)	
2:57.804 (35.848)					
17 Strong, John	10 Melrose	2:58.04	3		
33.684 (33.684)	1:09.497 (35.813)	1:46.772 (37.276)		2:24.082 (37.311)	
2:58.039 (33.957)					
18 Cardin, Nathan	12 Wilmington	3:02.33	3		
33.901 (33.901)	1:09.988 (36.088)	1:47.838 (37.851)		2:26.492 (38.654)	
3:02.326 (35.834)					
19 Chao, Parker	10 Winchester	3:03.29	2		
32.661 (32.661)	1:08.804 (36.143)	1:48.328 (39.524)		2:27.811 (39.484)	
3:03.289 (35.479)					
20 Ivanov, Ivan	10 Burlington	3:03.98	2		
32.760 (32.760)	1:08.928 (36.168)	1:48.779 (39.852)		2:27.842 (39.064)	
3:03.971 (36.129)					
21 Caruso, Marcello	11 Wakefield	3:04.73	3		
33.695 (33.695)	1:09.586 (35.891)	1:47.129 (37.544)		2:26.106 (38.977)	
3:04.728 (38.623)					
22 Thompson, Henry	10 Belmont	3:05.68	1		
34.440 (34.440)	1:11.430 (36.991)	1:50.219 (38.789)		2:30.248 (40.029)	
3:05.671 (35.424)					
23 Ji, Anderson	10 Melrose	3:05.75	3		
34.578 (34.578)	1:12.066 (37.488)	1:51.613 (39.548)		2:31.346 (39.733)	
3:05.741 (34.396)					
24 Lamoretti, Jayden	11 Burlington	3:06.44	2		
32.425 (32.425)	1:08.414 (35.989)	1:48.640 (40.227)		2:28.228 (39.588)	
3:06.440 (38.212)					
25 Brown, Calvin	12 Reading	3:06.69	1		
33.415 (33.415)	1:09.327 (35.912)	1:47.734 (38.408)		2:28.711 (40.977)	
3:06.690 (37.979)					
26 Keenan, Owen	11 Woburn	3:07.70	1		
32.408 (32.408)	1:08.795 (36.388)	1:48.402 (39.607)		2:29.777 (41.376)	
3:07.700 (37.924)					
27 Sweeney, Jack	11 Arlington	3:07.87	1		
34.205 (34.205)	1:10.485 (36.280)	1:48.914 (38.430)		2:29.214 (40.300)	
3:07.862 (38.649)					

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28 Schromm, Henry	11 Reading	3:08.49	1		
35.227 (35.227)	1:12.546 (37.320)	1:51.236 (38.690)		2:30.744	(39.508)
3:08.490 (37.747)					
29 Altman, Ezekiel	12 Woburn	3:08.64	1		
31.944 (31.944)	1:05.006 (33.062)	1:44.268 (39.263)		2:33.711	(49.444)
3:08.634 (34.924)					
30 Thiagarajah, Kairav	10 Arlington	3:09.05	1		
34.784 (34.784)	1:11.962 (37.178)	1:51.881 (39.920)		2:32.090	(40.210)
3:09.044 (36.954)					
31 Mohd, Yusuf	11 Woburn	3:10.66	1		
33.954 (33.954)	1:12.298 (38.344)	1:53.143 (40.846)		2:33.750	(40.608)
3:10.654 (36.904)					
32 Molinaro, Mateo	10 Stoneham	3:13.73	2		
33.275 (33.275)	1:10.487 (37.212)	1:51.586 (41.100)		2:33.489	(41.904)
3:13.724 (40.235)					
33 Singh, Neervik	10 Belmont	3:18.64	1		
34.878 (34.878)	1:12.796 (37.919)	1:53.634 (40.839)		2:36.198	(42.564)
3:18.632 (42.434)					
34 Liu, Richard	12 Belmont	3:18.98	1		
33.264 (33.264)	1:09.897 (36.633)	1:50.043 (40.147)		2:34.635	(44.592)
3:18.978 (44.343)					
35 Patel, Krish	10 Wilmington	3:35.89	3		
37.695 (37.695)	1:19.831 (42.136)	2:05.749 (45.918)		2:52.007	(46.259)
3:35.883 (43.876)					
36 Abbott, Matt	12 Wilmington	3:51.40	3		
39.311 (39.311)	1:22.115 (42.804)	2:14.222 (52.108)		3:05.211	(50.989)
3:51.394 (46.183)					
-- Carnabucci, Ian	9 Stoneham	DNF	2		
34.217 (34.217)	1:13.796 (39.580)				
-- Conway, Charles	11 Stoneham	DNF	2		
33.862 (33.862)	1:11.851 (37.989)				

Boys 1 Mile Run

Name	Year School	Finals	H#		
1 Almeida, Krish	11 Burlington	4:35.98	1		
35.197 (35.197)	1:09.052 (33.856)	1:43.416 (34.364)		2:18.260	(34.844)
2:53.356 (35.096)	3:29.309 (35.953)	4:03.471 (34.163)		4:35.974	(32.504)
2 Cheung, Anderson (Andy)	11 Arlington	4:37.03	1		
34.970 (34.970)	1:08.804 (33.834)	1:43.248 (34.444)		2:17.983	(34.736)
2:53.077 (35.095)	3:28.997 (35.920)	4:03.086 (34.090)		4:37.022	(33.936)
3 Connolly, Timothy	10 Reading	4:42.12	1		
36.505 (36.505)	1:10.871 (34.366)	1:46.080 (35.209)		2:23.618	(37.539)
3:01.197 (37.579)	3:36.453 (35.256)	4:09.228 (32.776)		4:42.118	(32.891)
4 Zhang, Max	11 Lexington	4:43.10	2		
34.945 (34.945)	1:10.293 (35.348)	1:47.018 (36.726)		2:22.197	(35.179)
2:58.013 (35.816)	3:34.422 (36.410)	4:09.678 (35.256)		4:43.093	(33.415)
5 Arria, Michael	12 Wakefield	4:44.77	2		
35.866 (35.866)	1:10.971 (35.105)	1:47.570 (36.600)		2:24.692	(37.122)
2:59.899 (35.208)	3:36.235 (36.336)	4:11.174 (34.940)		4:44.767	(33.593)
6 Meretta, Eli	11 Belmont	4:45.35	1		
35.797 (35.797)	1:09.312 (33.516)	1:43.680 (34.368)		2:18.532	(34.852)
2:53.765 (35.233)	3:30.137 (36.372)	4:08.385 (38.248)		4:45.342	(36.958)

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7 Breen, Briac	12 Arlington	4:46.37	1		
35.536 (35.536)	1:09.897 (34.362)	1:45.168 (35.271)		2:21.358 (36.191)	
2:58.995 (37.637)	3:36.122 (37.128)	4:12.468 (36.346)		4:46.362 (33.895)	
8 Nett, Andrew	11 Wakefield	4:47.46	2		
36.314 (36.314)	1:11.166 (34.852)	1:47.335 (36.169)		2:23.914 (36.579)	
2:59.761 (35.848)	3:35.985 (36.224)	4:12.148 (36.164)		4:47.451 (35.304)	
9 Barnes, Caleb	11 Melrose	4:47.83	2		
36.726 (36.726)	1:11.332 (34.606)	1:47.477 (36.145)		2:23.663 (36.187)	
2:59.582 (35.919)	3:34.941 (35.360)	4:11.543 (36.603)		4:47.821 (36.278)	
10 Pereira, Jonathan	11 Woburn	4:52.01	1		
36.865 (36.865)	1:11.861 (34.996)	1:48.096 (36.236)		2:25.561 (37.465)	
3:04.229 (38.669)	3:42.215 (37.986)	4:19.225 (37.011)		4:52.002 (32.777)	
11 Capone, Jonathan	11 Woburn	4:54.22	1		
36.289 (36.289)	1:10.654 (34.365)	1:45.879 (35.225)		2:23.398 (37.520)	
3:00.953 (37.556)	3:38.753 (37.800)	4:17.449 (38.697)		4:54.213 (36.764)	
12 Campea, Brendan	12 Wakefield	4:54.37	2		
34.746 (34.746)	1:10.171 (35.425)	1:47.302 (37.132)		2:24.407 (37.105)	
3:01.527 (37.120)	3:40.193 (38.666)	4:18.717 (38.524)		4:54.364 (35.648)	
13 Ciampa, Dean	11 Wilmington	4:55.27	2		
37.038 (37.038)	1:12.310 (35.272)	1:50.093 (37.784)		2:28.296 (38.204)	
3:06.953 (38.657)	3:44.545 (37.592)	4:22.781 (38.236)		4:55.266 (32.485)	
14 Finch, Sam	10 Lexington	4:55.99	2		
36.467 (36.467)	1:11.868 (35.401)	1:48.954 (37.086)		2:27.218 (38.264)	
3:04.716 (37.499)	3:43.414 (38.698)	4:21.454 (38.040)		4:55.989 (34.536)	
15 Cassity, Holden	9 Lexington	4:56.37	2		
35.620 (35.620)	1:11.824 (36.204)	1:48.627 (36.804)		2:26.983 (38.356)	
3:05.193 (38.210)	3:44.023 (38.831)	4:21.779 (37.756)		4:56.362 (34.583)	
16 McCormack, Henry	10 Melrose	4:57.25	2		
38.218 (38.218)	1:14.419 (36.202)	1:50.994 (36.576)		2:27.931 (36.937)	
3:05.974 (38.044)	3:44.866 (38.892)	4:23.214 (38.348)		4:57.248 (34.035)	
17 Kanyike, Roy	10 Burlington	4:59.63	1		
36.488 (36.488)	1:11.257 (34.770)	1:47.238 (35.981)		2:25.182 (37.944)	
3:03.940 (38.758)	3:42.541 (38.602)	4:20.952 (38.411)		4:59.629 (38.677)	
18 Cook, Alex	12 Belmont	4:59.72	1		
36.132 (36.132)	1:10.331 (34.200)	1:45.791 (35.460)		2:23.426 (37.636)	
3:01.686 (38.260)	3:41.011 (39.325)	4:20.754 (39.744)		4:59.718 (38.964)	
19 Sinclair, Owen	10 Reading	5:02.69	1		
37.113 (37.113)	1:12.109 (34.996)	1:48.345 (36.236)		2:25.867 (37.523)	
3:04.669 (38.802)	3:43.017 (38.348)	4:22.554 (39.538)		5:02.686 (40.132)	
20 Jamaledine, Jad	11 Melrose	5:03.83	2		
35.509 (35.509)	1:12.254 (36.745)	1:50.354 (38.101)		2:28.621 (38.267)	
3:07.656 (39.036)	3:48.247 (40.592)	4:28.447 (40.200)		5:03.821 (35.374)	
21 Holleran, Cooper	9 Wilmington	5:04.18	2		
37.425 (37.425)	1:14.708 (37.284)	1:53.514 (38.807)		2:33.762 (40.248)	
3:12.852 (39.091)	3:52.594 (39.742)	4:30.439 (37.846)		5:04.171 (33.732)	
22 Bennett, Maximillan	12 Watertown	5:06.23	2		
37.823 (37.823)	1:12.663 (34.840)	1:50.152 (37.489)		2:28.960 (38.808)	
3:07.766 (38.807)	3:47.350 (39.584)	4:26.979 (39.630)		5:06.227 (39.248)	
23 Dynan, Michael	12 Wilmington	5:06.50	2		
37.258 (37.258)	1:14.473 (37.216)	1:53.191 (38.719)		2:33.406 (40.216)	
3:12.564 (39.158)	3:52.237 (39.673)	4:30.934 (38.698)		5:06.497 (35.563)	
24 Carroll, Michael	11 Reading	5:12.75	1		
39.367 (39.367)	1:16.104 (36.737)	1:54.763 (38.660)		2:33.909 (39.146)	
3:15.061 (41.152)	3:56.846 (41.786)	4:37.736 (40.890)		5:12.749 (35.013)	

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25 Heldwein, Henry	10 Belmont	5:12.87	1		
39.170 (39.170)	1:16.710 (37.540)	1:55.537 (38.827)		2:34.912 (39.376)	
3:15.395 (40.484)	3:56.596 (41.201)	4:36.727 (40.132)		5:12.869 (36.142)	
26 Mcdowell, Ryan	12 Winchester	5:15.53	2		
37.459 (37.459)	1:14.283 (36.824)	1:52.834 (38.552)		2:34.318 (41.484)	
3:16.510 (42.192)	3:59.310 (42.800)	4:39.682 (40.372)		5:15.528 (35.846)	
27 Wu, Xingyu	11 Stoneham	5:17.12	1		
37.605 (37.605)	1:14.405 (36.800)	1:54.029 (39.625)		2:34.556 (40.527)	
3:16.549 (41.993)	3:59.592 (43.044)	4:41.757 (42.165)		5:17.118 (35.362)	
28 DaGraca, Logan	10 Burlington	5:17.14	1		
40.425 (40.425)	1:16.547 (36.122)	1:55.126 (38.580)		2:34.830 (39.704)	
3:16.851 (42.021)	3:59.820 (42.969)	4:40.581 (40.762)		5:17.138 (36.557)	
29 Russell, Felix	11 Arlington	5:19.61	1		
38.846 (38.846)	1:14.953 (36.107)	1:55.533 (40.580)		2:37.065 (41.533)	
3:20.653 (43.588)	4:02.456 (41.804)	4:43.608 (41.152)		5:19.603 (35.996)	
30 Langridge, Brian	11 Winchester	5:25.57	2		
38.260 (38.260)	1:15.509 (37.249)	1:55.023 (39.515)		2:36.740 (41.717)	
3:20.007 (43.268)	4:03.222 (43.215)	4:45.577 (42.356)		5:25.562 (39.986)	
31 Shamashkin, Luke	11 Woburn	5:27.60	1		
39.122 (39.122)	1:16.480 (37.358)	1:57.141 (40.661)		2:39.421 (42.281)	
3:22.517 (43.096)	4:05.865 (43.348)	4:49.158 (43.293)		5:27.592 (38.434)	
32 Ruthven, Meyer	10 Stoneham	5:27.97	1		
40.148 (40.148)	1:17.437 (37.290)	1:56.630 (39.193)		2:39.145 (42.515)	
3:22.093 (42.948)	4:05.405 (43.312)	4:48.690 (43.286)		5:27.969 (39.279)	
33 Iskenderian, Krikor	12 Watertown	5:31.24	2		
38.606 (38.606)	1:17.605 (38.999)	1:58.046 (40.441)		2:39.143 (41.098)	
3:20.854 (41.711)	4:05.079 (44.226)	4:48.550 (43.471)		5:31.235 (42.686)	
34 Pollucci, Mason	12 Watertown	5:41.38	2		
38.032 (38.032)	1:18.629 (40.597)	2:01.305 (42.676)		2:44.676 (43.372)	
3:30.180 (45.504)	4:15.524 (45.344)	4:59.998 (44.474)		5:41.378 (41.380)	

Boys 2 Mile Run

Name	Year School	Finals			
1 Ryan, Joseph	12 Lexington	9:52.70			
39.660 (39.660)	1:17.293 (37.633)	1:55.248 (37.956)		2:32.852 (37.604)	
3:10.317 (37.465)	3:47.696 (37.379)	4:24.918 (37.223)		5:01.964 (37.046)	
5:38.543 (36.580)	6:15.420 (36.877)	6:52.345 (36.926)		7:29.861 (37.516)	
8:07.134 (37.273)	8:44.279 (37.145)	9:20.101 (35.823)		9:52.699 (32.598)	
2 Goodwin, Graham	12 Reading	10:15.98			
40.956 (40.956)	1:17.952 (36.997)	1:55.857 (37.905)		2:33.600 (37.744)	
3:10.880 (37.280)	3:50.150 (39.270)	4:31.678 (41.528)		5:11.156 (39.478)	
5:49.492 (38.337)	6:28.512 (39.020)	7:06.864 (38.352)		7:44.084 (37.221)	
8:22.976 (38.892)	9:01.896 (38.920)	9:40.981 (39.086)		10:15.980 (34.999)	
3 Polster, Oliver	12 Wakefield	10:17.44			
41.431 (41.431)	1:18.854 (37.424)	1:56.512 (37.659)		2:34.417 (37.905)	
3:12.753 (38.336)	3:51.675 (38.922)	4:31.328 (39.653)		5:10.687 (39.360)	
5:50.084 (39.398)	6:29.143 (39.059)	7:07.842 (38.700)		7:47.872 (40.030)	
8:27.180 (39.308)	9:06.544 (39.365)	9:44.561 (38.017)		10:17.436 (32.875)	
4 Stevens, Trevor	9 Lexington	10:23.23			
41.725 (41.725)	1:19.768 (38.044)	1:57.658 (37.890)		2:34.819 (37.161)	
3:12.881 (38.063)	3:51.393 (38.512)	4:31.218 (39.825)		5:10.592 (39.374)	
5:49.276 (38.685)	6:28.313 (39.037)	7:06.641 (38.328)		7:45.363 (38.722)	
8:24.871 (39.508)	9:06.068 (41.198)	9:45.371 (39.303)		10:23.230 (37.860)	

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5	Bernstein, Owen	11	Winchester	10:26.88			
	40.698 (40.698)	1:17.700 (37.003)	1:55.598 (37.898)	2:33.372 (37.774)			
	3:10.662 (37.291)	3:49.904 (39.243)	4:31.446 (41.542)	5:10.896 (39.450)			
	5:49.743 (38.848)	6:28.837 (39.095)	7:07.544 (38.708)	7:48.018 (40.474)			
	8:27.824 (39.807)	9:09.072 (41.248)	9:49.762 (40.691)	10:26.876 (37.114)			
6	Collins, Daichi	10	Arlington	10:29.32			
	41.867 (41.867)	1:19.644 (37.778)	1:57.211 (37.567)	2:35.440 (38.230)			
	3:13.576 (38.136)	3:52.483 (38.908)	4:31.815 (39.332)	5:11.484 (39.670)			
	5:50.985 (39.501)	6:30.464 (39.480)	7:10.452 (39.988)	7:50.845 (40.393)			
	8:31.122 (40.277)	9:13.073 (41.952)	9:53.696 (40.624)	10:29.315 (35.619)			
7	Nett, Brandon	11	Wakefield	10:29.35			
	41.449 (41.449)	1:19.118 (37.669)	1:56.786 (37.668)	2:34.680 (37.894)			
	3:13.027 (38.348)	3:51.942 (38.916)	4:31.560 (39.619)	5:10.945 (39.385)			
	5:50.413 (39.468)	6:29.550 (39.137)	7:09.302 (39.752)	7:49.485 (40.184)			
	8:29.729 (40.244)	9:10.436 (40.708)	9:51.388 (40.952)	10:29.344 (37.956)			
8	Hettenbach, Ian	11	Belmont	10:35.54			
	41.540 (41.540)	1:19.440 (37.900)	1:56.939 (37.500)	2:35.187 (38.248)			
	3:13.312 (38.125)	3:52.205 (38.894)	4:31.616 (39.412)	5:11.310 (39.694)			
	5:50.724 (39.414)	6:30.204 (39.480)	7:10.226 (40.023)	7:50.349 (40.124)			
	8:30.617 (40.268)	9:12.391 (41.774)	9:54.043 (41.652)	10:35.531 (41.488)			
9	Johnson-Houlihan, Finn	9	Reading	10:43.82			
	41.859 (41.859)	1:20.126 (38.268)	1:59.039 (38.913)	2:38.768 (39.729)			
	3:19.518 (40.751)	4:00.212 (40.694)	4:41.431 (41.220)	5:22.364 (40.934)			
	6:04.441 (42.077)	6:46.130 (41.689)	7:27.272 (41.142)	8:10.064 (42.792)			
	8:52.443 (42.380)	9:34.212 (41.769)	10:09.972 (35.760)	10:43.812 (33.840)			
10	Lawler, Owen	12	Lexington	10:48.66			
	43.020 (43.020)	1:21.681 (38.662)	2:00.031 (38.350)	2:39.216 (39.186)			
	3:18.684 (39.468)	3:57.406 (38.723)	4:36.392 (38.986)	5:15.942 (39.551)			
	5:56.608 (40.667)	6:38.273 (41.665)	7:20.674 (42.401)	8:03.203 (42.529)			
	8:45.690 (42.488)	9:28.420 (42.731)	10:09.882 (41.462)	10:48.652 (38.771)			
11	Capone, Jonathan	11	Woburn	10:50.54			
	42.172 (42.172)	1:20.452 (38.280)	1:59.360 (38.908)	2:39.056 (39.696)			
	3:19.808 (40.752)	4:00.541 (40.734)	4:41.756 (41.216)	5:22.628 (40.872)			
	6:04.776 (42.148)	6:46.398 (41.622)	7:27.575 (41.177)	8:10.355 (42.780)			
	8:52.719 (42.364)	9:34.236 (41.518)	10:10.960 (36.724)	10:50.536 (39.576)			
12	Pereira, Jonathan	11	Woburn	10:51.79			
	43.222 (43.222)	1:22.480 (39.258)	2:03.027 (40.548)	2:42.301 (39.275)			
	3:22.305 (40.004)	4:01.758 (39.453)	4:43.940 (42.183)	5:26.400 (42.460)			
	6:07.973 (41.573)	6:49.158 (41.185)	7:31.909 (42.752)	8:14.368 (42.460)			
	8:56.482 (42.114)	9:37.249 (40.768)	10:13.100 (35.852)	10:51.781 (38.681)			
13	Dugan, Ben	10	Melrose	10:56.75			
	42.953 (42.953)	1:22.265 (39.312)	2:02.344 (40.080)	2:44.230 (41.886)			
	3:24.316 (40.087)	4:04.756 (40.440)	4:45.420 (40.664)	5:26.069 (40.650)			
	6:08.320 (42.252)	6:49.440 (41.120)	7:31.503 (42.064)	8:13.239 (41.736)			
	8:55.088 (41.850)	9:38.150 (43.062)	10:19.498 (41.348)	10:56.750 (37.252)			
14	Oldham, William	11	Melrose	11:04.25			
	43.247 (43.247)	1:23.003 (39.756)	2:02.741 (39.739)	2:43.463 (40.722)			
	3:22.077 (38.615)	4:00.440 (38.363)	4:40.880 (40.440)	5:21.193 (40.314)			
	6:03.481 (42.288)	6:45.483 (42.002)	7:26.414 (40.932)	8:10.046 (43.632)			
	8:55.374 (45.328)	9:40.632 (45.258)	10:21.623 (40.992)	11:04.244 (42.621)			
15	Galante, Tyler	11	Wakefield	11:05.26			
	43.599 (43.599)	1:24.032 (40.434)	2:05.005 (40.973)	2:45.044 (40.040)			
	3:27.685 (42.641)	4:10.584 (42.900)	4:52.949 (42.365)	5:36.250 (43.301)			
	6:18.380 (42.130)	6:59.552 (41.173)	7:41.489 (41.937)	8:23.343 (41.854)			
	9:05.204 (41.861)	9:46.353 (41.150)	10:27.060 (40.707)	11:05.252 (38.192)			

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16 Zou, Andrew	11 Arlington	11:12.91		
40.008 (40.008)	1:19.668 (39.660)	1:59.980 (40.313)	2:41.447 (41.467)	
3:23.835 (42.388)	4:04.912 (41.077)	4:45.739 (40.828)	5:28.678 (42.940)	
6:12.608 (43.930)	6:56.736 (44.128)	7:41.324 (44.589)	8:27.365 (46.041)	
9:12.047 (44.682)	9:56.408 (44.362)	10:34.324 (37.916)	11:12.909 (38.586)	
17 Dynan, David	10 Wilmington	11:30.72		
43.420 (43.420)	1:25.016 (41.597)	2:06.365 (41.349)	2:48.330 (41.965)	
3:31.744 (43.414)	4:15.019 (43.276)	4:58.381 (43.363)	5:42.477 (44.096)	
6:26.832 (44.355)	7:11.106 (44.275)	7:56.493 (45.388)	8:42.762 (46.269)	
9:28.968 (46.206)	10:12.036 (43.068)	10:54.204 (42.168)	11:30.712 (36.508)	
18 Agrawal, Ayush	12 Burlington	11:35.56		
43.696 (43.696)	1:23.705 (40.010)	2:04.732 (41.028)	2:47.372 (42.640)	
3:29.600 (42.228)	4:14.248 (44.648)	4:57.030 (42.783)	5:42.106 (45.076)	
6:27.028 (44.923)	7:11.152 (44.124)	7:56.204 (45.052)	8:42.453 (46.250)	
9:28.653 (46.200)	10:11.857 (43.204)	10:56.720 (44.864)	11:35.560 (38.840)	
19 Dollard, Noah	10 Winchester	11:40.48		
44.856 (44.856)	1:28.425 (43.569)	2:11.998 (43.573)	2:55.323 (43.325)	
3:38.922 (43.600)	4:21.319 (42.397)	5:06.720 (45.402)	5:50.728 (44.008)	
6:33.527 (42.800)	7:18.725 (45.199)	8:02.962 (44.237)	8:46.810 (43.848)	
9:31.992 (45.183)	10:15.968 (43.976)	11:00.707 (44.740)	11:40.477 (39.771)	
20 Chang, Alexander	11 Burlington	11:46.29		
43.948 (43.948)	1:24.592 (40.644)	2:05.463 (40.872)	2:47.798 (42.336)	
3:31.134 (43.336)	4:14.594 (43.460)	4:58.153 (43.560)	5:42.406 (44.253)	
6:27.363 (44.957)	7:12.142 (44.780)	7:58.559 (46.417)	8:45.808 (47.249)	
9:32.401 (46.594)	10:19.366 (46.965)	11:06.808 (47.442)	11:46.290 (39.483)	
21 Stefanowicz, Henry	9 Burlington	11:47.50		
43.553 (43.553)	1:24.728 (41.176)	2:05.806 (41.078)	2:48.054 (42.248)	
3:31.918 (43.864)	4:14.926 (43.008)	4:58.436 (43.511)	5:42.900 (44.464)	
6:27.760 (44.861)	7:12.670 (44.910)	7:59.373 (46.704)	8:46.211 (46.838)	
9:33.286 (47.076)	10:20.236 (46.950)	11:06.544 (46.308)	11:47.496 (40.953)	
22 Yii, Ethan	12 Stoneham	11:53.55		
43.541 (43.541)	1:23.260 (39.719)	2:04.898 (41.639)	2:47.598 (42.700)	
3:31.767 (44.169)	4:15.866 (44.100)	5:00.715 (44.849)	5:46.385 (45.671)	
6:33.693 (47.308)	7:21.669 (47.976)	8:08.971 (47.302)	8:56.379 (47.408)	
9:43.540 (47.162)	10:30.649 (47.109)	11:15.493 (44.844)	11:53.550 (38.057)	
23 Sivakumar, Vibhush	11 Wilmington	11:54.20		
43.892 (43.892)	1:25.332 (41.441)	2:08.135 (42.803)	2:51.907 (43.772)	
3:37.032 (45.125)	4:21.672 (44.640)	5:07.018 (45.347)	5:52.511 (45.493)	
6:38.492 (45.981)	7:25.272 (46.780)	8:11.826 (46.555)	8:58.160 (46.334)	
9:44.430 (46.271)	10:29.485 (45.056)	11:12.464 (42.980)	11:54.198 (41.734)	
24 Samaha, Nicholas	12 Wilmington	11:56.76		
44.535 (44.535)	1:26.836 (42.302)	2:09.223 (42.387)	2:53.260 (44.037)	
3:38.286 (45.027)	4:23.658 (45.372)	5:08.917 (45.260)	5:53.680 (44.764)	
6:39.227 (45.547)	7:25.567 (46.340)	8:12.278 (46.712)	8:58.636 (46.359)	
9:44.843 (46.207)	10:29.984 (45.142)	11:13.818 (43.834)	11:56.758 (42.940)	
25 Berkmen, Kaan	11 Belmont	12:05.42		
42.823 (42.823)	1:21.886 (39.064)	2:01.530 (39.644)	2:41.966 (40.436)	
3:22.639 (40.673)	4:04.360 (41.722)	4:47.114 (42.754)	5:33.362 (46.248)	
6:17.829 (44.468)	7:02.672 (44.844)	7:46.776 (44.104)	8:29.902 (43.127)	
9:18.794 (48.892)	10:07.908 (49.115)	10:47.703 (39.795)	12:05.414 (1:17.712)	
26 Banerji, Mikayel	10 Stoneham	12:08.05		
45.532 (45.532)	1:28.054 (42.522)	2:12.582 (44.528)	2:56.560 (43.979)	
3:41.998 (45.438)	4:27.374 (45.376)	5:12.989 (45.616)	5:59.422 (46.433)	
6:45.777 (46.356)	7:32.714 (46.937)	8:19.409 (46.696)	9:06.362 (46.953)	
9:52.946 (46.584)	10:38.552 (45.606)	11:26.504 (47.952)	12:08.044 (41.540)	

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****....Boys 2 Mile Run**

27 Harrington, Jonathan	10 Woburn	12:13.02		
42.752 (42.752)	1:21.331 (38.579)	2:01.960 (40.629)	2:44.653 (42.694)	
3:29.428 (44.775)	4:16.176 (46.748)	5:02.717 (46.542)	5:48.967 (46.250)	
6:34.138 (45.172)	7:20.936 (46.799)	8:07.534 (46.598)	8:53.451 (45.917)	
9:41.120 (47.669)	10:31.060 (49.941)	11:22.060 (51.000)	12:13.013 (50.954)	
28 Tomase, Ian	10 Stoneham	12:50.47		
45.912 (45.912)	1:29.564 (43.652)	2:16.001 (46.437)	3:06.316 (50.316)	
3:55.399 (49.083)	4:46.233 (50.835)	5:37.966 (51.733)	6:30.509 (52.544)	
7:23.511 (53.002)	7:23.511 (0.000)	8:17.144 (53.634)	9:10.938 (53.794)	
10:05.419 (54.481)	11:01.240 (55.822)	11:56.723 (55.483)	12:50.470 (53.748)	
29 Breimo, Birk	12 Arlington	13:06.76		
43.877 (43.877)	1:25.982 (42.105)	2:10.608 (44.627)	2:56.049 (45.441)	
3:43.057 (47.008)	4:32.466 (49.409)	5:21.855 (49.389)	6:12.829 (50.975)	
7:06.297 (53.468)	7:59.656 (53.360)	8:51.308 (51.652)	9:43.549 (52.241)	
10:36.387 (52.838)	11:28.794 (52.408)	12:20.498 (51.704)	13:06.758 (46.260)	

Boys 55 M Hurdles

Name	Year School	Finals	H#
1 Pan, Jacob	12 Lexington	8.09	4
2 Cramer, Nicholas	12 Woburn	8.17	2
3 Tandeih, Simon	10 Lexington	8.23	4
4 Zhang, Ryan	11 Lexington	8.25	4
5 Murray, Alex	12 Burlington	8.54	3
6 Patt, Joseph	12 Wakefield	8.56	6
7 Martinis-Torres, Giancar	11 Melrose	8.57	5
8 Mattson, Cameron	11 Burlington	8.62	3
9 Ciasullo, Anthony	11 Woburn	8.92	2 8.912
9 Desmond, Charles	12 Burlington	8.92	3 8.912
11 Raney, Aidan	10 Lexington	8.95	4
12 Belous, Nick	12 Reading	9.11	2
13 Bruno, Ben	11 Stoneham	9.16	3
14 Korotkin, Chase	11 Winchester	9.29	4
15 Patrone, Sean	12 Wilmington	9.30	6
16 Qi, Daniel	11 Belmont	9.32	1
17 Kerrigan, Ivan	10 Stoneham	9.62	3
18 Lousada, Breno	10 Stoneham	9.64	3
19 Jefferson, Carter	10 Wakefield	9.71	6
20 Lanciani, Maximillian	10 Melrose	9.73	5
21 Sands, Hunter	12 Wilmington	9.77	6
22 Lubetsky, Jacob	12 Belmont	10.04	1
23 O'Meara, Cian	10 Winchester	10.11	4
24 Tatsumi, Takeshi	11 Belmont	10.13	1
25 Perez, Ben	12 Woburn	10.17	2
26 Stevens, Trevor	10 Burlington	10.32	3
27 Grace, Dylan	10 Wilmington	10.45	6
28 Hutchinson, Connor	10 Arlington	10.49	1
29 Molinaro, Mateo	10 Stoneham	10.61	3
30 Dragon, Frost	11 Melrose	10.65	5
31 Jean, Marvins	11 Wilmington	10.89	6
32 Conley, Jackson	9 Wakefield	10.99	6
33 Melo, Isaac	10 Wakefield	11.10	6
34 Orlandella, Cameron	9 Melrose	11.55	5
-- Kulubya, Dawit	10 Woburn	DQ	2 Ran under HH

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****Boys 4x200 M Relay**

School	Finals	H#
1 Winchester	1:33.53	2
1) Naykene, Natan 11	2) Yazici, James 11	
3) Fleming, James 11	4) Killian, Daniel 11	
2 Woburn	1:36.68	1
1) Lubowa, Nahshon 10	2) Pacini, Ryan 12	
3) Tran, Alex 12	4) Lush, Ryan 11	
3 Reading	1:36.92	1
1) Austin, Nick 12	2) Belous, Nick 12	
3) Yu, Jae Young 12	4) Georgopoulos, Constantine 12	
4 Melrose	1:38.38	2
1) Radzik, Brendan 11	2) Lecomte, Tyler 11	
3) Fiote, Sebastien 11	4) McElligot, Tommy 12	
5 Lexington	1:38.56	2
1) Uda-Thach, Khai 12	2) Gu, Andrew 10	
3) Yu, Victor 12	4) O'Hare Gibson, McKenna 12	
6 Arlington	1:39.33	1
1) Elkin, Elliot 12	2) Fitzsimmons, Alexander 12	
3) Hagenbuch, Mo 12	4) Peng, Jonathan 11	
7 Burlington	1:39.49	1
1) Abbott, Nicholas 11	2) Brooks, Ryan 10	
3) Conte, Matthew 10	4) Cox, Sean 11	
8 Belmont	1:40.15	1
1) Talavia, Kaiyan 11	2) Yu, Ethan 12	
3) Mahadi, Arvino 11	4) Qi, Daniel 11	
9 Watertown	1:41.06	2
1) Tocchio, Domenic 11	2) Hernandez, Aiden 12	
3) Thiam, Jeylani 11	4) Wainwright, Adam 11	
10 Stoneham	1:41.59	1
1) Goncalves, Sam 11	2) Forest, Cameron 11	
3) Federico, Frankie 10	4) Kerrigan, Ivan 10	
11 Wilmington	1:43.98	2
1) Foresyth, Jonathan 12	2) Sands, Hunter 12	
3) Jenks, Cameron 11	4) Patrone, Sean 12	
-- Wakefield	DQ	2 Ineligible Athlete
1) Melo, Isaac 10	2) Gori, Ethan 12	
3) Levy, Adam 11	4) Jones, Aiden 10	

Boys 4x400 M Relay

School	Finals	H#
1 Reading	3:36.84	1
1) Austin, Nick 12	2) Chase, Clay 11	
3) Barbato, Chris 11	4) Malley, Mark 12	
26.091 (26.091)	54.135 (28.044)	1:19.713 (25.579)
2:14.451 (25.756)	2:43.371 (28.921)	3:08.715 (25.344)
		3:36.836 (28.121)
2 Woburn	3:37.91	1
1) Balleani, Matt 12	2) Altman, Ezekiel 12	
3) Pendergast, Tyler 10	4) Pacini, Ryan 12	
26.358 (26.358)	54.043 (27.686)	1:19.446 (25.403)
2:14.749 (25.836)	2:42.939 (28.191)	3:08.643 (25.704)
		3:37.907 (29.265)

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023
the TRACK at new balance
Results

....Boys 4x400 M Relay

3 Burlington										3:39.44	1
1) Dutta, Rohan 11											
2) Irwin, Colin 12											
3) Almeida, Krish 11											
4) Murray, Alex 12											
26.708 (26.708)	55.379	(28.672)	1:21.547	(26.168)	1:50.168	(28.622)					
2:15.203 (25.036)	2:44.721	(29.518)	3:10.955	(26.235)	3:39.435	(28.480)					
4 Wakefield										3:39.98	2
1) Wyatt, Brody 11											
2) Mezikofsky, William 12											
3) Mezikofsky, Ethan 11											
4) Taggart, Liam 12											
27.699 (27.699)	54.743	(27.044)	1:21.335	(26.592)	1:50.887	(29.552)					
2:15.898 (25.012)	2:45.291	(29.393)	3:11.729	(26.438)	3:39.975	(28.247)					
5 Lexington										3:43.09	2
1) Tandeih, Simon 10											
2) Selsky, Eli 9											
3) Joseph, James 11											
4) Zhang, Max 11											
27.265 (27.265)	58.101	(30.836)	1:25.104	(27.004)	1:54.461	(29.357)					
2:20.918 (26.458)	2:50.004	(29.086)	3:14.117	(24.113)	3:43.085	(28.968)					
6 Arlington										3:43.91	1
1) Chung, Anderson (Andy) 11											
2) Breen, Briac 12											
3) Kikuchi, Eita 12											
4) Kikuchi, Yuta 12											
27.031 (27.031)	56.218	(29.187)	1:23.547	(27.329)	1:53.206	(29.660)					
2:19.755 (26.550)	2:49.988	(30.233)	3:15.939	(25.951)	3:43.907	(27.968)					
7 Melrose										3:45.80	2
1) O'Donnell, Samuel 12											
2) Ssebugwawo, Jevon 12											
3) Caldwell, Adam 10											
4) Tully, Jonah 11											
29.201 (29.201)	1:00.801	(31.601)	1:27.378	(26.577)	1:57.222	(29.844)					
2:22.569 (25.347)	2:50.589	(28.020)	3:16.987	(26.399)	3:45.799	(28.812)					
8 Wilmington										3:50.74	2
1) Baker, Ashvin 11											
2) Burke, Aidan 12											
3) Ciampa, Dean 11											
4) Burns, Thomas 12											
28.238 (28.238)	57.032	(28.794)	1:24.470	(27.439)	1:55.265	(30.796)					
2:21.943 (26.678)	2:52.773	(30.831)	3:21.309	(28.536)	3:50.737	(29.428)					
9 Belmont										3:51.61	1
1) Leshchiner, Andrey 11											
2) Meretta, Eli 11											
3) Takayama, Ken 11											
4) Kothavade, Gautam 11											
27.717 (27.717)	56.627	(28.911)	1:24.975	(28.348)	1:56.975	(32.000)					
2:24.471 (27.496)	2:54.888	(30.417)	3:20.827	(25.940)	3:51.610	(30.783)					
10 Stoneham										3:53.66	1
1) Lousada, Breno 10											
2) Ciulla, Tom 11											
3) Marchand, Kevin 10											
4) Maul, Huckleberry 9											
28.246 (28.246)	58.575	(30.330)	1:25.270	(26.695)	1:55.392	(30.123)					
2:23.327 (27.935)	2:54.802	(31.476)	3:20.561	(25.760)	3:53.651	(33.091)					
11 Watertown										4:08.04	2
1) Broadstone, Noah 11											
2) Pollucci, Mason 12											
3) Iskenderian, Krikor 12											
4) Bennett, Maximillan 12											
29.206 (29.206)	1:00.993	(31.787)	1:29.810	(28.818)	2:05.153	(35.344)					
2:34.233 (29.080)	3:08.440	(34.208)	3:36.437	(27.997)	4:08.033	(31.597)					

Boys High Jump

Name	Year School								Finals
1 Hughes, William									6-04.00
	5-02	5-04	5-06	5-08	5-10	6-00	6-02	6-04	6-06
	---	0	0	0	0	0	XO	0	X

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****....Boys High Jump**

2	Belmer, JaMauri	10 Wakefield	6-00.00
	5-02 5-04 5-06 5-08 5-10 6-00 6-02		
	0 0 0 XO XO XXO XXX		
3	Collins, Sean	12 Woburn	5-10.00
	5-02 5-04 5-06 5-08 5-10 6-00		
	0 --- --- XO 0 XXX		
4	Patrone, Sean	12 Wilmington	J5-10.00
	5-02 5-04 5-06 5-08 5-10 6-00		
	--- 0 0 0 XO XXX		
5	Patt, Joseph	12 Wakefield	J5-10.00
	5-02 5-04 5-06 5-08 5-10 6-00		
	0 0 XXO XO XXO XXX		
6	Lanciani, Maximillian	10 Melrose	5-08.00
	5-02 5-04 5-06 5-08 5-10		
	0 0 0 0 XXX		
7	Narayan, Vedant	12 Reading	J5-08.00
	5-02 5-04 5-06 5-08 5-10 6-00		
	0 0 XO 0 --- XXX		
8	O'Hare Gibson, McKenna	12 Lexington	J5-08.00
	5-02 5-04 5-06 5-08 5-10		
	--- 0 --- XO XXX		
9	Finocchiaro, Charlie	11 Melrose	J5-08.00
	5-02 5-04 5-06 5-08 5-10		
	XO 0 XO XO XXX		
10	Carswell, Jasper	10 Winchester	5-06.00
	5-02 5-04 5-06 5-08		
	0 0 0 XXX		
10	Sands, Hunter	12 Wilmington	5-06.00
	5-02 5-04 5-06 5-08		
	0 0 0 XXX		
12	Adhiya, Omkar	12 Arlington	J5-06.00
	5-02 5-04 5-06 5-08		
	0 0 XO XXX		
13	Fiote, Sebastien	11 Melrose	J5-06.00
	5-02 5-04 5-06 5-08		
	0 XO XO XXX		
14	Lasseter, Austin	12 Belmont	J5-06.00
	5-02 5-04 5-06 5-08		
	XXO 0 XXO XXX		
15	Tandeh, Simon	10 Lexington	5-04.00
	5-02 5-04 5-06		
	0 0 XXX		
15	Brown, Dylan	11 Stoneham	5-04.00
	5-02 5-04 5-06		
	0 0 XXX		
17	Desmond, Charles	12 Burlington	J5-04.00
	5-02 5-04 5-06		
	0 XO XXX		
17	Lush, Ryan	11 Woburn	J5-04.00
	5-02 5-04 5-06 5-08		
	0 XO X R		
19	Conte, Matthew	10 Burlington	J5-04.00
	5-02 5-04 5-06		
	0 XXO XXX		

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023
the TRACK at new balance
Results

....Boys High Jump

20 Baker, Ashvin	11 Wilmington	5-02.00
5-02 5-04 5-06		
0 --- XXX		
20 Bruno, Ben	11 Stoneham	5-02.00
5-02 5-04		
0 R		
22 Mahadi, Arvino	11 Belmont	J5-02.00
5-02 5-04		
XXO XXX		
22 Zhang, Ryan	11 Lexington	J5-02.00
5-02 5-04		
XXO XXX		
22 Caraco, Michael	9 Reading	J5-02.00
5-02 5-04		
XXO XXX		
-- Mazmanian, Glen	11 Stoneham	NH
5-02		
XXX		
-- Bhandary, Aayush	11 Belmont	NH
5-02		
XXX		
-- Tracy, Alex	10 Wakefield	NH
5-02		
XXX		
-- English, Tyler	12 Woburn	NH
5-02		
XXX		

Boys Long Jump

Name	Year	School	Finals	H#
1 Pan, Jacob	12	Lexington	20-04.25	2
FOUL 20-04.25 FOUL				
2 Brooks, Ryan	10	Burlington	19-11.25	2
FOUL 19-01.50 19-11.25				
3 Hughes, William	12	Reading	19-06.00	1
19-06 19-05 19-01.25				
4 Radzik, Brendan	11	Melrose	19-05.00	3
17-07.75 17-01 19-05				
5 Yu, Jae Young	12	Reading	19-04.50	1
FOUL FOUL 19-04.50				
6 Cramer, Nicholas	12	Woburn	19-03.00	1
19-03 19-00.50 18-11				
7 Korotkin, Chase	11	Winchester	19-01.25	2
17-07.50 19-01.25 18-04.50				
8 Lasseter, Austin	12	Belmont	19-00.00	1
18-06.50 19-00 18-03.50				
9 Nyakahuma, Mark	12	Lexington	18-11.50	2
FOUL 18-11.50 18-09.75				
10 Philiossaint, Martin	11	Wilmington	18-09.75	3
16-06 18-04.75 18-09.75				
11 Ciulla, Tom	11	Stoneham	18-09.00	2
18-09 FOUL 17-10				

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****....Boys Long Jump**

12	Belmer, JaMauri	10	Wakefield	18-07.00	3
	18-07 18-06.50 18-01				
13	Jones, Aiden	10	Wakefield	18-05.00	3
	18-05 FOUL FOUL				
14	Kocheta, Pranay	10	Lexington	18-04.00	2
	17-07.50 17-08.75 18-04				
15	Jenks, Cameron	11	Wilmington	18-02.75	3
	17-04 17-05 18-02.75				
16	Tran, Alex	12	Woburn	18-00.50	1
	15-08 18-00.50 17-03.25				
17	Abbott, Nicholas	11	Burlington	17-10.00	2
	FOUL 17-10 FOUL				
17	Burke, Aidan	12	Wilmington	17-10.00	3
	17-10 17-05.50 17-07.50				
19	Peng, Jonathan	11	Arlington	17-02.25	1
	FOUL 15-10 17-02.25				
20	Manfredi, Evan	10	Reading	17-01.50	1
	FOUL 17-01.50 16-05.50				
21	Ciasullo, Anthony	11	Woburn	17-01.25	1
	16-08.75 17-01.25 16-03.50				
22	O'Meara, Cian	10	Winchester	16-11.00	2
	16-07 15-09 16-11				
22	Jefferson, Carter	10	Wakefield	16-11.00	3
	16-11 16-03.50 FOUL				
24	Elkin, Daniel	10	Arlington	16-09.00	1
	16-09 16-01 16-01.50				
25	Mattson, Cameron	11	Burlington	16-05.75	2
	16-05.75 16-04.50 FOUL				
26	Talavia, Kaiyan	11	Belmont	16-03.25	1
	15-07 16-03.25 FOUL				
27	Lecomte, Tyler	11	Melrose	16-00.25	3
	16-00.25 16-00 FOUL				
28	Federico, Frankie	10	Stoneham	15-09.50	2
	FOUL 15-09.50 14-02.50				
29	DiOrio, Ross	12	Belmont	15-04.50	1
	FOUL 10-06.50 15-04.50				
--	Bruno, Ben	11	Stoneham	FOUL	2
	FOUL PASS PASS				

Boys Shot Put

Name	Year	School	Finals	H#
1 Sacca, Julian	12	Burlington	46-10.25	1
			46-06.25 46-10.25 FOUL	
2 Fitzsimmons, Alexander	12	Arlington	45-06.25	1
			44-01.75 45-06.25 FOUL	
3 Williams, Chrsitopher	11	Burlington	44-07.50	1
			43-09 44-07.50 FOUL	
4 Welch, Liam	12	Burlington	43-11.25	1
			42-07 42-10.50 43-11.25	
5 Brown, Elijah	12	Lexington	40-00.50	2
			37-00.50 40-00.50 38-06.75	
6 Austin, Ayden	10	Winchester	39-11.25	2
			38-01.25 39-11.25 39-08	

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023**the TRACK at new balance****Results****....Boys Shot Put**

7	Lubowa, Nahshon	10 Woburn	39-00.25	1
	36-09.25 30-03.50	39-00.25		
8	Montgomery, Jerome	11 Winchester	38-10.00	2
	38-03.50 38-10	FOUL		
9	Morris, Mason	12 Stoneham	37-03.75	1
	35-03.75 36-03	37-03.75		
10	Morales, Jorge	12 Woburn	37-02.75	1
	37-02.75 36-10.25	37-01.25		
11	Crogan, Sean	12 Lexington	36-06.25	2
	34-10.50 35-11.25	36-06.25		
12	Harrison, Brian	10 Winchester	J36-06.25	2
	31-04.75 36-06.25	33-11.50		
13	Fitch, Max	10 Arlington	36-01.00	1
	36-01 35-02.50	34-00		
14	Sullivan, Frankie	11 Wakefield	35-11.25	2
	35-09 35-11.25	35-11		
15	Brown, Christian	10 Lexington	35-06.25	2
	33-10 31-00.25	35-06.25		
16	Pizzuto, Lucas	11 Watertown	34-11.75	2
	34-11.75 34-09.25	34-09.75		
17	Gangi, Connor	10 Stoneham	34-10.50	1
	34-00.25 34-10.50	33-04.75		
18	Brown, Tymothy	12 Wakefield	34-04.75	2
	32-11 33-09.50	34-04.75		
19	Cassavoy, Bennett	12 Melrose	34-02.25	2
	34-02.25 33-00	32-01.75		
20	Bogus, Bryan	12 Woburn	33-10.25	1
	32-01.50 33-10.25	33-09.25		
21	McAree, Jack	11 Melrose	33-03.50	2
	33-03.50 32-08	33-01.50		
22	Borges, Gabriel	10 Wilmington	32-11.50	2
	30-00 31-06.25	32-11.50		
23	Pouliot, Henry	12 Stoneham	32-06.25	1
	FOUL 32-06.25	31-10.75		
24	Eliopoulos, Panayioti	12 Watertown	32-04.00	2
	32-04 FOUL	26-09.25		
25	Hogan, Sean	12 Arlington	31-10.00	1
	31-07.75 30-01	31-10		
26	Brudnik, Owen	11 Wakefield	31-03.00	2
	31-03 25-02	30-03.75		
27	DiFruscio, Rocco	10 Melrose	30-05.75	2
	27-10.75 30-05.75	29-05		
28	Ruggiero, Jagger	12 Reading	29-11.25	1
	FOUL 29-11.25	29-04.50		
29	Pavlidis, John	12 Watertown	29-01.50	2
	26-06.75 28-11.75	29-01.50		
30	Quka, Gerald	12 Belmont	28-09.50	1
	27-01 24-07.50	28-09.50		
31	Wright, Benjamin	12 Wilmington	28-03.50	2
	28-03.25 28-03.50	FOUL		
32	Fratto, Anthony	10 Reading	26-02.00	1
	26-02 25-00.75	25-07		
33	Gauvin, Jerry	12 Reading	25-07.50	1
	25-07.50 25-06	FOUL		

Middlesex League Varsity Indoor T&F Block #1 - 12/14/2023

the TRACK at new balance

Results

....Boys Shot Put

34 Purohit, Shivam	11 Wilmington	23-03.25	2
22-03.50	22-04.25	23-03.25	
35 Rozgic, Luka	10 Belmont	22-10.00	1
22-10	19-05.75	20-07	