

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****Boys 55 M Dash**

Name	Year	School	Finals	H#
Finals				
1 Nelson, George	12	Winchester	6.71	4
2 Yu, Victor	12	Lexington	6.83	3
3 Gori, Ethan	12	Wakefield	6.84	2
4 Radzik, Brendan	11	Melrose	6.85	2
5 Lubowa, Nahshon	10	Woburn	6.87	5
6 McElligot, Tommy	12	Melrose	6.92	2
7 George, Tim	11	Lexington	6.93	3
8 Lecomte, Tyler	11	Melrose	6.97	2
9 Matos, Elijah	12	Woburn	6.99	5
10 Chambers, Cayden	9	Lexington	7.00	3
11 Crogan, Sean	12	Lexington	7.06	3
12 Fleming, James	11	Winchester	7.08	4
13 Yu, Jae Young	12	Reading	7.09	4
14 Yu, Ethan	12	Belmont	7.12	3
15 Keough, Bronner	12	Winchester	7.14	4 7.132
16 Richer, Brady	10	Burlington	7.14	6 7.137
17 Jones, Aiden	10	Wakefield	7.14	2 7.138
18 Kikuchi, Yuta	12	Arlington	7.15	5
19 Mosharaf, Alborz	11	Belmont	7.17	3
20 Belmer, JaMauri	10	Wakefield	7.19	2
21 Forest, Cameron	11	Stoneham	7.20	1
22 Adhiya, Omkar	12	Arlington	7.21	5
23 Philiossaint, Martin	11	Wilmington	7.22	1 7.211
24 Hernandez, Aiden	12	Watertown	7.22	6 7.218
25 Hagenbuch, Mo	12	Arlington	7.26	5
26 Georgopoulos, Constantin	12	Reading	7.32	4
27 Federico, Jason	10	Stoneham	7.33	1
28 Sheehan, Shane	9	Burlington	7.37	6
29 Tran, Logan	11	Stoneham	7.38	1
30 Pacini, Ryan	12	Woburn	7.42	5
31 Naykene, Natan	11	Winchester	7.44	4 7.436
32 Forest, Connor	11	Stoneham	7.44	1 7.438
33 Foresyth, Jonathan	12	Wilmington	7.46	1
34 Conte, Matthew	10	Burlington	7.47	6
35 Moloney, Keegan	11	Melrose	7.49	2
36 Jean, Marvins	11	Wilmington	7.53	1 7.523
37 Oliveira de Mattos, Gabe	10	Watertown	7.53	6 7.527
38 Zugman, Gregory	10	Belmont	7.55	3 7.543
39 Fernandes, Josh	9	Woburn	7.55	5 7.549
40 Burke, Ryan	9	Burlington	7.56	6
41 Oliveira, Luccas	11	Watertown	7.66	6
42 Timas, Wyatt	9	Wakefield	7.67	2
43 Molina, Cameron	9	Wilmington	7.79	1
44 Caraco, Michael	9	Reading	7.82	4

Boys 300 M Dash

Name	Year	School	Finals	H#
1 Yazici, James	11	Winchester	37.10	4
2 Austin, Nick	12	Reading	37.46	4
3 Radzik, Brendan	11	Melrose	37.81	2

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 300 M Dash**

4	Ssebugwawo, Jevon	12 Melrose	37.85	2
5	George, Tim	11 Lexington	38.22	3
6	Gori, Ethan	12 Wakefield	38.32	2
7	Belous, Nick	12 Reading	38.46	4
8	Fleming, James	11 Winchester	38.52	4
9	Matos, Elijah	12 Woburn	38.65	5
10	Balleani, Matt	12 Woburn	38.69	5
11	Baker, Ashvin	11 Wilmington	38.72	1
12	Elkin, Elliot	12 Arlington	38.86	5
13	Marchand, Kevin	10 Stoneham	39.18	1
14	Ciulla, Tom	11 Stoneham	39.31	1
15	Fitzsimmons, Alexander	12 Arlington	39.72	5
16	Abbott, Nicholas	11 Burlington	39.80	6
17	Guida, Joe	11 Winchester	39.95	4
18	Hanchinamani, Shreyas	9 Lexington	39.99	3
19	Jenks, Cameron	11 Wilmington	40.09	1
20	Amaratunga, Samuel	10 Belmont	40.39	3
21	Borda, Alejandro	12 Wakefield	40.81	2
22	Dalalelis, Steven	10 Burlington	41.00	6
23	Kerrigan, Ivan	10 Stoneham	41.56	1
24	Rigolini, Scott	9 Burlington	41.60	6
25	Kalema, Morris	10 Woburn	42.07	5
26	Zarella, Matthew	10 Melrose	42.21	2
27	Pizzuto, Lucas	11 Watertown	42.84	6
28	DiOrio, Ross	12 Belmont	42.87	3
29	Harris, Benjamin	9 Wilmington	43.65	1
30	Totino, Giancarlo	12 Watertown	44.04	6
31	Trinh, Huan	11 Belmont	48.47	3
32	Delgado, Randy	12 Watertown	53.89	6

Boys 600 M Run

Name	Year	School	Finals	H#
1	Johnson, Tyler	12 Winchester	1:25.49	4
	28.276 (28.276)	55.979 (27.703)	1:25.488 (29.509)	
2	Das, Nayan	12 Lexington	1:26.83	3
	28.975 (28.975)	57.833 (28.858)	1:26.830 (28.998)	
3	Hannabury, Liam	12 Reading	1:28.02	4
	28.484 (28.484)	56.495 (28.011)	1:28.016 (31.522)	
4	Malley, Mark	12 Reading	1:28.50	4
	28.840 (28.840)	58.631 (29.791)	1:28.497 (29.867)	
5	Hamilton, Timothy	12 Winchester	1:28.61	4
	28.920 (28.920)	58.904 (29.984)	1:28.608 (29.704)	
6	Raha, Arjun	9 Lexington	1:28.68	3
	29.249 (29.249)	58.833 (29.584)	1:28.677 (29.844)	
7	Fletcher, Will	11 Lexington	1:28.93	3
	29.860 (29.860)	59.645 (29.786)	1:28.925 (29.280)	
8	Selsky, Eli	9 Lexington	1:30.61	3
	30.167 (30.167)	1:00.349 (30.182)	1:30.601 (30.252)	
9	O'Donnell, Samuel	12 Melrose	1:30.86	2
	30.443 (30.443)	1:01.876 (31.434)	1:30.855 (28.979)	
10	Wyatt, Brody	11 Wakefield	1:30.87	2
	30.712 (30.712)	1:02.109 (31.397)	1:30.861 (28.752)	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 600 M Run**

11 Ryans, Daniel	11 Lexington	1:30.93	3
28.763 (28.763)	58.402 (29.640)	1:30.930 (32.528)	
12 Gigler, Cameron	10 Reading	1:31.47	4
29.107 (29.107)	58.692 (29.586)	1:31.467 (32.775)	
13 Pendergast, Tyler	10 Woburn	1:31.89	5
29.421 (29.421)	1:00.283 (30.863)	1:31.888 (31.605)	
14 Ring, Jameson	12 Reading	1:32.26	4
29.240 (29.240)	59.541 (30.302)	1:32.252 (32.712)	
15 Altman, Ezekiel	12 Woburn	1:32.85	5
29.734 (29.734)	1:00.559 (30.825)	1:32.846 (32.288)	
16 Sarnoski, Matthew	11 Melrose	1:32.99	2
30.803 (30.803)	1:02.450 (31.647)	1:32.985 (30.536)	
17 Chao, Parker	10 Winchester	1:33.51	4
29.526 (29.526)	1:00.539 (31.013)	1:33.504 (32.966)	
18 Burns, Thomas	12 Wilmington	1:34.08	1
31.107 (31.107)	1:02.713 (31.607)	1:34.079 (31.366)	
19 Burd, Aidan	10 Wakefield	1:34.37	2
30.933 (30.933)	1:02.610 (31.677)	1:34.365 (31.756)	
20 Dizio, Carlin	9 Woburn	1:34.53	5
30.974 (30.974)	1:02.026 (31.052)	1:34.528 (32.502)	
21 Tully, Jonah	11 Melrose	1:35.19	2
31.213 (31.213)	1:03.153 (31.940)	1:35.185 (32.032)	
22 Maul, Huckleberry	9 Stoneham	1:35.21	1
32.218 (32.218)	1:03.586 (31.368)	1:35.206 (31.620)	
23 Ward, Jacob	10 Reading	1:36.21	4
30.284 (30.284)	1:02.604 (32.320)	1:36.203 (33.600)	
24 Thiam, Jeylani	11 Watertown	1:36.23	6
30.268 (30.268)	1:02.495 (32.228)	1:36.226 (33.731)	
25 Knowles, Callum	9 Winchester	1:36.25	4
30.356 (30.356)	1:02.121 (31.766)	1:36.250 (34.129)	
26 Khaleel, Mehran	10 Burlington	1:36.88	6
30.810 (30.810)	1:03.058 (32.248)	1:36.874 (33.817)	
27 Peukert, Nico	10 Arlington	1:37.23	5
30.647 (30.647)	1:02.706 (32.060)	1:37.226 (34.520)	
28 Hendy, James	10 Arlington	1:37.38	5
30.918 (30.918)	1:02.997 (32.079)	1:37.371 (34.375)	
29 Burke, Aidan	12 Wilmington	1:37.50	1
32.345 (32.345)	1:04.106 (31.761)	1:37.500 (33.395)	
30 Lubetsky, Jacob	12 Belmont	1:38.22	3
30.348 (30.348)	1:02.117 (31.769)	1:38.211 (36.095)	
31 Carnabucci, Ian	9 Stoneham	1:38.30	1
32.686 (32.686)	1:04.783 (32.098)	1:38.298 (33.515)	
32 Martin, Aidan	11 Wakefield	1:38.42	2
32.394 (32.394)	1:05.143 (32.749)	1:38.416 (33.274)	
33 Samson, Emmanuel	11 Melrose	1:41.39	2
34.273 (34.273)	1:08.471 (34.198)	1:41.387 (32.917)	
34 Lambiaso, Adam	12 Wakefield	1:42.53	2
33.983 (33.983)	1:08.841 (34.859)	1:42.526 (33.685)	
35 Karamcheti, Kush	11 Melrose	1:43.18	2
34.659 (34.659)	1:09.440 (34.781)	1:43.171 (33.732)	
36 Tocchio, Domenic	11 Watertown	1:44.02	6
30.794 (30.794)	1:04.454 (33.660)	1:44.016 (39.563)	
37 Claflin, Camden	11 Woburn	1:45.43	5
33.154 (33.154)	1:10.655 (37.501)	1:45.427 (34.772)	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 600 M Run**

38	Nicolas, Michael	12 Woburn	1:45.52	5	
	32.340 (32.340)	1:09.022 (36.682)	1:45.520 (36.499)		
39	Matorras, Ignacio	10 Belmont	1:47.56	3	
	32.167 (32.167)	1:07.774 (35.608)	1:47.553 (39.779)		
40	Brown, Derek	9 Stoneham	1:48.14	1	
	35.664 (35.664)	1:13.319 (37.655)	1:48.135 (34.816)		
41	Brown, Ryan	11 Burlington	1:49.01	6	
	34.828 (34.828)	1:12.040 (37.212)	1:49.009 (36.969)		
42	Breimo, Birk	12 Arlington	1:49.48	5	
	32.649 (32.649)	1:10.463 (37.815)	1:49.476 (39.013)		
43	Martin, Charles	10 Arlington	1:49.49	5	1:49.481
	35.360 (35.360)	1:12.250 (36.891)	1:49.481 (37.231)		
44	Conway, Charles	11 Stoneham	1:49.49	1	1:49.483
	35.389 (35.389)	1:12.883 (37.495)	1:49.483 (36.600)		
45	Atwater, Zachary	9 Wilmington	1:49.53	1	
	35.184 (35.184)	1:13.299 (38.116)	1:49.523 (36.224)		
46	Cheng, Lucas	9 Burlington	1:55.03	6	
	35.424 (35.424)	1:13.319 (37.896)	1:55.028 (41.709)		
47	Todaro, Michael	12 Belmont	1:56.00	3	
	32.293 (32.293)	1:09.541 (37.248)	1:55.998 (46.458)		
48	Mohanty, Piyush	9 Burlington	1:58.75	6	
	35.844 (35.844)	1:15.826 (39.982)	1:58.741 (42.916)		
49	Chelnitsky, Benjamin	9 Belmont	1:59.31	3	
	32.087 (32.087)	1:12.097 (40.010)	1:59.306 (47.210)		
50	Templin, Adam	9 Burlington	2:03.21	6	
	36.278 (36.278)	1:17.548 (41.271)	2:03.203 (45.656)		
51	Farias, Gustavo	10 Wilmington	2:03.82	1	
	38.989 (38.989)	1:22.983 (43.995)	2:03.816 (40.833)		
52	Carriere, Nathan	10 Wilmington	2:06.48	1	
	41.042 (41.042)	1:23.494 (42.452)	2:06.479 (42.986)		

Boys 1000 M Run

Name	Year School	Finals	H#	
1	Barbato, Chris	11 Reading	2:37.45	2
	31.220 (31.220)	1:03.232 (32.012)	1:35.372 (32.140)	2:07.280 (31.908)
	2:37.444 (30.164)			
2	Zhang, Max	11 Lexington	2:37.92	2
	30.999 (30.999)	1:02.959 (31.960)	1:35.204 (32.245)	2:06.879 (31.676)
	2:37.911 (31.032)			
3	Mezikofsky, William	12 Wakefield	2:39.53	1
	32.554 (32.554)	1:04.525 (31.972)	1:36.717 (32.192)	2:08.780 (32.063)
	2:39.526 (30.747)			
4	Ronayne, Brian	12 Reading	2:40.18	2
	31.462 (31.462)	1:03.448 (31.986)	1:35.635 (32.188)	2:08.294 (32.660)
	2:40.180 (31.886)			
5	Caldwell, Adam	10 Melrose	2:46.74	1
	32.941 (32.941)	1:06.362 (33.421)	1:40.793 (34.432)	2:16.005 (35.212)
	2:46.733 (30.729)			
6	Arria, Michael	12 Wakefield	2:46.81	1
	33.301 (33.301)	1:06.733 (33.432)	1:41.029 (34.296)	2:14.779 (33.751)
	2:46.801 (32.023)			

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 1000 M Run**

7	Joseph, James	11	Lexington	2:48.36	2		
	32.319 (32.319)		1:06.426 (34.108)	1:41.009 (34.584)		2:16.001 (34.992)	
	2:48.359 (32.358)						
8	Cutting, Ted	12	Winchester	2:50.11	2		
	31.605 (31.605)		1:03.812 (32.208)	1:37.661 (33.849)		2:13.736 (36.075)	
	2:50.108 (36.373)						
9	Breen, Briac	12	Arlington	2:50.92	3		
	31.898 (31.898)		1:07.329 (35.432)	1:43.682 (36.353)		2:19.443 (35.762)	
	2:50.912 (31.469)						
10	Sinclair, Owen	10	Reading	2:51.33	2		
	32.748 (32.748)		1:08.225 (35.478)	1:44.760 (36.535)		2:18.952 (34.193)	
	2:51.328 (32.376)						
11	Pereira, Jonathan	11	Woburn	2:52.71	3		
	32.282 (32.282)		1:07.383 (35.102)	1:43.371 (35.988)		2:19.317 (35.946)	
	2:52.708 (33.392)						
12	Finch, Sam	10	Lexington	2:55.82	2		
	32.966 (32.966)		1:08.439 (35.473)	1:44.197 (35.759)		2:20.728 (36.531)	
	2:55.816 (35.088)						
13	Sweeney, Jack	11	Arlington	2:57.98	3		
	35.247 (35.247)		1:11.918 (36.671)	1:47.644 (35.727)		2:23.662 (36.018)	
	2:57.975 (34.313)						
14	Yoon-Kim, Zachary	12	Winchester	2:59.66	2		
	33.312 (33.312)		1:08.967 (35.655)	1:46.257 (37.291)		2:25.376 (39.119)	
	2:59.658 (34.283)						
15	Campea, Brendan	12	Wakefield	2:59.80	1		
	34.842 (34.842)		1:10.946 (36.104)	1:47.237 (36.292)		2:24.110 (36.873)	
	2:59.793 (35.683)						
16	Mcdowell, Ryan	12	Winchester	3:00.28	2		
	33.981 (33.981)		1:10.741 (36.760)	1:48.376 (37.636)		2:25.244 (36.868)	
	3:00.275 (35.031)						
17	Keenan, Owen	11	Woburn	3:01.10	3		
	32.645 (32.645)		1:09.069 (36.424)	1:46.547 (37.478)		2:23.679 (37.133)	
	3:01.091 (37.412)						
18	Zou, Andrew	11	Arlington	3:01.62	3		
	34.621 (34.621)		1:10.724 (36.104)	1:50.028 (39.304)		2:26.819 (36.792)	
	3:01.619 (34.800)						
19	Boukataya, Mhamed	10	Wakefield	3:03.97	1		
	36.748 (36.748)		1:13.736 (36.988)	1:52.652 (38.916)		2:30.401 (37.750)	
	3:03.970 (33.569)						
20	Lamoretti, Jayden	11	Burlington	3:04.06	3		
	34.179 (34.179)		1:11.055 (36.876)	1:49.691 (38.636)		2:28.123 (38.432)	
	3:04.052 (35.930)						
21	Holleran, Cooper	9	Wilmington	3:04.16	1		
	36.970 (36.970)		1:14.445 (37.476)	1:54.095 (39.650)		2:33.883 (39.788)	
	3:04.155 (30.272)						
22	Damaske, Noah	9	Winchester	3:05.29	2		
	34.630 (34.630)		1:12.460 (37.831)	1:51.140 (38.680)		2:28.906 (37.767)	
	3:05.288 (36.383)						
23	Dynan, Michael	12	Wilmington	3:05.33	1		
	36.607 (36.607)		1:14.083 (37.476)	1:53.908 (39.825)		2:33.601 (39.693)	
	3:05.323 (31.723)						
24	Molinaro, Mateo	10	Stoneham	3:05.43	1		
	36.209 (36.209)		1:13.670 (37.462)	1:53.766 (40.096)		2:33.214 (39.448)	
	3:05.421 (32.207)						

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 1000 M Run**

25 Ji, Anderson	10 Melrose	3:08.71	1	3:08.706
35.471 (35.471)	1:13.428 (37.957)	1:53.549 (40.122)		2:33.748 (40.199)
3:08.706 (34.959)				
26 Russell, Felix	11 Arlington	3:08.71	3	3:08.707
33.824 (33.824)	1:09.662 (35.838)	1:50.103 (40.442)		2:30.776 (40.673)
3:08.707 (37.932)				
27 Pollucci, Mason	12 Watertown	3:11.11	3	
35.342 (35.342)	1:12.899 (37.558)	1:53.919 (41.020)		2:33.203 (39.284)
3:11.101 (37.898)				
28 Calhoun, Prince	11 Woburn	3:13.37	3	
34.945 (34.945)	1:12.113 (37.168)	1:52.239 (40.126)		2:34.798 (42.560)
3:13.364 (38.567)				
29 Nagappan, Arun	9 Burlington	3:14.54	3	
36.570 (36.570)	1:14.218 (37.648)	1:54.809 (40.592)		2:35.133 (40.324)
3:14.540 (39.408)				
30 Bancu, Andre	11 Melrose	3:21.58	1	
37.598 (37.598)	1:16.213 (38.615)	1:58.167 (41.955)		2:40.532 (42.365)
3:21.580 (41.048)				
31 Smith, Aidan	9 Stoneham	3:26.40	1	
39.377 (39.377)	1:20.950 (41.573)	2:04.649 (43.699)		2:48.925 (44.276)
3:26.397 (37.473)				
32 Patel, Krish	10 Wilmington	3:27.87	1	
38.279 (38.279)	1:19.119 (40.840)	2:02.426 (43.308)		2:46.467 (44.041)
3:27.861 (41.395)				
33 Furrer, Collin	9 Melrose	3:34.20	1	
38.872 (38.872)	1:19.505 (40.634)	2:03.788 (44.283)		2:51.214 (47.427)
3:34.191 (42.977)				
34 Govathoti, Moses	9 Burlington	3:39.66	3	
37.675 (37.675)	1:20.830 (43.156)	2:09.391 (48.561)		2:57.093 (47.703)
3:39.659 (42.566)				
35 Vijayakumar, Rohit	10 Burlington	3:55.46	3	
35.776 (35.776)	1:19.052 (43.276)	2:10.449 (51.397)		3:02.720 (52.272)
3:55.459 (52.739)				
36 Wu, Zhenkang	10 Stoneham	3:59.26	1	
42.152 (42.152)	1:30.626 (48.475)	2:23.404 (52.778)		3:15.465 (52.062)
3:59.259 (43.794)				

Boys 1 Mile Run

Name	Year School	Finals	H#	
1 Ryan, Joseph	12 Lexington	4:30.14	1	
34.998 (34.998)	1:08.268 (33.271)	1:41.790 (33.522)		2:15.902 (34.112)
2:49.797 (33.896)	3:23.637 (33.840)	3:57.848 (34.212)		4:30.140 (32.292)
2 Taggart, Liam	12 Wakefield	4:30.61	1	
35.468 (35.468)	1:08.798 (33.331)	1:42.342 (33.544)		2:16.347 (34.006)
2:50.102 (33.756)	3:23.933 (33.831)	3:58.278 (34.345)		4:30.607 (32.330)
3 Barnes, Caleb	11 Melrose	4:33.36	1	
35.227 (35.227)	1:08.591 (33.364)	1:42.126 (33.535)		2:16.170 (34.045)
2:50.354 (34.184)	3:24.374 (34.021)	3:58.497 (34.123)		4:33.355 (34.859)
4 Goodwin, Graham	12 Reading	4:40.79	2	
38.766 (38.766)	1:14.217 (35.452)	1:49.984 (35.767)		2:26.255 (36.272)
3:03.181 (36.926)	3:35.261 (32.080)	4:07.270 (32.010)		4:40.789 (33.519)

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 1 Mile Run**

5	Connolly, Timothy	10 Reading	4:41.52	2			
	38.524 (38.524)	1:14.379 (35.856)	1:50.227 (35.848)		2:26.487 (36.260)		
	3:03.433 (36.946)	3:36.679 (33.247)	4:08.333 (31.655)		4:41.517 (33.184)		
6	Walker, Nicholas	11 Winchester	4:45.58	2			
	38.199 (38.199)	1:13.989 (35.791)	1:49.743 (35.754)		2:26.110 (36.368)		
	3:02.960 (36.850)	3:37.425 (34.465)	4:11.927 (34.503)		4:45.577 (33.651)		
7	Barry, Zachary	11 Lexington	4:46.63	1			
	36.430 (36.430)	1:10.876 (34.446)	1:46.062 (35.186)		2:21.686 (35.625)		
	2:58.066 (36.380)	3:35.098 (37.032)	4:11.774 (36.677)		4:46.626 (34.852)		
8	Breen, Briac	12 Arlington	4:48.32	2			
	37.718 (37.718)	1:14.374 (36.656)	1:50.529 (36.155)		2:26.801 (36.272)		
	3:04.038 (37.238)	3:39.077 (35.039)	4:14.774 (35.698)		4:48.317 (33.543)		
9	Wallace, Ben	12 Reading	4:49.72	2			
	36.369 (36.369)	1:12.250 (35.882)	1:48.838 (36.588)		2:26.353 (37.515)		
	3:03.744 (37.392)	3:39.918 (36.175)	4:15.046 (35.128)		4:49.717 (34.672)		
10	Ross, Owen	9 Lexington	4:50.67	1			
	38.264 (38.264)	1:16.135 (37.872)	1:52.758 (36.624)		2:29.698 (36.940)		
	3:05.754 (36.056)	3:42.127 (36.373)	4:18.174 (36.047)		4:50.670 (32.497)		
11	Chumack, Mark	11 Belmont	4:51.18	1			
	35.492 (35.492)	1:09.572 (34.080)	1:44.994 (35.423)		2:21.665 (36.671)		
	2:59.212 (37.548)	3:37.675 (38.464)	4:15.155 (37.480)		4:51.178 (36.024)		
12	Bates, Zachary	12 Woburn	4:54.77	2			
	38.308 (38.308)	1:14.985 (36.677)	1:50.972 (35.988)		2:28.641 (37.670)		
	3:06.992 (38.351)	3:45.308 (38.316)	4:21.717 (36.410)		4:54.762 (33.045)		
13	Ciampa, Dean	11 Wilmington	4:54.82	1			
	36.389 (36.389)	1:12.291 (35.903)	1:50.347 (38.056)		2:29.202 (38.855)		
	3:07.043 (37.842)	3:44.966 (37.923)	4:21.226 (36.261)		4:54.820 (33.594)		
14	Fritsch, Matthew	11 Winchester	4:57.36	2			
	39.009 (39.009)	1:14.689 (35.680)	1:51.162 (36.473)		2:27.450 (36.288)		
	3:05.004 (37.554)	3:43.371 (38.368)	4:22.045 (38.675)		4:57.355 (35.310)		
15	Malloy, Harry	11 Arlington	4:57.80	2			
	37.965 (37.965)	1:15.585 (37.621)	1:53.038 (37.453)		2:31.520 (38.482)		
	3:08.075 (36.556)	3:45.659 (37.584)	4:22.313 (36.654)		4:57.795 (35.483)		
16	Mezikofsky, Ethan	11 Wakefield	4:59.05	1			
	36.585 (36.585)	1:11.320 (34.736)	1:46.711 (35.392)		2:23.016 (36.305)		
	3:00.978 (37.963)	3:40.524 (39.546)	4:21.254 (40.730)		4:59.046 (37.792)		
17	Ciriello, Jacob	11 Wakefield	5:00.30	1			
	37.578 (37.578)	1:14.594 (37.017)	1:51.822 (37.228)		2:30.637 (38.815)		
	3:08.721 (38.084)	3:47.430 (38.710)	4:24.524 (37.094)		5:00.295 (35.772)		
18	Harrington, Jonathan	10 Woburn	5:02.62	2			
	39.221 (39.221)	1:16.365 (37.144)	1:53.290 (36.926)		2:30.881 (37.592)		
	3:08.574 (37.693)	3:48.005 (39.431)	4:26.808 (38.804)		5:02.613 (35.805)		
19	Kanyike, Roy	10 Burlington	5:03.15	2			
	38.369 (38.369)	1:16.249 (37.880)	1:53.480 (37.232)		2:32.184 (38.704)		
	3:10.956 (38.772)	3:49.845 (38.890)	4:26.536 (36.691)		5:03.146 (36.611)		
20	Jamaledine, Jad	11 Melrose	5:07.17	1			
	38.699 (38.699)	1:15.910 (37.211)	1:54.511 (38.602)		2:33.014 (38.503)		
	3:13.449 (40.436)	3:54.926 (41.478)	4:30.687 (35.761)		5:07.163 (36.476)		
21	Holleran, Cooper	9 Wilmington	5:10.84	1			
	38.223 (38.223)	1:16.323 (38.100)	1:57.841 (41.518)		2:38.737 (40.896)		
	3:19.918 (41.182)	3:59.897 (39.979)	4:36.950 (37.054)		5:10.832 (33.882)		
22	Wu, Xingyu	11 Stoneham	5:11.85	1			
	38.310 (38.310)	1:16.735 (38.425)	1:57.751 (41.016)		2:37.186 (39.436)		
	3:17.404 (40.218)	3:57.519 (40.116)	4:37.754 (40.236)		5:11.846 (34.092)		

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 1 Mile Run**

23 Moir, Jack	11 Arlington	5:12.98	2		
38.075 (38.075)	1:15.421 (37.346)	1:53.045 (37.625)		2:31.961 (38.916)	
3:11.118 (39.158)	3:51.641 (40.524)	4:32.400 (40.759)		5:12.977 (40.578)	
24 McCormack, Henry	10 Melrose	5:13.43	1		
37.931 (37.931)	1:14.129 (36.198)	1:51.729 (37.600)		2:30.846 (39.117)	
3:10.409 (39.564)	3:50.943 (40.535)	4:32.464 (41.521)		5:13.426 (40.963)	
25 DaGraca, Logan	10 Burlington	5:20.81	2		
38.944 (38.944)	1:17.482 (38.539)	1:56.452 (38.970)		2:36.436 (39.984)	
3:17.927 (41.492)	4:00.018 (42.092)	4:41.746 (41.728)		5:20.805 (39.059)	
26 Stefanowicz, Henry	9 Burlington	5:22.88	2		
38.833 (38.833)	1:17.809 (38.976)	1:56.885 (39.077)		2:37.117 (40.232)	
3:18.758 (41.642)	4:02.286 (43.528)	4:44.489 (42.204)		5:22.878 (38.389)	
27 Dynan, Michael	12 Wilmington	5:23.59	1		
37.316 (37.316)	1:15.958 (38.643)	1:57.667 (41.709)		2:39.887 (42.220)	
3:21.748 (41.861)	4:02.066 (40.318)	4:44.021 (41.956)		5:23.587 (39.567)	
28 Iskenderian, Krikor	12 Watertown	5:30.74	2		
38.484 (38.484)	1:17.108 (38.624)	1:55.929 (38.822)		2:35.757 (39.828)	
3:16.894 (41.138)	4:00.046 (43.152)	4:45.343 (45.297)		5:30.732 (45.389)	
29 Ruthven, Meyer	10 Stoneham	5:51.53	1		
39.774 (39.774)	1:21.576 (41.803)	2:06.953 (45.377)		2:51.146 (44.193)	
3:35.810 (44.665)	4:21.514 (45.704)	5:08.479 (46.966)		5:51.526 (43.047)	
30 Tomase, Ian	10 Stoneham	6:05.24	1		
41.490 (41.490)	1:23.416 (41.926)	2:09.160 (45.744)		2:55.883 (46.724)	
3:43.777 (47.894)	4:31.921 (48.144)	5:19.834 (47.913)		6:05.238 (45.405)	

Boys 2 Mile Run

Name	Year School	Finals			
1 Ryan, Joseph	12 Lexington	9:48.14			
40.429 (40.429)	1:18.753 (38.324)	1:55.820 (37.067)		2:32.808 (36.988)	
3:09.524 (36.716)	3:46.363 (36.840)	4:22.944 (36.581)		4:59.521 (36.578)	
5:36.033 (36.512)	6:12.400 (36.368)	6:49.342 (36.943)		7:26.384 (37.042)	
8:03.557 (37.173)	8:39.637 (36.080)	9:15.210 (35.574)		9:48.137 (32.927)	
2 Barnes, Caleb	11 Melrose	9:54.00			
40.711 (40.711)	1:19.009 (38.298)	1:56.087 (37.079)		2:33.090 (37.004)	
3:09.785 (36.695)	3:46.657 (36.873)	4:23.184 (36.527)		4:59.968 (36.784)	
5:36.392 (36.424)	6:12.833 (36.441)	6:49.589 (36.756)		7:26.819 (37.231)	
8:03.836 (37.017)	8:40.529 (36.693)	9:17.956 (37.428)		9:53.994 (36.039)	
3 Goodwin, Graham	12 Reading	10:21.56			
41.757 (41.757)	1:20.191 (38.434)	1:57.335 (37.144)		2:34.032 (36.697)	
3:10.499 (36.468)	3:46.867 (36.368)	4:23.436 (36.569)		5:00.869 (37.433)	
5:39.701 (38.833)	6:19.221 (39.520)	6:59.475 (40.255)		7:40.698 (41.224)	
8:22.510 (41.812)	9:03.709 (41.200)	9:43.800 (40.091)		10:21.560 (37.760)	
4 Nett, Andrew	11 Wakefield	10:24.00			
41.715 (41.715)	1:20.541 (38.826)	1:57.936 (37.396)		2:34.782 (36.847)	
3:13.024 (38.242)	3:51.275 (38.252)	4:29.895 (38.620)		5:08.283 (38.388)	
5:47.791 (39.508)	6:27.573 (39.782)	7:07.270 (39.698)		7:47.518 (40.248)	
8:27.245 (39.727)	9:07.073 (39.829)	9:46.087 (39.014)		10:23.994 (37.908)	
5 Collins, Daichi	10 Arlington	10:27.25			
41.257 (41.257)	1:19.489 (38.232)	1:57.091 (37.603)		2:33.823 (36.732)	
3:12.696 (38.873)	3:51.967 (39.272)	4:30.926 (38.960)		5:10.909 (39.983)	
5:51.239 (40.331)	6:30.650 (39.412)	7:10.373 (39.723)		7:50.677 (40.305)	
8:31.290 (40.613)	9:12.173 (40.884)	9:52.454 (40.281)		10:27.243 (34.789)	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 2 Mile Run**

6	Hamilton, Timothy	12 Winchester	10:31.47		
	41.518 (41.518)	1:20.581 (39.064)	1:57.671 (37.090)	2:34.280 (36.609)	
	3:11.646 (37.367)	3:49.821 (38.176)	4:29.609 (39.788)	5:09.453 (39.844)	
	5:50.202 (40.750)	6:31.238 (41.036)	7:12.447 (41.209)	7:54.133 (41.687)	
	8:35.457 (41.324)	9:16.065 (40.609)	9:55.393 (39.328)	10:31.461 (36.068)	
7	Nett, Brandon	11 Wakefield	10:32.95		
	42.021 (42.021)	1:20.518 (38.497)	1:58.328 (37.810)	2:35.889 (37.562)	
	3:14.520 (38.631)	3:53.394 (38.875)	4:32.659 (39.265)	5:12.163 (39.504)	
	5:52.485 (40.323)	6:32.442 (39.957)	7:13.149 (40.707)	7:53.372 (40.224)	
	8:34.136 (40.764)	9:14.977 (40.842)	9:55.669 (40.692)	10:32.943 (37.275)	
8	Dugan, Ben	10 Melrose	10:44.17		
	42.002 (42.002)	1:21.661 (39.659)	2:00.077 (38.417)	2:39.112 (39.035)	
	3:19.061 (39.950)	3:59.904 (40.843)	4:41.044 (41.140)	5:21.400 (40.356)	
	6:02.129 (40.730)	6:43.543 (41.414)	7:25.435 (41.892)	8:07.252 (41.817)	
	8:48.957 (41.705)	9:29.308 (40.352)	10:09.092 (39.784)	10:44.164 (35.072)	
9	Kuder, Owen	10 Lexington	10:45.40		
	42.460 (42.460)	1:22.473 (40.014)	2:02.614 (40.141)	2:42.559 (39.945)	
	3:22.671 (40.112)	4:03.031 (40.360)	4:43.700 (40.669)	5:24.399 (40.700)	
	6:04.786 (40.388)	6:45.651 (40.865)	7:26.590 (40.940)	8:07.481 (40.892)	
	8:48.305 (40.824)	9:28.930 (40.626)	10:08.661 (39.732)	10:45.393 (36.732)	
10	Johnson-Houlihan, Finn	9 Reading	10:50.04		
	41.657 (41.657)	1:21.975 (40.318)	2:02.251 (40.276)	2:40.825 (38.574)	
	3:20.639 (39.815)	4:02.065 (41.427)	4:43.233 (41.168)	5:24.213 (40.981)	
	6:05.291 (41.078)	6:46.333 (41.043)	7:27.725 (41.392)	8:10.073 (42.348)	
	8:52.061 (41.989)	9:34.681 (42.620)	10:14.431 (39.750)	10:50.040 (35.609)	
11	Bennett, Maximillan	12 Watertown	10:57.45		
	42.264 (42.264)	1:21.172 (38.908)	1:58.614 (37.443)	2:36.441 (37.828)	
	3:15.149 (38.708)	3:54.637 (39.488)	4:35.029 (40.392)	5:16.381 (41.352)	
	5:57.612 (41.232)	6:40.257 (42.645)	7:23.109 (42.853)	8:06.533 (43.424)	
	8:50.138 (43.606)	9:34.252 (44.114)	10:17.469 (43.218)	10:57.448 (39.979)	
12	Capone, Jonathan	11 Woburn	10:57.91		
	40.958 (40.958)	1:19.201 (38.244)	1:56.398 (37.197)	2:33.467 (37.069)	
	3:12.979 (39.512)	3:51.609 (38.630)	4:30.337 (38.729)	5:10.666 (40.329)	
	5:53.657 (42.991)	6:37.992 (44.336)	7:22.469 (44.477)	8:04.958 (42.490)	
	8:48.523 (43.565)	9:33.822 (45.300)	10:18.828 (45.006)	10:57.901 (39.074)	
13	Ryan, Sean	10 Lexington	11:05.50		
	42.697 (42.697)	1:22.628 (39.932)	2:02.753 (40.125)	2:42.647 (39.895)	
	3:22.780 (40.133)	4:03.217 (40.438)	4:43.719 (40.502)	5:24.702 (40.984)	
	6:04.997 (40.295)	6:45.950 (40.954)	7:27.311 (41.361)	8:10.413 (43.103)	
	8:55.147 (44.734)	9:40.105 (44.959)	10:23.628 (43.523)	11:05.497 (41.870)	
14	Oldham, William	11 Melrose	11:09.31		
	45.173 (45.173)	1:24.464 (39.292)	2:06.520 (42.056)	2:48.866 (42.347)	
	3:30.506 (41.640)	4:10.201 (39.695)	4:50.293 (40.093)	5:31.451 (41.158)	
	6:12.304 (40.853)	6:50.690 (38.387)	7:35.087 (44.397)	8:18.293 (43.206)	
	9:00.910 (42.618)	9:46.330 (45.420)	10:22.525 (36.195)	11:09.306 (46.782)	
15	Caruso, Marcello	11 Wakefield	11:13.24		
	42.765 (42.765)	1:23.355 (40.590)	2:04.029 (40.675)	2:44.389 (40.360)	
	3:25.682 (41.294)	4:07.427 (41.745)	4:50.193 (42.766)	5:32.709 (42.516)	
	6:14.218 (41.510)	6:56.169 (41.951)	7:39.683 (43.515)	8:23.801 (44.119)	
	9:08.369 (44.568)	9:52.205 (43.836)	10:36.006 (43.801)	11:13.233 (37.228)	
16	Ciampa, Dean	11 Wilmington	11:22.31		
	41.734 (41.734)	1:23.133 (41.400)	2:05.805 (42.672)	2:48.298 (42.493)	
	3:30.837 (42.539)	4:14.454 (43.618)	4:56.813 (42.360)	5:40.569 (43.756)	
	6:24.058 (43.489)	7:07.739 (43.681)	7:52.469 (44.731)	8:35.781 (43.312)	
	9:19.557 (43.777)	10:03.792 (44.235)	10:44.017 (40.225)	11:22.306 (38.290)	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys 2 Mile Run**

17 Sivakumar, Vibhush	11 Wilmington	11:26.46		
43.356 (43.356)	1:25.344 (41.988)	2:08.365 (43.022)	2:51.647 (43.282)	
3:34.795 (43.148)	4:17.949 (43.154)	5:02.435 (44.487)	5:45.516 (43.081)	
6:28.473 (42.957)	7:11.966 (43.494)	7:56.445 (44.479)	8:40.461 (44.016)	
9:24.197 (43.736)	10:05.608 (41.412)	10:45.867 (40.260)	11:26.451 (40.584)	
18 Yii, Ethan	12 Stoneham	11:31.46		
43.352 (43.352)	1:24.326 (40.975)	2:06.768 (42.442)	2:48.625 (41.857)	
3:31.075 (42.451)	4:14.607 (43.532)	4:57.157 (42.550)	5:40.751 (43.595)	
6:24.276 (43.525)	7:08.018 (43.743)	7:52.135 (44.117)	8:36.001 (43.866)	
9:20.813 (44.813)	10:06.135 (45.322)	10:50.197 (44.062)	11:31.457 (41.260)	
19 Chang, Alexander	11 Burlington	11:38.00		
42.541 (42.541)	1:22.889 (40.348)	2:04.497 (41.608)	2:44.291 (39.794)	
3:25.865 (41.574)	4:07.957 (42.093)	4:51.113 (43.156)	5:37.277 (46.164)	
6:23.129 (45.852)	7:08.483 (45.355)	7:53.673 (45.191)	8:40.507 (46.834)	
9:26.488 (45.981)	10:12.298 (45.811)	10:57.957 (45.659)	11:37.992 (40.036)	
20 Campisano, Elias	9 Belmont	11:38.39		
41.530 (41.530)	1:21.631 (40.101)	2:02.357 (40.726)	2:44.077 (41.721)	
3:25.521 (41.444)	4:07.346 (41.825)	4:50.142 (42.796)	5:34.497 (44.355)	
6:19.797 (45.300)	7:05.847 (46.051)	7:51.646 (45.800)	8:37.641 (45.995)	
9:24.631 (46.991)	10:10.828 (46.197)	10:55.926 (45.099)	11:38.382 (42.456)	
21 Samaha, Nicholas	12 Wilmington	11:51.09		
44.066 (44.066)	1:25.959 (41.893)	2:08.846 (42.888)	2:52.494 (43.648)	
3:35.901 (43.407)	4:19.554 (43.654)	5:04.188 (44.634)	5:49.489 (45.302)	
6:35.104 (45.615)	7:21.048 (45.944)	8:06.936 (45.888)	8:52.325 (45.389)	
9:39.525 (47.200)	10:25.777 (46.252)	11:10.313 (44.537)	11:51.083 (40.770)	
22 Agrawal, Ayush	12 Burlington	11:51.75		
42.249 (42.249)	1:22.589 (40.340)	2:04.506 (41.917)	2:46.957 (42.451)	
3:31.377 (44.421)	4:14.766 (43.389)	4:59.711 (44.945)	5:44.518 (44.808)	
6:30.594 (46.076)	7:17.821 (47.227)	8:04.855 (47.035)	8:50.961 (46.107)	
9:38.777 (47.816)	10:25.204 (46.428)	11:11.166 (45.963)	11:51.749 (40.584)	
23 Banerji, Mikayel	10 Stoneham	11:57.90		
43.074 (43.074)	1:23.817 (40.744)	2:06.123 (42.306)	2:48.805 (42.682)	
3:31.560 (42.756)	4:14.996 (43.436)	4:58.507 (43.512)	5:44.607 (46.100)	
6:31.854 (47.248)	7:19.397 (47.543)	8:07.180 (47.784)	8:54.525 (47.346)	
9:43.213 (48.688)	10:31.473 (48.260)	11:18.594 (47.121)	11:57.897 (39.304)	
24 Langridge, Brian	11 Winchester	11:58.69		
42.506 (42.506)	1:23.656 (41.150)	2:05.478 (41.823)	2:48.415 (42.937)	
3:31.125 (42.710)	4:15.317 (44.193)	5:00.028 (44.711)	5:45.309 (45.282)	
6:32.221 (46.912)	7:18.529 (46.308)	8:05.184 (46.656)	8:51.657 (46.473)	
9:39.343 (47.687)	10:27.220 (47.877)	11:15.133 (47.914)	11:58.682 (43.549)	
25 Mohd, Yusuf	11 Woburn	12:05.72		
45.297 (45.297)	1:26.311 (41.015)	2:09.594 (43.284)	2:53.651 (44.057)	
3:37.682 (44.032)	4:21.126 (43.444)	5:05.762 (44.636)	5:51.249 (45.488)	
6:38.680 (47.431)	7:26.538 (47.859)	8:13.466 (46.928)	9:01.261 (47.796)	
9:48.546 (47.285)	10:35.137 (46.591)	11:20.989 (45.853)	12:05.712 (44.723)	
26 Shamashkin, Luke	11 Woburn	12:20.82		
45.401 (45.401)	1:26.150 (40.749)	2:10.113 (43.963)	2:54.057 (43.944)	
3:38.021 (43.964)	4:21.540 (43.520)	5:06.425 (44.886)	5:53.421 (46.996)	
6:42.852 (49.431)	7:31.229 (48.378)	8:19.011 (47.782)	9:06.899 (47.888)	
9:55.838 (48.940)	10:44.692 (48.854)	11:33.791 (49.100)	12:20.818 (47.028)	
27 Liu, Brayden	9 Belmont	14:51.85		
41.765 (41.765)	1:23.635 (41.870)	2:11.441 (47.806)	3:00.289 (48.849)	
3:53.529 (53.240)	4:51.421 (57.892)	5:49.401 (57.980)	6:44.325 (54.924)	
7:42.525 (58.201)	8:41.741 (59.216)	9:39.419 (57.678)	10:41.998 (1:02.580)	
11:45.025 (1:03.027)	12:41.645 (56.621)	13:40.673 (59.028)	14:51.845 (1:11.172)	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****Boys 55 M Hurdles**

Name	Year	School	Finals	H#
1 Cramer, Nicholas	12	Woburn	7.93	5
2 O'Hare Gibson, McKenna	12	Lexington	8.39	3
3 Ciasullo, Anthony	11	Woburn	8.54	5
4 Patt, Joseph	12	Wakefield	8.63	2
5 Silva, Derek	11	Reading	8.79	4
6 Sands, Hunter	12	Wilmington	8.86	1
7 Martinis-Torres, Giancar	11	Melrose	8.90	2
8 Guida, Joe	11	Winchester	9.04	4 9.033
9 Kulubya, Dawit	10	Woburn	9.04	5 9.035
10 Belous, Nick	12	Reading	9.23	4
11 Patrone, Sean	12	Wilmington	9.25	1
12 Connelly, Aidan	11	Arlington	9.33	5
13 Lubetsky, Jacob	12	Belmont	9.37	3
14 Korotkin, Chase	11	Winchester	9.40	4
15 Reid Jr, Clifton	12	Lexington	9.52	3
16 Lanciani, Maximillian	10	Melrose	9.53	2
17 O'Meara, Cian	10	Winchester	9.73	4
18 Jefferson, Carter	10	Wakefield	9.99	2
19 Christie, Ian	11	Wakefield	10.05	2
20 Grace, Dylan	10	Wilmington	10.16	1
21 Vining, Quinlan	12	Woburn	10.20	5
22 Stevens, Trevor	10	Burlington	10.24	6
23 Yang, Jason	9	Lexington	10.27	3
24 Yang, Jason X	9	Lexington	10.43	3
25 Molinaro, Mateo	10	Stoneham	10.44	1
26 Dragon, Frost	11	Melrose	10.46	2
27 Jean, Marvins	11	Wilmington	10.82	1
28 Fernandes, Samuel	9	Burlington	11.03	6
29 Brisson, Cooper	9	Stoneham	11.31	1
30 Chernobayev, Maxim	10	Arlington	11.45	5
31 Latchford, Ryan	9	Burlington	11.53	6
32 Orlandella, Cameron	9	Melrose	11.56	2

Boys 4x200 M Relay

School	Finals	H#
1 Winchester	1:35.63	2
1) Nelson, George 12		
2) Doucette, Ryan 12		
3) Naykene, Natan 11		
4) Yazici, James 11		
2 Reading	1:36.36	2
1) Austin, Nick 12		
2) Belous, Nick 12		
3) Caraco, Michael 9		
4) Yu, Jae Young 12		
3 Woburn	1:36.88	2
1) Lubowa, Nahshon 10		
2) Ciasullo, Anthony 11		
3) Cramer, Nicholas 12		
4) Pacini, Ryan 12		
4 Lexington	1:36.97	1
1) Gu, Andrew 10		
2) Yu, Victor 12		
3) Chambers, Cayden 9		
4) Reid Jr, Clifton 12		
5 Wakefield	1:39.68	1
1) Christie, Ian 11		
2) Jefferson, Carter 10		
3) Patt, Joseph 12		
4) Jones, Aiden 10		
6 Melrose	1:39.70	1

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023
the TRACK at new balance
Results

....Boys 4x200 M Relay

1) Fiote, Sebastien 11	2) Lecomte, Tyler 11		
3) McElligot, Tommy 12	4) Ssebugwawo, Jevon 12		
7 Stoneham		1:39.88	1
1) Federico, Frankie 10	2) Forest, Cameron 11		
3) Federico, Jason 10	4) Tran, Logan 11		
8 Arlington		1:40.04	2
1) Adhiya, Omkar 12	2) Fitzsimmons, Alexander 12		
3) Hagenbuch, Mo 12	4) Kikuchi, Eita 12		
9 Wilmington		1:40.77	1
1) Philiossaint, Martin 11	2) Foresyth, Jonathan 12		
3) Sands, Hunter 12	4) Jenks, Cameron 11		
10 Watertown		1:42.84	2
1) Thiam, Jeylani 11	2) Tocchio, Domenic 11		
3) Totino, Giancarlo 12	4) Hernandez, Aiden 12		
11 Belmont		1:43.36	1
1) Mosharaf, Alborz 11	2) Yu, Ethan 12		
3) DiOrio, Ross 12	4) Amaratunga, Samuel 10		
12 Burlington		1:44.04	2
1) O'Divin, Chris 10	2) Tauro, Ryan 9		
3) McGee, Logan 10	4) Doherty, John 11		

Boys 4x400 M Relay

School	Finals	H#
1 Melrose	3:31.82	1
1) Caldwell, Adam 10	2) Sarnoski, Matthew 11	
3) Tully, Jonah 11	4) O'Donnell, Samuel 12	
25.229 (25.229)	53.201 (27.972)	1:19.152 (25.952)
2:10.923 (24.735)	2:39.079 (28.156)	3:04.580 (25.501)
		1:46.189 (27.037)
		3:31.811 (27.232)
2 Wakefield	3:36.42	1
1) Wyatt, Brody 11	2) Mezikofsky, Ethan 11	
3) Mezikofsky, William 12	4) Taggart, Liam 12	
25.260 (25.260)	53.218 (27.959)	1:19.221 (26.003)
2:14.277 (25.281)	2:43.016 (28.740)	3:08.730 (25.714)
		1:48.996 (29.776)
		3:36.412 (27.683)
3 Lexington	3:36.51	1
1) O'Hare Gibson, McKenna 12	2) Das, Nayan 12	
3) Ryans, Daniel 11	4) Selsky, Eli 9	
26.671 (26.671)	56.427 (29.756)	1:19.962 (23.535)
2:13.275 (25.919)	2:42.269 (28.994)	3:08.513 (26.244)
		1:47.357 (27.396)
		3:36.508 (27.996)
4 Reading	3:39.54	2
1) Hannabury, Liam 12	2) Malley, Mark 12	
3) Barbato, Chris 11	4) Ring, Jameson 12	
26.612 (26.612)	55.377 (28.766)	1:20.894 (25.517)
2:15.707 (26.704)	2:45.833 (30.126)	3:11.073 (25.240)
		1:49.003 (28.109)
		3:39.531 (28.459)
5 Winchester	3:46.20	2
1) Chao, Parker 10	2) Johnson, Tyler 12	
3) Yoon-Kim, Zachary 12	4) Walker, Nicholas 11	
25.112 (25.112)	53.036 (27.924)	1:22.196 (29.160)
2:18.817 (27.242)	2:47.618 (28.801)	3:16.046 (28.428)
		1:51.576 (29.380)
		3:46.200 (30.154)
6 Woburn	3:50.57	2
1) Kulubya, Dawit 10	2) Dizio, Carlin 9	
3) Nicolas, Michael 12	4) Bates, Zachary 12	
26.144 (26.144)	55.086 (28.943)	1:22.451 (27.365)
2:19.683 (25.764)	2:49.569 (29.886)	3:19.051 (29.483)
		1:53.920 (31.469)
		3:50.566 (31.516)

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023
the TRACK at new balance
Results

....Boys 4x400 M Relay

7	Wilmington							3:51.26	1
	1) Baker, Ashvin 11								
	2) Burke, Aidan 12								
	3) Grace, Dylan 10								
	4) Burns, Thomas 12								
	26.930 (26.930)	56.034 (29.104)	1:22.310 (26.276)	1:54.454 (32.144)					
	2:24.354 (29.900)	2:55.314 (30.961)	3:22.892 (27.578)	3:51.258 (28.366)					
8	Arlington							3:57.82	2
	1) Kikuchi, Eita 12								
	2) Kikuchi, Yuta 12								
	3) LaSpina, Alexander 10								
	4) Moir, Jack 11								
	27.269 (27.269)	59.497 (32.228)	1:29.529 (30.032)	2:02.093 (32.565)					
	2:28.470 (26.377)	2:59.149 (30.679)	3:27.441 (28.293)	3:57.813 (30.372)					
9	Burlington							4:00.75	2
	1) Kanyike, Roy 10								
	2) Meyers, Lucas 11								
	3) Newhall, Joshua 10								
	4) Abbott, Nicholas 11								
	26.681 (26.681)	59.449 (32.769)	1:30.024 (30.575)	2:02.122 (32.099)					
	2:29.554 (27.432)	3:02.807 (33.253)	3:29.613 (26.807)	4:00.750 (31.137)					
10	Belmont							4:12.63	1
	1) Reynolds, Parker 9								
	2) Chumack, Mark 11								
	3) Matorras, Ignacio 10								
	4) Todaro, Michael 12								
	29.362 (29.362)	1:00.278 (30.916)	1:29.941 (29.664)	2:03.292 (33.352)					
	2:33.137 (29.845)	3:03.672 (30.536)	3:31.494 (27.822)	4:12.623 (41.130)					

Boys High Jump

Name	Year	School	Finals
1 O'Hare Gibson, McKenna	12	Lexington	6-00.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02		
---	O O XO O XO XXX		
2 Lanciani, Maximillian	10	Melrose	5-10.00
5-02 5-04 5-06 5-08 5-10	6-00		
O O O O O	XXX		
2 Madden, Samuel	11	Melrose	5-10.00
5-02 5-04 5-06 5-08 5-10	6-00		
---	O O O O XXX		
4 Belmer, JaMauri	10	Wakefield	J5-10.00
5-02 5-04 5-06 5-08 5-10	6-00		
O O O XXO XO	XXX		
5 Patrone, Sean	12	Wilmington	5-08.00
5-02 5-04 5-06 5-08 5-10			
---	O O O XXX		
6 Finocchiaro, Charlie	11	Melrose	J5-08.00
5-02 5-04 5-06 5-08 5-10			
O O XO O	XXX		
7 Lubowa, Nahshon	10	Woburn	J5-08.00
5-02 5-04 5-06 5-08 5-10			
XO O XXO XO	XXX		
8 Sands, Hunter	12	Wilmington	5-06.00
5-02 5-04 5-06 5-08			
---	O O XXX		
8 Collins, Sean	12	Woburn	5-06.00
5-02 5-04 5-06 5-08			
---	--- O XXX		
10 Conte, Matthew	10	Burlington	J5-06.00
5-02 5-04 5-06 5-08			
O O XO	XXX		

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys High Jump**

11 Manor Jr, Cleavon 5-02 5-04 5-06 --- O XXX	10 Lexington	5-04.00
11 Iskenderian, Krikor 5-02 5-04 5-06 O O XXX	12 Watertown	5-04.00
11 Patt, Joseph 5-02 5-04 5-06 O O XXX	12 Wakefield	5-04.00
14 Tran, Alex 5-02 5-04 5-06 XXO O XXX	12 Woburn	J5-04.00
15 Narayan, Vedant 5-02 5-04 5-06 O XO XXX	12 Reading	J5-04.00
15 Tandeih, Simon 5-02 5-04 5-06 --- XO XXX	10 Lexington	J5-04.00
17 Sheehan, Shane 5-02 5-04 5-06 XXO XO XXX	9 Burlington	J5-04.00
18 Brown, Dylan 5-02 5-04 5-06 XO XXO XXX	11 Stoneham	J5-04.00
19 Baker, Ashvin 5-02 5-04 5-06 O X-- XX	11 Wilmington	5-02.00
19 Collins, Mitchell 5-02 5-04 O XXX	10 Winchester	5-02.00
21 Caraco, Michael 5-02 5-04 XO XXX	9 Reading	J5-02.00
21 Manfredi, Evan 5-02 5-04 XO XXX	10 Reading	J5-02.00
23 Fernandes, Samuel 5-02 5-04 XXO XXX	9 Burlington	J5-02.00
23 Adhiya, Omkar 5-02 5-04 XXO XXX	12 Arlington	J5-02.00
-- Christie, Ian 5-02 XXX	11 Wakefield	NH
-- Hess, Ryan 5-02 XXX	10 Winchester	NH
-- Connelly, Aidan 5-02 XXX	11 Arlington	NH
-- Brisson, Cooper 5-02 XXX	9 Stoneham	NH

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys High Jump**

--	Todaro, Michael	12	Belmont		NH
	5-02				
	XXX				
--	Reynolds, Parker	9	Belmont		NH
	5-02				
	XXX				
--	You, David	11	Winchester		NH
	5-02				
	XXX				

Boys Long Jump

Name	Year	School	Finals	H#
1 Nelson, George	12	Winchester	20-07.00	3
FOUL 18-08.50	20-07			
2 Cramer, Nicholas	12	Woburn	19-11.50	1
FOUL 19-00.50	19-11.50			
3 Tran, Alex	12	Woburn	19-09.00	1
19-03 19-04	19-09			
4 Yu, Jae Young	12	Reading	19-06.00	3
19-05 19-06	19-05.50			
5 Radzik, Brendan	11	Melrose	19-02.50	2
19-02.50	FOUL FOUL			
6 Jones, Aiden	10	Wakefield	19-02.25	2
FOUL 19-02.25	19-01			
7 Korotkin, Chase	11	Winchester	18-07.00	3
17-11 18-05	18-07			
8 Nyakahuma, Mark	12	Lexington	18-06.00	3
18-01 18-06	18-02.50			
9 Ciulla, Tom	11	Stoneham	18-02.50	2
18-02.50	FOUL 18-00.25			
10 Belmer, JaMauri	10	Wakefield	17-11.75	2
FOUL 17-04.75	17-11.75			
11 Ciasullo, Anthony	11	Woburn	17-11.50	1
FOUL 17-11.50	17-09			
12 Jenks, Cameron	11	Wilmington	17-09.50	2
17-09.50	FOUL 17-03.50			
13 Philiossaint, Martin	11	Wilmington	17-06.25	2
17-06.25	FOUL FOUL			
14 Sheehan, Shane	9	Burlington	17-06.00	1
17-06 16-07	16-09			
15 Manfredi, Evan	10	Reading	17-05.00	3
FOUL FOUL	17-05			
16 Fernandes, Samuel	9	Burlington	17-04.50	1
16-10 17-04.50	16-10.50			
17 Alperovich, Ben	9	Lexington	17-00.00	3
17-00 16-09	16-07			
18 Jefferson, Carter	10	Wakefield	16-11.50	2
16-11.50	16-07 16-01			
19 Burke, Aidan	12	Wilmington	16-11.00	2
14-02.25	16-06.50 16-11			
20 Tang, Jason	11	Melrose	16-09.00	2
16-06.75	16-09 FOUL			

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys Long Jump**

21	Abbott, Nicholas	11	Burlington	16-08.50	1
	16-08.50 16-07		FOUL		
22	Elkin, Daniel	10	Arlington	16-04.50	1
	15-04.50 15-00		16-04.50		
23	Patki, Adwait	9	Lexington	16-02.50	3
	15-02 14-09		16-02.50		
24	Brisson, Cooper	9	Stoneham	15-06.00	2
	14-09.25 14-07.50		15-06		
25	Harrison, Richie	9	Melrose	12-07.00	2
	12-07		FOUL FOUL		
--	Yazici, James	11	Winchester	FOUL	3
	FOUL FOUL		PASS		

Boys Shot Put

Name	Year	School	Finals	H#
1 Fitzsimmons, Alexander	12	Arlington	47-00.50	2
			47-00.50 46-11.25 45-00	
2 Crogan, Sean	12	Lexington	39-01.50	1
			39-01.25 38-07.75 39-01.50	
3 Bogus, Bryan	12	Woburn	37-05.00	2
			32-09.50 37-05 33-08.75	
4 Morales, Jorge	12	Woburn	37-04.75	2
			FOUL 37-04.75 37-03.75	
5 Sullivan, Frankie	11	Wakefield	37-04.25	1
			37-04.25 36-08.25 36-03.50	
6 Brown, Tymothy	12	Wakefield	36-07.75	1
			36-07.75 36-05.25 34-01	
7 Tandeih, Simon	10	Lexington	36-07.00	1
			34-08.75 31-03 36-07	
8 Gangi, Connor	10	Stoneham	36-06.25	1
			35-04.75 36-06.25 35-07.75	
9 Brown, Elijah	12	Lexington	35-08.25	1
			FOUL FOUL 35-08.25	
10 Powers, Sean	10	Stoneham	35-05.25	1
			34-05.75 35-05.25 34-07	
11 Morris, Mason	12	Stoneham	35-01.75	1
			31-11 32-08.50 35-01.75	
12 Thikekar, Arav	11	Burlington	34-07.75	2
			34-07.50 34-07.75 31-01.75	
13 Preston, William	11	Burlington	34-06.50	2
			33-03 34-06.50 28-03	
14 Perez, Ben	12	Woburn	34-03.50	2
			32-06.75 32-04 34-03.50	
15 Fitch, Max	10	Arlington	33-11.75	2
			33-06 33-11.75 29-10.25	
16 McAree, Jack	11	Melrose	33-08.00	1
			29-09.25 30-05.25 33-08	
17 Morrison, William	11	Burlington	33-00.25	2
			FOUL 33-00.25 FOUL	
18 Hogan, Sean	12	Arlington	32-07.00	2
			30-03.75 32-07 31-03.75	
19 Volchuk, Leo	10	Winchester	32-06.25	2
			32-06.25 29-09 28-09.25	

Middlesex League Varsity Indoor T&F Block #3 - 12/28/2023**the TRACK at new balance****Results****....Boys Shot Put**

20	DiOrion, Ross	12	Belmont	31-06.75	1
	FOUL 31-06.75 FOUL				
21	Goodhue, John	12	Reading	31-06.00	2
	31-06 30-01.50 30-07.75				
22	Orlandella, Jackson	11	Melrose	30-05.00	1
	FOUL 28-01.50 30-05				
23	DiFruscio, Rocco	10	Melrose	30-04.75	1
	30-04.75 28-04.75 30-01.50				
24	Eliopoulos, Panayioti	12	Watertown	30-01.75	2
	28-11.50 30-01.75 FOUL				
25	Brudnik, Owen	11	Wakefield	30-00.00	1
	30-00 28-06.50 27-00.25				
26	Gisetto, Alexander	10	Reading	29-11.00	2
	29-11 27-11 26-05.25				
27	Borges, Gabriel	10	Wilmington	29-03.00	1
	FOUL 28-11.75 29-03				
28	Pavlidis, John	12	Watertown	28-04.25	2
	26-08 27-05.25 28-04.25				
29	Lim, Riley	12	Reading	28-00.25	2
	FOUL 27-03.75 28-00.25				
30	Rozgic, Luka	10	Belmont	25-06.00	1
	25-06 23-11.50 23-10.50				
31	Delgado, Randy	12	Watertown	24-09.75	2
	FOUL 24-09.75 24-03.25				
32	O'Callaghan, Sean	9	Winchester	23-04.50	2
	20-05.75 23-04.50 21-03.50				
33	Hannon, Ciaran	9	Winchester	22-08.00	2
	22-08 FOUL 21-04				
34	Repucci, Dennis	9	Wilmington	19-09.00	1
	18-11.25 19-02 19-09				

Boys Weight Throw

Name	Year	School	Finals
1 Fitzsimmons, Alexander	12	Arlington	43-03.00
			35-03.75 FOUL 43-03
2 Brown, Elijah	12	Lexington	41-11.00
			40-10.75 41-11 40-10.25
3 Morrison, William	11	Burlington	35-01.50
			35-01.50 34-03.50 32-05.75
4 Preston, William	11	Burlington	25-03.75
			24-11.25 25-03.75 FOUL
5 Thikekar, Arav	11	Burlington	16-06.25
			16-06.25 FOUL FOUL