

UMass Lowell Invitational

Saturday March 30, 2024

Teams: UMass Lowell, University of Vermont, Stonehill College, University of New Hampshire, University of Hartford

Entries are due by: 8:00pm on Thursday March 28, 2024

Entries will be submitted electronically on www.directathletics.com

Parking: Is adjacent to the track

Locker Rooms: Locker Rooms are located in Costello Gym about 300 meters from the Track, we will have porta potties located at the track and more bathrooms in the locker room and parking garage bottom floor.

Scratches: Please send scratches anytime and before the meet Saturday morning

Check in: Will take place in the behind the concession stand on the soccer field. Please let your Athletes know that check-in is not at the timing tent. No bib numbers just hip numbers for all races.

All warm-ups should take place on the soccer field not on the blue infield, please no spikes on the Blue turf

Heats will run fast to slow

Weigh-In: Will take place on the high jump apron beginning at 9:30am, we will throw the unseeded discus on the onto the soccer field off of a portable circle.

UMass Lowell Athletic Healthcare will provide ice, water, cups, treatment tables, and emergency equipment for the duration of the event. If your team requires the use of the training room or therapeutic modalities, please make prior arrangements by contacting Lainie Williams, Head Athletic Trainer, office: 978-934-2607 or Lainie_williams@uml.edu This must be done no later than 24 hours prior to the time you would like to use the athletic training room. There will be a tent in the infield at the finish line, 2 UMass Lowell staff certified athletic trainers will be there at all times. The tent will have tables that can be used by teams for treatment. In order to be available for injuries, UMass Lowell staff will not be providing stretching or massage to non-UMass Lowell athletes. Team physicians will be on call if needed and ambulance services will be on campus all day.

Directions to UMass Lowell Cushing Field Complex

Address: 275 Riverside Street, Lowell, MA 01854

Questions:

Please contact Ally Waruch- Allyson_Waruch@uml.edu