2018-2019 NEW HAMPSHIRE INPDOR TRACK LEAGUE SCHEDULE
Last updated - December 10, 2018

Saturday, December 15

UNH
9:00 a.m. - 12:00 p.m.
Pembroke
Sanborn
Epping
Raymond
Mascenic
Conant
Oyster River
Newmarket
Kingswood
Prospect Mountain
Campbell
Somersworth

Exeter Academy
1:00 p.m. - 4:00 p.m.
Phillips Exeter
Pelham
Dover
Merrimack
Bow
Salem
Portsmouth Christian
Con-Val

Plymouth State
3:00 p.m.
Merrimack Valley
Central
Bishop Brady
Windham
Concord
West
Winnisquam
Franklin
Belmont
Laconia
Plymouth
Gilford

Dartmouth
12:00 NOON
Milford
Lebanon
Nashua North
Timberlane
Newport
Hanover
Monadnock
Souhegan
Kearsarge
Fall Mountain
Goffstown
Keene
White Mtns
Vermont Schools

Wednesday, December 19 - UNH (JV Meet) 5:00 p.m.

Wednesday, December 19

Phillips Exeter
4:00 p.m.

Phillips Exeter
Spaulding
Raymond
Portsmouth Christian

Exeter
St. Thomas
Sanborn

Saturday, December 22

Plymouth State 10:00 a.m.

Belmont
Laconia
Bishop Brady
Plymouth
Winnacunnet
Pembroke
Prospect Mountain
Bow

Merrimack Valley
Goffstown
Gilford
West
Winnisquam
Kearsarge
Pelham
Franklin

Concord
Memorial
Conant
Bishop Guertin
Mascenic
Pinkerton
Newport
Keene

Dartmouth - Noon

Lebanon
Trinity
Hanover
Fall Mountain
Hollis/Brookline
Monadnock
White Mtns
Vermont Schools
Sunday, December 23

**UNH**

9:00 a.m. - 12:00 p.m. 1:00 p.m. - 4:00 p.m.

Alvirne
Dover
Oyster River
Portsmouth
Milford
Souhegan
Nashua South

**UNH**

Central Kingswood Timberlane
Nashua North Campbell Conval

Thursday, December 27 - UNH (JV Meet) Noon

Friday, December 28 (no 3000m; 4 x 800m relay instead)

**Dartmouth Noon**

Central Merrimack
Lebanon Londonderry
Hanover Salem
Newport Hollis/Brookline
Kearsarge Conval
Nashua South Fall Mountain
Alvirne Coe Brown
Keene Raymond
White Mtns. Vermont Schools

Saturday, December 29 (no 3000m; 4 x 800m relay instead)

**Plymouth State**

10:00 a.m.

Plymouth
Bishop Brady
Sanborn
Kingswood
Gilford
Souhegan
Conant
Merrimack Valley
Milford
Winnisquam
Mascenic
Prospect Mountain
Belmont
Bow
Laconia
Franklin

**UNH**

9:00 a.m. - 12:00 p.m.

St. Thomas
Portsmouth Christian
Oyster River
Kennett
Epping
Trinity
Campbell
West
Pelham
Pembroke
Newmarket
Somersworth

**UNH**

1:00 p.m. - 4:00 p.m.

Windham
Bishop Guertin
Concord
Memorial
Bedford
Pinkerton
Nashua North
Exeter

Wednesday, January 2 - Girls New Hampshire Wildcat Relays 4:00 p.m.

Thursday, January 3 - UNH (JV Meet) 5:00 p.m.
Sunday, January 6

**UNH**
9:00 a.m. - 11:30 a.m.
Nashua South
Kennett
Nashua North
Merrimack
Alvirne
Goffstown
Hollis/Brookline
Kingswood

12:15 p.m. - 3:00 p.m.
Concord
Lebanon
Londonderry
Pinkerton
Hanover
Monadnock
Bedford
Keene

3:45 p.m. - 6:00 p.m.
Central
Memorial
Trinity
West

**University of Southern Maine** - (Seacoast Championship) 1:00 p.m.
Dover
Exeter
Timberlane
Spaulding
Winacunnet
Portsmouth
Somersworth
St. Thomas
Newmarket
Sanborn
Oyster River
Coe Brown
Epping

Tuesday, January 8 - Boys New Hampshire Wildcat Relays 4:00 p.m.

Saturday, January 12 - **Dartmouth Relays**
Each school must make its own entries. Entries must be postmarked by mid-December. For entry information, go to www.LancerTiming.com

Saturday, January 12

**UNH**
9:00 a.m. - 12:00 p.m.
Merrimack
St. Thomas
Portsmouth
Souhegan
Milford
Kearsarge
Prospect Mountain
Mascenic
Newmarket
Somersworth
Raymond
Salem
Conant

1:00 p.m.
Goffstown
Alvirne
Dover
Spaulding
Winacunnet
Monadnock
Bishop Brady
Portsmouth Christian
Epping
Bow
Fall Mountain
Pelham
Bishop Guertin

**Exeter Academy**
1:00 p.m.
Memorial
Phillips Exeter
Windham
Bedford
Timberlane
Londonderry

**Plymouth State**
10:00 a.m.
Trinity
Kingswood
Conval
Hollis/Brookline
Plymouth
Coe Brown
Kennett
Pembroke
Merrimack Valley
Campbell
White Mtns.
Gilmour
Belmont
Laconia
Winnisquam
Newport
Franklin
Sunday, January 20 - Qualifying Standards Must Be Met - Except for Division III Meet

University of Southern Maine - 1:00 p.m.
Concord
Alvirne
Kennett
Bedford
Nashua South
Merrimack
Londonderry
Pinkerton
Nashua North
Windham

UNH
9:00 a.m. - NOON
Goffstown
Hanover
Memorial
Milford
Central
Trinity
Portsmouth
Salem
Timberlane
West
Coe Brown
Conval
Plymouth
Merrimack Valley
Bow
Lebanon
Spaulding
Hollis/Brookline
Pembroke
Sanborn
St. Thomas
Oyster River
Pelham
Bishop Guertin
Exeter
Dover
Souhegan
Kingswood
Winnacunnet
Keene

UNH
1:00 p.m. - 4:00 p.m.
UNH
5:00 p.m. - 8:00 p.m.
ALL DIVISION III SCHOOLS

Saturday, January 26 - 1:00 p.m.
Phillips Exeter Academy
Exeter Academy
Exeter
Portsmouth
Winnacunnet
Oyster River
Newmarket

Sunday, January 27 (Qualifying Standards) (no 3000m; all 3 relays will be run)
UNH
9:00 a.m. - 1:00 p.m.  All Division II and III schools
2:00 p.m. - 6:00 p.m.  All Division I schools

Sunday, February 3
10:00 a.m.
BOYS AND GIRLS DIVISION I STATE MEET
DARTMOUTH COLLEGE

Sunday, February 3
3:30 p.m.
BOYS AND GIRLS DIVISION II STATE MEET
DARTMOUTH COLLEGE

SATURDAY, MARCH 2
NEW ENGLAND CHAMPIONSHIPS
REGGIE LEWIS CENTER, BOSTON