

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****Boys 100 M Dash Varsity**

Name	Year	School	Finals	Wind	H#
Finals					
1 Hoover, Finn	10	Winchester	11.55	-1.2	1
2 Verdier, Jonathan	10	Woburn	11.67	-1.2	1
3 Dalalelis, Steven	12	Burlington MA	11.69	-0.2	3
4 Lubowa, Nahshon	12	Woburn	11.70	-1.2	1
5 Conley, Jackson	11	Wakefield	11.75	-0.2	3
6 Schulz, Gregory	9	Melrose	11.79	+0.0	2
7 Meneguello, Edgard	12	Wakefield	11.84	-0.2	3
8 Jones, Aiden	12	Wakefield	11.87	-0.2	3
9 Volchok, Leo	12	Winchester	11.88	-1.2	1
10 Mena, Rhys	11	Melrose	11.93	+0.0	2
11 Sheehan, Shane	11	Burlington MA	12.00	-0.2	3
12 Doherty, Jaden	11	Woburn	12.04	-1.2	1
13 Galvin, Keith	11	Winchester	12.08	-1.2	1
14 Byrne, Colton	10	Woburn	12.12	-1.2	1
15 Jen, Jabez	11	Burlington MA	12.16	-0.2	3
16 Uzunalioglu, Onat	10	Winchester	12.19	-1.2	1
17 Mosaddeghi, Taha	11	Watertown	12.31	+0.0	2
18 Moglia, Jack	11	Burlington MA	12.41	-0.2	3
19 Vanderhoof, Brayden	11	Melrose	12.45	+0.0	2
20 Reilly, Finian	10	Melrose	12.53	+0.0	2
21 Calidonna, Zach	9	Watertown	12.58	+0.0	2
22 Nsubuga, Peyton	12	Watertown	12.59	+0.0	2
23 Salguero, Roel	9	Wakefield	12.84	-0.2	3

Boys 200 M Dash Varsity

Name	Year	School	Finals	Wind	H#
1 Curran, Dan	12	Woburn	23.10	-1.1	1
2 Conley, Jackson	11	Wakefield	23.38	0.1	3
3 Meneguello, Edgard	12	Wakefield	23.54	0.1	3
4 Schulz, Gregory	9	Melrose	23.62	1.3	2
5 Verdier, Jonathan	10	Woburn	23.64	-1.1	1
6 Brooks, Ryan	12	Burlington MA	23.75	0.1	3
7 Byrne, Colton	10	Woburn	24.02	-1.1	1
8 Killian, Jake	10	Winchester	24.04	-1.1	1
9 Burke, Ryan	11	Burlington MA	24.15	0.1	3
10 Caldwell, Adam	12	Melrose	24.38	1.3	2
11 Araia, Sirak	11	Melrose	24.40	1.3	2
12 Castro, Leonardo	9	Burlington MA	24.76	0.1	3
13 Nsubuga, Peyton	12	Watertown	24.83	1.3	2
14 Abruzzese, Linus	10	Winchester	24.96	-1.1	1
15 Calidonna, Zach	9	Watertown	25.43	1.3	2
16 Salguero, Roel	9	Wakefield	25.77	0.1	3

Boys 400 M Dash Varsity

Name	Year	School	Finals	H#
1 Melo, Isaac	12	Wakefield	51.85	3
2 Kavanagh, Jack	12	Melrose	53.09	2
3 Crispo, Alexander	10	Woburn	53.81	1

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys 400 M Dash Varsity**

4	Dizio, Carlin	11	Woburn	53.98	1
5	Cutting, William	11	Winchester	54.69	1
6	Rigolini, Scott	11	Burlington MA	56.07	3
7	Dimitrov, Nikola	11	Winchester	56.11	1
8	Mosaddeghi, Taha	11	Watertown	56.76	2
9	Curtis, Jackson	11	Woburn	56.91	1
10	Finger, Drew	11	Melrose	57.24	2
11	McElroy, Ryan	12	Burlington MA	58.16	3
12	Woodbury, Shay	11	Burlington MA	58.68	3
13	Caterino, Michael	10	Watertown	1:00.15	2
14	Bodo, Pierre	9	Winchester	1:02.18	1
15	Checchi, Max	9	Watertown	1:02.81	2
16	Andrade, Jayvion	9	Wakefield	1:05.51	3

Boys 800 M Run Varsity

Name	Year	School	Finals	H#	
1	Damaske, Noah	11	Winchester	2:02.03	1
2	Caldwell, Adam	12	Melrose	2:03.33	1
3	Kanyike, Roy	12	Burlington MA	2:04.42	2
4	Schuyler, Lincoln	9	Melrose	2:04.87	1
5	Halaseh, Adel	10	Winchester	2:05.77	1
6	McGrath, Ian	11	Melrose	2:06.69	1
7	Strong, John	12	Melrose	2:07.68	1
8	Buonopane-Cohen, Evan	11	Wakefield	2:07.83	2
9	Burd, Aidan	12	Wakefield	2:08.28	2
10	Knowles, Callum	11	Winchester	2:08.37	1
11	Katayomba, Evans	12	Burlington MA	2:11.40	2
12	Spaulding, Josh	10	Wakefield	2:11.60	2
13	Marzouki, Nabil	10	Woburn	2:12.00	1
14	Laurence, Joesph	11	Woburn	2:14.12	1
15	Wellings, Noah	9	Winchester	2:14.23	1
16	Silva, Rendrick (Ricky)	11	Woburn	2:14.98	1
17	Levine, Max	10	Wakefield	2:18.43	2
18	Cline, William	10	Burlington MA	2:24.35	2
19	Ramesh, Ellalan	9	Burlington MA	2:25.39	2
20	Odabashian, Logan	12	Woburn	2:26.23	1

Boys 1 Mile Run Varsity

Name	Year	School	Finals	H#	
1	McCormack, Henry	12	Melrose	4:38.86	1
2	Kanyike, Roy	12	Burlington MA	4:45.94	2
3	Harrington, David	10	Woburn	4:50.50	1
4	Buonopane-Cohen, Alec	11	Wakefield	4:52.50	2
5	Dugan, Ben	12	Melrose	4:59.47	1
6	Miller, Taylor	11	Wakefield	5:02.18	2
7	Barnes, Levi	9	Melrose	5:02.49	1
8	Seremetis, Dimitri	11	Burlington MA	5:07.83	2
9	Liu, Max	10	Winchester	5:08.04	1
10	Mititchev, John	11	Wakefield	5:09.10	2
11	Ji, Theodore	9	Melrose	5:11.33	1
12	Rudiger, Henry	9	Winchester	5:12.25	1

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys 1 Mile Run Varsity**

13	Davis, Benjamin	10	Winchester	5:13.93	1
14	Ramsey, James	9	Winchester	5:16.65	1
15	Morrisseau, Noah	10	Wakefield	5:23.22	2
16	Karamacharya, Ashwin	9	Watertown	5:26.39	1
17	Checchi, Max	9	Watertown	5:27.48	1
18	Abo, Simon	9	Watertown	5:27.70	1
19	Provencher, Cameron	9	Woburn	5:30.99	1
20	Serra, Cody	11	Burlington MA	5:33.25	2
21	Mohanty, Piyush	11	Burlington MA	5:33.60	2
22	Sovie, Kenneth	10	Woburn	5:38.21	1
23	Beale, Carson	10	Watertown	5:56.30	1

Boys 2 Mile Run Varsity

Name	Year	School	Finals
1	Viselli, Max	12	Wakefield 10:15.60
2	McCormack, Henry	12	Melrose 10:17.12
3	Poland, Liam	10	Burlington MA 10:45.35
4	Roy, James	9	Burlington MA 10:48.48
5	Richardson, Zachary	11	Wakefield 10:52.04
6	Barber, Elliot	10	Melrose 10:56.67
7	Mannelli, Noah	10	Winchester 11:00.15
8	Caputo, Andrew	9	Winchester 11:04.52
9	Bernstein, Tyler	10	Winchester 11:05.24
10	Myers, John	10	Melrose 11:05.32
11	Paige, Ryan	12	Wakefield 11:12.10
12	Hurley, Nicholas	10	Wakefield 11:20.61
13	Govathoti, Moses	11	Burlington MA 11:28.16
14	Abo, Simon	9	Watertown 11:28.76
15	Kalman, Mason	9	Woburn 11:47.53
16	Templin, Adam	11	Burlington MA 11:55.58
17	Prajapati, Tanay	10	Woburn 11:58.81
18	Karamacharya, Ashwin	9	Watertown 13:15.03
--	Harrington, David	10	Woburn DNF

Boys 110 M Hurdles Varsity

Name	Year	School	Finals	Wind	H#
1	Kalema, Morris	12	Woburn 16.16	-1.9	1
2	Sekandi, Leon	11	Burlington MA 16.17	-1.8	3
3	Conte, Matthew	12	Burlington MA 16.61	-1.8	3
4	Ribiero, David	10	Woburn 17.09	-1.9	1
5	Sheehan, Shane	11	Burlington MA 17.22	-1.8	3
6	Abruzzese, Linus	10	Winchester 17.49	-1.9	1
7	Bageine, Micah	12	Burlington MA 18.11	-1.8	3
8	Kelley, Christopher	12	Winchester 18.66	-1.9	1
9	Lin, Nathaniel	11	Winchester 18.91	-1.9	1
10	Mastroianni, Jake	11	Wakefield 18.99	-1.8	3
11	Orlandella, Cameron	11	Melrose 19.86	-1.8	2
12	Okech, Ethan	10	Woburn 19.99	-1.9	1
13	Barsotti, Gavin	11	Melrose 20.22	-1.8	2
14	Kakol, Vineeth	11	Winchester 20.49	-1.9	1
15	Mitichev, Michael	11	Wakefield 21.18	-1.8	3

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys 110 M Hurdles Varsity**

16 Rosa, Cristiano	10 Melrose	21.27	-1.8	2
17 Leonard, Jackson	9 Melrose	22.58	-1.8	2
-- Moffitt, Jackson	11 Woburn	FS	-1.9	1

Boys 400 M Hurdles Varsity

Name	Year	School	Finals	H#
1 Buonopane-Cohen, Evan	11	Wakefield	57.97	3
2 Conte, Matthew	12	Burlington MA	58.27	3
3 Furrer, Collin	11	Melrose	1:01.74	2
4 Barsotti, Gavin	11	Melrose	1:04.11	2
5 Kakande, Akil	10	Woburn	1:04.95	1
6 Rayne, Liam	11	Burlington MA	1:06.83	3
7 McCusker, Patrick	9	Melrose	1:07.21	2
8 Cumming, Liam	10	Winchester	1:10.47	1
9 Janowsky, Riley	10	Winchester	1:12.28	1
10 Lau, Austin	11	Burlington MA	1:12.72	3
11 Manganelli, Evan	10	Winchester	1:13.72	1

Boys 4x100 M Relay Varsity

School	Finals	H#
1 Wakefield 'A'	45.03	3
1) Meneguello, Edgard 12		
2) Jones, Aiden 12		
3) Conley, Jackson 11		
4) Melo, Isaac 12		
2 Winchester 'A'	46.08	1
1) Harrison, Bryan 12		
2) Uzunalioglu, Onat 10		
3) Nagler, Henry 9		
4) Osman, Zayne 9		
3 Woburn 'A'	46.23	1
1) Francois, Girmari 12		
2) Doherty, Jaden 11		
3) Veader, Wyatt 11		
4) Verdier, Jonathan 10		
4 Melrose 'A'	46.35	2
1) Callahan, Matthew 11		
2) Reilly, Finian 10		
3) Zhu, Ryan 12		
4) Mena, Rhys 11		
5 Burlington MA 'A'	46.88	3
1) Moglia, Jack 11		
2) Dalalelis, Steven 12		
3) Fernandes, Samuel 11		
4) Tegua, Brian 10		
6 Watertown 'A'	49.77	2
1) Bray, Lucas 12		
2) Nsubuga, Peyton 12		
3) Mosaddeghi, Taha 11		
4) Calidonna, Zach 9		

Boys 4x400 M Relay Varsity

School	Finals	H#
1 Woburn 'A'	3:36.95	1
1) Crispo, Alexander 10		
2) Curran, Dan 12		
3) Dizio, Carlin 11		
4) Michaud, Bridge 11		
2 Winchester 'A'	3:39.75	1
1) Cutting, William 11		
2) Knowles, Callum 11		
3) Halaseh, Adel 10		
4) Damaske, Noah 11		
3 Burlington MA 'A'	3:40.38	2
1) Burke, Ryan 11		
2) Rigolini, Scott 11		

Middlesex League Outdoor T&F Block #3A - 4/28/2026

Woburn High School

Results

....Boys 4x400 M Relay Varsity

3) McElroy, Ryan 12	4) Castro, Leonardo 9	
4 Wakefield 'A'		3:49.32 2
1) Buonopane-Cohen, Evan 11	2) Burd, Aidan 12	
3) Mastroianni, Jake 11	4) Miller, Taylor 11	
5 Melrose 'A'		3:53.01 1
1) Baranyi, William 10	2) Araia, Sirak 11	
3) Barsotti, Gavin 11	4) Lowe, Charles 10	

Boys High Jump Varsity

Name	Year	School	Finals
1 Sekandi, Leon	11	Burlington MA	6-02.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02 6-04		
P P P O O	O O XXX		
2 Belmer, JaMauri	12	Wakefield	J6-02.00
5-02 5-04 5-06 5-08 5-10	6-00 6-02 6-04		
P P P O O	XO O XXX		
3 Ribiero, David	10	Woburn	5-08.00
5-02 5-04 5-06 5-08 5-10			
XO O O XO XXX			
4 Callahan, Matthew	11	Melrose	J5-08.00
5-02 5-04 5-06 5-08 5-10			
O O XXO XO XXX			
5 Mastroianni, Jake	11	Wakefield	J5-08.00
5-02 5-04 5-06 5-08 5-10			
O O XO XXO XXX			
6 Mena, Rhys	11	Melrose	5-06.00
5-02 5-04 5-06 5-08			
O O O XXX			
6 Vassallo, Nick	12	Melrose	5-06.00
5-02 5-04 5-06 5-08			
P P O XXP			
6 Timas, Wyatt	11	Wakefield	5-06.00
5-02 5-04 5-06 5-08			
O O O XXX			
9 Byrne, Colton	10	Woburn	J5-06.00
5-02 5-04 5-06 5-08			
O O XO XXX			
9 Fernandes, Samuel	11	Burlington MA	J5-06.00
5-02 5-04 5-06 5-08			
O O XO XXX			
11 Finocchiaro, Amato	11	Melrose	J5-06.00
5-02 5-04 5-06 5-08			
XXO O XO XXX			
11 Sarnoski, James	10	Melrose	J5-06.00
5-02 5-04 5-06 5-08			
XX O XO XXX			
13 Bageine, Micah	12	Burlington MA	5-04.00
5-02 5-04 5-06			
O O XXX			
13 Kalema, Morris	12	Woburn	5-04.00
5-02 5-04 5-06			
P O XXX			

Middlesex League Outdoor T&F Block #3A - 4/28/2026

Woburn High School

Results

....Boys High Jump Varsity

13	Kakol, Vineeth	11	Winchester	5-04.00
	5-02 5-04 5-06			
	0 0 XXX			
16	Abruzzese, Linus	10	Winchester	5-02.00
	5-02 5-04			
	0 XXX			
17	Bailey, Cash	11	Watertown	J5-02.00
	5-02 5-04			
	XO XXX			
18	Scranton, Michael	12	Watertown	J5-02.00
	5-02 5-04			
	XXO XXX			
--	Martell, Cole	11	Woburn	NH
	5-02			
	XXX			
--	Meireles, Jonathan	10	Woburn	NH
	5-02			
	XXX			
--	McDonough, Michael	10	Winchester	NH
	5-02			
	XXX			
--	Brooks, Rajon	10	Woburn	NH
	5-02			
	XXX			

Boys Long Jump Varsity

Name	Year	School	Finals	Wind	H#
1 Belmer, JaMauri	12	Wakefield	22-04.50	NWI	3
		FOUL 22-04.50 (NWI) 18-03.75 (NWI)			
2 Brooks, Ryan	12	Burlington MA	20-04.50	NWI	3
		19-05 (NWI) 20-04 (NWI) 20-04.50 (NWI)			
3 Sheehan, Shane	11	Burlington MA	19-11.00	NWI	3
		19-11 (NWI) 19-05.25 (NWI) FOUL			
4 Curran, Dan	12	Woburn	19-09.50	NWI	2
		FOUL FOUL 19-09.50 (NWI)			
5 Jones, Aiden	12	Wakefield	19-06.50	NWI	3
		17-06 (NWI) 19-04 (NWI) 19-06.50 (NWI)			
6 Vassallo, Nick	12	Melrose	19-05.50	NWI	1
		19-05.50 (NWI) 15-05.75 (NWI) 19-00 (NWI)			
7 Callahan, Matthew	11	Melrose	19-04.75	NWI	1
		FOUL 18-08.50 (NWI) 19-04.75 (NWI)			
8 Fernandes, Samuel	11	Burlington MA	19-02.00	NWI	3
		18-08.75 (NWI) 19-02 (NWI) 18-10.75 (NWI)			
9 Doherty, Jaden	11	Woburn	18-10.25	NWI	2
		14-10.25 (NWI) 16-10 (NWI) 18-10.25 (NWI)			
10 Francois, Girmari	12	Woburn	18-04.25	NWI	2
		18-00.75 (NWI) 18-02.50 (NWI) 18-04.25 (NWI)			
11 Ficociello, Michael	12	Winchester	17-10.00	NWI	2
		17-07 (NWI) 17-03 (NWI) 17-10 (NWI)			
12 Osman, Zayne	9	Winchester	17-09.50	NWI	2
		17-09.50 (NWI) 17-06.25 (NWI) 16-09.25 (NWI)			
13 Tegua, Brian	10	Burlington MA	J17-09.50	NWI	3
		16-10 (NWI) 17-09.50 (NWI) 16-11 (NWI)			

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys Long Jump Varsity**

14	Bailey, Cash	11 Watertown	17-04.50	NWI	1
	17-04.50 (NWI) 16-01 (NWI)	FOUL			
15	Worsham, Josh	9 Burlington MA	17-00.25	NWI	3
	15-11.75 (NWI) 17-00.25 (NWI) 14-10.50 (NWI)				
16	Nin, Taylor	12 Woburn	16-10.50	NWI	2
	16-10.50 (NWI) 16-00 (NWI) 15-09.75 (NWI)				
17	Mehta, Rishaan	9 Winchester	16-08.00	NWI	2
	15-00 (NWI) 16-02.50 (NWI) 16-08 (NWI)				
18	Caterino, Michael	10 Watertown	J16-08.00	NWI	1
	15-08.50 (NWI) 15-06.50 (NWI) 16-08 (NWI)				
19	Salguero, Roel	9 Wakefield	16-07.00	NWI	3
	15-09 (NWI) 16-07 (NWI) FOUL				
20	Alba, Nathan	9 Burlington MA	16-05.00	NWI	3
	12-01.75 (NWI) 16-05 (NWI) 14-10.25 (NWI)				
21	Sullivan, Nathan	11 Melrose	16-04.00	NWI	1
	FOUL 16-04 (NWI) 15-08.25 (NWI)				
22	Leung, Mason	9 Winchester	16-00.00	NWI	2
	15-02 (NWI) 15-05.50 (NWI) 16-00 (NWI)				
23	Baguidy, Kai	10 Wakefield	15-07.00	NWI	3
	FOUL 15-01.25 (NWI) 15-07 (NWI)				
24	Scranton, Michael	12 Watertown	15-04.00	NWI	1
	15-03.75 (NWI) 15-00.75 (NWI) 15-04 (NWI)				
25	Veader, Wyatt	11 Woburn	14-08.50	NWI	2
	11-10 (NWI) 14-08.50 (NWI) 12-01.50 (NWI)				
--	Finocchiaro, Amato	11 Melrose	FOUL		1
	FOUL FOUL FOUL				

Boys Triple Jump Varsity

Name	Year	School	Finals	Wind	H#
1 Belmer, JaMauri	12	Wakefield	43-07.00	NWI	3
	FOUL 43-07 (NWI) FOUL				
2 Francois, Girmari	12	Woburn	43-02.00	NWI	1
	42-05 (NWI) 42-11 (NWI) 43-02 (NWI)				
3 Vassallo, Nick	12	Melrose	42-05.50	NWI	2
	FOUL 42-05.50 (NWI) 41-03 (NWI)				
4 Jefferson, Carter	12	Wakefield	40-11.75	NWI	3
	38-09.75 (NWI) 40-04.25 (NWI) 40-11.75 (NWI)				
5 Sekandi, Leon	11	Burlington MA	40-02.75	NWI	3
	37-08.50 (NWI) 40-02.75 (NWI) 39-08 (NWI)				
6 Teguaia, Brian	10	Burlington MA	40-02.25	NWI	3
	39-10.50 (NWI) 40-02.25 (NWI) 35-11.25 (NWI)				
7 Bailey, Cash	11	Watertown	39-08.50	NWI	2
	38-05 (NWI) 39-04.75 (NWI) 39-08.50 (NWI)				
8 Morin, Liam	10	Winchester	39-00.25	NWI	1
	39-00.25 (NWI) 37-11.75 (NWI) 37-08.50 (NWI)				
9 Veader, Wyatt	11	Woburn	39-00.00	NWI	1
	37-08.25 (NWI) 38-04.25 (NWI) 39-00 (NWI)				
10 Bageine, Micah	12	Burlington MA	38-10.00	NWI	3
	37-06.25 (NWI) 37-11 (NWI) 38-10 (NWI)				
11 Mititchev, Michael	11	Wakefield	38-08.50	NWI	3
	38-02 (NWI) 38-08.50 (NWI) FOUL				
12 Sarnoski, James	10	Melrose	38-06.25	NWI	2
	37-11.75 (NWI) FOUL 38-06.25 (NWI)				

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys Triple Jump Varsity**

13	Caterino, Michael	10	Watertown	38-00.25	NWI	2
	38-00.25 (NWI)	37-00.25 (NWI)	37-05 (NWI)			
14	Conte, Matthew	12	Burlington MA	37-10.75	NWI	3
	37-01.50 (NWI) FOUL	37-10.75 (NWI)				
15	Furrier, Collin	11	Melrose	36-09.50	NWI	2
	36-06.75 (NWI)	36-09.50 (NWI)	35-03 (NWI)			
16	McDonough, Michael	10	Winchester	36-04.50	NWI	1
	35-10 (NWI)	34-00.25 (NWI)	36-04.50 (NWI)			
17	Moffitt, Jackson	11	Woburn	36-02.50	NWI	1
	FOUL	35-00.50 (NWI)	36-02.50 (NWI)			
18	Lau, Austin	11	Burlington MA	35-09.25	NWI	3
	FOUL	35-09.25 (NWI)	FOUL			
19	Carrasquillo, Emanick	12	Burlington MA	35-03.75	NWI	3
	35-03.75 (NWI)	34-03 (NWI)	33-05.75 (NWI)			
20	Timas, Wyatt	11	Wakefield	35-02.00	NWI	3
	33-07 (NWI)	33-11.25 (NWI)	35-02 (NWI)			
21	Sullivan, Nathan	11	Melrose	34-07.25	NWI	2
	FOUL	34-03 (NWI)	34-07.25 (NWI)			
22	Bray, Lucas	12	Watertown	34-03.00	NWI	2
	34-03 (NWI) FOUL	FOUL				
23	Andrade, Jayvion	9	Wakefield	29-09.75	NWI	3
	29-09.75 (NWI)	29-09.25 (NWI)	29-05 (NWI)			

Boys Shot Put Varsity

Name	Year	School	Finals	H#
1 Augustin, Perkins	11	Burlington MA	49-06.25	1
	48-00.50	49-06.25	49-00.50	
2 Lubowa, Nahshon	12	Woburn	47-04.00	3
	42-05.50	46-07.25	47-04	
3 Jefferson, Carter	12	Wakefield	42-07.25	1
	41-07.50	42-07.25	42-04	
4 Galarneau, Anthony	11	Burlington MA	42-07.00	1
	42-07	41-01.25	40-10.25	
5 Bauer, Justin	10	Woburn	40-10.75	3
	FOUL	40-10.75	39-00.50	
6 Tucci, Jack	12	Burlington MA	40-06.25	1
	40-06.25	39-10	FOUL	
7 Tedesco, Ethan	12	Burlington MA	39-03.25	1
	39-03.25	35-03.50	35-06.75	
8 Arisipathi, Roneet	11	Burlington MA	39-00.50	1
	37-09.50	39-00.50	FOUL	
9 Ciulla, Hunter	11	Burlington MA	38-04.75	1
	37-01.75	38-04.75	35-10.75	
10 Donahue, Jude	10	Woburn	37-09.25	3
	37-09.25	36-04	36-10.75	
11 Volchok, Leo	12	Winchester	37-07.75	3
	35-11	36-04.75	37-07.75	
12 Harrison, Bryan	12	Winchester	36-01.75	3
	36-01.75	35-07.50	FOUL	
13 Bryant, Austin	10	Wakefield	35-09.00	1
	35-09	35-02.75	34-05.25	
14 Werra, William	11	Watertown	35-08.75	2
	35-01.25	35-08.75	32-11.25	

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys Shot Put Varsity**

15	Tzovaras, Andrew	11	Woburn	34-05.50	3
	34-03.75 34-05.50		FOUL		
16	Christopoulos, Elias	12	Woburn	33-11.50	3
	PASS 33-11.50		PASS		
17	Hannon, Ciaran	11	Winchester	33-06.25	3
	33-06.25 33-01.75		31-05.25		
18	Theisen, Max	9	Wakefield	33-02.25	1
	33-02.25 30-07.50		28-10.50		
19	Bhati, Rajveer	12	Woburn	32-03.00	3
	30-09.75 32-03		FOUL		
20	Preston, James	11	Wakefield	31-10.50	1
	31-10.50 27-10.75		31-03.50		
21	Meahl, Brandon	11	Wakefield	31-09.50	1
	FOUL FOUL 31-09.50				
22	Connors, Joseph	11	Watertown	31-08.00	2
	31-08 30-07.75		30-03.75		
23	Valenzuela, Flavio	11	Watertown	31-02.50	2
	FOUL FOUL 31-02.50				
24	Norton, Jamison	10	Wakefield	30-09.00	1
	29-02.50 30-09		30-07		
25	Mean, Jacob	11	Winchester	30-02.00	3
	26-03.50 28-03.50		30-02		
26	Bridges, William	11	Melrose	29-06.75	2
	29-00 28-11.50		29-06.75		
27	Sampson, William	9	Melrose	27-08.00	2
	27-08 27-01.25		27-03.25		
28	Mirek, Matthew	9	Melrose	26-03.25	2
	26-03.25 25-08.25		25-04.50		
29	Sampson, Finn	9	Melrose	26-00.75	2
	26-00.75 24-02.75		24-04		
30	Moloney, Owen	9	Melrose	25-11.25	2
	25-00.75 24-08		25-11.25		
31	Wolf, Zach	12	Watertown	25-06.75	2
	24-01.50 25-06.75		24-08		
32	Polito, Ryan	9	Melrose	22-08.50	2
	22-07.25 21-04		22-08.50		

Boys Discus Throw Varsity

Name	Year	School	Finals	H#
1 Tedesco, Ethan	12	Burlington MA	141-05	2
			141-02 141-05	
			FOUL	
2 Tucci, Jack	12	Burlington MA	119-04	2
			105-09 117-04	
			119-04	
3 Bauer, Justin	10	Woburn	119-03	1
			119-03 FOUL	
			112-08	
4 Meahl, Brandon	11	Wakefield	112-04	2
			112-04 101-07	
			100-05	
5 Christopoulos, Elias	12	Woburn	109-02	1
			99-06 109-02	
			106-09	
6 Tzovaras, Andrew	11	Woburn	108-08	1
			84-03 108-08	
			FOUL	
7 Connors, Joseph	11	Watertown	105-02	3
			93-05 103-06	
			105-02	

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys Discus Throw Varsity**

8 Werra, William	11 Watertown	104-09	3
FOUL 104-09 FOUL			
9 Bhati, Rajveer	12 Woburn	103-00	1
70-08 99-11 103-00			
10 Nagler, Henry	9 Winchester	102-04	1
88-08 FOUL 102-04			
11 Valenzuela, Flavio	11 Watertown	98-11	3
95-05 90-10 98-11			
12 Ficociello, Michael	12 Winchester	97-07	1
FOUL 97-07 97-02			
13 Ciulla, Hunter	11 Burlington MA	95-10	2
93-01 91-05 95-10			
14 Hannon, Ciaran	11 Winchester	93-09	1
80-08 74-01 93-09			
15 Arisipathi, Roneet	11 Burlington MA	90-06	2
89-00 90-06 89-04			
16 Banner, William	10 Woburn	85-10	1
FOUL 85-10 85-03			
17 Donahue, Jude	10 Woburn	85-09	1
FOUL 68-00 85-09			
18 Bryant, Austin	10 Wakefield	85-08	2
85-08 FOUL 82-07			
19 Pinales, Jeriel	11 Burlington MA	83-08	2
83-08 70-09 64-09			
20 Cormey, Nathaniel	11 Winchester	81-01	1
73-01 81-01 76-10			
21 Preston, James	11 Wakefield	77-03	2
73-08 77-03 72-03			
22 Mean, Jacob	11 Winchester	71-11	1
58-11 65-05 71-11			
23 Norton, Jamison	10 Wakefield	71-05	2
71-05 FOUL FOUL			
24 Sampson, Finn	9 Melrose	70-05	3
69-09 56-02 70-05			
25 Bray, Lucas	12 Watertown	J70-05	3
70-05 65-10 65-04			
26 Bodo, Pierre	9 Winchester	70-03	1
70-03 68-03 67-07			
27 Sampson, William	9 Melrose	68-10	3
FOUL 62-08 68-10			
28 Besegai, Graham	9 Melrose	66-08	3
66-08 65-07 61-04			
29 Mirek, Matthew	9 Melrose	66-06	3
66-06 56-01 FOUL			
30 Theisen, Max	9 Wakefield	64-05	2
FOUL 64-05 63-00			
31 Danielson, Francis	9 Melrose	61-09	3
56-10 61-04 61-09			
32 Wolf, Zach	12 Watertown	60-03	3
46-08 FOUL 60-03			
33 Polito, Ryan	9 Melrose	53-00	3
45-10 53-00 48-01			
-- Augustin, Perkins	11 Burlington MA	FOUL	2
FOUL FOUL FOUL			

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****Boys Javelin Throw Varsity**

Name	Year	School	Finals	H#
1 Jefferson, Carter	12	Wakefield	169-01	1
169-00 169-01 168-02				
2 Brooks, Ryan	12	Burlington MA	161-03	1
161-03 141-06 143-01				
3 Christopoulos, Elias	12	Woburn	146-02	2
146-02 145-05 145-07				
4 Volchok, Leo	12	Winchester	143-07	2
143-07 134-03 131-01				
5 Mennell, Aedyn	12	Woburn	130-01	2
FOUL 125-07 130-01				
6 Hollenbeck, Joshua	12	Burlington MA	126-10	1
119-08 126-10 109-04				
7 Sprague, Christopher	12	Winchester	120-03	2
87-01 120-03 109-03				
8 Connors, Joseph	11	Watertown	119-07	3
116-01 113-06 119-07				
9 Ryu, Seojun	10	Winchester	118-11	2
106-07 118-11 FOUL				
10 Woodbury, Shay	11	Burlington MA	116-08	1
113-02 FOUL 116-08				
11 Lubowa, Nahshon	12	Woburn	114-01	2
102-08 114-01 108-10				
12 Bauer, Justin	10	Woburn	113-01	2
92-08 107-06 113-01				
13 McFadden, Jack	12	Burlington MA	112-08	1
112-08 104-11 97-10				
14 Vanderhoof, Brayden	11	Melrose	112-02	3
112-02 97-04 109-09				
15 Galarneau, Anthony	11	Burlington MA	J112-02	1
105-05 112-02 108-00				
16 Boldezar, Michael	12	Burlington MA	112-00	1
110-07 FOUL 112-00				
17 LaSpina, Max	11	Wakefield	107-05	1
107-05 105-03 99-04				
18 Meahl, Brandon	11	Wakefield	105-10	1
105-10 99-09 103-07				
19 Pinto, Dominic	12	Woburn	104-07	2
104-07 102-11 101-10				
20 Cormey, Nathaniel	11	Winchester	98-08	2
88-02 98-08 92-08				
21 Curtis, Jackson	11	Woburn	97-10	2
83-11 97-10 PASS				
22 Lowe, Charles	10	Melrose	96-11	3
82-05 96-11 67-09				
23 Valenzuela, Flavio	11	Watertown	93-07	3
93-07 70-07 86-04				
24 Werra, William	11	Watertown	93-03	3
85-03 82-04 93-03				
25 Sanna, Caleb	10	Melrose	92-06	3
92-06 81-00 80-03				
26 Preston, James	11	Wakefield	89-01	1
80-11 82-10 89-01				

Middlesex League Outdoor T&F Block #3A - 4/28/2026**Woburn High School****Results****....Boys Javelin Throw Varsity**

27 Bryant, Austin	10 Wakefield	88-01	1
86-05 82-07 88-01			
28 Norton, Jamison	10 Wakefield	86-07	1
83-04 86-07 74-07			
29 Gouda, Youssef	11 Winchester	81-10	2
72-01 69-01 81-10			
30 Rodgers, Andrew	10 Melrose	J81-10	3
81-10 68-02 53-00			
31 Moreira, Matthew	10 Winchester	74-10	2
66-01 74-10 68-02			
32 Anyaogu, Emmanuel	11 Melrose	70-03	3
FOUL 70-03 62-01			
33 Wolf, Zach	12 Watertown	66-10	3
65-02 62-07 66-10			
34 Smith, Anders	9 Melrose	66-08	3
59-10 60-06 66-08			