

**Cape Ann League Championship**  
**The TRACK at New Balance**  
**Results**

**Boys 55 Meter Dash**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 McGuire, Ryan	12	North Reading	6.70q	2
2 Sanchez, Michael	11	Amesbury	6.73q	4
3 Sanchez, Max	11	Amesbury	6.82q	1 6.812
4 Miles, Ryan	12	Newburyport	6.82q	3 6.816
5 Hynes, Ean	12	Newburyport	6.83q	1
6 Hansen, Colin	12	Ipswich	6.84q	3
7 Cucciniello, Joe	11	Lynnfield	6.88q	2
8 Kakouris, Yanni	12	Pentucket	6.90q	4
9 Spaulding, Joel	11	Pentucket	7.01	3
10 Sands, Caleb	12	North Reading	7.03	1
11 Dennis, Kade	11	Pentucket	7.09	2
12 Coco, Michael	9	Triton	7.12	3
13 Bauman, Peter	12	Ipswich	7.14	2
14 DuPriest, Tanner	10	North Reading	7.17	3
15 Mendez-Heavilin, Bryan	12	Newburyport	7.20	4
16 Edmonds, Travis	12	Newburyport	7.21	1
17 Milano, Brian	12	Ipswich	7.27	1
18 Huang, Paulan	12	Triton	7.28	4
19 Evans, Seth	9	North Reading	7.29	4
20 Hansen, Chase	12	Ipswich	7.30	4
21 Hight, William	10	Triton	7.32	2
22 Morgan, Charles	10	Lynnfield	7.33	1
23 Scialdone, Drew	11	Amesbury	7.36	3
24 Brown, Brody	12	Newburyport	7.37	2

**Boys 55 Meter Dash**

Name	Year	School	Finals	Points
<b>Finals</b>				
1 McGuire, Ryan	12	North Reading	6.64	10
2 Sanchez, Michael	11	Amesbury	6.69	8
3 Hansen, Colin	12	Ipswich	6.76	6
4 Sanchez, Max	11	Amesbury	6.77	4
5 Kakouris, Yanni	12	Pentucket	6.79	2
6 Miles, Ryan	12	Newburyport	6.81	1
7 Cucciniello, Joe	11	Lynnfield	6.84	
8 Hynes, Ean	12	Newburyport	6.89	

**Boys 300 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Hansen, Colin	12	Ipswich	35.38	4	10
2 Miller, Nathan	12	North Reading	35.49	4	8
3 Burns, Parker	12	Triton	35.97	4	6
4 Sanchez, Michael	11	Amesbury	36.07	4	4
5 Acquaviva, William	12	Newburyport	36.18	3	2
6 Kakouris, Yanni	12	Pentucket	36.52	3	1
7 Mann, Brodie	12	North Reading	37.11	3	
8 Do Val, Lucas	10	North Reading	37.89	3	
9 Sands, Caleb	12	North Reading	39.25	2	

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10 Evans, Blaine	9 North Reading	39.62	1
11 Beaulieu, Matt	12 Pentucket	39.71	2
12 Jones, Logan	11 Newburyport	39.89	1
13 Nickerson, Torin	10 North Reading	40.02	2
14 Post-Montjoie, Adam	11 Pentucket	40.26	2
15 Clark, Brian	10 Triton	40.27	1

**Boys 600 Meter Run**

Name	Year School	Finals	H#	Points
1 Roche, Braeden	12 Pentucket	1:26.56	3	10
26.904 (26.904)	56.730 (29.826)	1:26.555 (29.826)		
2 Nichols, Bryan	12 Triton	1:26.91	3	8
27.771 (27.771)	57.344 (29.574)	1:26.907 (29.564)		
3 Wise, Jalen	10 Newburyport	1:27.01	3	6
27.862 (27.862)	57.544 (29.683)	1:27.004 (29.460)		
4 Newton, Jack	12 Manchester Essex	1:27.47	3	4
29.089 (29.089)	58.131 (29.043)	1:27.464 (29.333)		
5 Rome, Zach	12 Amesbury	1:27.61	3	2
27.854 (27.854)	57.529 (29.676)	1:27.604 (30.076)		
6 Lamont, Logan	11 North Reading	1:29.99	2	1
27.804 (27.804)	58.799 (30.995)	1:29.987 (31.188)		
7 Brady, Gavin	9 North Reading	1:30.48	2	
27.994 (27.994)	58.880 (30.886)	1:30.476 (31.596)		
8 Webber, Colin	12 Triton	1:30.73	2	
27.822 (27.822)	58.180 (30.359)	1:30.729 (32.549)		
9 Koglin, Wesley	12 Newburyport	1:32.11	2	
28.175 (28.175)	59.240 (31.065)	1:32.102 (32.863)		
10 Seymour, Stratton	12 Pentucket	1:32.18	3	
28.781 (28.781)	58.843 (30.063)	1:32.177 (33.334)		
11 Rodger, Liam	12 North Reading	1:33.34	1	
29.556 (29.556)	1:00.944 (31.388)	1:33.340 (32.396)		
12 Creilsen, Jack	10 Hamilton-Wenham	1:33.78	2	
28.865 (28.865)	1:01.387 (32.522)	1:33.774 (32.388)		
13 Joss-Green, Peter	11 Ipswich	1:34.96	2	
28.707 (28.707)	1:00.550 (31.844)	1:34.959 (34.409)		
14 Gassboro, Sean	9 Newburyport	1:35.25	1	
29.806 (29.806)	1:02.380 (32.575)	1:35.245 (32.865)		
15 Rodrigues, Maxx	9 Amesbury	1:36.96	1	
30.044 (30.044)	1:03.859 (33.815)	1:36.955 (33.096)		
16 Orroth, Ryan	12 Ipswich	1:37.90	1	
30.668 (30.668)	1:03.949 (33.282)	1:37.892 (33.944)		
17 Willerson, Dorian	10 Amesbury	1:39.37	1	
29.792 (29.792)	1:03.648 (33.856)	1:39.362 (35.715)		
18 Brown, Eyob	12 Amesbury	1:39.79	1	
30.220 (30.220)	1:04.073 (33.854)	1:39.787 (35.714)		

**Boys 1000 Meter Run**

Name	Year School	Finals	H#	Points
1 Downs, Ethan	12 Newburyport	2:37.28	2	10
29.270 (29.270)	1:00.659 (31.389)	1:33.439 (32.780)		2:06.537 (33.098)
2:37.276 (30.740)				

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2	Beauparlant, Jackson	10 Pentucket	2:37.93	2	8	
	29.995 (29.995)	1:01.091 (31.096)	1:34.265 (33.175)			2:06.492 (32.227)
	2:37.929 (31.438)					
3	Stanton, Joe	12 Amesbury	2:41.40	2	6	
	29.785 (29.785)	1:01.267 (31.482)	1:34.529 (33.263)			2:08.337 (33.808)
	2:41.392 (33.055)					
4	Lyon, Zach	12 Triton	2:42.92	2	4	
	30.232 (30.232)	1:01.533 (31.302)	1:34.823 (33.290)			2:08.902 (34.080)
	2:42.915 (34.013)					
5	Rafferty, Tyler	12 Ipswich	2:43.87	2	2	2:43.864
	30.461 (30.461)	1:03.289 (32.828)	1:37.281 (33.993)			2:11.711 (34.430)
	2:43.864 (32.153)					
6	O'Hara, Finn	11 Manchester Essex	2:43.87	2	1	2:43.868
	30.453 (30.453)	1:02.836 (32.384)	1:36.536 (33.700)			2:10.756 (34.220)
	2:43.868 (33.112)					
7	MacDonald, Duncan	11 Triton	2:44.58	2		
	30.937 (30.937)	1:03.704 (32.768)	1:37.821 (34.117)			2:11.843 (34.023)
	2:44.576 (32.733)					
8	Hemme, Michael	12 North Reading	2:46.18	2		
	31.460 (31.460)	1:04.930 (33.471)	1:39.820 (34.890)			2:14.109 (34.289)
	2:46.180 (32.072)					
9	Lisauskas, Alex	11 Newburyport	2:46.22	2		
	30.932 (30.932)	1:03.387 (32.456)	1:37.991 (34.604)			2:13.724 (35.733)
	2:46.212 (32.488)					
10	Sanford, Drew	12 Amesbury	2:51.27	1		
	32.407 (32.407)	1:06.908 (34.502)	1:43.544 (36.636)			2:19.972 (36.428)
	2:51.262 (31.291)					
11	Tonks, Brody	11 Amesbury	2:54.99	1		
	32.660 (32.660)	1:07.101 (34.442)	1:43.606 (36.505)			2:20.460 (36.854)
	2:54.990 (34.531)					
12	Meier, Benjamin	12 North Reading	2:59.25	1		
	33.816 (33.816)	1:09.263 (35.447)	1:46.372 (37.109)			2:24.627 (38.256)
	2:59.249 (34.623)					
13	DaCosta, Christian	12 North Reading	2:59.90	1		
	36.152 (36.152)	1:13.044 (36.893)	1:50.473 (37.429)			2:26.948 (36.476)
	2:59.894 (32.946)					
14	Rigoli, Isaac	12 Pentucket	3:00.32	1		
	34.075 (34.075)	1:10.264 (36.189)	1:47.148 (36.885)			2:24.968 (37.820)
	3:00.311 (35.344)					
15	Remignanti, Jonah	10 Triton	3:02.14	1		
	34.305 (34.305)	1:11.037 (36.732)	1:49.547 (38.510)			2:27.182 (37.636)
	3:02.132 (34.951)					
16	Bazirgan, Nick	11 Amesbury	3:03.03	1		
	33.827 (33.827)	1:10.900 (37.074)	1:49.200 (38.300)			2:27.388 (38.189)
	3:03.030 (35.642)					
17	Keach, Elias	12 Ipswich	3:04.45	1		
	34.972 (34.972)	1:11.417 (36.445)	1:50.060 (38.643)			2:28.537 (38.478)
	3:04.444 (35.907)					

**Boys 1 Mile Run**

Name	Year	School	Finals	H#	Points
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**....Boys 1 Mile Run**

1 O'Hara, Finn	11 Manchester Essex	4:35.27	2	10
35.651 (35.651)	1:10.715 (35.064)	1:45.748 (35.034)		2:21.551 (35.804)
2:55.559 (34.008)	3:29.506 (33.948)	4:01.728 (32.223)		4:35.265 (33.537)
2 Duchesne, Bradford	12 Newburyport	4:39.93	2	8
36.075 (36.075)	1:11.065 (34.990)	1:46.122 (35.057)		2:22.111 (35.989)
2:56.330 (34.220)	3:31.237 (34.908)	4:06.898 (35.661)		4:39.921 (33.024)
3 White, Griffin	12 Triton	4:40.28	2	6
35.820 (35.820)	1:10.893 (35.073)	1:45.910 (35.017)		2:21.786 (35.876)
2:55.963 (34.177)	3:30.489 (34.527)	4:06.204 (35.716)		4:40.271 (34.067)
4 Glidden, Clark	10 Hamilton-Wenham	4:43.10	2	4
36.241 (36.241)	1:11.524 (35.284)	1:47.607 (36.084)		2:24.539 (36.932)
3:00.685 (36.146)	3:36.866 (36.181)	4:10.848 (33.983)		4:43.099 (32.251)
5 Hemme, Michael	12 North Reading	4:49.84	2	2
36.149 (36.149)	1:12.021 (35.872)	1:47.443 (35.423)		2:24.251 (36.808)
3:00.701 (36.451)	3:38.067 (37.366)	4:15.625 (37.559)		4:49.839 (34.214)
6 Murray, Matt	12 Newburyport	4:54.15	2	1
36.486 (36.486)	1:11.791 (35.305)	1:48.205 (36.415)		2:25.475 (37.270)
3:04.079 (38.605)	3:42.601 (38.522)	4:20.704 (38.104)		4:54.147 (33.443)
7 Cooper, Logan	12 Manchester Essex	4:55.39	2	
37.148 (37.148)	1:13.016 (35.868)	1:49.616 (36.600)		2:27.175 (37.560)
3:05.135 (37.960)	3:43.031 (37.896)	4:19.984 (36.954)		4:55.382 (35.398)
8 DeLuca, Angelo	12 Lynnfield	4:55.76	1	
36.286 (36.286)	1:12.803 (36.518)	1:49.860 (37.057)		2:27.672 (37.812)
3:05.866 (38.194)	3:44.126 (38.260)	4:21.598 (37.472)		4:55.757 (34.160)
9 Lations, Charlie	11 Manchester Essex	4:57.66	1	
35.677 (35.677)	1:12.307 (36.631)	1:50.109 (37.802)		2:27.871 (37.763)
3:06.028 (38.157)	3:43.831 (37.803)	4:21.803 (37.972)		4:57.651 (35.849)
10 Sunkenberg, Thomas	12 Pentucket	4:58.20	1	
36.596 (36.596)	1:13.123 (36.527)	1:50.435 (37.313)		2:28.214 (37.779)
3:06.415 (38.201)	3:44.210 (37.796)	4:22.443 (38.234)		4:58.192 (35.749)
11 Mohoric, Michael	9 Newburyport	5:01.66	2	
36.960 (36.960)	1:13.187 (36.228)	1:51.485 (38.298)		2:30.102 (38.617)
3:09.679 (39.577)	3:49.851 (40.173)	4:28.629 (38.778)		5:01.656 (33.028)
12 Cunha, Christopher	11 Essex Technical	5:03.47	1	
37.003 (37.003)	1:13.845 (36.843)	1:51.454 (37.609)		2:30.090 (38.636)
3:09.574 (39.484)	3:49.144 (39.571)	4:28.771 (39.628)		5:03.463 (34.692)
13 Scarano, Josiah	12 Ipswich	5:03.91	1	
37.633 (37.633)	1:14.544 (36.912)	1:52.259 (37.716)		2:32.793 (40.534)
3:13.395 (40.603)	3:52.663 (39.268)	4:31.553 (38.891)		5:03.910 (32.357)
14 Regan, Cole	8 Hamilton-Wenham	5:06.68	1	
37.047 (37.047)	1:14.007 (36.960)	1:51.771 (37.764)		2:30.607 (38.836)
3:10.405 (39.799)	3:50.405 (40.000)	4:29.871 (39.467)		5:06.677 (36.806)
15 Considine, Conor	12 Amesbury	5:07.75	1	
36.780 (36.780)	1:13.476 (36.696)	1:50.882 (37.406)		2:29.149 (38.268)
3:08.028 (38.880)	3:47.420 (39.392)	4:27.443 (40.023)		5:07.745 (40.303)
16 Fadil, Aimon	11 Newburyport	5:13.46	2	
36.562 (36.562)	1:12.211 (35.649)	1:49.327 (37.117)		2:27.291 (37.964)
3:07.383 (40.093)	3:49.602 (42.219)	4:31.110 (41.508)		5:13.459 (42.349)
17 Wilt, Lucas	11 Ipswich	5:26.44	1	
37.297 (37.297)	1:14.143 (36.847)	1:51.797 (37.654)		2:33.134 (41.337)
3:14.162 (41.028)	3:58.347 (44.185)	4:44.110 (45.764)		5:26.437 (42.328)

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**Boys 2 Mile Run**

Name	Year	School	Finals	Points
1 Duchesne, Bradford	12	Newburyport	10:18.16	10
38.463 (38.463)	1:14.827 (36.364)	1:51.986 (37.159)	2:29.155 (37.169)	
3:08.762 (39.608)	3:47.585 (38.824)	4:27.202 (39.617)	5:07.194 (39.992)	
5:46.711 (39.518)	6:26.371 (39.660)	7:07.295 (40.924)	7:45.983 (38.688)	
8:24.418 (38.435)	9:03.719 (39.301)	9:42.371 (38.652)	10:18.151 (35.781)	
2 Rich, Ben	10	Hamilton-Wenham	10:20.07	8
36.744 (36.744)	1:12.568 (35.824)	1:49.092 (36.524)	2:27.715 (38.623)	
3:06.952 (39.238)	3:47.199 (40.247)	4:27.239 (40.040)	5:06.710 (39.472)	
5:46.391 (39.682)	6:26.336 (39.945)	7:07.747 (41.411)	7:48.230 (40.484)	
8:28.520 (40.291)	9:08.185 (39.665)	9:45.223 (37.039)	10:20.067 (34.844)	
3 Regan, James	10	Hamilton-Wenham	10:20.56	6
36.263 (36.263)	1:11.969 (35.707)	1:49.415 (37.446)	2:28.048 (38.634)	
3:07.277 (39.229)	3:47.009 (39.732)	4:27.571 (40.563)	5:06.399 (38.828)	
5:46.975 (40.576)	6:26.751 (39.777)	7:08.057 (41.306)	7:47.902 (39.845)	
8:27.883 (39.982)	9:07.555 (39.672)	9:45.565 (38.010)	10:20.558 (34.993)	
4 Mollineaux, Sam	12	Triton	10:23.63	4
37.122 (37.122)	1:13.481 (36.360)	1:51.627 (38.146)	2:30.309 (38.683)	
3:09.605 (39.296)	3:49.139 (39.535)	4:28.505 (39.366)	5:08.323 (39.818)	
5:49.697 (41.375)	6:31.079 (41.383)	7:12.059 (40.980)	7:53.443 (41.384)	
8:34.079 (40.637)	9:12.646 (38.567)	9:51.037 (38.392)	10:23.626 (32.589)	
5 Jacobsen, Cole	12	Triton	10:24.73	2
36.670 (36.670)	1:13.010 (36.340)	1:50.947 (37.938)	2:29.828 (38.881)	
3:09.267 (39.439)	3:48.486 (39.220)	4:28.142 (39.656)	5:08.070 (39.928)	
5:49.494 (41.424)	6:30.835 (41.341)	7:11.859 (41.025)	7:53.194 (41.335)	
8:35.308 (42.115)	9:18.819 (43.511)	9:54.172 (35.354)	10:24.723 (30.551)	
6 Casino, Drew	11	Newburyport	10:35.09	1
37.735 (37.735)	1:13.254 (35.520)	1:50.253 (37.000)	2:29.319 (39.067)	
3:09.046 (39.727)	3:47.892 (38.847)	4:27.701 (39.809)	5:08.063 (40.363)	
5:50.007 (41.944)	6:31.311 (41.304)	7:12.058 (40.748)	7:53.723 (41.665)	
8:35.247 (41.524)	9:17.051 (41.804)	9:57.480 (40.430)	10:35.084 (37.604)	
7 Bailin, Andre	12	Amesbury	10:43.54	
37.382 (37.382)	1:13.560 (36.179)	1:51.211 (37.652)	2:29.751 (38.540)	
3:09.432 (39.681)	3:49.390 (39.958)	4:28.778 (39.388)	5:08.616 (39.839)	
5:50.316 (41.700)	6:31.637 (41.321)	7:12.955 (41.318)	7:54.702 (41.748)	
8:36.369 (41.668)	9:19.444 (43.076)	10:02.919 (43.476)	10:43.536 (40.617)	
8 Fabrizio, Nicholas	12	North Reading	11:00.54	
37.577 (37.577)	1:15.059 (37.482)	1:53.865 (38.807)	2:34.337 (40.472)	
3:15.443 (41.107)	3:57.310 (41.867)	4:39.511 (42.201)	5:22.149 (42.639)	
6:05.253 (43.104)	6:49.311 (44.058)	7:33.890 (44.580)	8:18.618 (44.728)	
9:02.204 (43.587)	9:45.591 (43.387)	10:25.835 (40.244)	11:00.535 (34.701)	
9 Amico, Hadden	10	Essex Technical	11:13.14	
39.042 (39.042)	1:17.320 (38.279)	1:58.203 (40.884)	2:40.317 (42.114)	
3:21.803 (41.487)	4:02.927 (41.124)	4:45.329 (42.402)	5:28.096 (42.768)	
6:12.111 (44.015)	6:56.668 (44.558)	7:41.253 (44.585)	8:26.954 (45.701)	
9:11.994 (45.040)	9:57.684 (45.691)	10:39.114 (41.430)	11:13.139 (34.026)	
10 D'Ambrosio, Stephen	11	Newburyport	11:19.44	
40.759 (40.759)	1:20.986 (40.228)	2:03.337 (42.352)	2:46.981 (43.644)	
3:29.535 (42.555)	4:12.517 (42.982)	4:56.153 (43.636)	5:39.017 (42.864)	
6:21.650 (42.633)	7:05.286 (43.636)	7:49.095 (43.810)	8:31.727 (42.632)	
9:15.007 (43.280)	9:58.071 (43.065)	10:40.303 (42.232)	11:19.434 (39.131)	

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**....Boys 2 Mile Run**

11 Hammerschmitt, Nathan	12 Essex Technical	11:24.67		
41.335 (41.335)	1:20.853 (39.519)	2:02.943 (42.091)	2:46.490 (43.547)	
3:29.689 (43.200)	4:13.393 (43.704)	4:57.384 (43.992)	5:40.788 (43.404)	
6:24.687 (43.900)	7:09.803 (45.116)	7:54.068 (44.266)	8:37.678 (43.610)	
9:21.068 (43.391)	10:04.345 (43.277)	10:46.528 (42.184)	11:24.669 (38.141)	
12 Zylinski, Jacob	12 Pentucket	11:27.58		
41.189 (41.189)	1:21.499 (40.310)	2:03.952 (42.454)	2:47.504 (43.552)	
3:31.059 (43.556)	4:15.120 (44.061)	4:59.675 (44.556)	5:43.191 (43.516)	
6:27.048 (43.858)	7:12.921 (45.873)	7:56.992 (44.072)	8:40.088 (43.096)	
9:23.688 (43.600)	10:06.596 (42.908)	10:49.339 (42.744)	11:27.577 (38.238)	
13 Roberts, Theo	10 Newburyport	11:33.93		
40.159 (40.159)	1:20.651 (40.492)	2:03.055 (42.404)	2:46.690 (43.636)	
3:29.891 (43.202)	4:13.179 (43.288)	4:57.771 (44.593)	5:41.540 (43.769)	
6:24.536 (42.996)	7:09.816 (45.280)	7:54.934 (45.118)	8:39.584 (44.651)	
9:24.415 (44.832)	10:09.023 (44.608)	10:52.323 (43.300)	11:33.927 (41.604)	
14 Stanton, Ethan	10 Amesbury	11:37.48		
40.727 (40.727)	1:21.315 (40.588)	2:03.739 (42.424)	2:47.328 (43.590)	
3:30.691 (43.363)	4:14.807 (44.117)	4:59.397 (44.590)	5:44.086 (44.689)	
6:28.155 (44.069)	7:12.674 (44.520)	7:56.837 (44.164)	8:43.266 (46.429)	
9:30.075 (46.809)	10:16.614 (46.540)	11:01.735 (45.122)	11:37.473 (35.738)	
15 Baran, Aidan	10 Ipswich	11:38.34		
41.028 (41.028)	1:19.311 (38.284)	1:59.762 (40.451)	2:42.985 (43.224)	
3:26.899 (43.915)	4:11.579 (44.680)	4:56.640 (45.062)	5:41.175 (44.535)	
6:26.123 (44.948)	7:12.627 (46.504)	7:58.395 (45.769)	8:46.414 (48.019)	
9:33.863 (47.450)	10:19.495 (45.632)	11:02.572 (43.078)	11:38.337 (35.765)	
16 Johnson, Nicolas	10 North Reading	11:58.47		
38.132 (38.132)	1:15.895 (37.763)	1:57.656 (41.762)	2:40.688 (43.032)	
3:24.299 (43.611)	4:10.135 (45.837)	4:55.367 (45.232)	5:40.125 (44.759)	
6:25.615 (45.490)	7:12.821 (47.207)	7:59.833 (47.012)	8:50.653 (50.820)	
9:42.331 (51.679)	10:31.831 (49.500)	11:18.139 (46.308)	11:58.469 (40.331)	

**Boys 55 Meter Hurdles**

Name	Year School	Prelims	H#
=====			
Preliminaries			
1 Hynes, Ean	12 Newburyport	7.85q	3
2 Hastings, Wyatt	12 Newburyport	8.30q	3
3 Townsend, Keith	12 Ipswich	8.37q	2
4 Gardner, Nate	11 Manchester Essex	8.46q	1
5 McLaughlin, Shea	12 Triton	8.54q	1
6 Bergner, Elijah	12 Ipswich	8.72q	3
7 Noone, Marty	12 Ipswich	8.99q	1
8 Kenney, Jonas	12 Newburyport	9.01q	1
9 White, Max	10 Amesbury	9.13	3
10 Wetherell, Jackson	12 Amesbury	9.14	2
11 Johnson, Nicolas	10 North Reading	9.23	1
12 Pancini, Kaio	10 North Reading	9.30	3
13 O'Connell, Thomas	12 Ipswich	9.37	2
14 Fortier, Aiden	12 Amesbury	9.77	1
15 Jones, Isaac	10 Hamilton-Wenham	9.92	2
16 Nickerson, Torin	10 North Reading	9.95	2
17 Chan, Davius	11 Lynnfield	10.19	1
18 Rose, Justin	12 Lynnfield	10.28	2
19 Lisauskas, Kyle	9 Newburyport	10.34	2

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**....Boys 55 Meter Hurdles**

20 Clark, Brian	10 Triton	10.41	2	
21 Groussis, Nicholas	10 Lynnfield	10.95	1	
22 Carli, Brendan	10 Essex Technical	11.18	3	
-- Huang, Hugo	9 Triton	DQ	3	Lane Violation

**Boys 55 Meter Hurdles**

Name	Year	School	Finals	Points	
Finals					
1 Hynes, Ean	12	Newburyport	7.83	10	
2 Townsend, Keith	12	Ipswich	8.15	8	
3 Gardner, Nate	11	Manchester Essex	8.29	6	8.283
4 Hastings, Wyatt	12	Newburyport	8.29	4	8.289
5 Bergner, Elijah	12	Ipswich	8.42	2	
6 McLaughlin, Shea	12	Triton	8.50	1	
7 Noone, Marty	12	Ipswich	8.99		
8 Kenney, Jonas	12	Newburyport	9.12		

**Boys 4x200 Meter Relay**

School	Finals	H#	Points
1 North Reading	1:33.18	2	10
1) Sands, Caleb 12	2) McGuire, Ryan 12		
3) Mann, Brodie 12	4) Miller, Nathan 12		
2 Amesbury	1:33.62	2	8
1) Sanchez, Max 11	2) Wetherell, Jackson 12		
3) Rome, Zach 12	4) Sanchez, Michael 11		
3 Pentucket	1:34.72	2	6
1) Macleod, Gabriel 9	2) Dennis, Kade 11		
3) Spaulding, Joel 11	4) Kakouris, Yanni 12		
4 Newburyport	1:36.35	2	4
1) Miles, Ryan 12	2) Hynes, Ean 12		
3) Mendez-Heavilin, Bryan 12	4) Acquaviva, William 12		
5 Triton	1:40.03	1	2
1) Coco, Michael 9	2) Hight, William 10		
3) Clark, Brian 10	4) Norton, Ben 11		
6 Ipswich	1:41.07	2	1
1) Townsend, Cam 12	2) Bauman, Peter 12		
3) Hansen, Chase 12	4) Uzdarwin, Ethan 12		
7 Lynnfield	1:43.28	1	
1) Cucciniello, Joe 11	2) DiGangi, Jack 12		
3) Neubauer, Tom 11	4) Morgan, Charles 10		
8 Essex Technical	1:45.58	1	
1) Leblanc, Daniel 12	2) Straccia, Kyle 12		
3) Adametz, Quinn 10	4) Eagan, Timothy 10		
9 Manchester Essex	1:47.19	1	
1) Silverstein, Robert 10	2) Clements, Nicholas 10		
3) Bothwell, Samuel 10	4) Donohoe, Luke 10		
10 Hamilton-Wenham	1:48.87	1	
1) Cook, McLaren 11	2) Jones, Isaac 10		
3) Breed, Nathaniel 10	4) Almeida, Max 12		

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**Boys 4x400 Meter Relay**

School	Finals	H#	Points
1 Amesbury	3:34.90	2	10
1) Wetherell, Jackson 12	2) Tonks, Brody 11		
3) Sanchez, Max 11	4) Rome, Zach 12		
53.846 (53.846)	1:49.279 (55.433)	2:41.820 (52.542)	3:34.896 (53.076)
2 Ipswich	3:35.18	2	8
1) Hansen, Colin 12	2) Townsend, Keith 12		
3) Rafferty, Tyler 12	4) Milano, Brian 12		
52.498 (52.498)	1:50.074 (57.576)	2:46.233 (56.160)	3:35.180 (48.947)
3 Triton	3:36.90	2	6
1) McLaughlin, Shea 12	2) Webber, Colin 12		
3) White, Griffin 12	4) Burns, Parker 12		
55.644 (55.644)	1:51.780 (56.136)	2:42.968 (51.188)	3:36.900 (53.932)
4 Newburyport	3:42.84	2	4
1) Miles, Ryan 12	2) Wise, Jalen 10		
3) Acquaviva, William 12	4) Downs, Ethan 12		
56.040 (56.040)	1:53.329 (57.290)	2:47.172 (53.843)	3:42.836 (55.665)
5 Pentucket	3:43.57	1	2
1) Beuparlant, Jackson 10	2) Beaulieu, Matt 12		
3) Seymour, Stratton 12	4) Roche, Braeden 12		
55.570 (55.570)	1:53.334 (57.764)	2:49.998 (56.665)	3:43.562 (53.564)
6 Manchester Essex	3:45.67	1	1
1) Gardner, Nate 11	2) O'Hara, Finn 11		
3) Newton, Jack 12	4) Cooper, Logan 12		
55.698 (55.698)	1:52.869 (57.172)	2:50.854 (57.986)	3:45.666 (54.812)
7 North Reading	3:48.13	2	
1) Brady, Gavin 9	2) Lamont, Logan 11		
3) Mann, Brodie 12	4) Hemme, Michael 12		
56.616 (56.616)	1:54.403 (57.787)	2:49.602 (55.200)	3:48.128 (58.527)
8 Hamilton-Wenham	3:58.80	1	
1) Glidden, Clark 10	2) Creilsen, Jack 10		
3) Jones, Isaac 10	4) Rich, Ben 10		
58.667 (58.667)	1:57.612 (58.945)	2:57.750 (1:00.139)	3:58.793 (1:01.043)
9 Lynnfield	4:06.56	1	
1) DiGangi, Jack 12	2) Neubauer, Tom 11		
3) Chan, Davius 11	4) Rose, Justin 12		
1:00.036 (1:00.036)	2:04.742 (1:04.707)	3:07.213 (1:02.471)	4:06.559 (59.347)
10 Essex Technical	4:07.11	1	
1) Cunha, Christopher 11	2) Harney, Scott 11		
3) Moody, Jacob 12	4) Fogarty, Thomas 10		
1:03.824 (1:03.824)	2:07.828 (1:04.004)	3:08.872 (1:01.044)	4:07.103 (58.232)

**Boys 4x800 Meter Relay**

School	Finals	Points	
1 Triton	8:59.75	10	
1) Nichols, Bryan 12	2) MacDonald, Duncan 11		
3) Martis, Bryce 11	4) Lyon, Zach 12		
2:13.361 (2:13.361)	4:28.945 (2:15.584)	6:45.564 (2:16.620)	8:59.745 (2:14.182)
2 Hamilton-Wenham	8:59.80	8	
1) Glidden, Clark 10	2) Creilsen, Jack 10		
3) Regan, James 10	4) Rich, Ben 10		
2:13.433 (2:13.433)	4:30.128 (2:16.696)	6:47.498 (2:17.371)	8:59.799 (2:12.301)



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**....Boys 4x800 Meter Relay**

3 Amesbury						9:09.17	6
1) Rodrigues, Maxx 9				2) Bailin, Andre 12			
3) Sanford, Drew 12				4) Stanton, Joe 12			
2:19.406 (2:19.406)	4:36.689	(2:17.283)	6:56.294	(2:19.606)	9:09.161	(2:12.868)	
4 Newburyport					9:12.59	4	
1) Murray, Matt 12				2) Hoidal Bui, Aidan 12			
3) Mohoric, Michael 9				4) Lisauskas, Alex 11			
2:15.388 (2:15.388)	4:35.767	(2:20.380)	6:56.086	(2:20.320)	9:12.589	(2:16.503)	
5 North Reading					9:13.35	2	
1) DaCosta, Christian 12				2) Tamarro, Rocco 12			
3) Meier, Benjamin 12				4) Rodger, Liam 12			
2:18.261 (2:18.261)	4:39.592	(2:21.332)	6:57.471	(2:17.880)	9:13.345	(2:15.875)	
6 Pentucket					9:56.00	1	
1) Sunkenberg, Thomas 12				2) Rigoli, Isaac 12			
3) Coppola, Max 9				4) Zylinski, Jacob 12			
2:22.200 (2:22.200)	4:43.349	(2:21.150)	7:20.470	(2:37.121)	9:55.994	(2:35.524)	
7 Ipswich					9:58.88		
1) Scarano, Josiah 12				2) Wilt, Lucas 11			
3) Keach, Elias 12				4) Orroth, Ryan 12			
2:28.758 (2:28.758)	5:06.084	(2:37.326)	7:32.381	(2:26.297)	9:58.878	(2:26.498)	
8 Manchester Essex					10:14.59		
1) Lations, Charlie 11				2) Rodi, Lucas 12			
3) Stevens, Henry 10				4) Silverstein, Robert 10			
2:25.206 (2:25.206)	4:55.816	(2:30.610)	7:40.689	(2:44.873)	10:14.582	(2:33.894)	
9 Essex Technical					10:20.14		
1) Eagan, Timothy 10				2) Rizzo, Craig 10			
3) Sudak, Jeremy 11				4) Smith, Fin 11			
2:24.441 (2:24.441)	5:12.613	(2:48.172)	7:49.602	(2:36.990)	10:20.133	(2:30.531)	

**Boys High Jump**

Name	Year	School	Finals	Points
1 Townsend, Keith	12	Ipswich	6-02.00	10
5-02 5-04 5-06 5-08 5-10		6-00 6-02 6-04.50		
P P P O O		O XXO XX		
2 Newton, Jack	12	Manchester Essex	5-10.00	8
5-02 5-04 5-06 5-08 5-10		6-00		
P O P XO XXO XXX				
3 Mendez-Heavilin, Bryan	12	Newburyport	J5-08.00	5
5-02 5-04 5-06 5-08 5-10				
P O XO O XXX				
3 Duval, Jacob	12	North Reading	J5-08.00	5
5-02 5-04 5-06 5-08 5-10				
O XO O O XXX				
5 Noone, Marty	12	Ipswich	J5-08.00	2
5-02 5-04 5-06 5-08 5-10				
O O XXO XO XXX				
6 McLaughlin, Shea	12	Triton	J5-06.00	1
5-02 5-04 5-06 5-08				
P O XO XXX				
7 Gracey, Aidan	11	Newburyport	J5-06.00	
5-02 5-04 5-06 5-08				
O O XXO XXX				

**Cape Ann League Championship**  
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**....Boys High Jump**

8 Baker, Andrew	12 Amesbury	J5-04.00
5-02 5-04 5-06		
0 0 XXX		
9 Bergner, Elijah	12 Ipswich	J5-04.00
5-02 5-04 5-06		
0 XXO XXX		
10 Townsend, Cam	12 Ipswich	J5-02.00
5-02 5-04		
0 XXX		
11 Lee, Anthony	9 Pentucket	J5-02.00
5-02 5-04		
XO XXX		
12 Seymour, Stratton	12 Pentucket	J5-02.00
5-02 5-04		
XXO XPP		
-- Kenney, Jonas	12 Newburyport	NH
5-02		
XXX		
-- Maddocks, Tyler	10 Lynnfield	NH
5-02		
XXX		
-- Mahoney, Michael	10 North Reading	NH
5-02		
XXX		

**Boys Long Jump**

Name	Year	School	Finals	H#	Points
1 McGuire, Ryan	12	North Reading	21-02.25	2	10
21-00.50 21-01.50	20-08	20-06.50 20-00.50	21-02.25		
2 Miller, Nathan	12	North Reading	20-08.50	2	8
19-09 18-10.75 20-08.50	FOUL	19-11.50 17-10.75			
3 Burns, Parker	12	Triton	20-01.00	2	6
18-10.75 19-10.25 20-01					
4 Dennis, Kade	11	Pentucket	19-08.00	1	4
18-08 14-03 FOUL FOUL	14-10.75 19-08				
5 DuPriest, Tanner	10	North Reading	19-07.00	2	2
19-07 18-08.25 FOUL FOUL	16-10.25 FOUL				
6 Beaulieu, Matt	12	Pentucket	18-11.00	2	1
18-11 18-03.50 17-08.50	18-00 18-00.50 18-03				
7 Gardner, Nate	11	Manchester Essex	18-09.50	2	
18-01 17-05 17-07 17-10	17-04 18-09.50				
8 Berg, Ben	9	Amesbury	17-08.50	1	
17-08.50 16-11 16-11.75					
9 Cucciniello, Joe	11	Lynnfield	17-08.00	2	
FOUL 17-08 16-08					
10 Cook, McLaren	11	Hamilton-Wenham	17-07.50	1	
16-08.25 17-07.50 16-01.50					
10 Quan, Ethan	9	North Reading	17-07.50	1	
16-04.25 17-07.50 16-08.75					
12 Coco, Michael	9	Triton	17-04.50	1	
15-01 16-03.25 17-04.50					
13 Townsend, Cam	12	Ipswich	17-03.75	1	
16-07.75 16-07.75 17-03.75					

**Cape Ann League Championship  
The TRACK at New Balance  
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**....Boys Long Jump**

14	Wise, Jalen	10	Newburyport	17-03.50	2
	16-11.75	10-02.75	17-03.50		
15	Rafferty, Tyler	12	Ipswich	17-01.00	1
	16-07.75	16-04.50	17-01		
16	Hansen, Chase	12	Ipswich	16-05.00	1
	16-05	16-00	15-08.50		
17	Hight, William	10	Triton	16-04.00	2
	16-04	14-05.50	14-00.50		
18	Groussis, Nicholas	10	Lynnfield	16-02.75	1
	15-09.25	16-02.75	15-09.50		

**Boys Shot Put**

Name	Year	School	Finals	H#	Points	
1 Donovan, Aiden	11	Amesbury	49-00.50	2	10	
	45-04	45-11	47-11	44-02	49-00.50	47-05
2 Bauman, Peter	12	Ipswich	44-00.00	2	8	
	41-03.50	42-02	42-03	36-03.50	44-00	41-04.50
3 Hadden, Jack	12	Newburyport	39-08.50	2	6	
	38-02	38-05	37-09	39-03	39-00.50	39-08.50
4 Arsenault, Luke	12	Amesbury	39-01.50	1	4	
	37-03.50	39-01.50	FOUL	FOUL	36-11.50	35-11
5 Fair, Gavin	12	Lynnfield	37-08.00	1	2	
	34-04	37-01	33-06.50	37-08	37-02	34-06
6 Delano, Owen	12	North Reading	37-06.00	2	1	
	33-07.50	36-06	37-06	36-06	35-00.50	33-07.50
7 Kneeland, Liam	11	Triton	36-09.50	2		
	33-11.50	34-00.50	36-09.50	34-10.50	35-04.50	35-02
8 Pessina, William	12	Pentucket	36-07.00	2		
	36-06	33-10	36-07			
9 McCormack, Kyle	12	North Reading	36-06.50	2		
	35-01.50	35-08	36-06.50			
10 Rosatone, Zachary	12	North Reading	36-03.00	1		
	33-05.50	34-05	36-03			
11 Ferreira, Ollie	11	Amesbury	35-08.50	1		
	35-08.50	33-02.50	34-09			
12 Morency, Christopher	12	Essex Technical	35-04.00	1		
	34-06.50	33-10	35-04			
13 Goldberg, Chase	12	Lynnfield	35-01.50	2		
	FOUL	35-01.50	FOUL			
14 Indelicato, Otto	9	North Reading	34-09.50	1		
	33-04	33-00.50	34-09.50			
15 O'Donnell, John	10	North Reading	33-09.00	1		
	31-05	32-02	33-09			
16 Foley, Joshua	11	Pentucket	33-05.00	1		
	32-01	32-05.50	33-05			
17 Dore, Ty	10	Amesbury	31-07.00	1		
	30-10	31-07	31-01.50			
18 Silverio, Niko	12	Newburyport	31-02.50	2		
	31-02.50	29-03.50	30-05			

Men - Team Rankings - 13 Events Scored

1) Newburyport	76	2) Amesbury	62
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**....Boys Shot Put**

3) North Reading	59	4) Ipswich	57
5) Triton	56	6) Pentucket	35
7) Manchester Essex	30	8) Hamilton-Wenham	26
9) Lynnfield	2		