

Cape Ann League Meet #4
The TRACK at New Balance
Results

Boys 55 Meter Dash

Name	Year	School	Finals	H#
Finals				
1 McGuire, Ryan	12	North Reading	6.70	4
2 Sanchez, Michael	11	Amesbury	6.71	2
3 Sanchez, Max	11	Amesbury	6.81	2
4 Hansen, Colin	12	Ipswich	6.83	2
5 Kakouris, Yanni	12	Pentucket	6.88	3
6 Miles, Ryan	12	Newburyport	6.90	4
7 Acquaviva, William	12	Newburyport	7.01	4
8 Sands, Caleb	12	North Reading	7.02	4
9 Spaulding, Joel	11	Pentucket	7.10	3
10 Dennis, Kade	11	Pentucket	7.16	3
11 Webster, Angus	11	Newburyport	7.19	4
12 Coco, Michael	9	Triton	7.21	3
13 Leblanc, Daniel	12	Essex Technical	7.22	1
14 Bauman, Peter	12	Ipswich	7.23	2
15 Evans, Seth	9	North Reading	7.24	4
16 Edmonds, Travis	12	Newburyport	7.31	4 7.302
17 Huang, Paulan	12	Triton	7.31	3 7.309
18 Scialdone, Drew	11	Amesbury	7.34	2
19 Milano, Brian	12	Ipswich	7.35	2
20 Foley, Joshua	11	Pentucket	7.36	3 7.355
21 Hight, William	10	Triton	7.36	3 7.356
22 Hansen, Chase	12	Ipswich	7.38	2
23 Donohoe, Luke	10	Manchester Essex	7.39	1
24 Clements, Nicholas	10	Manchester Essex	7.47	1
25 Arsenault, Luke	12	Amesbury	7.51	2
26 Vittozzi, Aldo	12	North Reading	7.57	4 7.564
27 Bonasera, Nicolas	10	Triton	7.57	3 7.569
28 Aguiar, Nickolas	10	Essex Technical	7.79	1
29 Adametz, Quinn	10	Essex Technical	7.90	1
30 Aguilar, Alex	10	Essex Technical	8.05	1

Boys 300 Meter Dash

Name	Year	School	Finals	H#
1 Hansen, Colin	12	Ipswich	35.68	4
2 Sanchez, Michael	11	Amesbury	35.83	4
3 Miller, Nathan	12	North Reading	36.38	8
4 Acquaviva, William	12	Newburyport	36.55	8
5 Mann, Brodie	12	North Reading	37.98	7
6 Do Val, Lucas	10	North Reading	38.22	8
7 McLaughlin, Shea	12	Triton	38.26	6
8 Wetherell, Jackson	12	Amesbury	38.57	4
9 Webber, Colin	12	Triton	38.71	6 38.703
10 Macleod, Gabriel	9	Pentucket	38.71	6 38.708
11 Beaulieu, Matt	12	Pentucket	38.83	6
12 Forrest Hay, James	12	Newburyport	39.42	8
13 Sands, Caleb	12	North Reading	39.68	7
14 Uzdarwin, Ethan	12	Ipswich	40.14	3
15 Monahan, Brandon	10	Ipswich	40.29	4 40.284
16 Coir, Duncan	11	Newburyport	40.76	7
17 Abt, Sam	11	Triton	40.82	5

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18 Donohoe, Luke	10 Manchester Essex	41.20	2	
19 Aguilar Lopez, Anthony	9 Amesbury	41.60	3	
20 Foley, Joshua	11 Pentucket	42.03	5	
21 Bothwell, Samuel	10 Manchester Essex	42.13	2	
22 Thomas, Cole	11 Ipswich	42.79	3	
23 Jones, Logan	11 Newburyport	43.43	7	
24 Aguiar, Nickolas	10 Essex Technical	43.46	1	
25 Leblanc, Cole	11 Amesbury	44.37	3	
26 Harney, Scott	11 Essex Technical	44.58	2	
27 Madruga, Jeffrey	10 Essex Technical	45.25	1	
-- Lee, Anthony	9 Pentucket	X39.84	6	
-- Evans, Blaine	9 North Reading	X40.29	7	40.286
-- Nickerson, Torin	10 North Reading	X40.61	8	
-- Becker, Paul	12 Newburyport	X42.07	7	
-- Conroy, Christian	9 Triton	X42.18	6	
-- Zizza, Beckham	9 Triton	X42.94	5	
-- Gassboro, Ryan	9 Newburyport	X43.05	8	
-- Hosman, Tighe	11 Pentucket	X44.19	5	
-- Dick, James	9 Ipswich	X45.64	4	

Boys 600 Meter Run

Name	Year School	Finals	H#
1 Burns, Parker	12 Triton	1:26.75	3
27.385 (27.385)	57.269 (29.884)	1:26.741 (29.472)	
2 Roche, Braeden	12 Pentucket	1:27.37	3
27.699 (27.699)	57.577 (29.878)	1:27.363 (29.787)	
3 Wise, Jalen	10 Newburyport	1:30.37	4
29.064 (29.064)	1:00.682 (31.619)	1:30.366 (29.684)	
4 Lamont, Logan	11 North Reading	1:30.81	4
29.345 (29.345)	1:01.104 (31.760)	1:30.802 (29.698)	
5 Nichols, Bryan	12 Triton	1:31.44	3
28.657 (28.657)	58.993 (30.336)	1:31.431 (32.438)	
6 Rome, Zach	12 Amesbury	1:31.89	2
30.791 (30.791)	1:01.722 (30.932)	1:31.887 (30.165)	
7 Brady, Gavin	9 North Reading	1:34.05	4
30.587 (30.587)	1:03.478 (32.891)	1:34.046 (30.569)	
8 Joss-Green, Peter	11 Ipswich	1:34.69	2
31.035 (31.035)	1:02.051 (31.017)	1:34.683 (32.632)	
9 Gassboro, Sean	9 Newburyport	1:35.42	4
30.273 (30.273)	1:03.346 (33.073)	1:35.413 (32.068)	
10 Zylinski, Jacob	12 Pentucket	1:36.65	3
30.091 (30.091)	1:02.713 (32.623)	1:36.646 (33.933)	
11 Rodger, Liam	12 North Reading	1:36.71	4
31.306 (31.306)	1:04.062 (32.757)	1:36.706 (32.644)	
12 Rodrigues, Maxx	9 Amesbury	1:36.97	2
31.549 (31.549)	1:04.784 (33.236)	1:36.968 (32.184)	
13 Moody, Jacob	12 Essex Technical	1:37.07	1
30.639 (30.639)	1:03.028 (32.390)	1:37.066 (34.038)	
14 Brown, Eyob	12 Amesbury	1:38.29	2
31.679 (31.679)	1:03.875 (32.196)	1:38.281 (34.407)	
15 Orroth, Ryan	12 Ipswich	1:38.30	2
31.359 (31.359)	1:04.783 (33.424)	1:38.292 (33.509)	

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16 Willerson, Dorian	10 Amesbury	1:39.03	2
31.331 (31.331)	1:04.989 (33.659)	1:39.023 (34.035)	
17 Hubbard-Brucher, Nic	12 Triton	1:39.13	3
31.524 (31.524)	1:05.856 (34.332)	1:39.125 (33.270)	
18 Norton, Ben	11 Triton	1:39.39	3
29.803 (29.803)	1:03.137 (33.335)	1:39.381 (36.244)	
19 Kolman, Daniel	12 Newburyport	1:40.09	4
30.960 (30.960)	1:04.932 (33.972)	1:40.086 (35.155)	
20 Blaser, Benjamin	11 Newburyport	1:44.89	4
34.491 (34.491)	1:10.775 (36.284)	1:44.890 (34.116)	
21 Hanson, Shane	12 North Reading	1:47.35	4
33.307 (33.307)	1:09.414 (36.108)	1:47.347 (37.933)	
22 Rizzo, Craig	10 Essex Technical	1:47.59	1
35.652 (35.652)	1:10.960 (35.308)	1:47.589 (36.629)	
23 Stevens, Henry	10 Manchester Essex	1:52.13	1
36.638 (36.638)	1:13.895 (37.257)	1:52.121 (38.227)	
24 Silverstein, Robert	10 Manchester Essex	1:54.88	1
37.054 (37.054)	1:15.737 (38.684)	1:54.873 (39.136)	
25 Bloxham, Luke	9 Essex Technical	1:56.70	1
36.980 (36.980)	1:17.133 (40.154)	1:56.693 (39.560)	
-- Barry, Jeremy	11 Newburyport	X1:44.71	4
33.210 (33.210)	1:10.591 (37.382)	1:44.704 (34.113)	
-- Quan, Ethan	9 North Reading	X1:45.09	4
32.857 (32.857)	1:07.123 (34.267)	1:45.088 (37.965)	
-- Jorda, Gerard	9 North Reading	X1:47.59	4
32.872 (32.872)	1:08.159 (35.288)	1:47.585 (39.426)	
-- O'Shea, Sam	12 Triton	X1:47.72	3
30.566 (30.566)	1:06.559 (35.993)	1:47.715 (41.156)	
-- Callahan, Declan	11 Newburyport	X1:47.83	4
32.586 (32.586)	1:09.982 (37.396)	1:47.823 (37.842)	
-- Clark, Timothy	9 Triton	X2:02.41	3
34.432 (34.432)	1:16.138 (41.707)	2:02.408 (46.270)	

Boys 1000 Meter Run

Name	Year School	Finals	H#
1 Downs, Ethan	12 Newburyport	2:41.42	2
31.468 (31.468)	1:02.299 (30.832)	1:34.054 (31.756)	
2:41.419 (33.080)			
2 Newton, Jack	12 Manchester Essex	2:44.30	1
31.419 (31.419)	1:04.178 (32.760)	1:37.912 (33.735)	
2:44.293 (32.747)			
3 Stanton, Joe	12 Amesbury	2:45.12	2
32.655 (32.655)	1:05.458 (32.804)	1:39.594 (34.136)	
2:45.113 (31.624)			
4 Seymour, Stratton	12 Pentucket	2:48.80	1
31.732 (31.732)	1:05.274 (33.542)	1:40.864 (35.591)	
2:48.798 (32.245)			
5 MacDonald, Duncan	11 Triton	2:48.88	1
32.124 (32.124)	1:05.538 (33.414)	1:41.306 (35.768)	
2:48.876 (31.785)			
6 Hemme, Michael	12 North Reading	2:48.95	2
33.440 (33.440)	1:07.509 (34.070)	1:42.965 (35.456)	
2:48.943 (30.827)			

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Results

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7 Rafferty, Tyler	12 Ipswich	2:49.97	2		
32.484 (32.484)	1:05.182 (32.698)	1:40.009 (34.828)		2:15.382 (35.373)	
2:49.968 (34.587)					
8 Hoidal Bui, Aidan	12 Newburyport	2:50.64	2		
33.128 (33.128)	1:07.634 (34.507)	1:43.330 (35.696)		2:18.227 (34.897)	
2:50.636 (32.409)					
9 Lyon, Zach	12 Triton	2:53.80	1		
31.827 (31.827)	1:05.029 (33.203)	1:40.646 (35.617)		2:17.383 (36.737)	
2:53.793 (36.411)					
10 Martis, Bryce	11 Triton	2:58.29	1		
34.384 (34.384)	1:07.810 (33.427)	1:44.385 (36.576)		2:22.753 (38.368)	
2:58.288 (35.535)					
11 Lisauskas, Alex	11 Newburyport	2:58.34	2		
32.944 (32.944)	1:06.998 (34.055)	1:42.552 (35.554)		2:20.250 (37.699)	
2:58.332 (38.082)					
12 Meier, Benjamin	12 North Reading	2:59.33	2		
34.333 (34.333)	1:09.596 (35.263)	1:46.584 (36.989)		2:24.250 (37.666)	
2:59.323 (35.073)					
13 Sanford, Drew	12 Amesbury	2:59.55	2		
33.644 (33.644)	1:08.312 (34.668)	1:45.576 (37.264)		2:23.989 (38.414)	
2:59.544 (35.555)					
14 Rigoli, Isaac	12 Pentucket	2:59.84	1		
33.443 (33.443)	1:08.539 (35.096)	1:45.404 (36.866)		2:22.843 (37.439)	
2:59.835 (36.992)					
15 D'Ambrosio, Stephen	11 Newburyport	3:03.83	2		
35.061 (35.061)	1:12.263 (37.202)	1:50.775 (38.512)		2:28.709 (37.935)	
3:03.829 (35.120)					
16 DaCosta, Christian	12 North Reading	3:04.35	2		
37.512 (37.512)	1:15.351 (37.839)	1:53.066 (37.716)		2:30.591 (37.525)	
3:04.349 (33.759)					
17 Bazirgan, Nick	11 Amesbury	3:06.07	2		
34.481 (34.481)	1:11.254 (36.773)	1:50.198 (38.944)		2:29.371 (39.173)	
3:06.068 (36.697)					
18 Keach, Elias	12 Ipswich	3:06.94	2		
34.728 (34.728)	1:11.504 (36.776)	1:49.942 (38.439)		2:29.688 (39.746)	
3:06.940 (37.252)					
19 Rodi, Lucas	12 Manchester Essex	3:12.26	1		
33.331 (33.331)	1:10.784 (37.453)	1:51.285 (40.502)		2:33.439 (42.154)	
3:12.253 (38.815)					
20 Mitasev, Alexander	10 North Reading	3:16.55	2		
37.461 (37.461)	1:15.280 (37.819)	1:53.388 (38.109)		2:33.370 (39.982)	
3:16.541 (43.172)					
21 Heanue, Sam	10 Manchester Essex	3:20.35	1		
35.868 (35.868)	1:15.081 (39.214)	1:57.286 (42.205)		2:40.791 (43.505)	
3:20.341 (39.551)					
22 Eagan, Timothy	10 Essex Technical	3:20.65	1		
37.410 (37.410)	1:16.089 (38.680)	1:58.014 (41.925)		2:42.734 (44.720)	
3:20.648 (37.915)					
23 Kristian, Nate	11 Ipswich	3:23.75	2		
35.459 (35.459)	1:15.754 (40.296)	1:58.579 (42.825)		2:39.792 (41.214)	
3:23.750 (43.958)					
24 Sudak, Jeremy	11 Essex Technical	3:34.15	1		
37.617 (37.617)	1:20.541 (42.924)	2:04.641 (44.100)		2:51.472 (46.832)	
3:34.141 (42.669)					

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....Boys 1000 Meter Run

25 Connolly, Adam	11 Essex Technical	3:54.34	1		
36.305 (36.305)	1:16.735 (40.430)	2:05.490 (48.756)		2:58.742 (53.252)	
3:54.332 (55.590)					

Boys 1 Mile Run

Name	Year School	Finals	H#		
1 Fadil, Aimon	11 Newburyport	4:48.77	2		
39.381 (39.381)	1:16.189 (36.809)	1:51.617 (35.428)		2:27.245 (35.628)	
3:03.280 (36.036)	3:40.101 (36.822)	4:16.500 (36.399)		4:48.762 (32.263)	
2 Duchesne, Bradford	12 Newburyport	4:52.85	2		
39.204 (39.204)	1:15.897 (36.694)	1:51.295 (35.398)		2:26.744 (35.449)	
3:02.807 (36.064)	3:39.611 (36.804)	4:16.513 (36.902)		4:52.849 (36.337)	
3 Hemme, Michael	12 North Reading	4:56.38	2		
39.673 (39.673)	1:16.577 (36.904)	1:52.456 (35.880)		2:29.357 (36.902)	
3:06.410 (37.053)	3:44.578 (38.168)	4:21.299 (36.721)		4:56.377 (35.078)	
4 Mohoric, Michael	9 Newburyport	5:00.05	2		
37.135 (37.135)	1:15.055 (37.920)	1:52.668 (37.613)		2:30.032 (37.364)	
3:08.032 (38.000)	3:47.308 (39.276)	4:26.153 (38.845)		5:00.046 (33.894)	
5 Cooper, Logan	12 Manchester Essex	5:00.52	1		
38.600 (38.600)	1:17.447 (38.848)	1:55.793 (38.347)		2:35.642 (39.849)	
3:13.115 (37.473)	3:51.320 (38.206)	4:27.562 (36.242)		5:00.517 (32.956)	
6 Cunha, Christopher	11 Essex Technical	5:02.25	1		
39.947 (39.947)	1:17.984 (38.038)	1:56.147 (38.163)		2:35.212 (39.065)	
3:12.570 (37.359)	3:51.101 (38.532)	4:27.584 (36.483)		5:02.245 (34.662)	
7 Lations, Charlie	11 Manchester Essex	5:05.11	1		
39.292 (39.292)	1:17.168 (37.876)	1:55.560 (38.392)		2:35.524 (39.964)	
3:13.044 (37.521)	3:50.996 (37.952)	4:28.684 (37.688)		5:05.106 (36.423)	
8 White, Griffin	12 Triton	5:05.30	1		
39.676 (39.676)	1:19.016 (39.340)	1:58.817 (39.802)		2:38.915 (40.098)	
3:18.666 (39.752)	3:55.940 (37.275)	4:31.726 (35.786)		5:05.292 (33.567)	
9 Jacobsen, Cole	12 Triton	5:05.56	1		
39.788 (39.788)	1:19.324 (39.537)	1:59.138 (39.814)		2:39.100 (39.962)	
3:18.936 (39.837)	3:56.287 (37.351)	4:32.012 (35.725)		5:05.556 (33.544)	
10 Mollineaux, Sam	12 Triton	5:07.32	1		
38.557 (38.557)	1:19.622 (41.065)	1:59.423 (39.801)		2:39.173 (39.751)	
3:19.200 (40.027)	3:56.528 (37.328)	4:32.304 (35.777)		5:07.313 (35.009)	
11 Sunkenberg, Thomas	12 Pentucket	5:12.72	1		
40.291 (40.291)	1:20.204 (39.914)	1:59.704 (39.500)		2:39.434 (39.731)	
3:19.451 (40.017)	3:57.968 (38.517)	4:35.463 (37.496)		5:12.720 (37.257)	
12 Fogarty, Thomas	10 Essex Technical	5:20.53	1		
40.817 (40.817)	1:20.339 (39.522)	2:00.092 (39.753)		2:40.842 (40.751)	
3:21.488 (40.647)	4:03.675 (42.187)	4:45.314 (41.640)		5:20.524 (35.210)	
13 Stanton, Ethan	10 Amesbury	5:21.65	2		
36.562 (36.562)	1:15.909 (39.348)	1:57.062 (41.153)		2:39.433 (42.371)	
3:22.279 (42.847)	4:04.292 (42.013)	4:44.815 (40.524)		5:21.646 (36.832)	
14 Bailin, Andre	12 Amesbury	5:28.62	2		
41.342 (41.342)	1:23.991 (42.649)	2:09.203 (45.212)		2:57.188 (47.985)	
3:37.873 (40.685)	4:17.147 (39.275)	4:52.130 (34.984)		5:28.618 (36.488)	
15 Tonks, Brody	11 Amesbury	5:31.25	2		
41.453 (41.453)	1:24.663 (43.210)	2:09.777 (45.115)		2:57.786 (48.009)	
3:38.094 (40.308)	4:17.654 (39.560)	4:53.786 (36.132)		5:31.244 (37.458)	

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16	Considine, Conor	12 Amesbury	5:33.28	2		
	41.362 (41.362)	1:24.124 (42.762)	2:09.289 (45.166)		2:57.219 (47.930)	
	3:37.801 (40.582)	4:17.373 (39.573)	4:54.574 (37.201)		5:33.277 (38.704)	
17	Remignant, Jonah	10 Triton	5:34.68	1		
	38.794 (38.794)	1:19.904 (41.110)	2:00.409 (40.506)		2:41.607 (41.198)	
	3:24.365 (42.759)	4:08.487 (44.122)	4:52.900 (44.414)		5:34.676 (41.776)	
18	Wilt, Lucas	11 Ipswich	5:35.46	2		
	41.636 (41.636)	1:24.356 (42.720)	2:09.507 (45.152)		2:57.529 (48.022)	
	3:37.664 (40.136)	4:17.500 (39.836)	4:56.818 (39.319)		5:35.453 (38.635)	
19	Tammaro, Rocco	12 North Reading	5:35.94	2		
	40.967 (40.967)	1:21.775 (40.808)	2:05.310 (43.536)		2:49.418 (44.108)	
	3:32.509 (43.092)	4:15.894 (43.385)	4:58.164 (42.270)		5:35.937 (37.774)	
20	Harney, Scott	11 Essex Technical	5:41.25	1		
	38.998 (38.998)	1:20.914 (41.916)	2:02.012 (41.099)		2:44.280 (42.268)	
	3:27.676 (43.396)	4:11.864 (44.188)	4:56.664 (44.801)		5:41.241 (44.577)	
21	Scarano, Josiah	12 Ipswich	5:47.63	2		
	41.171 (41.171)	1:23.761 (42.590)	2:09.135 (45.375)		2:57.133 (47.998)	
	3:41.209 (44.077)	4:24.689 (43.480)	5:06.727 (42.038)		5:47.621 (40.894)	
22	Fabrizio, Cole	9 North Reading	5:47.86	2		
	41.821 (41.821)	1:25.659 (43.838)	2:11.653 (45.994)		2:58.365 (46.712)	
	3:43.415 (45.051)	4:27.997 (44.583)	5:10.781 (42.784)		5:47.855 (37.075)	
23	Wyatt, David	10 North Reading	5:55.01	2		
	41.925 (41.925)	1:25.544 (43.619)	2:11.410 (45.867)		2:57.744 (46.334)	
	3:43.716 (45.972)	4:30.017 (46.301)	5:16.368 (46.352)		5:55.009 (38.641)	

Boys 2 Mile Run

=====						
	Name	Year School	Finals			
=====						
1	Duchesne, Bradford	12 Newburyport	10:08.49			
	38.708 (38.708)	1:17.084 (38.376)	1:56.776 (39.693)		2:34.168 (37.392)	
	3:10.831 (36.663)	3:48.414 (37.584)	4:26.099 (37.685)		5:03.889 (37.791)	
	5:40.418 (36.529)	6:17.655 (37.237)	6:56.565 (38.911)		7:35.724 (39.159)	
	8:16.512 (40.788)	8:57.457 (40.946)	9:34.650 (37.193)		10:08.489 (33.840)	
2	Casino, Drew	11 Newburyport	10:29.94			
	40.380 (40.380)	1:18.937 (38.557)	1:58.691 (39.754)		2:37.111 (38.420)	
	3:15.892 (38.781)	3:55.826 (39.935)	4:36.232 (40.406)		5:17.337 (41.106)	
	5:58.689 (41.352)	6:40.528 (41.839)	7:21.408 (40.881)		8:01.612 (40.204)	
	8:42.454 (40.842)	9:21.957 (39.504)	10:00.502 (38.545)		10:29.934 (29.432)	
3	O'Hara, Finn	11 Manchester Essex	10:33.29			
	38.200 (38.200)	1:16.711 (38.511)	1:57.076 (40.365)		2:35.284 (38.208)	
	3:12.936 (37.653)	3:51.792 (38.856)	4:30.940 (39.148)		5:11.735 (40.796)	
	5:53.353 (41.619)	6:34.240 (40.887)	7:14.719 (40.480)		7:54.844 (40.126)	
	8:35.703 (40.859)	9:17.069 (41.367)	9:57.883 (40.814)		10:33.282 (35.400)	
4	White, Griffin	12 Triton	10:40.40			
	38.485 (38.485)	1:16.890 (38.405)	1:57.062 (40.172)		2:34.481 (37.420)	
	3:11.185 (36.704)	3:48.755 (37.570)	4:26.964 (38.209)		5:07.556 (40.592)	
	5:49.483 (41.928)	6:32.379 (42.896)	7:15.000 (42.621)		7:57.175 (42.176)	
	8:40.049 (42.875)	9:24.543 (44.494)	10:08.557 (44.015)		10:40.392 (31.835)	
5	Jacobsen, Cole	12 Triton	10:40.83			
	40.670 (40.670)	1:19.668 (38.998)	1:59.480 (39.813)		2:38.895 (39.415)	
	3:18.340 (39.446)	3:57.665 (39.325)	4:38.166 (40.501)		5:19.710 (41.544)	
	6:01.760 (42.050)	6:43.928 (42.168)	7:26.364 (42.437)		8:08.844 (42.480)	
	8:51.228 (42.384)	9:33.355 (42.128)	10:09.823 (36.468)		10:40.823 (31.000)	

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys 2 Mile Run

6 Mollineaux, Sam	12 Triton	10:45.16		
40.371 (40.371)	1:19.332 (38.962)	1:59.191 (39.859)	2:38.472 (39.282)	
3:17.732 (39.260)	3:56.729 (38.997)	4:37.116 (40.388)	5:18.168 (41.052)	
5:59.415 (41.247)	6:41.302 (41.888)	7:22.915 (41.613)	8:04.844 (41.930)	
8:47.306 (42.462)	9:29.708 (42.403)	10:09.649 (39.941)	10:45.160 (35.511)	
7 Fabrizio, Nicholas	12 North Reading	10:53.92		
40.028 (40.028)	1:18.539 (38.512)	1:58.914 (40.376)	2:37.612 (38.698)	
3:17.028 (39.417)	3:57.291 (40.263)	4:38.512 (41.221)	5:21.159 (42.648)	
6:03.664 (42.505)	6:47.589 (43.926)	7:31.923 (44.334)	8:15.598 (43.676)	
8:59.768 (44.170)	9:42.000 (42.232)	10:22.229 (40.230)	10:53.914 (31.685)	
8 Murray, Matt	12 Newburyport	11:00.38		
40.038 (40.038)	1:18.810 (38.772)	1:58.416 (39.607)	2:38.032 (39.616)	
3:17.365 (39.334)	3:56.994 (39.629)	4:37.470 (40.476)	5:18.476 (41.007)	
5:59.824 (41.348)	6:41.908 (42.085)	7:24.134 (42.226)	8:07.502 (43.368)	
8:52.215 (44.713)	9:36.700 (44.486)	10:19.622 (42.922)	11:00.371 (40.749)	
9 Amico, Hadden	10 Essex Technical	11:11.07		
41.008 (41.008)	1:20.697 (39.689)	2:01.492 (40.795)	2:42.306 (40.815)	
3:24.123 (41.817)	4:05.984 (41.862)	4:48.551 (42.567)	5:32.236 (43.686)	
6:15.587 (43.351)	6:58.830 (43.244)	7:42.780 (43.951)	8:27.644 (44.864)	
9:12.197 (44.554)	9:55.948 (43.751)	10:36.762 (40.815)	11:11.067 (34.305)	
10 Bailin, Andre	12 Amesbury	11:29.22		
41.332 (41.332)	1:20.386 (39.054)	2:01.278 (40.892)	2:41.970 (40.692)	
3:24.629 (42.660)	4:08.786 (44.157)	4:54.285 (45.500)	5:40.560 (46.276)	
6:28.226 (47.666)	7:16.317 (48.092)	7:57.065 (40.748)	8:39.340 (42.276)	
9:21.620 (42.280)	10:04.944 (43.325)	10:46.783 (41.839)	11:29.218 (42.436)	
11 Hammerschmitt, Nathan	12 Essex Technical	11:31.02		
42.380 (42.380)	1:22.620 (40.240)	2:04.902 (42.283)	2:48.460 (43.559)	
3:32.165 (43.705)	4:16.409 (44.244)	5:00.967 (44.558)	5:44.633 (43.667)	
6:28.392 (43.759)	7:13.551 (45.160)	7:57.579 (44.028)	8:41.668 (44.089)	
9:25.222 (43.555)	10:09.466 (44.244)	10:52.426 (42.960)	11:31.016 (38.591)	
12 Sanford, Drew	12 Amesbury	11:33.59		
41.625 (41.625)	1:20.980 (39.355)	2:01.592 (40.613)	2:42.505 (40.913)	
3:25.267 (42.762)	4:09.436 (44.169)	4:54.629 (45.194)	5:40.819 (46.190)	
6:28.484 (47.666)	7:16.689 (48.205)	7:58.539 (41.850)	8:43.898 (45.360)	
9:30.742 (46.844)	10:18.144 (47.403)	11:02.609 (44.465)	11:33.584 (30.975)	
13 Johnson, Nicolas	10 North Reading	11:34.26		
42.017 (42.017)	1:20.168 (38.151)	2:00.489 (40.322)	2:40.769 (40.280)	
3:22.242 (41.473)	4:04.212 (41.970)	4:46.851 (42.640)	5:31.922 (45.072)	
6:16.585 (44.664)	7:02.427 (45.842)	7:49.801 (47.375)	8:37.068 (47.267)	
9:24.512 (47.445)	10:10.287 (45.775)	10:57.200 (46.913)	11:34.257 (37.058)	
14 Considine, Conor	12 Amesbury	11:43.33		
41.827 (41.827)	1:22.079 (40.252)	2:02.903 (40.824)	2:44.821 (41.919)	
3:28.235 (43.414)	4:10.545 (42.311)	4:55.106 (44.561)	5:41.070 (45.964)	
6:28.759 (47.689)	7:16.784 (48.026)	7:58.876 (42.092)	8:44.432 (45.556)	
9:31.501 (47.070)	10:20.029 (48.528)	11:05.135 (45.106)	11:43.327 (38.192)	
15 Baran, Aidan	10 Ipswich	11:43.40		
41.103 (41.103)	1:20.112 (39.009)	2:00.978 (40.867)	2:41.797 (40.820)	
3:24.476 (42.679)	4:08.682 (44.207)	4:54.192 (45.511)	5:40.488 (46.296)	
6:28.190 (47.703)	7:16.381 (48.192)	8:00.608 (44.227)	8:48.340 (47.733)	
9:35.432 (47.092)	10:22.092 (46.660)	11:06.856 (44.764)	11:43.397 (36.542)	
16 Packard, Owen	11 Amesbury	12:20.47		
42.304 (42.304)	1:22.388 (40.084)	2:04.207 (41.820)	2:48.904 (44.698)	
3:34.485 (45.581)	4:21.569 (47.084)	5:08.842 (47.273)	5:56.771 (47.929)	
6:44.812 (48.041)	7:33.888 (49.077)	8:24.408 (50.520)	9:14.783 (50.376)	
10:04.638 (49.856)	10:54.152 (49.515)	11:41.797 (47.645)	12:20.468 (38.672)	

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys 2 Mile Run

17 Goodrich, Theo	10 Ipswich	12:24.30		
43.154 (43.154)	1:23.223 (40.069)	2:06.584 (43.362)	2:51.368 (44.784)	
3:38.137 (46.770)	4:24.819 (46.682)	5:10.577 (45.759)	5:57.646 (47.069)	
6:45.734 (48.088)	7:35.307 (49.573)	8:26.512 (51.205)	9:17.918 (51.407)	
10:07.837 (49.920)	10:57.717 (49.880)	11:45.751 (48.034)	12:24.296 (38.545)	
-- Beauparlant, Jackson	10 Pentucket	DQ	Cut in too early	
40.299 (40.299)	1:19.060 (38.762)	1:58.997 (39.937)	2:38.300 (39.304)	
3:17.524 (39.224)	3:56.492 (38.968)	4:36.831 (40.339)	5:17.840 (41.009)	
5:59.140 (41.301)	6:40.914 (41.774)	7:21.718 (40.804)	8:01.539 (39.821)	
8:42.330 (40.792)	9:22.610 (40.280)	10:00.560 (37.950)	10:32.502 (31.943)	

Boys 55 Meter Hurdles

Name	Year School	Finals	H#
1 Hynes, Ean	12 Newburyport	7.87	3
2 Townsend, Keith	12 Ipswich	8.01	2
3 McLaughlin, Shea	12 Triton	8.61	1 8.604
4 Gardner, Nate	11 Manchester Essex	8.61	1 8.605
5 Hastings, Wyatt	12 Newburyport	8.69	3
6 Bergner, Elijah	12 Ipswich	8.72	2
7 Rome, Zach	12 Amesbury	9.03	2
8 White, Max	10 Amesbury	9.04	2
9 O'Connell, Thomas	12 Ipswich	9.20	2
10 Pancini, Kaio	10 North Reading	9.22	3
11 Kolman, Daniel	12 Newburyport	9.27	3
12 Duval, Jacob	12 North Reading	9.29	3
13 Johnson, Nicolas	10 North Reading	9.61	3
14 Nickerson, Torin	10 North Reading	9.91	3
15 Fortier, Aiden	12 Amesbury	9.96	2
16 Lisauskas, Kyle	9 Newburyport	10.32	3
17 Huang, Hugo	9 Triton	11.03	1
18 Carli, Brendan	10 Essex Technical	11.21	1
19 Mauricio, Isaac	10 Essex Technical	11.76	1
-- Noone, Marty	12 Ipswich	DQ	2 ran around hurdle

Boys 4x200 Meter Relay

School	Finals	H#
1 North Reading	1:34.18	2
1) Sands, Caleb 12	2) DuPriest, Tanner 10	
3) Mann, Brodie 12	4) Miller, Nathan 12	
2 Amesbury	1:34.79	2
1) Sanchez, Max 11	2) Wetherell, Jackson 12	
3) Scialdone, Drew 11	4) Sanchez, Michael 11	
3 Pentucket	1:35.18	1
1) Kakouris, Yanni 12	2) Post-Montjoie, Adam 11	
3) Dennis, Kade 11	4) Spaulding, Joel 11	
4 Triton	1:39.18	1
1) Coco, Michael 9	2) Hight, William 10	
3) Huang, Paulan 12	4) Bonasera, Nicolas 10	
5 Ipswich	1:39.48	2
1) Townsend, Cam 12	2) Hansen, Chase 12	
3) Bauman, Peter 12	4) Uzdarwin, Ethan 12	

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys 4x200 Meter Relay

6 Newburyport	1:40.33	2
1) Miles, Ryan 12	2) Mendez-Heavilin, Bryan 12	
3) Hynes, Ean 12	4) Acquaviva, William 12	
7 Manchester Essex	1:47.67	1
1) Bothwell, Samuel 10	2) Clements, Nicholas 10	
3) Donohoe, Luke 10	4) Silverstein, Robert 10	
8 Essex Technical	1:48.04	1
1) Eagan, Timothy 10	2) Adametz, Quinn 10	
3) Mauricio, Isaac 10	4) Leblanc, Daniel 12	

Boys 4x400 Meter Relay

School	Finals	H#
1 Newburyport	3:36.16	2
1) Wise, Jalen 10	2) Duchesne, Bradford 12	
3) Forrest Hay, James 12	4) Downs, Ethan 12	
53.750 (53.750) 1:51.068 (57.318) 2:43.576 (52.508)	3:36.159 (52.584)	
2 Ipswich	3:36.17	2
1) Hansen, Colin 12	2) Rafferty, Tyler 12	
3) Milano, Brian 12	4) Townsend, Keith 12	
52.484 (52.484) 1:49.515 (57.032) 2:45.861 (56.347)	3:36.161 (50.300)	
3 Amesbury	3:41.54	2
1) Stanton, Joe 12	2) Tonks, Brody 11	
3) White, Max 10	4) Rome, Zach 12	
53.512 (53.512) 1:48.924 (55.412) 2:46.003 (57.080)	3:41.537 (55.535)	
4 North Reading	3:43.96	2
1) Brady, Gavin 9	2) Lamont, Logan 11	
3) Mann, Brodie 12	4) Hemme, Michael 12	
56.207 (56.207) 1:51.949 (55.743) 2:48.692 (56.744)	3:43.960 (55.268)	
5 Triton	3:45.57	1
1) Nichols, Bryan 12	2) MacDonald, Duncan 11	
3) White, Griffin 12	4) Lyon, Zach 12	
55.351 (55.351) 1:53.579 (58.228) 2:50.401 (56.823)	3:45.561 (55.160)	
6 Pentucket	3:47.10	1
1) Beaulieu, Matt 12	2) Beauparlant, Jackson 10	
3) Roche, Braeden 12	4) Seymour, Stratton 12	
55.773 (55.773) 1:54.437 (58.665) 2:55.026 (1:00.589)	3:47.098 (52.072)	
7 Manchester Essex	3:47.85	1
1) Cooper, Logan 12	2) Gardner, Nate 11	
3) Lations, Charlie 11	4) Newton, Jack 12	
55.221 (55.221) 1:53.194 (57.973) 2:52.971 (59.777)	3:47.843 (54.872)	
8 Essex Technical	4:16.03	1
1) Aguiar, Nickolas 10	2) Madruga, Jeffrey 10	
3) Moody, Jacob 12	4) Elso, Emrikk 10	
1:04.502 (1:04.502) 2:07.930 (1:03.428) 3:15.369 (1:07.440)	4:16.026 (1:00.657)	

Boys High Jump

Name	Year	School	Finals
1 Townsend, Keith	12	Ipswich	6-00.00
4-10 5-02 5-04 5-06 5-08 5-10 6-00 6-03			
P P P O O O O XXX			

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys High Jump

2	Noone, Marty	12 Ipswich	5-10.00
	4-10 5-02 5-04 5-06 5-08 5-10 6-00		
	P O XO XO O XXO XXX		
3	McGuire, Ryan	12 North Reading	J5-08.00
	4-10 5-02 5-04 5-06 5-08 5-10		
	O O O XXO O XXX		
4	Duval, Jacob	12 North Reading	J5-08.00
	4-10 5-02 5-04 5-06 5-08 5-10		
	O XO XO O XO XXX		
5	Newton, Jack	12 Manchester Essex	J5-08.00
	4-10 5-02 5-04 5-06 5-08 5-10		
	O O O O XXO XXX		
6	McLaughlin, Shea	12 Triton	5-06.00
	4-10 5-02 5-04 5-06 5-08 5-10		
	P P P XO P XXX		
7	Mendez-Heavilin, Bryan	12 Newburyport	J5-04.00
	4-10 5-02 5-04 5-06		
	P O O XXX		
8	Webster, Angus	11 Newburyport	J5-04.00
	4-10 5-02 5-04 5-06		
	O XO XO XXX		
9	White, Max	10 Amesbury	J5-02.00
	4-10 5-02 5-04		
	O O XXX		
10	Bergner, Elijah	12 Ipswich	J5-02.00
	4-10 5-02 5-04		
	O XO XXX		
11	Baker, Andrew	12 Amesbury	J5-02.00
	4-10 5-02 5-04		
	XXO XO XXX		
12	Scialdone, Drew	11 Amesbury	4-10.00
	4-10 5-02		
	O XXX		
12	Cook, Benjamin	9 North Reading	4-10.00
	4-10 5-02		
	O XXX		
12	Mahoney, Michael	10 North Reading	4-10.00
	4-10 5-02		
	O XXX		
--	Hosman, Tighe	11 Pentucket	NH
	4-10		
	XXX		
--	Gracey, Aidan	11 Newburyport	NH
	4-10		
	XXX		

Boys Long Jump

Name	Year	School	Finals	H#
1 McGuire, Ryan	12	North Reading	21-02.75	2
	19-06.50	21-01.25	21-02.75	
2 Miller, Nathan	12	North Reading	20-04.50	2
	19-02	19-04	20-04.50	

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys Long Jump

3	DuPriest, Tanner	10	North Reading	20-02.00	2
	13-06 19-09.50 20-02				
4	Gardner, Nate	11	Manchester Essex	18-10.50	1
	18-10.50 18-01 18-02.75				
5	Hynes, Ean	12	Newburyport	18-09.00	2
	18-09 17-03 FOUL				
6	Hight, William	10	Triton	18-08.00	1
	18-08 16-00 17-04				
7	Burns, Parker	12	Triton	18-06.00	1
	18-06 PASS PASS				
8	Mendez-Heavilin, Bryan	12	Newburyport	17-11.00	2
	17-11 17-04.50 17-08.50				
9	Kakouris, Yanni	12	Pentucket	J17-11.00	1
	17-11 PASS PASS				
10	Beaulieu, Matt	12	Pentucket	17-10.25	1
	17-07.50 FOUL 17-10.25				
11	Berg, Ben	9	Amesbury	17-10.00	2
	FOUL 14-01 17-10				
12	Dennis, Kade	11	Pentucket	17-09.25	1
	FOUL 17-09.25 17-08.25				
13	Wise, Jalen	10	Newburyport	17-09.00	2
	17-08 17-06 17-09				
14	Sanchez, Max	11	Amesbury	17-07.00	2
	17-07 16-11.25 16-05.25				
15	Coco, Michael	9	Triton	17-01.75	1
	16-04.75 16-03 17-01.75				
16	Rafferty, Tyler	12	Ipswich	17-01.00	2
	16-11 16-07 17-01				
17	Townsend, Cam	12	Ipswich	17-00.50	2
	16-11.50 17-00.50 16-01				
18	Hansen, Chase	12	Ipswich	16-11.75	2
	16-06.75 16-07 16-11.75				
19	Wetherell, Jackson	12	Amesbury	16-11.00	2
	16-11 16-04.25 15-08				
20	Brosch, Tyler	10	Triton	15-10.00	1
	FOUL 14-06.25 15-10				
21	Fortier, Aiden	12	Amesbury	15-04.75	2
	10-01 15-04.75 13-01.50				
22	Bothwell, Samuel	10	Manchester Essex	15-01.50	1
	13-00 13-04.75 15-01.50				
23	Mooradd, Peter	9	Ipswich	15-01.00	2
	FOUL 14-09.25 15-01				
24	Clements, Nicholas	10	Manchester Essex	15-00.25	1
	14-03.75 15-00.25 FOUL				
25	Landry, Matthew	9	Essex Technical	13-03.75	1
	12-00.75 10-06.50 13-03.75				

Boys Shot Put

=====					
Name	Year	School	Finals	H#	
=====					
1	Donovan, Aiden	11	Amesbury	47-08.50	2
	47-03.50 45-11 47-08.50				
2	Bauman, Peter	12	Ipswich	40-09.25	2
	40-09.25 38-08.25 40-03				

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Boys Shot Put

3	Hadden, Jack	12	Newburyport	39-01.25	2
	39-01.25 33-06 30-06.75				
4	Pessina, William	12	Pentucket	38-01.25	1
	38-01.25 FOUL 35-02.25				
5	Dasilva, Samual	12	Pentucket	37-09.00	1
	35-04.25 FOUL 37-09				
6	McCormack, Kyle	12	North Reading	37-04.25	2
	37-00.50 37-04.25 34-09.25				
7	Delano, Owen	12	North Reading	36-08.50	2
	32-02 34-06.50 36-08.50				
8	Webster, Angus	11	Newburyport	36-00.00	2
	36-00 34-10.75 34-10.50				
9	Silverio, Niko	12	Newburyport	35-02.75	2
	33-03.75 34-00.25 35-02.75				
10	Arsenault, Luke	12	Amesbury	35-02.25	2
	34-02.50 34-09.50 35-02.25				
11	Kneeland, Liam	11	Triton	34-11.25	1
	34-09.75 34-11.25 33-10.50				
12	Morency, Christopher	12	Essex Technical	34-09.75	1
	34-09.75 32-01.50 33-05.75				
13	Ferreira, Ollie	11	Amesbury	34-08.00	2
	31-03.75 34-08 33-06				
14	Rosatone, Zachary	12	North Reading	33-08.75	2
	33-08.75 32-04 33-00.25				
15	Dessources, Benhji	11	Ipswich	32-11.75	2
	32-03.75 32-11.75 31-06				
16	Cole, Ryan	12	Essex Technical	31-10.00	1
	31-10 29-10.50 30-11.50				
17	Heanue, Sam	10	Manchester Essex	31-06.00	1
	31-06 29-08.75 30-10				
18	Gilman, Mathew	10	Essex Technical	31-03.25	1
	31-03.25 30-00.25 30-06.75				
19	Keach, Renaud	10	Ipswich	31-02.50	2
	29-06 31-01 31-02.50				
20	Brown, Brody	12	Newburyport	30-09.00	2
	30-00.75 30-09 27-04.75				
21	Dore, Ty	10	Amesbury	30-08.00	2
	30-08 30-06.25 29-05				
22	Koponen, Rasmus	11	Ipswich	30-03.50	2
	30-03.50 29-05.50 29-09.50				
23	Santimore, Matthew	12	Pentucket	29-11.75	1
	28-03.50 28-05 29-11.75				
24	Whalen, Nicholas	12	North Reading	29-11.00	2
	29-11 FOUL FOUL				
25	Inger, Michael	11	Pentucket	28-11.50	1
	28-11.50 28-08.75 25-06.25				
26	Danehy, Paul	10	Essex Technical	28-08.75	1
	28-07.50 27-04.75 28-08.75				
27	Murphy, Hudson	11	Triton	28-08.50	1
	28-08.50 FOUL 28-00.75				
28	Rodriguez, Jovanni	10	Triton	21-07.75	1
	21-01.75 21-07.75 21-04.25				