

Dual County League Meet #4 - 1/18/2023
the TRACK at new balance
Results

Boys 55 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Dottin-Campbell, Paul	Cambridge R&L	6.76	1
2 Khamitkar, Devesh	Westford Academy	6.83	1
3 Truncer, Will	Newton South	6.91	1
4 Peters, Sunil	Waltham	6.98	1
5 Nsubuga, Arthur	Waltham	6.99	2 6.981
6 Lamarre, Malik	Cambridge R&L	6.99	2 6.987
7 Milner, Kossi	Cambridge R&L	7.02	2
8 Story, Jason	Westford Academy	7.05	2
9 Lago, Noah	Weston	7.07	3
10 Pham, Tam	Boston Latin School	7.10	2
11 Chamberas, Thomas	Acton-Boxborough	7.13	2
12 Raymondeau, Elliott	Acton-Boxborough	7.15	3
13 Ly, James	Lincoln-Sudbury	7.16	1
14 Oliveri Kuhnle, Matteo	Bedford	7.18	4
15 Joseph, Jean	Waltham	7.19	4 7.182
16 Fredette, Lucas	Waltham	7.19	3 7.183
17 O'Neil, Owen	Acton-Boxborough	7.21	3
18 Navas, Diego	Westford Academy	7.22	3
19 Harrild, Jack	Newton South	7.27	3
20 Joseph, Vivek	Bedford	7.32	4
21 Zhuang, Chuanxuan	Lincoln-Sudbury	7.34	4 7.338
21 Bellegarde, Gregory	Concord-Carlisle	7.34	5 7.338
23 Bradley, Nico	Newton South	7.34	2 7.339
24 Tonkonogy, Graham	Newton South	7.35	2
25 Saunders, Orion	Westford Academy	7.36	4
26 Johnson, Connor	Lincoln-Sudbury	7.38	3 7.375
27 O'Rourke, Brendan	Wayland	7.38	4 7.378
28 Kasirye, Julian	Acton-Boxborough	7.41	4
29 Norgaard, Tristan	Wayland	7.46	5
30 Merck, Jamal	Lincoln-Sudbury	7.49	1
31 Smith, Bryson	Concord-Carlisle	7.50	3
32 Hines, Brendan	Wayland	7.55	5
33 Joyce, Brendan	Concord-Carlisle	7.65	5
34 Simmons, Darren	Concord-Carlisle	7.79	5
35 Ouyang, Matt	Boston Latin School	7.83	5
36 Nasief, Andry	Wayland	8.89	5
-- Dascelin, Salendjy	Cambridge R&L	FS	1

Boys 300 Meter Dash

Name	Year School	Finals	H#
1 Friedman-Wellisch, Jerem	Cambridge R&L	37.03	1
2 Derac, Marc-Kenny	Waltham	37.57	1
3 Mahoney, Aidan	Westford Academy	38.55	1
4 Dascelin, Salendjy	Cambridge R&L	38.72	3
5 Barbieri, Nicolas	Weston	38.83	2
6 Tom, Aden	Newton South	38.95	3 38.944
7 Gomez, Jaden	Cambridge R&L	38.95	1 38.946
8 Winters, Ryan	Lincoln-Sudbury	39.00	2
9 Mathew, Jonathan	Newton South	39.11	2
10 Buck, William	Acton-Boxborough	39.25	4

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11 Garraway, Joshua	Bedford	39.40	4
12 Bradley, Nico	Newton South	39.50	3
13 Pham, Tam	Boston Latin School	40.30	3
14 O'Keefe, James	Lincoln-Sudbury	40.47	2
15 Cunningham, Tyler	Acton-Boxborough	40.57	4
16 Marshall, Rasheed	Waltham	40.70	3
17 Davidson, Ben	Boston Latin School	40.77	5
18 Fox, Noah	Acton-Boxborough	40.88	4
19 Rajput, Rishit	Westford Academy	41.24	5
20 Johnson, Connor	Lincoln-Sudbury	41.78	4
21 Keleher, Colin	Boston Latin School	41.94	6
22 Pimenta, Mateo	Concord-Carlisle	42.21	5
23 Hernandez, Cesar	Concord-Carlisle	42.27	5
24 Blair, Richard	Concord-Carlisle	43.45	6
25 Fallace, Morgan	Wayland	45.19	6
26 Kuris, Max	Wayland	47.54	6
-- Registre, Joshua	Waltham	DQ	2 out of lane

Boys 600 Meter Run

Name	Year School	Finals	H#
1 Desisto, Austin	Westford Academy	1:24.33	1
27.668 (27.668)	56.218 (28.551)	1:24.325 (28.108)	
2 Schultz, Owen	Westford Academy	1:25.08	1
27.888 (27.888)	56.477 (28.589)	1:25.073 (28.596)	
3 Graffeo, Jack	Westford Academy	1:25.39	1
28.084 (28.084)	56.627 (28.543)	1:25.390 (28.764)	
4 Sholk, Ethan	Lincoln-Sudbury	1:27.16	1
28.338 (28.338)	56.963 (28.625)	1:27.153 (30.191)	
5 Bronstein, Daniel	Cambridge R&L	1:27.75	1
28.364 (28.364)	57.552 (29.188)	1:27.742 (30.190)	
6 Healy, Liam	Newton South	1:30.49	2
28.723 (28.723)	1:00.003 (31.280)	1:30.490 (30.488)	
7 Greenberg, Andrew	Newton South	1:31.65	1
29.020 (29.020)	59.911 (30.891)	1:31.643 (31.732)	
8 Colombo, Paul	Cambridge R&L	1:32.65	2
30.171 (30.171)	1:01.761 (31.590)	1:32.645 (30.884)	
9 Kuperwasser, Marcelo	Newton South	1:32.77	1
29.186 (29.186)	1:01.000 (31.815)	1:32.770 (31.770)	
10 Madsen, Henry	Waltham	1:32.81	1 1:32.801
29.730 (29.730)	1:01.228 (31.499)	1:32.801 (31.573)	
11 Anstey, William	Concord-Carlisle	1:32.81	2 1:32.804
29.737 (29.737)	1:01.147 (31.410)	1:32.804 (31.657)	
12 Lee, Theodore	Cambridge R&L	1:32.93	2
29.481 (29.481)	1:01.416 (31.936)	1:32.926 (31.511)	
13 O'Rourke, Brendan	Wayland	1:33.21	2
28.420 (28.420)	59.837 (31.417)	1:33.209 (33.372)	
14 Burling, Grady	Concord-Carlisle	1:33.56	2
30.798 (30.798)	1:02.141 (31.343)	1:33.556 (31.416)	
15 Klappenbach, Elliot	Lincoln-Sudbury	1:35.46	2
30.573 (30.573)	1:02.458 (31.885)	1:35.460 (33.002)	
16 Cheron, Michael	Lincoln-Sudbury	1:37.70	2
30.925 (30.925)	1:03.329 (32.405)	1:37.694 (34.365)	

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....Boys 600 Meter Run

17 Cahill, William	Weston	1:39.93	3
34.223 (34.223)	1:08.060 (33.837)	1:39.922 (31.862)	
18 Prior, Jonah	Boston Latin School	1:40.92	3
33.367 (33.367)	1:08.391 (35.024)	1:40.919 (32.528)	
19 Quinn, Liam	Concord-Carlisle	1:42.89	2
30.564 (30.564)	1:06.067 (35.504)	1:42.887 (36.820)	
20 Giusti, Dominic	Bedford	1:42.98	3
33.728 (33.728)	1:08.157 (34.429)	1:42.976 (34.820)	
21 Tu, Nathan	Acton-Boxborough	1:44.27	3
35.120 (35.120)	1:11.161 (36.041)	1:44.263 (33.102)	
22 Wu, Andrew	Acton-Boxborough	1:45.75	3
33.959 (33.959)	1:09.053 (35.095)	1:45.742 (36.689)	
23 Hagan, Justin	Bedford	1:48.07	3
34.228 (34.228)	1:10.368 (36.140)	1:48.066 (37.698)	
24 Polymeros, Nicholas	Weston	1:49.52	3
34.794 (34.794)	1:11.546 (36.752)	1:49.519 (37.974)	
25 Cao, Alvin	Acton-Boxborough	1:50.39	3
35.450 (35.450)	1:11.434 (35.984)	1:50.383 (38.950)	
26 Okamoto, Nao	Bedford	1:54.86	3
36.791 (36.791)	1:14.991 (38.200)	1:54.851 (39.860)	

Boys 1000 Meter Run

Name	Year School	Finals	H#
1 Bronstein, Jacob	Cambridge R&L	2:32.40	1
29.087 (29.087)	58.479 (29.392)	1:30.161 (31.682)	2:02.770 (32.609)
2:32.392 (29.623)			
2 Reichle, Henry	Concord-Carlisle	2:35.33	1
28.938 (28.938)	58.135 (29.198)	1:29.695 (31.560)	2:02.946 (33.252)
2:35.329 (32.384)			
3 Bergeron, Paul	Westford Academy	2:41.47	1
29.415 (29.415)	1:00.296 (30.881)	1:34.171 (33.876)	2:08.307 (34.136)
2:41.462 (33.156)			
4 Becker, Tate	Concord-Carlisle	2:44.50	1
30.082 (30.082)	1:03.100 (33.019)	1:37.314 (34.214)	2:11.218 (33.904)
2:44.498 (33.280)			
5 Guevara Mateo, Paulino	Cambridge R&L	2:48.28	1
32.233 (32.233)	1:05.635 (33.403)	1:39.495 (33.860)	2:14.363 (34.869)
2:48.278 (33.915)			
6 Martel, Ethan	Concord-Carlisle	2:48.32	1
30.908 (30.908)	1:03.535 (32.628)	1:36.876 (33.341)	2:12.381 (35.505)
2:48.315 (35.934)			
7 Osborn, James	Weston	2:48.82	2
31.582 (31.582)	1:05.819 (34.237)	1:41.636 (35.817)	2:16.665 (35.030)
2:48.814 (32.149)			
8 Tavares, Ben	Weston	2:48.83	2
32.516 (32.516)	1:06.360 (33.844)	1:41.958 (35.599)	2:16.958 (35.000)
2:48.828 (31.871)			
9 Demie, Nebiyu	Cambridge R&L	2:49.08	1
31.466 (31.466)	1:05.325 (33.860)	1:40.471 (35.147)	2:15.382 (34.911)
2:49.075 (33.694)			
10 Blythe, Graham	Newton South	2:49.84	1
30.528 (30.528)	1:03.791 (33.264)	1:39.362 (35.571)	2:15.285 (35.924)
2:49.838 (34.553)			

Dual County League Meet #4 - 1/18/2023**the TRACK at new balance****Results****....Boys 1000 Meter Run**

11	Dubay, Nathan	Westford Academy	2:51.85	1		
	30.731 (30.731)	1:05.147 (34.416)	1:41.082 (35.936)		2:17.416 (36.335)	
	2:51.844 (34.428)					
12	Burnet, Sam	Boston Latin School	2:52.14	1		
	30.930 (30.930)	1:05.799 (34.870)	1:41.708 (35.909)		2:17.879 (36.171)	
	2:52.131 (34.252)					
13	Hamilton, Mason	Acton-Boxborough	2:54.29	1		
	31.117 (31.117)	1:05.459 (34.343)	1:41.390 (35.931)		2:24.052 (42.663)	
	2:54.286 (30.234)					
14	Berthold, Nick	Westford Academy	2:56.82	2		
	32.420 (32.420)	1:07.775 (35.355)	1:45.448 (37.674)		2:23.129 (37.681)	
	2:56.820 (33.691)					
15	Lee, David	Newton South	2:58.70	2		
	33.599 (33.599)	1:09.097 (35.499)	1:47.260 (38.164)		2:23.940 (36.680)	
	2:58.699 (34.760)					
16	Lund, Endy	Waltham	3:01.13	2		
	32.947 (32.947)	1:08.416 (35.469)	1:46.034 (37.619)		2:24.280 (38.247)	
	3:01.128 (36.848)					
17	Maqtedar, Akhilesh	Acton-Boxborough	3:03.65	1		
	33.076 (33.076)	1:07.508 (34.432)	1:45.018 (37.510)		2:18.260 (33.243)	
	3:03.643 (45.384)					
18	Winters, EJ	Newton South	3:06.75	2		
	32.713 (32.713)	1:08.400 (35.688)	1:47.721 (39.321)		2:28.316 (40.596)	
	3:06.748 (38.432)					
19	Dagher, Ibrahim	Boston Latin School	3:07.15	2		
	33.815 (33.815)	1:09.729 (35.915)	1:47.984 (38.255)		2:28.020 (40.037)	
	3:07.150 (39.130)					
20	Protasowicki, William	Bedford	3:08.71	2		
	34.600 (34.600)	1:11.775 (37.175)	1:52.143 (40.368)		2:34.268 (42.126)	
	3:08.708 (34.440)					
21	Zhou, Zihang	Boston Latin School	3:09.94	2		
	32.130 (32.130)	1:07.946 (35.816)	1:48.349 (40.404)		2:29.636 (41.288)	
	3:09.936 (40.300)					
22	Sebastianelli, Giovanni	Wayland	3:20.80	2		
	34.169 (34.169)	1:11.413 (37.244)	1:54.185 (42.772)		2:40.846 (46.661)	
	3:20.796 (39.950)					
23	Bendersky, Simon	Bedford	3:22.51	2		
	34.756 (34.756)	1:15.204 (40.448)	1:59.207 (44.004)		2:41.772 (42.565)	
	3:22.503 (40.732)					
24	Comeau, Cameron	Bedford	3:41.21	2		
	35.771 (35.771)	1:18.452 (42.682)	2:05.971 (47.519)		2:54.135 (48.164)	
	3:41.204 (47.070)					

Boys 1 Mile Run

Name	Year School	Finals	H#
1 Ottesen, Dan	Westford Academy	4:39.39	1
33.889 (33.889)	1:07.993 (34.105)	1:44.068 (36.075)	
2:57.693 (36.969)	3:33.142 (35.450)	4:07.430 (34.288)	4:39.381 (31.952)
2 Kessler, Charlie	Concord-Carlisle	4:41.22	1
33.285 (33.285)	1:07.541 (34.256)	1:43.897 (36.356)	2:21.354 (37.457)
2:58.231 (36.877)	3:34.490 (36.260)	4:10.706 (36.216)	4:41.211 (30.505)

Dual County League Meet #4 - 1/18/2023**the TRACK at new balance****Results****....Boys 1 Mile Run**

3	Graziani, Jack	Concord-Carlisle	4:41.64	1			
	35.410 (35.410)	1:10.125 (34.715)	1:45.600 (35.476)		2:21.721 (36.121)		
	2:57.898 (36.178)	3:33.319 (35.421)	4:07.733 (34.414)		4:41.640 (33.908)		
4	Haines, Davis	Westford Academy	4:43.67	1			
	34.217 (34.217)	1:08.305 (34.088)	1:44.364 (36.060)		2:21.502 (37.139)		
	2:58.369 (36.867)	3:34.616 (36.248)	4:10.421 (35.805)		4:43.662 (33.242)		
5	Medina, Gael	Cambridge R&L	4:43.69	1			
	35.825 (35.825)	1:10.849 (35.024)	1:46.049 (35.201)		2:21.927 (35.878)		
	2:58.682 (36.756)	3:34.585 (35.904)	4:09.671 (35.086)		4:43.685 (34.014)		
6	Pavlik, Ray	Concord-Carlisle	4:44.02	1			
	33.134 (33.134)	1:07.265 (34.131)	1:43.625 (36.361)		2:21.077 (37.452)		
	2:57.917 (36.841)	3:34.064 (36.147)	4:08.525 (34.461)		4:44.017 (35.492)		
7	Flaig, Thomas	Newton South	4:49.74	1			
	36.051 (36.051)	1:11.383 (35.332)	1:47.958 (36.576)		2:25.459 (37.501)		
	3:01.871 (36.412)	3:38.358 (36.488)	4:15.238 (36.880)		4:49.734 (34.496)		
8	Tutun, Jack	Weston	4:55.85	1			
	35.495 (35.495)	1:11.617 (36.123)	1:49.443 (37.826)		2:27.124 (37.681)		
	3:05.099 (37.976)	3:42.789 (37.690)	4:20.894 (38.106)		4:55.848 (34.954)		
9	Wedlake, Adam	Westford Academy	4:56.56	1			
	34.733 (34.733)	1:09.723 (34.991)	1:46.105 (36.382)		2:23.465 (37.360)		
	3:01.893 (38.428)	3:40.505 (38.612)	4:19.276 (38.772)		4:56.557 (37.282)		
10	Pratt, Graham	Acton-Boxborough	4:58.38	1			
	35.578 (35.578)	1:11.122 (35.544)	1:49.107 (37.985)		2:27.816 (38.709)		
	3:06.276 (38.460)	3:44.868 (38.592)	4:22.291 (37.424)		4:58.377 (36.087)		
11	Chamblee, Caleb	Cambridge R&L	5:00.79	2			
	39.149 (39.149)	1:16.112 (36.963)	1:52.855 (36.744)		2:31.302 (38.448)		
	3:09.753 (38.452)	3:47.935 (38.182)	4:25.954 (38.020)		5:00.789 (34.836)		
12	Franzoni, Tommaso	Acton-Boxborough	5:02.74	2			
	39.188 (39.188)	1:17.179 (37.992)	1:54.861 (37.682)		2:32.621 (37.760)		
	3:10.303 (37.683)	3:48.538 (38.236)	4:26.795 (38.257)		5:02.737 (35.942)		
13	Dandrea, James	Newton South	5:03.87	2			
	38.929 (38.929)	1:16.489 (37.560)	1:53.333 (36.844)		2:32.112 (38.779)		
	3:10.985 (38.873)	3:50.163 (39.179)	4:29.410 (39.248)		5:03.870 (34.460)		
14	Herrick, Matthew	Waltham	5:11.88	2			
	38.888 (38.888)	1:15.734 (36.847)	1:52.396 (36.662)		2:34.869 (42.474)		
	3:14.773 (39.904)	3:53.070 (38.297)	4:31.932 (38.862)		5:11.878 (39.947)		
15	Cohen, Josh	Lincoln-Sudbury	5:19.74	2			
	39.945 (39.945)	1:19.001 (39.056)	1:58.217 (39.217)		2:38.283 (40.066)		
	3:18.185 (39.902)	3:58.825 (40.641)	4:39.945 (41.120)		5:19.733 (39.788)		
16	Healy, Cormac	Newton South	5:21.75	2			
	39.160 (39.160)	1:17.454 (38.295)	1:56.721 (39.267)		2:38.370 (41.650)		
	3:21.082 (42.712)	4:03.926 (42.844)	4:45.386 (41.460)		5:21.749 (36.364)		
17	Nguyen, Justin	Acton-Boxborough	5:28.49	2			
	39.754 (39.754)	1:18.788 (39.034)	1:57.511 (38.724)		2:39.059 (41.548)		
	3:20.694 (41.636)	4:03.214 (42.520)	4:46.516 (43.302)		5:28.485 (41.969)		
18	Zhu, Austin	Boston Latin School	5:30.05	2			
	38.531 (38.531)	1:16.761 (38.231)	1:56.005 (39.244)		2:38.891 (42.886)		
	3:22.133 (43.243)	4:07.599 (45.466)	4:51.517 (43.918)		5:30.047 (38.531)		
19	Wei, Eric	Weston	5:34.81	2			
	39.581 (39.581)	1:17.797 (38.217)	1:57.133 (39.336)		2:39.393 (42.261)		
	3:23.068 (43.675)	4:07.757 (44.690)	4:51.795 (44.038)		5:34.805 (43.011)		
20	de Monchaux, Charles	Cambridge R&L	5:35.91	2			
	40.801 (40.801)	1:22.526 (41.725)	2:05.240 (42.714)		2:48.462 (43.223)		
	3:32.575 (44.113)	4:17.505 (44.930)	4:59.483 (41.979)		5:35.901 (36.418)		

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Results

Boys 2 Mile Run

Name	Year	School	Finals			
1 Bergeron, Paul		Westford Academy	9:33.27			
37.068 (37.068)	1:11.070 (34.002)	1:45.632 (34.563)	2:20.565 (34.933)			
2:56.235 (35.671)	3:32.138 (35.903)	4:08.887 (36.750)	4:45.311 (36.424)			
5:21.506 (36.196)	5:58.642 (37.136)	6:35.322 (36.681)	7:12.712 (37.390)			
7:49.798 (37.087)	8:26.077 (36.279)	8:59.409 (33.332)	9:33.262 (33.854)			
2 Dow, Harrison		Concord-Carlisle	9:38.11			
37.126 (37.126)	1:10.770 (33.644)	1:45.328 (34.558)	2:20.277 (34.949)			
2:55.874 (35.598)	3:31.890 (36.016)	4:08.511 (36.621)	4:44.953 (36.442)			
5:21.136 (36.184)	5:58.341 (37.205)	6:35.061 (36.720)	7:12.386 (37.326)			
7:49.485 (37.099)	8:26.306 (36.822)	9:38.102 (1:11.796)	9:38.103 (0.001)			
3 Valenta, Carsen		Weston	9:59.63			
37.975 (37.975)	1:14.025 (36.050)	1:51.166 (37.142)	2:27.773 (36.607)			
3:03.814 (36.042)	3:41.690 (37.876)	4:18.523 (36.834)	4:56.054 (37.531)			
5:33.606 (37.553)	6:11.453 (37.847)	6:50.699 (39.247)	7:29.467 (38.768)			
8:09.212 (39.745)	8:48.099 (38.888)	9:25.894 (37.795)	9:59.626 (33.732)			
4 McChesney, Steven		Newton South	9:59.89			
38.904 (38.904)	1:15.388 (36.484)	1:53.595 (38.208)	2:32.067 (38.472)			
3:10.233 (38.166)	3:48.793 (38.560)	4:27.472 (38.680)	5:05.371 (37.900)			
5:42.078 (36.707)	6:19.681 (37.604)	6:57.542 (37.862)	7:35.096 (37.554)			
8:12.642 (37.546)	8:51.009 (38.368)	9:27.268 (36.260)	9:59.890 (32.623)			
5 Lin, Chris		Acton-Boxborough	10:11.39			
39.344 (39.344)	1:15.704 (36.360)	1:53.830 (38.126)	2:32.362 (38.532)			
3:10.563 (38.202)	3:49.122 (38.560)	4:27.970 (38.848)	5:06.062 (38.092)			
5:42.778 (36.716)	6:20.870 (38.093)	7:00.328 (39.458)	7:39.632 (39.304)			
8:20.062 (40.431)	8:59.300 (39.238)	9:37.178 (37.878)	10:11.389 (34.212)			
6 Pistiner, Ben		Newton South	10:20.42			
38.640 (38.640)	1:15.133 (36.493)	1:53.406 (38.273)	2:31.865 (38.460)			
3:10.035 (38.171)	3:48.781 (38.746)	4:27.668 (38.888)	5:05.698 (38.031)			
5:42.502 (36.804)	6:20.608 (38.106)	7:00.103 (39.496)	7:40.095 (39.992)			
8:20.998 (40.904)	9:01.942 (40.944)	9:41.783 (39.841)	10:20.418 (38.636)			
7 Sholk, Ethan		Lincoln-Sudbury	10:21.29			
39.728 (39.728)	1:16.968 (37.240)	1:55.331 (38.364)	2:34.577 (39.246)			
3:14.430 (39.854)	3:53.605 (39.175)	4:32.361 (38.756)	5:11.306 (38.945)			
5:50.087 (38.782)	6:28.596 (38.509)	7:06.613 (38.017)	7:47.000 (40.388)			
8:26.572 (39.572)	9:06.275 (39.704)	9:45.650 (39.376)	10:21.282 (35.632)			
8 Klappenbach, Elliot		Lincoln-Sudbury	10:22.87			
39.702 (39.702)	1:16.916 (37.214)	1:55.281 (38.365)	2:34.490 (39.210)			
3:14.285 (39.795)	3:53.510 (39.225)	4:32.124 (38.615)	5:11.119 (38.996)			
5:50.014 (38.896)	6:28.612 (38.598)	7:07.010 (38.398)	7:46.675 (39.666)			
8:25.773 (39.098)	9:05.188 (39.416)	9:44.450 (39.262)	10:22.866 (38.416)			
9 Jang, Remy		Lincoln-Sudbury	10:56.06			
40.875 (40.875)	1:18.993 (38.118)	1:59.648 (40.656)	2:41.857 (42.209)			
3:24.421 (42.564)	4:06.677 (42.256)	4:49.618 (42.941)	5:32.061 (42.444)			
6:12.315 (40.255)	6:53.893 (41.578)	7:36.478 (42.585)	8:18.330 (41.852)			
8:59.083 (40.754)	9:38.683 (39.600)	10:18.482 (39.800)	10:56.056 (37.574)			
10 Tatham, Ben		Concord-Carlisle	10:56.93			
40.025 (40.025)	1:17.895 (37.871)	1:56.634 (38.739)	2:36.055 (39.422)			
3:16.243 (40.188)	3:56.837 (40.594)	4:38.272 (41.436)	5:19.968 (41.696)			
6:02.507 (42.540)	6:45.601 (43.094)	7:28.945 (43.344)	8:12.150 (43.206)			
8:55.250 (43.100)	9:37.924 (42.675)	10:19.254 (41.330)	10:56.930 (37.677)			

Dual County League Meet #4 - 1/18/2023**the TRACK at new balance****Results****....Boys 2 Mile Run**

11	MacDonald, Charles	Concord-Carlisle	11:21.34		
	40.028 (40.028)	1:18.575 (38.548)	1:57.827 (39.252)	2:38.362 (40.536)	
	3:20.177 (41.815)	4:02.386 (42.209)	4:45.866 (43.481)	5:30.209 (44.343)	
	6:15.178 (44.970)	6:59.712 (44.534)	7:44.230 (44.518)	8:28.344 (44.115)	
	9:14.234 (45.891)	9:59.326 (45.092)	10:42.931 (43.605)	11:21.334 (38.403)	
12	Sokatch, Jake	Newton South	11:25.62		
	42.487 (42.487)	1:23.230 (40.743)	2:05.912 (42.683)	2:47.729 (41.817)	
	3:30.813 (43.084)	4:13.412 (42.600)	4:57.097 (43.685)	5:40.215 (43.119)	
	6:23.594 (43.379)	7:07.558 (43.964)	7:51.977 (44.420)	8:37.266 (45.289)	
	9:21.518 (44.253)	10:04.346 (42.828)	10:46.174 (41.829)	11:25.620 (39.446)	
13	Agarwal, Neil	Weston	11:29.02		
	42.145 (42.145)	1:21.183 (39.039)	2:01.056 (39.873)	2:42.498 (41.442)	
	3:24.052 (41.555)	4:06.369 (42.317)	4:49.843 (43.475)	5:32.580 (42.737)	
	6:14.466 (41.887)	6:57.577 (43.111)	7:41.610 (44.033)	8:26.408 (44.799)	
	9:12.302 (45.894)	9:58.241 (45.940)	10:44.819 (46.579)	11:29.014 (44.195)	
14	Govartharian, Soorya	Westford Academy	11:58.96		
	42.428 (42.428)	1:21.515 (39.088)	2:01.693 (40.178)	2:43.772 (42.080)	
	3:27.134 (43.363)	4:12.153 (45.019)	4:57.650 (45.497)	5:43.040 (45.391)	
	6:30.194 (47.155)	7:18.760 (48.566)	8:07.227 (48.468)	8:55.366 (48.140)	
	9:42.859 (47.493)	10:29.731 (46.872)	11:16.114 (46.383)	11:58.957 (42.844)	
15	Sharma, Neel	Weston	12:00.66		
	44.282 (44.282)	1:28.478 (44.196)	2:14.556 (46.078)	3:01.710 (47.154)	
	3:47.422 (45.713)	4:34.295 (46.873)	5:20.494 (46.200)	6:05.520 (45.026)	
	6:49.478 (43.959)	7:37.478 (48.000)	8:24.486 (47.008)	9:09.654 (45.168)	
	9:54.662 (45.009)	10:40.217 (45.555)	11:23.861 (43.644)	12:00.653 (36.792)	
16	Liu, Alex	Acton-Boxborough	12:26.21		
	41.719 (41.719)	1:24.302 (42.583)	2:06.228 (41.927)	2:48.370 (42.142)	
	3:32.677 (44.308)	4:20.514 (47.837)	5:09.942 (49.429)	5:58.719 (48.777)	
	6:47.658 (48.939)	7:37.438 (49.781)	8:27.186 (49.748)	9:14.798 (47.613)	
	10:00.478 (45.680)	10:44.382 (43.904)	11:21.953 (37.571)	12:26.202 (1:04.250)	
17	Schnitzler, Tristian	Acton-Boxborough	12:47.45		
	42.469 (42.469)	1:26.050 (43.582)	2:12.928 (46.878)	3:01.482 (48.555)	
	3:46.789 (45.307)	4:34.143 (47.355)	5:21.162 (47.019)	6:09.780 (48.619)	
	7:00.022 (50.243)	7:51.355 (51.333)	8:42.249 (50.894)	9:34.381 (52.132)	
	10:27.608 (53.228)	11:17.015 (49.408)	12:06.164 (49.149)	12:47.446 (41.282)	

Boys 55 Meter Hurdles

Name	Year	School	Finals	H#
1 Osselmann Chai, Christop		Acton-Boxborough	8.14	1
2 Garraway, Joshua		Bedford	8.72	1
3 Asgdom, Nathan		Cambridge R&L	8.73	1
4 Laurin, Emile		Concord-Carlisle	8.87	1
5 Delany-Sire, victor		Cambridge R&L	8.96	1
6 Poulin, Jack		Acton-Boxborough	9.02	1
7 Marshall, Rasheed		Waltham	9.23	2
8 Gao, jeffery		Cambridge R&L	9.38	2
9 Sanchez, Jordel		Cambridge R&L	9.42	1 9.413
10 Barreto, Alex		Westford Academy	9.42	1 9.419
11 Shen, Lucas		Concord-Carlisle	9.53	2
12 Hurlbut-Lesk, William		Acton-Boxborough	9.81	2
13 Chiang, Merrill		Weston	10.36	4
14 Raines, Jude		Lincoln-Sudbury	10.51	4
15 Bryden, Nash		Newton South	10.52	3

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....Boys 55 Meter Hurdles

16 Hall, Aidan	Westford Academy	10.59	3
17 Huang, Bentley	Waltham	10.60	3
18 Harris, Diego	Acton-Boxborough	10.61	2
19 Davidson, Ben	Boston Latin School	10.70	3
20 Guo, Gavin	Westford Academy	10.73	3
21 Giglio-Dirga, Ian	Newton South	10.77	2
22 Lewis, Griffin	Westford Academy	10.80	4 10.794
22 Dinner, Keane	Concord-Carlisle	10.80	3 10.794
24 Blair, Richard	Concord-Carlisle	10.80	4 10.799
25 Gothie, Max	Lincoln-Sudbury	11.01	4 11.001
26 Keleher, Colin	Boston Latin School	11.01	4 11.007
27 Hesselbein, Reginald	Boston Latin School	11.21	4

Boys 4x200 Meter Relay

School	Finals	H#
1 Cambridge Rindge & Latin 'A'	1:32.51	1
1) Bruce-Sanders, Jecon		
2) Dottin-Campbell, Paul		
3) Friedman-Wellisch, Jeremy		
4) Delany-Sire, victor		
2 Weston 'A'	1:35.66	1
1) Lago, Noah		
2) Kasanov, Hayden		
3) Pastrone, Michael		
4) Barbieri, Nicolas		
3 Westford Academy 'A'	1:36.54	1
1) Desisto, Austin		
2) Schultz, Owen		
3) Graffeo, Jack		
4) Haines, Davis		
4 Newton South 'A'	1:38.01	2
1) Harrild, Jack		
2) Tonkonogy, Graham		
3) Bradley, Nico		
4) Tom, Aden		
5 Acton-Boxborough 'A'	1:39.26	2
1) Fox, Noah		
2) Buck, William		
3) Kasirye, Julian		
4) Raymondeau, Elliott		
6 Lincoln-Sudbury 'A'	1:42.73	2
1) Winters, Ryan		
2) Zhuang, Chuanxuan		
3) Merck, Jamal		
4) Ly, James		
7 Wayland 'A'	1:43.18	2
1) Brooks, Samuel		
2) Hines, Brendan		
3) Norgaard, Tristan		
4) O'Rourke, Brendan		
8 Concord-Carlisle 'A'	1:44.04	2
1) Simmons, Darren		
2) Pimenta, Mateo		
3) Shen, Lucas		
4) Longmire, Colin		
-- Waltham 'A'	DNF	1
1) Peters, Sunil		
2) Chisari, Adam		
3) Fredette, Lucas		
4) Registre, Joshua		

Boys 4x400 Meter Relay

School	Finals	H#	
1 Cambridge Rindge & Latin 'A'	3:36.43	1	
1) Boros, Donovan			
2) Asgdom, Nathan			
3) Wreh, James			
4) Aden, Libaan			
24.129 (24.129)	53.431 (29.302)	1:18.280 (24.849)	1:46.724 (28.445)
2:14.091 (27.367)	2:42.432 (28.341)	3:08.321 (25.890)	3:36.428 (28.107)

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....Boys 4x400 Meter Relay

2 Concord-Carlisle 'A'				3:43.65	1		
1) Becker, Tate		2) Burling, Grady					
3) Pavlik, Ray		4) Reichle, Henry					
27.008 (27.008)	56.790 (29.782)	1:22.931 (26.141)				1:53.379 (30.448)	
2:21.114 (27.736)	2:52.066 (30.952)	3:16.342 (24.276)				3:43.643 (27.301)	
3 Waltham 'A'				3:49.67	2		
1) Madsen, Henry		2) Derac, Marc-Kenny					
3) Lund, Endy		4) Herrick, Matthew					
26.831 (26.831)	55.851 (29.020)	1:22.565 (26.715)				1:50.939 (28.374)	
2:19.189 (28.251)	2:49.671 (30.483)	3:18.193 (28.522)				3:49.669 (31.476)	
4 Westford Academy 'A'				3:50.66	1		
1) Mahoney, Aiden		2) Story, Jason					
3) Khamitkar, Devesh		4) Kyle, Ryan					
27.889 (27.889)	58.243 (30.354)	1:26.472 (28.230)				1:57.057 (30.585)	
2:21.744 (24.688)	2:52.699 (30.955)	3:16.853 (24.155)				3:50.653 (33.800)	
5 Weston 'A'				3:51.22	1		
1) Valenta, Carsen		2) Tavares, Ben					
3) Osborn, James		4) Johnson, Darrell					
28.050 (28.050)	57.654 (29.604)	1:28.065 (30.412)				2:00.046 (31.981)	
2:26.474 (26.428)	2:56.178 (29.704)	3:21.765 (25.588)				3:51.217 (29.452)	
6 Newton South 'A'				4:00.42	1		
1) Pistiner, Ben		2) Sherman-Kadish, Ilan					
3) McChesney, Steven		4) Flaig, Thomas					
29.355 (29.355)	58.952 (29.598)	1:27.798 (28.846)				1:58.936 (31.139)	
2:26.812 (27.876)	3:01.096 (34.284)	3:28.328 (27.232)				4:00.417 (32.090)	
7 Lincoln-Sudbury 'A'				4:02.80	2		
1) Raines, Jude		2) Jang, Remy					
3) Cohen, Josh		4) O'Keefe, James					
26.526 (26.526)	57.452 (30.927)	1:24.140 (26.688)				1:55.109 (30.969)	
2:21.830 (26.721)	2:55.139 (33.310)	3:27.058 (31.919)				4:02.796 (35.739)	
8 Boston Latin School 'A'				4:03.50	2		
1) Burnet, Sam		2) Prior, Jonah					
3) Ouyang, Matt		4) Pham, Tam					
29.058 (29.058)	1:00.229 (31.172)	1:29.885 (29.656)				2:01.599 (31.714)	
2:28.547 (26.948)	3:02.766 (34.220)	3:31.612 (28.847)				4:03.499 (31.888)	
-- Acton-Boxborough 'A'				DQ	2	Pass out of zone	
1) Kang, Noah		2) Ji, George					
3) Sullivan, Jackson		4) Pell, Eris					
36.611 (36.611)	1:16.937 (40.326)	1:50.441 (33.504)				2:26.855 (36.415)	
2:56.971 (30.116)	3:31.372 (34.402)	4:05.632 (34.260)				4:44.851 (39.220)	

Boys High Jump

Name	Year	School	Finals
1 Longmire, Colin		Concord-Carlisle	5-06.00
5-00 5-03 5-06 5-08			
0 0 0 XXX			
1 Taube-Perrotta, Noah		Newton South	5-06.00
5-00 5-03 5-06 5-08			
--- 0 0 XXX			
1 Poulin, Jack		Acton-Boxborough	5-06.00
5-00 5-03 5-06 5-08			
--- 0 0 XXX			

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....Boys High Jump

4	Schultz, Owen	Westford Academy	J5-06.00
	5-00 5-03 5-06 5-08		
	--- XO O XXX		
5	O'Hearn, Dilan	Westford Academy	J5-06.00
	5-00 5-03 5-06 5-08		
	O O XO XXX		
6	Sanchez, Jordel	Cambridge R&L	5-03.00
	5-00 5-03 5-06		
	O O XXX		
7	Saket, Suresh	Acton-Boxborough	J5-03.00
	5-00 5-03 5-06		
	XO O XXX		
8	Pimenta, Mateo	Concord-Carlisle	J5-03.00
	5-00 5-03 5-06		
	XXO O XXX		
9	Huang, Bentley	Waltham	J5-03.00
	5-00 5-03 5-06		
	O XO XXX		
10	Kyle, Ryan	Westford Academy	J5-03.00
	5-00 5-03 5-06		
	O XXO XXX		
10	Joseph, Vivek	Bedford	J5-03.00
	5-00 5-03 5-06		
	O XXO XXX		
12	Gao, jeffery	Cambridge R&L	5-00.00
	5-00 5-03		
	O XXX		
12	Pastrone, Michael	Weston	5-00.00
	5-00 5-03		
	O XXX		
12	Osselmann Chai, Christop	Acton-Boxborough	5-00.00
	5-00 5-03		
	O XXX		
15	Lamarre, Malik	Cambridge R&L	J5-00.00
	5-00 5-03		
	XO XX		
15	Remis, Emmett	Newton South	J5-00.00
	5-00 5-03		
	XO XXX		
17	Merck, Jamal	Lincoln-Sudbury	J5-00.00
	5-00 5-03		
	XXO XXX		
--	Fredette, Lucas	Waltham	NH
	5-00		
	XXX		
--	Kuperwasser, Marcelo	Newton South	NH
	5-00 5-03		
	--- XXX		

Boys Long Jump

Name	Year	School	Finals	H#
1 Khamitkar, Devesh		Westford Academy	19-07.00	1
	17-10 18-11 19-07			

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....Boys Long Jump

2	Wreh, James	Cambridge R&L	18-07.50	1
	17-09 18-02 18-07.50			
3	Remis, Emmett	Newton South	18-05.00	1
	17-02 18-05 17-05			
4	Saunders, Orion	Westford Academy	18-04.50	1
	18-04.50 FOUL 17-08			
5	Johnson, Darrell	Weston	18-03.00	2
	17-11 18-03 17-02			
6	Pastrone, Michael	Weston	17-11.00	1
	17-04.50 FOUL 17-11			
7	Yan, Ivan	Acton-Boxborough	17-10.00	1
	17-02.50 17-05 17-10			
8	Laurin, Emile	Concord-Carlisle	17-08.00	1
	FOUL 17-04 17-08			
9	Norgaard, Tristan	Wayland	17-07.50	2
	17-07.50 17-05 16-09.50			
9	Smith, Bryson	Concord-Carlisle	17-07.50	1
	FOUL 17-07.50 16-08			
11	Registre, Joshua	Waltham	17-07.00	1
	FOUL 17-07 FOUL			
12	Kuperwasser, Marcelo	Newton South	17-04.50	1
	FOUL 17-04.50 16-09			
13	Hinton, Chase	Weston	17-01.50	2
	FOUL 16-07 17-01.50			
14	Bellegarde, Gregory	Concord-Carlisle	17-01.00	2
	15-10 17-01 13-06.50			
15	Marshall, Rasheed	Waltham	16-10.00	2
	FOUL 16-10 16-07.50			
16	Madsen, Henry	Waltham	J16-10.00	1
	FOUL 16-10 FOUL			
17	Taube-Perrotta, Noah	Newton South	16-08.00	1
	16-07 16-08 16-01			
18	Hickey, Vincent	Acton-Boxborough	16-07.50	2
	FOUL 16-07.50 FOUL			
19	Navas, Diego	Westford Academy	16-07.00	2
	16-07 16-04 15-00			
20	Gothie, Max	Lincoln-Sudbury	16-05.50	2
	16-05.50 14-05 15-05			
21	Lam, Ernest	Newton South	16-03.00	2
	15-08 15-10 16-03			
22	Oliveri Kuhnle, Matteo	Bedford	16-02.00	2
	FOUL 13-10.50 16-02			
23	Adamchek, Christopher	Acton-Boxborough	16-01.00	1
	FOUL 15-10 16-01			
24	Hernandez, Cesar	Concord-Carlisle	16-00.00	2
	16-00 15-01.50 15-10			
25	Davidson, Ben	Boston Latin School	15-11.00	2
	FOUL 15-02 15-11			
26	Goh, Peter	Lincoln-Sudbury	15-10.50	2
	FOUL FOUL 15-10.50			
27	Gao, jeffery	Cambridge R&L	15-04.00	1
	14-09 15-01 15-04			
28	Zhuang, Chuanxuan	Lincoln-Sudbury	15-03.00	2
	15-01 15-03 FOUL			

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the TRACK at new balance
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....Boys Long Jump

29 Hines, Brendan	Wayland	13-09.50	2
13-09.50 13-08 12-02.50			
30 Tang, Evan	Cambridge R&L	13-03.00	2
FOUL 13-03 FOUL			
-- Winters, Ryan	Lincoln-Sudbury	FOUL	1
FOUL FOUL FOUL			
-- Milner, Kossi	Cambridge R&L	FOUL	1
FOUL FOUL PASS			
-- Derac, Marc-Kenny	Waltham	FOUL	1
FOUL FOUL FOUL			

Boys Shot Put

Name	Year	School	Finals	H#
1 Beshir, Zezo		Newton South	52-06.00	1
FOUL FOUL 52-06				
2 Hinton, Chase		Weston	42-02.50	1
38-09.25 42-02.50 35-06.50				
3 Wright, Kevin		Concord-Carlisle	40-09.50	1
40-09.50 39-02.25 37-05.50				
4 Perry-Prunier, Hayden		Newton South	39-11.00	1
39-11 38-08.50 36-09				
5 Pendergast, Matthew		Lincoln-Sudbury	39-02.00	1
39-02 38-00 36-01.50				
6 Gottlieb, Guy		Lincoln-Sudbury	39-01.25	1
39-01.25 36-08.25 FOUL				
7 Tonkonogy, Graham		Newton South	38-09.50	1
35-08 38-09.50 28-10				
8 Smith, Jon		Westford Academy	37-11.50	1
36-02.50 37-11.50 37-06.50				
9 Hargrove, Daniel		Cambridge R&L	37-06.00	1
37-06 37-04 37-05				
10 Laurin, Michael		Concord-Carlisle	36-03.50	1
FOUL 34-11.50 36-03.50				
11 Chisari, Adam		Waltham	35-11.25	1
34-08 33-04 35-11.25				
12 Jones, Isaiah		Lincoln-Sudbury	34-11.50	1
32-07.50 33-09.75 34-11.50				
13 Luxama, Zach		Newton South	34-08.50	2
32-11.75 32-11 34-08.50				
14 DerSirakian, Alec		Lincoln-Sudbury	33-00.00	1
28-09.50 33-00 31-02.50				
15 Brooks, Samuel		Wayland	32-04.50	1
32-02 32-04.50 31-03.50				
16 Boyle, Dylan		Waltham	32-01.00	1
30-02 32-01 28-08				
17 Marano, Michael		Concord-Carlisle	31-02.25	2
31-00.50 31-02.25 30-09.50				
18 Kyle, Ryan		Westford Academy	30-11.50	2
29-00.75 30-11.50 28-03				
19 Nolde, Ethan		Acton-Boxborough	30-10.00	2
FOUL 29-11.50 30-10				
20 Fox, Oliver		Acton-Boxborough	30-09.25	1
28-00 29-10.75 30-09.25				

Dual County League Meet #4 - 1/18/2023
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....Boys Shot Put

21	Joseph, Jean	Waltham	30-04.00	2
	27-07.50 30-04 28-04			
22	Muiruri, Ndungu	Concord-Carlisle	30-00.50	2
	29-03 27-01.50 30-00.50			
23	Ouyang, Matt	Boston Latin School	29-07.00	2
	27-07.50 27-01 29-07			
24	Zhang, Evan	Acton-Boxborough	28-02.75	2
	27-00.50 28-02.75 28-02			
25	Czado, Chris	Westford Academy	27-03.50	1
	27-03.50 25-01 20-04			
26	Roellig, Finnlay	Wayland	25-11.00	2
	23-06 25-11 FOUL			
27	Keleher, Colin	Boston Latin School	25-04.00	2
	23-02 23-11.50 25-04			
28	Ramirez-Gonzalez, Rusber	Cambridge R&L	24-11.50	2
	24-11.50 20-01.50 24-01.50			
29	Vogt, Teddy	Wayland	24-08.25	2
	22-09 24-08.25 23-04.25			
30	Henao, Santiago	Boston Latin School	24-05.00	2
	FOUL 23-03 24-05			
31	Nasief, Andry	Wayland	22-01.50	2
	20-06.50 20-10 22-01.50			