

Cape Ann League Meet #4
The TRACK at new balance
Results

Girls Weight Throw

Name	Year	School	Finals
Finals			
1 Scholz, Sydney	11	North Reading	25-05.00
25-05 24-05.50 21-02.25			
2 Karafilidis, Maria	11	North Reading	19-07.50
FOUL FOUL 19-07.50			
3 LeBlanc, Hannah	9	Hamilton-Wenham	14-10.00
13-03 FOUL 14-10			
4 Kolesar, Abigail	10	Hamilton-Wenham	14-04.50
13-02 14-04.50 14-04.50			

Girls 55 M Dash Varsity

Name	Year	School	Finals	H#
1 Treitel-Poore, Ella	12	Triton	7.73	3
2 Novello, Alana	11	Ipswich	7.79	1
3 Forbush, Madison	11	North Reading	7.80	4
4 Taylor, Tess	10	Manchester Essex	7.81	2
5 Shanahan, Hope	12	Amesbury	7.87	2
6 Whyte, Una	11	Ipswich	7.93	1
7 Mejia, Jaslyn	10	Essex Technical	7.95	4
8 Zimmerman, Katie	12	North Reading	8.00	4
9 Fox, Blaire	11	Newburyport	8.06	3
10 Bartosik, Kaia	10	Amesbury	8.07	2
11 Fuentes, Penelope	11	Newburyport	8.08	3 8.077
12 Berthiaume, Maggie	9	Ipswich	8.08	1 8.079
13 Kent, Abigail	12	Manchester Essex	8.12	2
14 Homer, Emily	11	Newburyport	8.14	3
15 Ikemoto, Skylar	12	Newburyport	8.16	3 8.154
16 Johnson, Colleen	12	Triton	8.16	3 8.158
17 Donohoe, Cecilia	12	Manchester Essex	8.26	2
18 Cole, London	12	Triton	8.28	3
19 Mills, Sophia	10	Essex Technical	8.35	4 8.347
20 Dinsmore, Sienna	8	Triton	8.35	3 8.348
21 Cronin, Abigail	9	North Reading	8.39	4
22 Logemann, Emily	12	Hamilton-Wenham	8.41	1
23 Kent, Annie	9	Manchester Essex	8.48	2
24 Archung, Etta	11	Ipswich	8.50	1 8.496
25 Faustino, Naiya	10	Essex Technical	8.50	4 8.499
26 Walz, Lily	10	Essex Technical	8.63	4
27 Berg, Caroline	10	Amesbury	8.64	2
28 Auciello, Giuliana	12	North Reading	8.66	4
29 Baker, Mia	8	Hamilton-Wenham	8.84	1
30 Roman, Yesmina	8	Hamilton-Wenham	9.12	1
31 O'Toole, Catherine	9	Hamilton-Wenham	9.15	1

Girls 300 M Dash Varsity

Name	Year	School	Finals	H#
1 Palmer, Nyla	10	Essex Technical	43.57	8
2 Donovan, Mikayla	12	Essex Technical	44.42	8
3 Shearer, Soren	12	Ipswich	44.78	2

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....Girls 300 M Dash Varsity

4	Farmer, Shea	11	North Reading	45.73	8
5	Homer, Emily	11	Newburyport	46.06	6
6	Fox, Blaire	11	Newburyport	46.57	5
7	Keller, Avery	11	North Reading	46.71	8
8	Todd, Cameron	10	Newburyport	46.72	6
9	Binieris, Melina	8	Manchester Essex	46.98	4
10	Stapleton, Devyn	11	Essex Technical	47.18	7
11	Berthiaume, Maggie	9	Ipswich	47.34	1
12	Desmond, Alexis	11	Amesbury	47.42	4
13	Talbot, Lauren	11	Amesbury	47.51	4
14	Eliassen, Caroline	12	Manchester Essex	47.58	4
15	Dinsmore, Riley	11	Triton	48.07	6
16	Logemann, Emily	12	Hamilton-Wenham	48.15	2
17	Davis, Taylor	10	Newburyport	48.29	5
18	Johnson, Maeve	9	Triton	48.90	5
19	Connolly, Mya	8	Triton	48.94	6
20	Kent, Annie	9	Manchester Essex	49.06	3
21	Grossi, Maya	10	North Reading	49.08	7
22	Galvin, Lily	10	North Reading	49.55	7
23	Houlihan, Emme	9	Amesbury	49.95	3
24	Cashman, Delia	9	Ipswich	50.09	1
25	Nickerson, Avery	9	Essex Technical	50.43	7
26	Novak, Tessa	8	Manchester Essex	50.65	3
27	Zacharias, Ella	10	Hamilton-Wenham	50.66	2
28	Gladchun, Calla	8	Hamilton-Wenham	53.01	1
29	Carmody, Isabella	12	Triton	53.39	5
30	Roman, Yesmina	8	Hamilton-Wenham	56.47	1
--	Molla, Annika	11	North Reading	X49.27	7 Exh
--	Gayton, Sayde	10	Newburyport	X51.31	6 Exh
--	Frangioso, Maya	11	Manchester Essex	X52.65	3 Exh
--	Cameron, Kaitlyn	11	North Reading	X53.32	8 Exh
--	Pesce, Natalie	8	Triton	X53.43	6 Exh
--	Eggleston, Marina	8	Triton	X54.66	5 Exh
--	McGrath, Lyla	9	Manchester Essex	X57.29	3 Exh

Girls 600 M Run Varsity

Name	Year	School	Finals	H#
1	Whitten, Stella	11	Ipswich	1:48.92 2
2	Binieris, Melina	8	Manchester Essex	1:49.88 1
3	Kent, Abigail	12	Manchester Essex	1:50.09 1
4	Fuentes, Penelope	11	Newburyport	1:52.55 3
5	Felts, McKenna	10	Newburyport	1:53.04 3
6	Marino, Maeve	10	Newburyport	1:54.92 3
7	Donahue, Lucy	9	Newburyport	1:56.02 3
8	Simmons, Angela	12	Triton	1:56.05 3
9	Regan, Anna	9	Hamilton-Wenham	1:56.86 2
10	Pillai, Nikhita	11	Hamilton-Wenham	1:56.92 2
11	Bonia, Gabrielle	10	Amesbury	1:59.72 1
12	Burgess, Ana	7	Manchester Essex	1:59.89 1
13	Keller, Brooke	11	North Reading	2:07.35 3
14	Ma, Jasmine	11	Ipswich	2:11.40 2
15	Randazzo, Alex	10	Ipswich	2:12.27 2
16	Faulkner, Kayla	10	North Reading	2:24.66 3

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....Girls 600 M Run Varsity

17	Cormier, Hazel	9	Ipswich	2:25.71	2
--	Orem, Abigail	11	Newburyport	X2:07.80	3 Exh
--	Conly, Maggie	11	Newburyport	X2:18.70	3 Exh
--	Mooso, Claire	8	Manchester Essex	X2:24.82	1 Exh
--	Ochs, Lucia	7	Manchester Essex	X2:27.25	1 Exh

Girls 1000 M Run Varsity

Name	Year	School	Finals	H#
1 Rich, Grace	11	Hamilton-Wenham	3:15.80	1
2 Boddy, Lydia	11	Newburyport	3:23.46	1
3 Bussone, Giulia	10	Essex Technical	3:27.18	2
4 Trail, Isla	11	Newburyport	3:29.04	1
5 Donohoe, Cecilia	12	Manchester Essex	3:29.78	2
6 Vant, Paige	10	North Reading	3:31.05	2
7 O'Rourke, Teagan	7	Manchester Essex	3:31.28	2
8 Ma, Annabelle	9	Ipswich	3:35.84	1
9 LaRosa, Lauren	10	Newburyport	3:36.15	1
10 Blanchet, Julia	12	Triton	3:39.24	1
11 Sergi, Anna	9	Manchester Essex	3:39.58	2
12 Jezowski, Haley	12	Amesbury	3:41.30	2
13 Porto, Abigail	11	Newburyport	3:42.92	1
14 Towne, Lulu	9	Triton	3:43.98	1
15 Rowe, Julianna	8	Hamilton-Wenham	3:46.85	1
16 Winthrop, Caroline	10	Ipswich	3:51.65	1
17 Begin, Elsa	8	Hamilton-Wenham	3:58.09	1
18 Attwood, Kathryn	11	North Reading	3:59.19	2
19 Goncalves, Chanel	9	Essex Technical	4:01.66	2
20 Amara, Alessia	10	North Reading	4:03.43	2
21 Obrien, Alexis	11	Essex Technical	4:03.54	2
22 Bonafede, Camilla	10	Triton	4:04.69	1
23 Jurta, Ailyn	10	Amesbury	4:06.14	2
24 Driscoll, Adrianna	10	North Reading	4:07.29	2
25 Siebert, Marissa	12	Hamilton-Wenham	4:10.87	1

Girls 1 Mile Run Varsity

Name	Year	School	Finals	H#
1 Rich, Grace	11	Hamilton-Wenham	5:35.63	2
2 Boddy, Lydia	11	Newburyport	5:39.96	2
3 Kelly, Quinlan	12	North Reading	5:47.27	1
4 Hall, Eleanor	8	Manchester Essex	5:48.33	1
5 Bussone, Giulia	10	Essex Technical	5:54.01	1
6 Sergi, Anna	9	Manchester Essex	5:55.79	1
7 Albers, Anneliese	9	Essex Technical	5:56.15	1
8 Jezowski, Haley	12	Amesbury	5:57.05	1
9 Waters, Emily	11	Essex Technical	5:59.36	1
10 Peddie, Ella	9	Newburyport	6:01.27	2
11 Love, Mary	11	Ipswich	6:14.30	2
12 Porto, Abigail	11	Newburyport	6:16.95	2
13 Healey, Miread	10	Ipswich	6:29.98	2
14 Duchesne, Catherine	12	Newburyport	6:32.57	2
15 Kirby, Anna	9	Amesbury	6:44.96	1

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....Girls 1 Mile Run Varsity

16 Walz, Kendal	9 Essex Technical	6:53.01	1
17 Madden, Margaret	9 Hamilton-Wenham	6:55.55	2
18 Griffin, Brooke	10 North Reading	7:03.83	1
19 McDonnell, Vivienne	8 Hamilton-Wenham	7:25.26	2
-- Leonardi-Schuller, Celes	12 Newburyport	X7:29.62	2 Exh

Girls 2 Mile Run Varsity

Name	Year	School	Finals
1 Jaworski, Mia	11	Triton	12:09.80
2 Bergeron, Evelyn	7	Manchester Essex	12:43.03
3 MacDonald, Riley	11	North Reading	12:43.14
4 Hall, Adelaide	8	Manchester Essex	12:44.64
5 Boddy, Morgan	11	Newburyport	12:48.21
6 Kelly, Adelyn	11	North Reading	12:52.83
7 Jezowski, Haley	12	Amesbury	13:16.99
8 Love, Mary	11	Ipswich	13:45.21
9 Boddy, Riley	11	Newburyport	14:06.09
10 Bourgeois, Morgan	12	Essex Technical	14:19.09
11 Bonia, Gabrielle	10	Amesbury	14:29.86
12 Peacock, Gemma	11	Amesbury	14:30.11
13 Dollery, Brynn	9	Hamilton-Wenham	14:31.77
14 Maneikis, Sophie	11	Newburyport	15:04.94
15 Ma, Jasmine	11	Ipswich	15:58.53

Girls 55 M Hurdles Varsity

Name	Year	School	Finals	H#
1 Novello, Alana	11	Ipswich	8.91	1
2 Eyink, Phoebe Li	11	Newburyport	9.23	3
3 Perron, Kameya	12	Ipswich	9.29	1
4 Dupuis, Margaux	10	Newburyport	9.47	3 9.467
5 Perron, Akina	9	Ipswich	9.47	1 9.468
6 Johnson, Colleen	12	Triton	9.51	3
7 Butler, Madison	11	Newburyport	9.59	3
8 Taylor, Tess	10	Manchester Essex	9.85	2
9 Whitten, Stella	11	Ipswich	9.93	1
10 Fox, Blaire	11	Newburyport	10.01	3
11 Clark, Lillian	10	Amesbury	10.23	2
12 Auciello, Giuliana	12	North Reading	10.31	4
13 Lee, Zoey	9	Essex Technical	10.42	4
14 Desmond, Alexis	11	Amesbury	10.49	2
15 Bigos, Katherine	10	Amesbury	10.64	2
16 Novak, Tessa	8	Manchester Essex	11.12	2
17 Kelly, Quinlan	12	North Reading	11.23	4
18 Zacharias, Ella	10	Hamilton-Wenham	11.43	1
19 Gladchun, Calla	8	Hamilton-Wenham	11.63	1
20 DesRoiers, Kenderlie	11	Essex Technical	11.94	4
21 McGrath, Lyla	9	Manchester Essex	12.21	2
22 Wiswall, Leila	11	Essex Technical	13.66	4
23 Kordha, Eleona	11	Essex Technical	16.96	4

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Girls 4x200 M Relay Varsity

School	Finals	H#
1 Newburyport	1:52.54	1
1) Fuentes, Penelope 11	2) Eyink, Phoebe Li 11	
3) Todd, Cameron 10	4) Homer, Emily 11	
2 Essex Technical	1:52.78	2
1) Mejia, Jaslyn 10	2) Stapleton, Devyn 11	
3) Donovan, Mikayla 12	4) Palmer, Nyla 10	
3 North Reading	1:54.40	2
1) Forbush, Madison 11	2) Grossi, Maya 10	
3) Keller, Avery 11	4) Zimmerman, Katie 12	
4 Ipswich	1:54.98	1
1) Whyte, Una 11	2) Bruno, Bella 12	
3) Berthiaume, Maggie 9	4) Perron, Akina 9	
5 Manchester Essex	1:55.08	2
1) Taylor, Tess 10	2) Binieris, Melina 8	
3) Donohoe, Cecilia 12	4) Kent, Abigail 12	
6 Triton	2:01.09	1
1) Dinsmore, Sienna 8	2) Johnson, Maeve 9	
3) Carmody, Isabella 12	4) Connolly, Mya 8	
7 Amesbury	2:01.92	2
1) Bigos, Katherine 10	2) Bartosik, Kaia 10	
3) Houlihan, Emme 9	4) Clark, Lillian 10	
8 Hamilton-Wenham	2:08.61	1
1) Zacharias, Ella 10	2) Gladchun, Calla 8	
3) O'Toole, Catherine 9	4) Baker, Mia 8	

Girls 4x400 M Relay Varsity

School	Finals	H#
1 Triton	4:33.93	1
1) Treitel-Poore, Ella 12	2) Dinsmore, Riley 11	
3) Simmons, Angela 12	4) Shimer, Elsie 10	
2 North Reading	4:39.48	2
1) Keller, Avery 11	2) Farmer, Shea 11	
3) Vant, Paige 10	4) Kelly, Quinlan 12	
3 Amesbury	4:42.15	2
1) Hildt, Della 12	2) Shanahan, Hope 12	
3) Desmond, Alexis 11	4) Talbot, Lauren 11	
4 Manchester Essex	4:51.46	2
1) Eliassen, Caroline 12	2) Novak, Tessa 8	
3) O'Rourke, Teagan 7	4) Hall, Eleanor 8	
5 Hamilton-Wenham	4:53.63	1
1) Regan, Anna 9	2) Pillai, Nikhita 11	
3) Rowe, Julianna 8	4) Rich, Grace 11	
6 Essex Technical	5:02.79	2
1) Albers, Anneliese 9	2) Goncalves, Chanel 9	
3) Bourgeois, Morgan 12	4) Waters, Emily 11	

Girls High Jump Varsity

Name	Year School	Finals
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....Girls High Jump Varsity

1 Bigos, Katherine	10 Amesbury	5-02.00
4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04		
PPP O O O O O XO XXX		
2 Johnson, Colleen	12 Triton	4-10.00
4-02 4-04 4-06 4-08 4-10 5-00		
PPP PPP O XXO XXO XXX		
3 LaRosa, Lauren	10 Newburyport	4-08.00
4-02 4-04 4-06 4-08 4-10		
PPP O O O XXX		
4 Perron, Kameya	12 Ipswich	J4-08.00
4-02 4-04 4-06 4-08 4-10		
O O XO O XXX		
5 Auciello, Giuliana	12 North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10		
PPP O O XXO XXX		
6 Johnson, Maeve	9 Triton	J4-08.00
4-02 4-04 4-06 4-08 4-10		
XO XXO O XXO XXX		
7 Shimer, Elsie	10 Triton	4-06.00
4-02 4-04 4-06 4-08		
O XO O XXX		
8 Perron, Akina	9 Ipswich	J4-06.00
4-02 4-04 4-06 4-08		
O O XO XXX		
8 Stapleton, Devyn	11 Essex Technical	J4-06.00
4-02 4-04 4-06		
O O XO		
10 Berg, Caroline	10 Amesbury	J4-06.00
4-02 4-04 4-06 4-08		
XO XO XXO XXX		
10 Johnson, Sophie	12 Newburyport	J4-06.00
4-02 4-04 4-06 4-08		
XO XO XXO XXX		
12 Dupuis, Margaux	10 Newburyport	4-04.00
4-02 4-04 4-06		
XO XO XXX		
13 King, Remington	10 Essex Technical	J4-04.00
4-02 4-04 4-06		
O XXO XXX		
14 Haggerty, Avery	9 North Reading	4-02.00
4-02 4-04		
XXO XXX		
14 Cronin, Abigail	9 North Reading	4-02.00
4-02 4-04		
XXO XXX		
14 Butler, Madison	11 Newburyport	4-02.00
4-02 4-04		
XXO XXX		
-- O'Toole, Catherine	9 Hamilton-Wenham	NH
4-02		
XXX		
-- Wen, Grace	11 Ipswich	NH
4-02		
XXX		

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Girls Long Jump Varsity

Name	Year	School	Finals	H#
1 Ikemoto, Skylar	12	Newburyport	15-06.25	1
15-06.25 14-07 14-06				
2 Treitel-Poore, Ella	12	Triton	15-05.00	1
15-05 15-01.75 15-04.25				
3 Perron, Kameya	12	Ipswich	15-02.75	1
15-02.75 14-06.75 13-11.50				
4 Eyink, Phoebe Li	11	Newburyport	14-11.50	1
13-05.50 14-10 14-11.50				
5 Zimmerman, Katie	12	North Reading	J14-11.50	2
FOUL 14-11.50 14-05.75				
6 Shanahan, Hope	12	Amesbury	14-06.50	2
14-02.50 14-04 14-06.50				
7 Farmer, Shea	11	North Reading	J14-06.50	2
14-06.50 14-03 13-05.50				
8 Bruno, Bella	12	Ipswich	14-03.00	1
12-09.25 14-03 13-08.50				
9 Shearer, Soren	12	Ipswich	14-02.50	1
FOUL 14-02.50 13-08.75				
10 Eliassen, Caroline	12	Manchester Essex	14-01.50	2
14-01.50 14-00 13-11				
11 Dupuis, Margaux	10	Newburyport	13-10.00	1
13-03.50 13-10 13-05.50				
12 Hildt, Della	12	Amesbury	13-07.00	2
13-00 13-07 13-06				
13 Petrosino, Julia	11	North Reading	13-05.00	2
12-06.50 13-03.25 13-05				
14 Johnson, Sophie	12	Newburyport	13-03.00	1
13-03 13-00 13-01.50				
15 Dinsmore, Sienna	8	Triton	13-02.00	1
12-08.75 13-02 12-10				
16 Logemann, Emily	12	Hamilton-Wenham	12-09.50	1
11-08 12-09.50 FOUL				
17 Magers, Sophie	10	Ipswich	J12-09.50	1
12-09.50 FOUL FOUL				
18 Carmody, Isabella	12	Triton	11-02.00	1
10-09 11-01.50 11-02				
-- Cronin, Abigail	9	North Reading	FOUL	2
FOUL FOUL FOUL				

Girls Shot Put Varsity

Name	Year	School	Finals	H#
1 Cole, London	12	Triton	30-11.75	1
27-07.25 29-05.75 30-11.75				
2 Doucet, Bree	12	Ipswich	28-09.00	1
28-09 27-01.50 27-01.25				
3 Scholz, Sydney	11	North Reading	27-07.25	2
FOUL 27-07.25 25-09.75				
4 Hunt, Eva	9	Amesbury	27-00.00	2
27-00 22-09.50 25-02.75				
5 Bolcome, Cassidy	12	Newburyport	25-07.00	1
24-01.50 25-06.25 25-07				

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....Girls Shot Put Varsity

6	Siebert, Marissa	12	Hamilton-Wenham	25-01.50	1
	23-00.75 18-06.50 25-01.50				
7	Quinn, Kelsey	10	North Reading	25-01.00	2
	25-01 23-08.25 23-11				
8	Ngem, Kimora	11	Ipswich	24-11.50	1
	21-08.50 23-07.25 24-11.50				
9	Karafilidis, Maria	11	North Reading	24-07.50	2
	22-07 22-11.25 24-07.50				
10	Crosscup-Flemming, Mila	12	Essex Technical	24-07.00	2
	24-07 21-01.50 24-04.25				
11	Hildt, Della	12	Amesbury	23-10.50	2
	23-10.50 23-03 20-01				
12	Bornstein, Miriana	12	North Reading	23-00.00	2
	23-00 21-02.50 21-07				
13	Bailin, Adele	10	Amesbury	22-10.75	2
	22-10.75 20-09 20-07.75				
14	MacRea, Morgan	12	Ipswich	22-02.25	1
	21-05 21-10.75 22-02.25				
15	Houlihan, Emme	9	Amesbury	22-02.00	2
	21-11 20-03 22-02				
16	Richio, Niclola	8	Hamilton-Wenham	21-10.00	1
	FOUL 21-01.50 21-10				
17	Kent, Annie	9	Manchester Essex	20-10.50	2
	20-10.50 20-04.50 19-01				
18	Harty, Eliza	11	Ipswich	19-11.00	1
	FOUL 19-11 19-10.50				
19	Mcintosh, Sydney	10	Newburyport	19-10.00	1
	19-05.50 18-01 19-10				
20	Perez Zayas, Janiyah	11	Triton	19-08.75	1
	18-04.25 18-04 19-08.75				
21	LeBlanc, Hannah	9	Hamilton-Wenham	19-07.75	1
	19-05 19-07.75 19-07.25				
22	Kolesar, Abigail	10	Hamilton-Wenham	19-05.50	1
	14-05.50 17-02.50 19-05.50				
23	Frangioso, Maya	11	Manchester Essex	18-01.75	2
	15-02 16-04 18-01.75				
24	Ochs, Lucia	7	Manchester Essex	16-05.50	2
	15-10.75 16-05.50 15-04.75				
--	Powrs, Violet	11	Amesbury	X20-03.25	2 Exh
	19-06.25 19-00.50 20-03.25				
--	Donahue, Lily	9	North Reading	X19-08.00	2 Exh
	18-07.50 18-00.75 19-08				
--	Rich, Emma	8	Hamilton-Wenham	X13-06.00	1 Exh
	13-04.50 12-10.25 13-06				