

Cape Ann League Meet #5
The TRACK at new balance
Results

Girls Weight Throw

Name	Year	School	Finals
Finals			
1 Karafilidis, Maria	11	North Reading	22-00.00
20-10.50	22-00	FOUL	
2 LeBlanc, Hannah	9	Hamilton-Wenham	16-11.00
16-01	10-06.50	16-11	
3 Kolesar, Abigail	10	Hamilton-Wenham	16-08.00
13-02.50	FOUL	16-08	

Girls 55 M Dash Varsity

Name	Year	School	Finals	H#
1 Novello, Alana	11	Ipswich	7.83	4
2 Forbush, Madison	11	North Reading	7.84	3
3 Roebuck, Audrey	10	Newburyport	7.87	1
4 Berkley, Emma	9	North Reading	7.91	3
5 Whyte, Una	11	Ipswich	7.93	4
6 Mejia, Jaslyn	10	Essex Technical	7.96	1 7.957
7 Shanahan, Hope	12	Amesbury	7.96	2 7.958
8 Giardina, Sofia	11	Lynnfield	8.03	4 8.026
9 Fox, Blaire	11	Newburyport	8.03	1 8.028
10 Sweeney, Kate	10	Pentucket	8.05	3
11 Bartosik, Kaia	10	Amesbury	8.15	2
12 Homer, Emily	11	Newburyport	8.19	1 8.181
13 Snyder, Nella	10	Pentucket	8.19	3 8.184
14 DeOliveira, Helena	10	Lynnfield	8.22	4
15 Ikemoto, Skylar	12	Newburyport	8.27	1
16 Minniear, Madison	9	Lynnfield	8.29	4
17 Cronin, Abigail	9	North Reading	8.36	3
18 Logemann, Emily	12	Hamilton-Wenham	8.42	2
19 Ricca, Laila	9	North Reading	8.44	3 8.438
19 Sandford, Kelly	9	Hamilton-Wenham	8.44	2 8.438
21 Mills, Sophia	10	Essex Technical	8.47	1
22 Archung, Etta	11	Ipswich	8.49	4
23 Walz, Lily	10	Essex Technical	8.56	1
24 Capachietti, Sabrina	10	Lynnfield	8.65	4 8.642
25 Bleichfeld, Allie	12	Pentucket	8.65	3 8.650
26 Houlihan, Emme	9	Amesbury	8.81	2
27 Baker, Mia	8	Hamilton-Wenham	8.90	2
28 Case, Maddie	9	Pentucket	9.03	3
29 O'Toole, Catherine	9	Hamilton-Wenham	9.32	2

Girls 300 M Dash Varsity

Name	Year	School	Finals	H#
1 Palmer, Nyla	10	Essex Technical	44.01	2
2 Whyte, Una	11	Ipswich	44.65	8
3 Carvalho, Nayana	10	Pentucket	45.19	6
4 Donovan, Mikayla	12	Essex Technical	45.25	2
5 Eyink, Phoebe Li	11	Newburyport	45.43	1
6 Shanahan, Hope	12	Amesbury	45.98	3
7 Keller, Avery	11	North Reading	46.36	6

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....Girls 300 M Dash Varsity

8	Novello, Alana	11 Ipswich	46.57	8	
9	Giardina, Sofia	11 Lynnfield	47.05	8	
10	Davis, Taylor	10 Newburyport	47.16	1	
11	Roach, Addison	11 Pentucket	47.24	6	
12	Morgese, Sophia	10 Lynnfield	47.31	8	
13	Desmond, Alexis	11 Amesbury	47.64	4	
14	Talbot, Lauren	11 Amesbury	48.07	4	
15	Snyder, Nella	10 Pentucket	48.30	5	
16	Logemann, Emily	12 Hamilton-Wenham	48.31	4	
17	Grossi, Maya	10 North Reading	48.82	6	
18	Galvin, Lily	10 North Reading	49.57	5	
19	Capachietti, Sabrina	10 Lynnfield	49.67	7	
20	Nickerson, Avery	9 Essex Technical	49.83	1	49.822
21	Faustino, Naiya	10 Essex Technical	50.04	1	
22	Faulkner, Kayla	10 North Reading	52.20	5	
23	Randazzo, Alex	10 Ipswich	53.89	7	
24	Gladchun, Calla	8 Hamilton-Wenham	53.90	3	
25	Roman, Yesmina	8 Hamilton-Wenham	56.02	3	
26	Francis, Faye	10 Pentucket	57.32	5	
--	Ranney, Ava	10 Newburyport	X49.81	1	Exh
--	Kennison, Sophie	12 Lynnfield	X49.83	8	Exh 49.829
--	Gayton, Sayde	10 Newburyport	X50.16	2	Exh
--	Cameron, Kaitlyn	11 North Reading	X51.33	6	Exh
--	Bedard, Liah	11 Pentucket	X53.01	5	Exh
--	Heard, Eva	9 Pentucket	X54.80	6	Exh

Girls 600 M Run Varsity

Name	Year	School	Finals	H#	
1	Fuentes, Penelope	11 Newburyport	1:45.77	1	
2	Shearer, Soren	12 Ipswich	1:46.16	2	
3	Whitten, Stella	11 Ipswich	1:46.44	2	
4	Vant, Paige	10 North Reading	1:50.72	2	
5	Felts, McKenna	10 Newburyport	1:50.82	1	
6	Breen, Regan	12 Pentucket	1:50.86	2	
7	Marquis, Sophia	10 Pentucket	1:51.39	2	
8	Mattia, Lauren	11 Lynnfield	1:53.20	2	
9	Marino, Maeve	10 Newburyport	1:53.43	1	
10	Pillai, Nikhita	11 Hamilton-Wenham	1:55.05	1	
11	Regan, Anna	9 Hamilton-Wenham	1:55.97	1	
12	Donahue, Lucy	9 Newburyport	1:56.84	1	
13	Jezowski, Haley	12 Amesbury	2:00.74	1	
14	Reyen, Willow	11 North Reading	2:00.80	2	
15	Sweeney, Allison	11 Lynnfield	2:12.40	2	
--	Leonardi-Schuller, Celes	12 Newburyport	X2:16.99	1	Exh

Girls 1000 M Run Varsity

Name	Year	School	Finals	H#
1	Rich, Grace	11 Hamilton-Wenham	3:05.25	1
2	Peddie, Ella	9 Newburyport	3:19.35	1
3	Trail, Isla	11 Newburyport	3:29.98	1
4	Ma, Annabelle	9 Ipswich	3:34.11	2

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....Girls 1000 M Run Varsity

5	Bussone, Giulia	10	Essex Technical	3:37.49	1
6	LaRosa, Lauren	10	Newburyport	3:40.54	1
7	Nastari, Guiliana	10	Lynnfield	3:44.99	2
8	Neumann, Tessa	12	Pentucket	3:45.60	2
9	Bonia, Gabrielle	10	Amesbury	3:48.73	1
10	Keller, Brooke	11	North Reading	3:49.30	2
11	Rowe, Julianna	8	Hamilton-Wenham	3:49.43	1
12	Attwood, Kathryn	11	North Reading	3:51.96	2
13	Schmidt, Alex	12	Lynnfield	3:54.30	2
14	Gitonga, Abigail	11	Essex Technical	3:55.78	1
15	Winthrop, Caroline	10	Ipswich	3:58.20	2
16	Amara, Alessia	10	North Reading	3:58.24	2
17	Driscoll, Adrianna	10	North Reading	3:58.99	2
18	Ma, Jasmine	11	Ipswich	3:59.64	2
19	Begin, Elsa	8	Hamilton-Wenham	4:01.66	1
20	Goncalves, Chanel	9	Essex Technical	4:01.94	1
21	Hosman, Harper	11	Pentucket	4:03.31	2
22	Jurta, Ailyn	10	Amesbury	4:04.06	1
23	Walz, Kendal	9	Essex Technical	4:04.30	1
24	Slocum, Aria	9	Newburyport	4:04.86	1
25	Siebert, Marissa	12	Hamilton-Wenham	4:10.17	1
26	Bartolo, Ali	11	Pentucket	4:12.55	2

Girls 1 Mile Run Varsity

Name	Year	School	Finals	H#	
1	Lopez, Abigail	12	Lynnfield	5:29.12	2
2	Boddy, Morgan	11	Newburyport	5:48.31	1
3	Kelly, Adelyn	11	North Reading	5:53.09	2
4	MacDonald, Riley	11	North Reading	5:53.10	2
5	Bussone, Giulia	10	Essex Technical	5:54.06	1
6	Waters, Emily	11	Essex Technical	5:54.41	1
7	Albers, Anneliese	9	Essex Technical	5:54.88	1
8	Love, Mary	11	Ipswich	6:08.71	2
9	Boddy, Riley	11	Newburyport	6:19.00	1
10	Shinners, Monica	10	Pentucket	6:23.65	2
11	Simone, Meilia	9	Newburyport	6:26.91	1
12	Healey, Mairead	10	Ipswich	6:27.10	2
13	Winthrop, Caroline	10	Ipswich	6:27.12	2
14	Bruno, Emma	10	Pentucket	6:27.72	2
15	Duchesne, Catherine	12	Newburyport	6:35.21	1
16	Peacock, Gemma	11	Amesbury	6:35.57	1
17	Dollery, Brynn	9	Hamilton-Wenham	6:35.59	1
18	Obrien, Alexis	11	Essex Technical	6:53.05	1
19	McDonnell, Vivienne	8	Hamilton-Wenham	7:02.28	1
20	Giffin, Brooke	10	North Reading	7:08.21	2
21	Cormier, Hazel	9	Ipswich	7:32.64	2
--	Bonia, Gabrielle	10	Amesbury	X6:23.78	1
--	Madden, Margaret	9	Hamilton-Wenham	X6:55.75	1
--	Orem, Abigail	11	Newburyport	X7:03.43	1

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Girls 2 Mile Run Varsity

Name	Year	School	Finals
1 Boddy, Lydia	11	Newburyport	12:01.65
2 Kelly, Quinlan	12	North Reading	12:14.83
3 Jezowski, Haley	12	Amesbury	13:10.43
4 Love, Mary	11	Ipswich	13:31.85
5 Porto, Abigail	11	Newburyport	13:33.01
6 Bourgeois, Morgan	12	Essex Technical	14:27.48
7 Stick, Emily	11	Newburyport	15:11.40
8 Peacock, Gemma	11	Amesbury	15:20.77
9 Maneikis, Sophie	11	Newburyport	15:40.68
10 Rabbani, Afsana	10	Lynnfield	15:42.04
11 Ma, Jasmine	11	Ipswich	15:44.88

Girls 55 M Hurdles Varsity

Name	Year	School	Finals	H#
1 Novello, Alana	11	Ipswich	9.14	4
2 Dupuis, Margaux	10	Newburyport	9.19	1
3 Eyink, Phoebe Li	11	Newburyport	9.21	1
4 Perron, Kameya	12	Ipswich	9.27	4
5 Perron, Akina	9	Ipswich	9.39	4
6 Fox, Blaire	11	Newburyport	9.65	1
7 Butler, Madison	11	Newburyport	9.90	1
8 Whitten, Stella	11	Ipswich	10.00	4
9 Zimmerman, Katie	12	North Reading	10.02	3
10 Greenleaf, Emma	11	Lynnfield	10.12	4
11 Auciello, Giuliana	12	North Reading	10.19	3 10.185
12 Lee, Zoey	9	Essex Technical	10.19	1 10.188
13 Desmond, Alexis	11	Amesbury	10.32	2
14 Sayani, Shenaz	10	Pentucket	10.43	3
15 Clark, Lillian	10	Amesbury	10.47	2
16 Choi, Christine	10	Lynnfield	10.68	4
17 Bigos, Katherine	10	Amesbury	10.72	2
18 Seymour, Tenning	10	Pentucket	10.85	3
19 Donovan, Nora	10	Lynnfield	11.04	4
20 McCormack, Aislin	12	Lynnfield	11.17	4
21 Colbert, Vanessa	10	Pentucket	11.93	3
22 Gladchun, Calla	8	Hamilton-Wenham	12.04	2
23 Reyen, Willow	11	North Reading	12.14	3
24 Francis, Faye	10	Pentucket	12.64	3
25 Wiswall, Leila	11	Essex Technical	12.89	1
26 Binder, Hadleigh	9	Essex Technical	14.27	1

Girls 4x200 M Relay Varsity

School	Finals	H#
1 North Reading	1:54.40	2
1) Zimmerman, Katie 12	2) Forbush, Madison 11	
3) Keller, Avery 11	4) Farmer, Shea 11	
2 Ipswich	1:55.82	2
1) Whyte, Una 11	2) Berthiaume, Maggie 9	
3) Bruno, Bella 12	4) Perron, Akina 9	

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....Girls 4x200 M Relay Varsity

3 Lynnfield	1:59.08	2	
1) Greenleaf, Emma 11			2) Minniear, Madison 9
3) DeOliveira, Helena 10			4) Giardina, Sofia 11
4 Amesbury	2:00.30	1	
1) Bartosik, Kaia 10			2) Desmond, Alexis 11
3) Talbot, Lauren 11			4) Houlihan, Emme 9
5 Newburyport	2:02.20	1	
1) Clyatt, Regan 11			2) Ranney, Ava 10
3) Homer, Emily 11			4) Gayton, Sayde 10
6 Hamilton-Wenham	2:05.77	1	
1) Sandford, Kelly 9			2) Zacharias, Ella 10
3) Gladchun, Calla 8			4) Baker, Mia 8
-- Pentucket		DQ	2 Break line violation
1) Roach, Addison 11			2) Carvalho, Nayana 10
3) Sweeney, Kate 10			4) Breen, Regan 12

Girls 4x400 M Relay Varsity

School	Finals	H#
1 North Reading	4:36.50	2
1) Vant, Paige 10		
3) Keller, Avery 11		
2 Ipswich	4:36.95	2
1) Whitten, Stella 11		
3) Ma, Annabelle 9		
3 Lynnfield	4:37.24	2
1) Mattia, Lauren 11		
3) Ragusa, Ava 10		
4 Newburyport	4:43.46	1
1) Dupuis, Margaux 10		
3) Homer, Emily 11		
5 Hamilton-Wenham	4:48.10	1
1) Regan, Anna 9		
3) Rowe, Julianna 8		
6 Pentucket	4:50.63	2
1) Seymour, Tenning 10		
3) Bruno, Emma 10		
7 Essex Technical	5:05.37	1
1) Albers, Anneliese 9		
3) Bourgeois, Morgan 12		

Girls High Jump Varsity

Name	Year	School	Finals
1 Auciello, Giuliana	12	North Reading	5-00.00
4-02 4-04 4-06 4-08 4-10 5-00 5-02			
P O O O XO O XXX			
2 Bigos, Katherine	10	Amesbury	J5-00.00
4-02 4-04 4-06 4-08 4-10 5-00 5-02			
P O O O XO XO XXX			
3 Stapleton, Devyn	11	Essex Technical	4-10.00
4-02 4-04 4-06 4-08 4-10 5-00			
O O O XO XXO XXX			

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....Girls High Jump Varsity

4	LaRosa, Lauren	10	Newburyport	4-08.00
	4-02 4-04 4-06 4-08 4-10			
	P O O O XXX			
5	Perron, Kameya	12	Ipswich	J4-08.00
	4-02 4-04 4-06 4-08 4-10			
	O O XO O XXX			
6	Berg, Caroline	10	Amesbury	J4-08.00
	4-02 4-04 4-06 4-08 4-10			
	O O O XO XXX			
7	Choi, Christine	10	Lynnfield	J4-08.00
	4-02 4-04 4-06 4-08 4-10			
	XO O XO XO XXX			
8	Maddocks, Allison	11	Lynnfield	4-06.00
	4-02 4-04 4-06 4-08			
	O O O XXX			
9	Perron, Akina	9	Ipswich	J4-06.00
	4-02 4-04 4-06 4-08			
	O XO O XXX			
9	Dupuis, Margaux	10	Newburyport	J4-06.00
	4-02 4-04 4-06 4-08			
	O XO O XXX			
11	Call, Sawyer	10	Pentucket	J4-06.00
	4-02 4-04 4-06 4-08			
	O O XO XXX			
11	Johnson, Sophie	12	Newburyport	J4-06.00
	4-02 4-04 4-06 4-08			
	O O XO XXX			
13	Seymour, Tenning	10	Pentucket	J4-06.00
	4-02 4-04 4-06 4-08			
	O XO XXO XXX			
14	Neumann, Tessa	12	Pentucket	4-04.00
	4-02 4-04 4-06 4-08			
	O XO P XXX			
14	Cronin, Abigail	9	North Reading	4-04.00
	4-02 4-04 4-06			
	O XO XXX			
14	Butler, Madison	11	Newburyport	4-04.00
	4-02 4-04 4-06			
	O XO XXX			
17	Kennison, Sophie	12	Lynnfield	4-02.00
	4-02 4-04			
	O XXX			
18	Haggerty, Avery	9	North Reading	J4-02.00
	4-02 4-04			
	XO XXX			
--	Wen, Grace	11	Ipswich	NH
	4-02			
	XXX			
--	King, Remington	10	Essex Technical	NH
	4-02			
	XXX			
--	O'Toole, Catherine	9	Hamilton-Wenham	NH
	4-02			
	XXX			

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Girls Pole Vault Varsity

Name	Year School	Finals
-- Grossi, Maya 6-06 XXX	10 North Reading	NH

Girls Long Jump Varsity

Name	Year School	Finals	H#
1 Eyink, Phoebe Li 15-08 15-02.50 14-07.50	11 Newburyport	15-08.00	1
2 Zimmerman, Katie 15-04.50 15-03.25 FOUL	12 North Reading	15-04.50	2
3 Ikemoto, Skylar 15-03.25 14-11.25 14-04.25	12 Newburyport	15-03.25	1
4 Shanahan, Hope 14-03.50 13-10.25 14-05.25	12 Amesbury	14-05.25	1
5 Johnson, Sophie 13-03.25 14-01.75 13-03.50	12 Newburyport	14-01.75	1
6 Maddocks, Allison 13-06 13-11.25 13-04.75	11 Lynnfield	13-11.25	2
7 Logemann, Emily 13-10.50 13-00.25 12-08.75	12 Hamilton-Wenham	13-10.50	1
8 Roach, Addison 13-04 FOUL 13-10	11 Pentucket	13-10.00	2
9 Bruno, Bella 12-09.25 13-04 13-08.50	12 Ipswich	13-08.50	2
10 Capachietti, Sabrina 13-08.25 11-00.25 13-08	10 Lynnfield	13-08.25	2
11 Shearer, Soren 11-00 13-08 13-07.50	12 Ipswich	13-08.00	2
12 Hildt, Della 13-05.75 12-11.75 12-09.25	12 Amesbury	13-05.75	1
13 Bigos, Katherine 12-02.75 13-04.25 12-10.25	10 Amesbury	13-04.25	1
14 Roebuck, Audrey 13-04 13-02.25 12-09.25	10 Newburyport	13-04.00	1
15 Greenleaf, Emma 10-00.75 FOUL 13-01.25	11 Lynnfield	13-01.25	2
16 Berg, Caroline FOUL FOUL 13-01.25	10 Amesbury	J13-01.25	1
17 Carvalho, Nayana 13-00.50 FOUL 12-11.50	10 Pentucket	13-00.50	2
18 Magers, Sophie 12-00.25 12-09.25 FOUL	10 Ipswich	12-09.25	2
19 Cronin, Abigail FOUL 11-08.75 12-01.25	9 North Reading	12-01.25	2
20 Haggerty, Avery FOUL FOUL 12-00.75	9 North Reading	12-00.75	2
21 Minniear, Madison 11-06.75 12-00.25 11-07.75	9 Lynnfield	12-00.25	2
22 Sayani, Shenaz FOUL 10-07.25 11-03	10 Pentucket	11-03.00	2

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....Girls Long Jump Varsity

23 Snyder, Nella 10 Pentucket 10-06.25 2
 10-06.25 FOUL 10-03.50

Girls Shot Put Varsity

Name	Year	School	Finals	H#
1 Hunt, Eva	9	Amesbury	28-06.50	1
25-03.50 25-04.75		28-06.50		
2 Doucet, Bree	12	Ipswich	28-04.50	2
27-11.50 28-02.75		28-04.50		
3 Crosscup-Flemming, Mila	12	Essex Technical	27-11.25	1
27-11.25 25-04.50		27-09.25		
4 Basque, Sophia	11	Pentucket	27-09.50	2
26-10.50 27-07.75		27-09.50		
5 Bolcome, Cassidy	12	Newburyport	27-03.00	1
27-03 25-02 24-04.50				
6 Bleichfeld, Allie	12	Pentucket	26-05.00	2
26-05 23-08 23-08.50				
7 Ngem, Kimora	11	Ipswich	25-07.00	2
25-01.25 25-07 23-09				
8 Quinn, Kelsey	10	North Reading	25-02.25	2
23-08.75 24-02.50 25-02.25				
9 Hildt, Della	12	Amesbury	24-10.25	1
24-05.50 24-10.25 23-07				
10 Karafilidis, Maria	11	North Reading	24-10.00	2
24-00.25 24-10 24-02.75				
11 Siebert, Marissa	12	Hamilton-Wenham	23-10.00	1
21-11.75 23-03.50 23-10				
12 Morgese, Sophia	10	Lynnfield	23-09.00	2
22-00 22-03.25 23-09				
13 Caulfield, Sadie	10	Lynnfield	23-05.75	2
23-03.75 21-01 23-05.75				
14 Richio, Niclola	8	Hamilton-Wenham	22-09.00	1
22-08.25 22-09 FOUL				
15 Broady, Jamie	12	Lynnfield	22-01.50	2
20-05.25 22-01.50 21-00				
16 MacRea, Morgan	12	Ipswich	22-01.00	2
22-01 21-11.25 21-03				
17 Harty, Eliza	11	Ipswich	21-02.50	2
20-01.75 21-02.50 19-02.50				
18 Molla, Annika	11	North Reading	20-08.75	2
20-08.75 19-11 20-08				
19 Houlihan, Emme	9	Amesbury	20-06.75	1
20-06.75 20-00 18-02				
20 LeBlanc, Hannah	9	Hamilton-Wenham	20-01.00	1
18-02.50 18-03.25 20-01				
21 Heard, Eva	9	Pentucket	19-11.75	2
19-04 16-04.50 19-11.75				
22 Mcintosh, Sydney	10	Newburyport	18-03.50	1
18-03.50 17-00 16-11.50				
23 Kolesar, Abigail	10	Hamilton-Wenham	17-10.50	1
17-03.75 17-07.75 17-10.50				
24 Brasier, Alexia	11	Pentucket	15-08.50	2
14-10 15-08.50 14-03.75				

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....Girls Shot Put Varsity

-- Bornstein, Miriana	12	North Reading	X22-01.00	2
21-09.25	21-02	22-01		
-- Powrs, Violet	11	Amesbury	X21-02.50	1
21-01	20-05.75	21-02.50		